

# **VEHS KIDZOPEDIA**

## **2025-2026**



**SECOND EDITION - SEPTEMBER TO DECEMBER**



# Student Leadership Qualities



Problem solving skills

Communications skills

Decision making

Empathy



# Importance of Leadership in Students



Essential for their personal and societal development



Teaches them responsibility, teamwork



Help them in taking challenges and handling them well



Inspire their peers to achieve collective goals







# OUR FOUNDER



**LATE SHRI. HASHU ADWANI**

**FOUNDER OF VIVEKANAND EDUCATION SOCIETY**





# OUR VISION

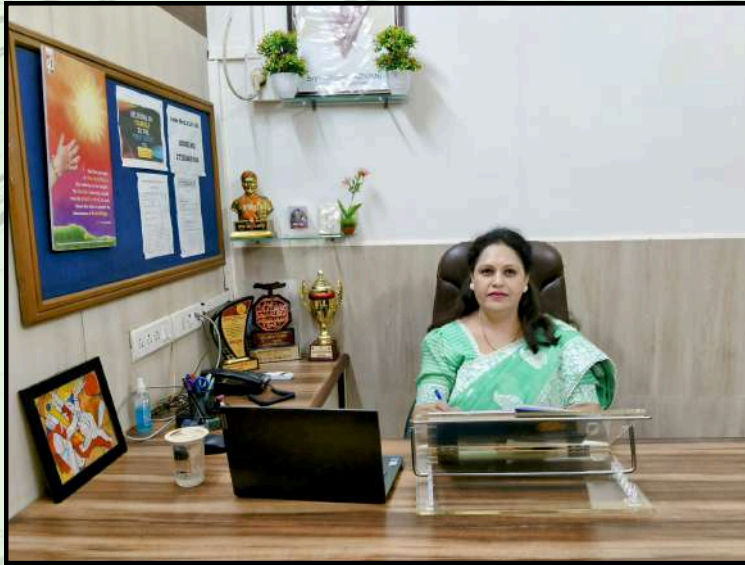
“We are dedicated to mould children into world citizens of tomorrow equipped with state-of-the-art knowledge, moral attributes, spiritual insight, dedication and love for the human kind through application of latest educational tools and personality development programmers in frequent collaboration with like-minded institutions. With international teaching standards, a team motivated to perform, and continuous striving towards excellence, we wish to provide an environment that leads to wholesome unfolding of a student’s potentials.”

These aims are to be achieved by:

- Creating an environment where relationships are consistent and based on mutual respect.
- Promoting moral values and encouraging an awareness and understanding of different ways of life.
- Ensuring that pupils understand what is expected of them, in particular to be considerate, courteous and honest.
- Guiding pupils’ behavior and progress in such a way that praise and encouragement are much more common than reprimands and sanctions.
- Ensuring that the needs of individual pupils are identified and that each pupil knows he has access to teachers who will give guidance on pastoral or academic matters.
- Providing opportunities for pupils to extend their personal interests and experiences and to develop both self reliance and social and cultural awareness.
- Organizing activities which allow for co-operative effect, good-tempered competition and the development of loyalty and leadership.
- Providing a liberal education through a curriculum that is broad and as balanced as possible.
- Delivering stimulating lessons which promote academic rigour and enable pupils to show high achievement.
- Setting and assessing homework on a regular basis.
- Creating an orderly environment where pupils respond to challenge, where they work hard with a sense of commitment and enjoyment, where they take pride in their work and appreciate the value of what they are learning.
- Involving parents fully in the education of their children by making communication easy, informative and effective.
- Encouraging parents to support the life of the School in general.
- Continuing to develop links with the local and wider communities, through outreach programmes and the bursary schemes.
- Recruiting and retaining staff of high standards and providing satisfying and stimulating careers, through continuing professional development training.
- Ensuring that the School is a safe and healthy community.
- Ensuring that all pupils are afforded equal opportunities.



# PRINCIPAL'S DESK



Dear Parents and Students,

My heart fills with Pride and Pleasure as we perceive the progress at VEHS. We live today in a world that is very different from the one we are educated in. Schooling is our first contact with the world - a period of joy, healthy competition, adjustment, sharing and love. School is not made with open spaces, classrooms, the library, laboratories, it is in the heart of the students and staff that the true institution exists.

Learning is not a process limited to schools nor does it end with the conclusion of one's school career. It is indeed a lifelong process.

Dear students, it is my message to you all that the people of fine character live by their values. They are honest and are committed to truthfulness in thought, work and deeds. Each issue of our school magazine is a milestone that marks our growth, enfolds our imagination and gives life to our thoughts and aspirations. It unleashes a wide spectrum of creative skills ranging from writing to editing and even in designing the magazine.

There are challenges ahead of us, however keeping in mind our school motto "HAPPINESS THROUGH EDUCATION" will surely make a great difference. I am certain with the support of Staff, School Management, Parents and students the school will reach greater heights in the years to come.

**Sincerely,**  
**Mrs. Vaishali Shevale**  
**Headmistress**  
**VEHS**



# **OUR MENTORS**

## **VES- MANAGING COMMITTEE**

### **AND**

## **SCHOOL COMMITTEE MEMBERS**



**Shri Suresh Malkhani**  
(President- VES)



**Shri Rajesh Gehani**  
(Secretary- VES)



**Dr. (Shri) Prakash Lulla**  
(Treasurer- VES)



**Shri Ladharam Nagwani**  
(Managing Trustee- VES)



**Ms. Sangeeta Shahani**  
(Managing Trustee- VES)



**Ms. Chanda Jagesia**  
(Managing Trustee- VES)



**Mr. Papan Saheja**  
(Trustee- VES)



**Mr. Haresh Wadhvani**  
(Trustee- VES)



**Ms. Kavita Valecha**  
(Associate Trustee- VES )



**Ms. Rita Vazirani**  
(Executive Coordinator - VES)



# VEHS MENTORS

## English Language & Social Science Team



Ms. Neha Sharma



Ms. Shakuntala Maurya



Ms. Poonam Singh



Ms. Nirmla Maheshwari



Ms. Sravanti Pam



Ms. Neha Devariya



Ms. Nilima Chindarkar



Ms. Neha Rai



## Marathi Language Team



Mr. Satish Bhagat



Ms. Reshma Kamthe



Ms. Prajakta Amritkar



Ms. Kavita Navkar



## Hindi Language Team



Ms. Mona Yadav



Ms. Neha Yadav



Ms. Shweta Tiwari



# Maths & Science Team



Ms. Pushpalata Gupta



Ms. Shraddha Singh



Ms. Pratima Singh



Ms. Priya Shirodkar



Ms. Sujata Sankpal



Ms. Malathi Murugesan



Ms. Priya Rathod



Ms. Shivani Gaikwad



Ms. Jamuna Alle



## Sports and Arts

**Drawing Teacher**



Ms. Ujwala Vartekar

**Sports Teacher**



Mr. Jayprakash Singh

**Sanskrit & Music**



Ms. Apeksha Tembye

## Computer & ATL Team



Ms. Nita Jawale



Ms. Harshali Mallarap



Ms. Ujwala More



# VEHS ADMIN STAFF



Ms. Anita Ahuja



Ms. Archana Samala



Ms. Sonali Sawant

# VEHS SUPPORT STAFF



Ms Nisha Shigvan



Ms. Pratibha Pawar



Mr. Arvind Malekar



Mr. Kiran Pawar



# SUBJECT EDITORS

**ENGLISH**

हिन्दी  
भराढी



**MATH**

**SCIENCE**

*Social Science*

**computer**

**ART**

**Sanskrit**

**Moral Values**

**Yogasana**

**Ms. Nilima Chindarkar**

**Ms. Neha Yadav**

**Ms. Reshma Kamthe**

**Mr. Jayprakash Singh**

**Ms. Priya Rathod**

**Ms. Shivani Gaikwad**

**Ms. Nirmala Maheshwari**

**Ms. Harshali Mallarap**

**Ms. Ujwala Borkar**

**Ms. Apeksha Tembye**

**Ms Priya Shirodkar**

**Ms. Shakuntala Maurya**

# EDITORIAL TEAM



**CHIEF EDITOR:**  
**MS. PRIYA SHIRODKAR**  
**(TEACHER)**



**STUDENT EDITOR:**  
**SHIVAM KESARKAR**  
**(STD XI -B)**



**Student Editor :**  
**Kavish Yadav**  
**(STD VIII -B)**



**STUDENT EDITOR:**  
**TANAYA CHAVAN**  
**(STD VII-A)**





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### Top Notch



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### SpotLight

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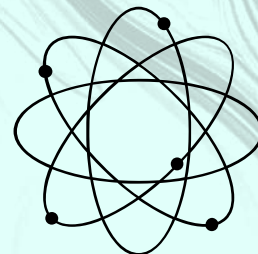
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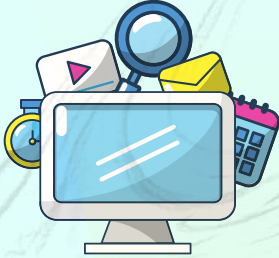
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# TOP NOTCH



## BHARAT KO JANO QUIZ COMPETITION

Anshuman Yadav from 8th B and Sulaiman Siddiqui from 8th A bagged 1st prize in quiz competition.



## L-WARD SCIENCE EXHIBITION



Received 3<sup>rd</sup> prize in population project under senior category.







Vedanti Lubal bagged 1st Consolation prize in Advertisement and Drawing Competition (Junior Category)



Sulaiman Siddiqui and Anshuman Yadav bagged 3rd prize in Quiz Competition (Junior Category)



Sai Patil and Anshuman Yadav bagged 2nd Consolation prize in Science project (Junior Category)



# KARATE COMPETITION



Sai Yogesh Karande from class 5B was awarded Silver medal in the 8th National Karate-Do Championship organised by Japanese Shotokan Karate-Do Federation.



Sai Yogesh Karande from class 5B was awarded in Nirbhaya Chashak Interstate Karate Championship 2025 organised by Nirbhaya Foundation of India.



# ABACUS VEDIC MATHS COMPETITION

Vighnesh Madane from Class V/D received first prize in the Abacus Vedic Maths and Mental Maths annual competition organized by Whizz Kidz Academy Pvt Ltd.





# RANGOTSAV CELEBRATION



Rangotsav Celebration is a vibrant, international art competition for young artists (ages 3-20) started in India in 2012, aiming to ignite creativity, boost confidence, and provide a global stage for students to showcase talents in drawing, coloring, and more, fostering self-expression and celebrating the joy of art through school-based events with prizes like gold medals and certificates

5 Amazing Performance Award  
8 Art Merit Award  
67 Gold Medal Award  
43 Silver Medal Award  
35 Bronze Medal Award  
12 Consolation Prize  
Total 170 Prize Winners



The Leadership in education award – Mrs. Vaishali Shevale  
Amrita sher – Gil Award:Ujwala Vishwas Vartekar  
India's Activities Excellence Award- Vivekananda English High School

## NAVNEET DRAWING COMPETITION



1st prize was bagged by Sarthak Sawant from XB  
2nd prize was bagged by Madhura Pawar from VIIIB  
3rd prize was bagged by Snehal Bhapkar from VIIIB



The Navneet Drawing Competition, known as "Youva Masterstroke," is a massive, nationwide art contest by Navneet Education Limited for students from Nursery to Class 10, offering a platform to showcase creativity with themes like fantasy worlds, science, or city life, with participants competing through school, district, and state levels for grand prizes like iPads and laptops, fostering skill development and national recognition.





# KALA BHARTI COMPETITION



A Kala Bharti Competition is a vibrant art & talent contest, often organized by institutes like Kalabharati Child Art Institute or government bodies, fostering creativity in kids from KG to Class 10 by focusing on drawing, handwriting, music, dance, and drama, featuring themes from cultural heritage to modern issues, rewarding participants with certificates, medals, and awards like the Kalagaurav Award, and serving as a platform to nurture artistic expression and Indian culture.

3 Students were awarded with Kala Bharati Bal Kala Ratna award in Handwriting Competition.

6 students were awarded with Kala Bharati Bal Kala Ratna award in Drawing Competition.



Dronacharya Award: Mrs.Vaishali Shevale  
Active Teacher Award: Ujwala Vishwas Vartekar  
Active School Award: Vivekananda English High School





# DSO DISTRICT ROLL BALL TOURNAMENT



Venue: Rajhans school Andheri

- Under 14 Boys Gold medal
- Under 14 Girls Gold medal
- Under 17 Boys Gold medal
- Under 17 Girls Gold medal





# SPOTLIGHT

## CLIMATE SCIENCE LITERACY- TEACHERS

10/09/25

Session explained the Earth's climate system, the role of greenhouse gases, and how human activity affects global temperatures. Videos and Ppt were used to help students to understand the complex processes.

Students learned about the local and global impacts of climate change — rising sea levels, changing weather patterns, and threats to ecosystems and agriculture.

**Organization: SIES OIOP Foundation**



## AURDINO UNO R4 - TEACHERS



12/09/25

**Organization: D.Y Patil**

The Arduino training session, conducted on 12th September 2025 at DY Patil Innovation Foundation, Nerul, successfully equipped teachers with the skills to integrate Arduino into their teaching practices. The hands-on training covered practical applications of Arduino Uno R4, including LED blink, brightness control, and matrix display. This initiative, in collaboration with AIM and NITI Aayog, aims to promote innovation and creativity in STEM education.

## INCORPORATING VALUE IN STUDENTS - TEACHERS

13/09/25

A one-day workshop titled "How to Incorporate Values in Students through Different Subjects Taught in the Classroom"\*\*\* was conducted with the aim of equipping teachers with strategies to integrate moral, ethical, and life values into regular subject teaching. The event emphasized the need for value-based education as a foundation for building responsible, empathetic, and socially aware citizens.

**Organized by: Hema Foundation**

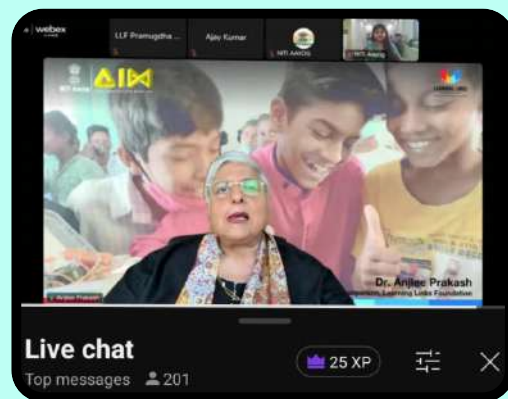


## LOCAL COMMUNITY PROBLEM -TEACHERS

19/09/25

The online session, featuring Dr. Anjeev Prakash, founder of Learning Links Foundation, focused on harnessing innovation to address local community challenges. With over 26 years of experience in transforming education, Dr. Prakash shared valuable insights on empowering students to think creatively and develop innovative solutions.

**Organization: NITI AAYOG**



## ATAL SCHOOL TEACHERS TRAINING -TEACHERS

26/09/25



**Organization:Lend A Hand India**

The sessions focused on introducing the ATAL Tinkering Lab (ATL), its vision, and its role in promoting innovation and creativity in schools. Teachers were oriented to the process of design thinking, emphasizing problem identification, ideation, prototyping, and testing. Additionally, an overview of Artificial Intelligence (AI) was provided, highlighting its practical applications and importance in preparing students for future technological advancements. The training was interactive and enabled teachers to gain practical insights into facilitating hands-on learning and encouraging students to think critically and innovatively.

## WRAPPING READING AWARENESS PROGRAM -STUDENTS

26/09/25



**Organization- Mumbai grahak**

Reading food wrappers is an important skill that helps students make healthy eating decisions. The ingredient list is always arranged in descending order, with the first 2–3 ingredients showing what the product contains the most. Students must pay special attention to sugar, which appears under various names such as sucrose, glucose syrup, fructose, maltodextrin, and invert sugar. If sugar appears within the first three ingredients, the product is considered high in sugar and unhealthy.



## NARI SHAKTI- STUDENTS

29/09/25

The Sanskruti Samvardhan Pratishthan conducted a special Navratri Jagran program focusing on Nari Shakti to educate and empower school girls. The session aimed at raising awareness about safety, building confidence, and teaching practical skills to face challenging situations. The event included motivational talks, safety guidance, and hands-on self-defence demonstrations, creating a supportive environment for young girls to understand their strength and rights



**Organization- Sanskruti Samvardhan**

## VVM -STUDENTS

17/10/25



**Organization:VVM**

On 17th October 2023a session was conducted by Mr Suman Ganger for the students who have registered for the VVM examination.

The one and a half hour session - from 9:30 am to 11:00 am was very informative and the students are benefited for performing well in the examination which is scheduled on 29th October 2023.

Mr Suman guided with the content to be studied by the students and the complete examination process.

The students were also guided to appear for the mock tests before they appeared for the final examination. This will boost their confidence and help them in preparing better for the finals.

The session was attended by 240 students of VEHS Kurla along with 4 science teachers.

## CAREER GUIDANCE- STUDENTS

6/11/25



**Organization:VEHS(Polytechnic)**

A session on Career Guidance was arranged in Vivekanand English High School on 6th November, 2025 for the students of class 10th.

The session is about Engineering Courses,Aditi Yadav from Vivekanand Polytechnic college were the orators. First they had given brief information about the various opportunities available in the field of engineering. Engineering could be done through two routes-HSC and Diploma. To make the choice easier for students who were engineering-aspirants, they compared the pro's and cons of both the routes. It was proved that engineering through Diploma appeared to be more upscale, its overall expense was more or less the same as engineering through HSC.

They had given detail about the various documents required for the admission in colleges and further they had given detail about the various government scheme for the students belonging to reserved category and brief information was given about the various Scholarships offered by Maharashtra State Government.

## ELECTRONIC -TEACHERS

10/11/25

The session on Teacher Training 2 – Electronic conducted by Mr. Pradeep Salve was informative and interactive. He began by explaining the fundamental concepts of electricity—current, voltage, and resistance—and demonstrated the tools used to measure them. The speaker also discussed how electricity is generated and where it is primarily produced. Participants were introduced to various electronic components such as LED, transistor, capacitor, diode, buzzer, breadboard, resistor, and battery, along with their symbols and functions.



**Organization:Lend a Hand**

## ATAL TINKERING CLUSTER-TEACHERS

11/11/25 to 12/11/25

To familiarize teachers with various mechanical tools and their applications, enabling them to effectively guide students in ATL projects and workshops.

**Organization:Lend a Hand**

## SCIENCE MELA- STUDENTS

29/11/25

On 29th December 2024, a Science Mela (Science Fair) was organized by Swami Vivekanand Degree College, Sindhi Society, Chembur. Students from different schools were invited to participate and present their creative scientific ideas.

The main aim of the Science Fair was to highlight the importance of science in our daily life and to encourage students to explore modern scientific innovations. The exhibition placed special emphasis on Machine Learning and Artificial Intelligence, showcasing how emerging technologies are shaping the future.



**Organization:VEHS Degree College**

## GUT HEALTH -TEACHERS

29/11/25

A Gut Health Workshop was conducted for teachers to enhance their understanding of digestive wellness and its importance in daily life. The session highlighted the strong link between gut health, immunity, and overall mental and physical well-being. Experts explained the role of good bacteria, the benefits of consuming probiotics and prebiotics, and the need for a balanced diet rich in fibre, fruits, and vegetables.

Teachers were also informed about common digestive issues and how lifestyle factors such as stress, irregular eating habits, and lack of physical activity can affect gut function. Practical tips—including proper hydration, mindful eating, regular exercise, and stress management techniques—were shared to help teachers maintain a healthy gut.



**Organization:Lend A Hand India**



# YOU ARE WHAT YOU EAT-TEACHERS

29/11/25

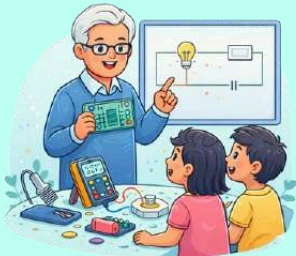
The “You Are What You Eat” workshop successfully sensitized teachers towards personal and professional responsibility in promoting good nutrition. The session confirmed that informed educators play a key role in shaping healthy future generations. The program ended with a collective pledge to practice and promote healthier eating choices within the school community.

Organization: VESLARC



# BASIC ELECTRONIC-TEACHERS

8/12/25



Organization: Lend a Hand



The training session was informative, interactive, and hands-on. Teachers strengthened their foundational understanding of electronics and Arduino programming. The workshop equipped them with the necessary skills to support student learning in robotics and STEM projects at the school.



# ANNUAL DAY CELEBRATION



इन्द्रोति के रंग  
इन्द्रोति के रंग



20/12/25 - 21/12/25







**Chief Guest- Mrs. Nita Patil (Director of Maharashtra State Jawahar Balbhavan, Mumbai)**







*Launch Of Bri-Books  
Unveiling Knowledge, Inspiring Minds*







*Echoes of the Past, Moves of Today*







*Ancient Roots, Living Values*







*Culture woven with Values and Traditions*







*Music Beyond Words  
Sant Katha-Wisdom Through Devotion*







*Bravery That Shaped History  
A King- A Warrior- An Inspiration*







*Tradition With Pride*







# VIDYARTHI VIGYAN MANTHAN (VVM)



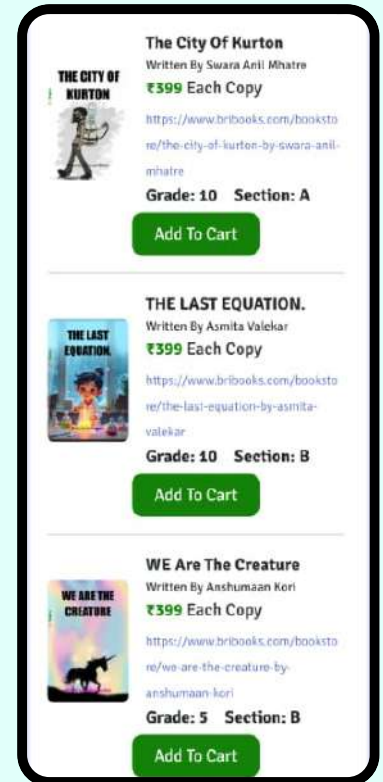
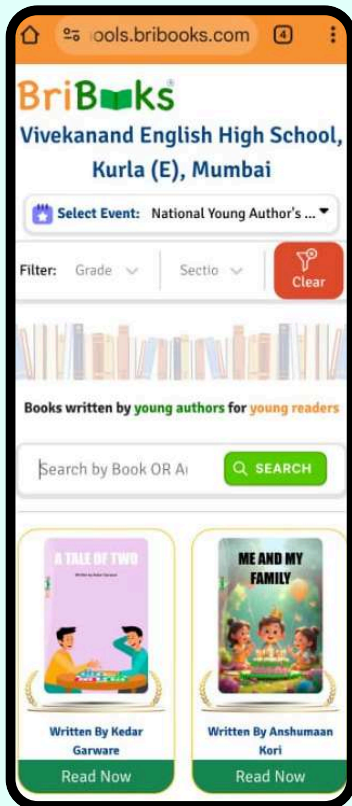
The Vidyarthi Vigyan Manthan (VVM) exam is a national-level science talent search program aimed at promoting scientific temperament among students. This year, our school actively participated in the Level-1 examination with great enthusiasm.

We are proud to announce that out of 20 students 14 students from our school have been selected for the Level-2 exam based on their excellent performance. Their achievement reflects hard work, dedication, and a strong interest in science and technology.

The school congratulates all the selected students and also appreciate the support of teachers and parents in guiding the students throughout their preparation.







BriBooks is one of the world's leading creative writing platforms, empowering users of all ages to learn writing skills, create their own books, and publish them online with ease. Total 17 students participated from which 9 students books got published online and hardcopy is also available.







# PLANTATION



Organized by SIES in Collaboration with BPCL

Under its environmental initiative “Vasudhaiva Sanrakshak” (Protectors of Mother Earth), Vivekanand English High School successfully organized a 100-sapling plantation drive in collaboration with SIES program as “CLIMATE AMBASSADORS PROGRAM” (CAP) and Bharat Petroleum Corporation Limited (BPCL). As part of their environmental sustainability and community outreach efforts, a total of 100 saplings were planted on the school premises.

A total of 100 saplings, including native and climate-resilient species, were planted across the school campus. Students from various grades enthusiastically took part, learning about proper plantation techniques and the long-term responsibility associated with nurturing trees. Teachers and volunteers guided them to ensure systematic planting.



Through the Vasudhaiva Sanrakshak initiative is not only beautified the school campus but also fostered a sense of responsibility among students towards environmental protection. The school administration expressed gratitude to SIES and BPCL for their support and committed to maintaining the planted saplings through regular monitoring.

Overall, the plantation drive was a meaningful step toward creating a greener, healthier environment and strengthening community partnerships for sustainable development.



# LITERARY ALLIANCE

## ENGLISH

### ACHIEVING DREAMS

" Unleash your greatness,  
Let your mind soar,  
You've got the power, you've got the might  
To achieve your dreams, and shine so bright

Trust your inner voice, let it guide,  
You've got the talent, let it be your pride.  
Learn with passion, and a curious heart,  
And your future will be full of art.

Read, write, and learn with all with all your might, And  
you'll succeed with flying colours, shining bright.

Learning's not just test or scores, Or ticking boxes,  
closing doors - It's finding strength to try once more,  
And dreaming bigger than before.

Math like puzzles, science like magic, Words that  
dance, history's epic. Your mind is strong, your heart  
is true, believe in you what you can do !

The best version of you is shaped by You

Written By: Hansika Kamble VI A



### THE NIGHT

Moonlight rests quietly in the room,  
The night breathes slow and deep.

My mind keeps moving,  
Thoughts come and go,  
Like waves that never settle.

I close my eyes,  
Let the silence stay.

The clock ticks softly,  
Breath finds its way,  
And the world feels lighter.

The night wraps me in its gentle calm,  
Yet thoughts wander like quiet streams,  
Memories, dreams, questions, and plans  
All moving, never still—  
This is my restless mind.

Written By: Vishakha Wadkar VI A



# LITERARY ALLIANCE

## MARATHI

### दीपावली

दिपोत्सव मांगल्याचा  
तेजोमय पहाट झाली,  
दिप प्रकाशमय  
आसमंती कांती लाली...

शेण सडा ओला  
अंगण सारे लिंपते,  
सप्त रंग रांगोळीचे  
त्यावर रंग खुलते....

अभ्यंग स्नान अंगी  
सुगंधित उटणे,  
आकाश दिवे गगनी  
सजली तोरणे....

पणती दिवे उजळती  
साऱ्या लख्ख दिशा  
प्रफुल्लित मनाच्या  
हर्षित होतील आशा...

आप्तेष्ट सगोसोयरे  
जिवाळा भेटीगाठी  
मिष्टानाची रुचकर  
चविष्ट गोडी ओठी...

सुख-सौख्य ऐश्वर्य  
धनसंपदा लाभली,  
नवी उमेद लक्ष्मी पावले  
दिपावली आली....

Compiled by: Smit Mokal VII -B

### मनभुलवा पाऊस (बाल काव्य)

निळसर हिरव्या डोंगरातूनी  
शुभ्र दुधाची धार पडे  
चला, मुलांनो पाहू चलारे  
पाण्यात भिजले सहय कडे

धो धो पाऊस कोसळतो  
लख्ख विजांचा चमचमाट पहा  
सप्त इंद्रधनूच्या सात रंगानी  
सजविले अवनीचे रूप महा

वेली आणि झाडे भिजली  
पाखरे विसावली झाडावरी  
खळखळ वाहते नादात पाणी  
न्हाहली धरणी स्वर्गापरी

घरापुढेही पहा थाटली  
सुंदर डबक्यांची रांगोळी  
त्यात सोडूनी नावांना  
घेतील मजा ही मने खुळी



# LITERARY ALLIANCE

## HINDI



### प्रेम, शांति और करुणा का पावन पर्व

विश्वभर में मनाया जाने वाला क्रिसमस ईसाई धर्म का प्रमुख त्योहार है, जो हर वर्ष 25 दिसंबर को बड़ी श्रद्धा और उत्साह के साथ मनाया जाता है। यह दिन यीशु मसीह के जन्म की स्मृति में मनाया जाता है, जिन्हें प्रेम, त्याग, करुणा और मानवता का प्रतीक माना जाता है। क्रिसमस केवल एक धार्मिक उत्सव नहीं है, बल्कि यह मानवता और सद्भाव का संदेश लेकर आता है।

क्रिसमस का इतिहास

ईसाई मान्यताओं के अनुसार, दो हजार वर्ष पहले बेथलहम में यीशु मसीह का जन्म हुआ था। उनके जन्म को एक दिव्य घटना माना जाता है, जिसने दुनिया को प्रेम और क्षमा के मार्ग पर चलने की प्रेरणा दी। धीरे-धीरे यह पर्व पूरे विश्व में फैल गया और आज यह हर संस्कृति में अपनाया जाने वाला एक वैश्विक उत्सव बन गया है।

क्रिसमस की परंपराएँ

क्रिसमस के अवसर पर घरों, चर्चों और बाजारों को सुंदर लाइट्स, सजावट और रंग-बिरंगे सितारों से सजाया जाता है। लोग क्रिसमस ट्री लगाते हैं, केक काटते हैं और उपहारों का आदान-प्रदान करते हैं। सांता क्लॉज़ बच्चों का प्रिय पात्र होता है, जो खुशियाँ, उपहार और मुस्कानें बांटने का प्रतीक माना जाता है।

क्रिसमस का संदेश

इस पर्व का मुख्य संदेश है—

“प्यार करो, बाँटो और सभी के प्रति दया भाव रखो।”

क्रिसमस हमें बताता है कि जीवन में प्रेम और सहानुभूति का महत्व किसी भी भौतिक चीज़ से कहीं अधिक है।

यह दिन हमें सिखाता है कि हम समाज में शांति, भाईचारे और एकता को बढ़ावा दें।

भारत में क्रिसमस

भारत जैसे विविधता-पूर्ण देश में क्रिसमस बड़े हर्षोल्लास के साथ मनाया जाता है। चाहे गोवा हो, मुंबई हो, दिल्ली, कोलकाता या केरल—हर स्थान पर चर्चों में विशेष प्रार्थनाएँ आयोजित की जाती हैं। लोग एक-दूसरे को 'मेरी क्रिसमस' कहकर शुभकामनाएँ देते हैं और इस पर्व की खुशियों को साझा करते हैं।

उपसंहार

क्रिसमस हमें यह याद दिलाता है कि दुनिया की सबसे बड़ी शक्ति प्रेम और मानवता है। अगर हम अपने जीवन में थोड़ा-सा भी दया, सद्भाव और करुणा जोड़ दें, तो हमारे आसपास की दुनिया अपने-आप बेहतर हो जाएगी।

आइए, इस क्रिसमस हम सब प्रेम और शांति का संदेश फैलाएँ।

मेरी क्रिसमस! 🌟🌟

Compiled by: Shivam Kesarkar XI - B

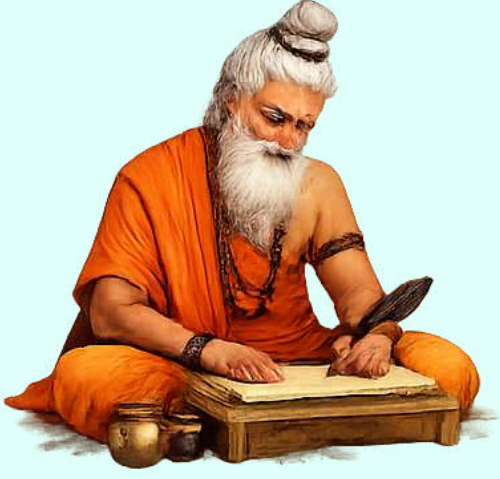




# LITERARY ALLIANCE

## SANSKRIT

### (ज्ञानस्य सम्पदा)



### वेदसाधना



देवव्रत महेश रेखे महाराष्ट्रस्य १९ वर्षीयः वैदिकविद्वान् अस्ति यः अद्यैव काशीभाषायां अविश्वसनीयतया दुर्लभं दण्डक्रमपरायणं सम्पन्नं कृत्वा राष्ट्रियं ध्यानं प्राप्तवान्, शुक्लयजुर्वेदस्य २००० तः अधिकानि मन्त्राणि निर्दोषतया ५० दिनेषु निरन्तररूपेण पाठितवान्, एतत् पराक्रमं शास्त्रीयशुद्धतायां प्रायः शताब्दद्वयं यावत् न प्राप्तम्, पीएम मोदी इत्यस्मात् प्रशंसां अर्जयित्वा प्राचीनवैदिकपरम्परां पुनः सजीवं कृत्वा। अस्मिन् अनेके वैदिकश्लोकाः, निर्दोषरूपेण पाठिताः पवित्रशब्दाः च अन्तर्भवन्ति । सः अस्माकं गुरुपरम्परस्य उत्तमस्य मूर्तरूपं ददाति।

### Translation:

Devavrat Mahesh Rekhe is a 19-year-old Vedic scholar from Maharashtra who recently gained national attention for completing the incredibly rare Dandakrama Parayanam in Kashi, reciting over 2,000 mantras from the Shukla Yajurveda flawlessly over 50 continuous days, a feat not achieved in classical purity for nearly two centuries, earning praise from PM Modi and reviving an ancient Vedic tradition. This includes several Vedic verses and sacred words recited flawlessly. He embodies the finest of our Guru Parampara.



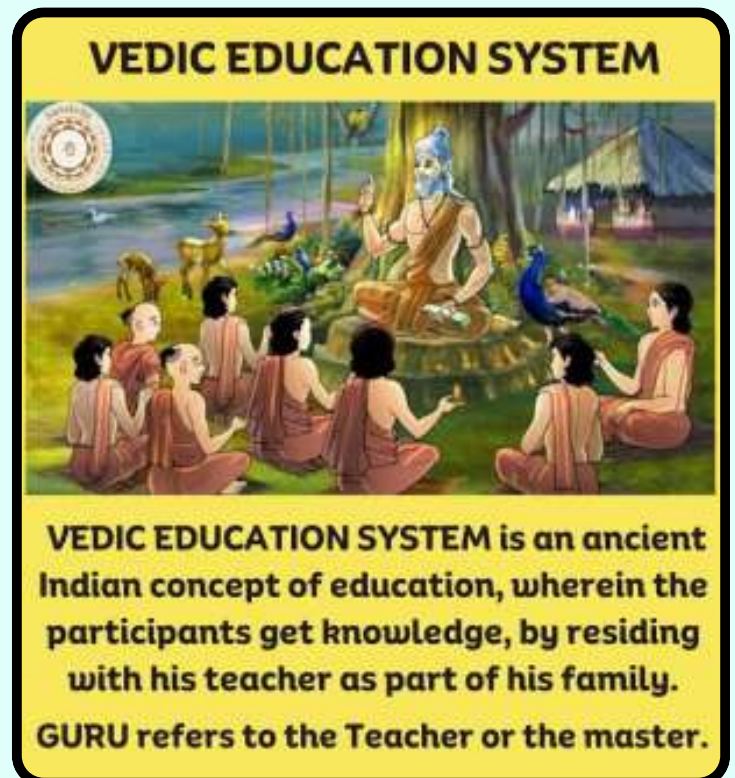
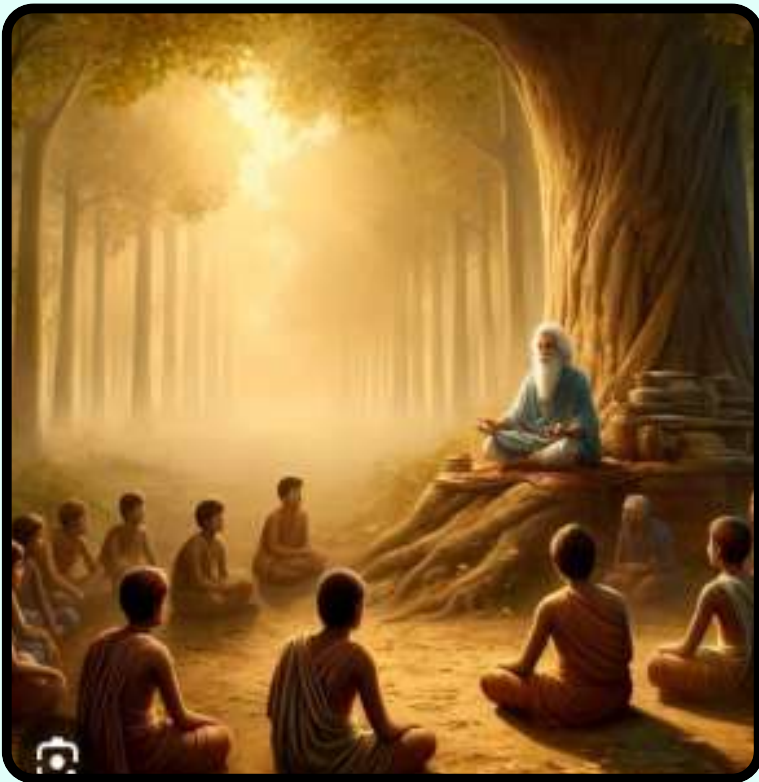
Compiled by- Ms. Apeksha Tembye  
(Ma'am)

# EPIC PLUSE

## VEDIC EDUCATION AND ITS DESTRUCTION

The Vedic system of education was one of the brightest jewels of ancient India. It aimed not only at gaining knowledge but at shaping a complete and noble human being. Education in the Vedic period was imparted in Gurukuls, where students lived with their teachers in a simple, disciplined environment. They learned self-control, truthfulness, respect, and service, along with subjects like mathematics, astronomy, ethics, medicine, martial arts, music, and nature studies. It was a system that blended wisdom, character, and practical skills.

But with the passage of time, this glorious tradition suffered great destruction. Repeated invasions led to the burning of libraries, loss of priceless manuscripts, and the disruption of Gurukuls life. Later, the British introduced a new education system designed mainly to create clerks for the colonial administration. This weakened the traditional Indian knowledge system and distanced people from their own cultural roots. Slowly, the Vedic learning structure faded, leaving behind only fragments of its former greatness. Yet the spirit of Vedic education still shines through Yoga, Ayurveda, Sanskrit literature, and Indian philosophy. Reviving its core values—discipline, respect for nature, character-building, and holistic learning—can help modern education become more richer and meaningful.



Compiled by- Sarah Barwalawala XB



# THE OCEAN'S HIDDEN WONDER: UNDERWATER WATERFALLS



Underwater waterfalls are a fascinating ocean phenomenon created when cold, dense, salty water sinks beneath warmer, lighter water. Because these layers do not mix easily, the heavier water flows downward like a hidden waterfall deep beneath the sea.

One of the most beautiful examples is near Mauritius, where the shape of the ocean floor creates a dramatic illusion of a giant waterfall. The most powerful real underwater waterfall is the Denmark Strait Cataract between Greenland and Iceland, dropping more than 3,500 meters—far deeper than any waterfall on land.

These underwater currents help regulate Earth's climate by moving heat across the oceans and bringing nutrients from deep waters to support marine life. They influence global weather patterns and keep marine ecosystems healthy.

Scientists continue to study underwater waterfalls to understand ocean circulation better. They remind us that the oceans still hide many mysteries and wonders waiting to be explored.



Compiled by- Sarah Barwalawala XB



## THE SECRET LIFE OF NUMBERS

### • The Mysterious Number 9

Nine has a strange power:

Multiply any number by 9, then add the digits of the result.

Example:

$$9 \times 234 = 2106 - 2 + 1 + 0 + 6 = 9$$

$$9 \times 256 = 2304 - 2 + 3 + 0 + 4 = 9$$

$$9 \times 336 = 3024 - 3 + 0 + 2 + 4 = 9$$

It works every single time.



### • Odd Numbers Build Perfect Squares

Here's a beautiful pattern:

$$1 = 1^2$$

$$1 + 3 = 4 = 2^2$$

$$1 + 3 + 5 = 9 = 3^2$$

$$1 + 3 + 5 + 7 = 16 = 4^2$$

$$1 + 3 + 5 + 7 + 9 = 25 = 5^2$$

The sum of the first  $n$  odd numbers is always  $n^2$ .

It's like building squares using "blocks" of odd numbers.

Compiled by- Ms. Priya Rathod  
(Ma'am)





## The Science Behind Feeling Sleepy in Winters

As the winter season sets in, many of us experience an overwhelming urge to curl up in bed and sleep the day away. But have you ever wondered why this happens? What's the science behind feeling sleepy during winters?

### The Main Culprits:

- **Melatonin:** The sleep hormone melatonin is produced by the pineal gland, and its production increases in the dark. With shorter days and longer nights, our bodies produce more melatonin, making us feel sleepier.
- **Serotonin:** The levels of serotonin, a neurotransmitter that regulates mood, decrease in winters. This can lead to feelings of lethargy and sleepiness.



- **Vitamin D:** Reduced sunlight exposure during winters can lead to lower Vitamin D levels, which can cause fatigue and sleepiness.
- **Cold Weather:** The cold weather can make us feel more relaxed and sleepy, as our body tries to conserve energy.

### Other Factors:

- **Disrupted Circadian Rhythm:** The lack of sunlight can disrupt our internal clock, leading to irregular sleep patterns and increased sleepiness.
- **Holiday Season:** Winters often coincide with holidays and festivities, which can lead to late nights and disrupted sleep schedules.
- **Lifestyle Changes:** Reduced physical activity, poor diet, and increased stress during winters can also contribute to feeling sleepier.

## Stay Awake and Energized!

Compiled by- Ms. Shivani Gaikwad  
(Ma'am)



## BASIC ELECTRONIC COMPONENTS

Electronics is the branch of science that deals with the flow of electric current through devices and circuits. Electronic components are the basic building blocks used to design and create electronic circuits. Some of the most commonly used basic electronic components are explained below.

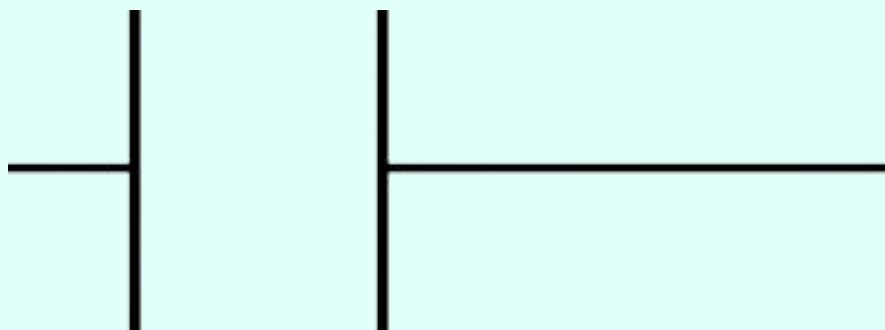
### RESISTOR

A resistor is a passive electronic component that limits or controls the flow of electric current in a circuit. It is mainly used to protect components by reducing current and to divide voltage.



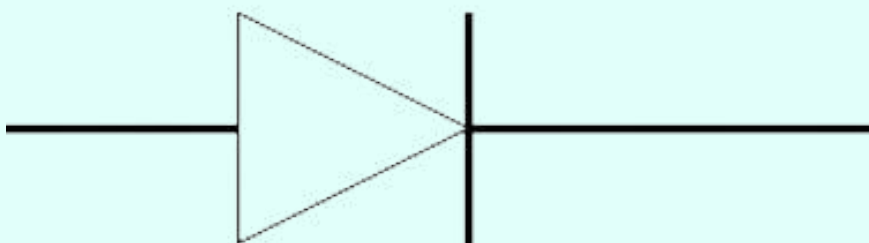
### CAPACITOR

A capacitor stores electrical energy in the form of an electric field. It is commonly used for filtering, smoothing power supply output, and storing charge temporarily.



### DIODE

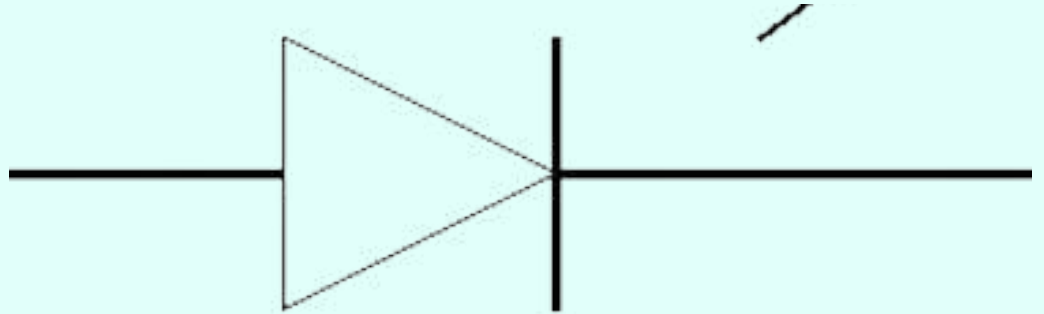
A diode allows current to flow only in one direction. It is used for rectification, protection, and signal control.





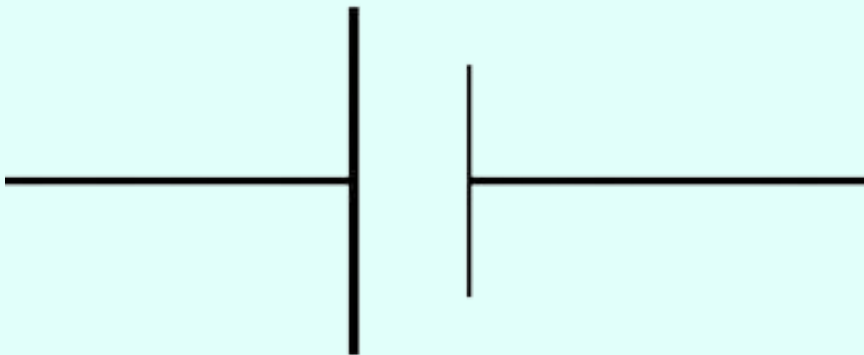
## LED

A Light Emitting Diode (LED) emits light when current flows through it. LEDs are widely used in indicators, displays, and lighting applications.



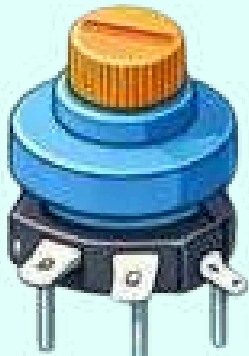
## BATTERY

A battery is a source of electrical energy that converts chemical energy into electrical energy. It provides power to electronic circuits.



## SWITCH

A switch is used to open or close a circuit manually. It helps in controlling the operation of electronic devices.



-Compiled by:  
Ms. Harshali Mallarap  
(Ma'am)

# ART GALLERY



Aayushi Chavan 6/A



Mugdha Naik 9/B

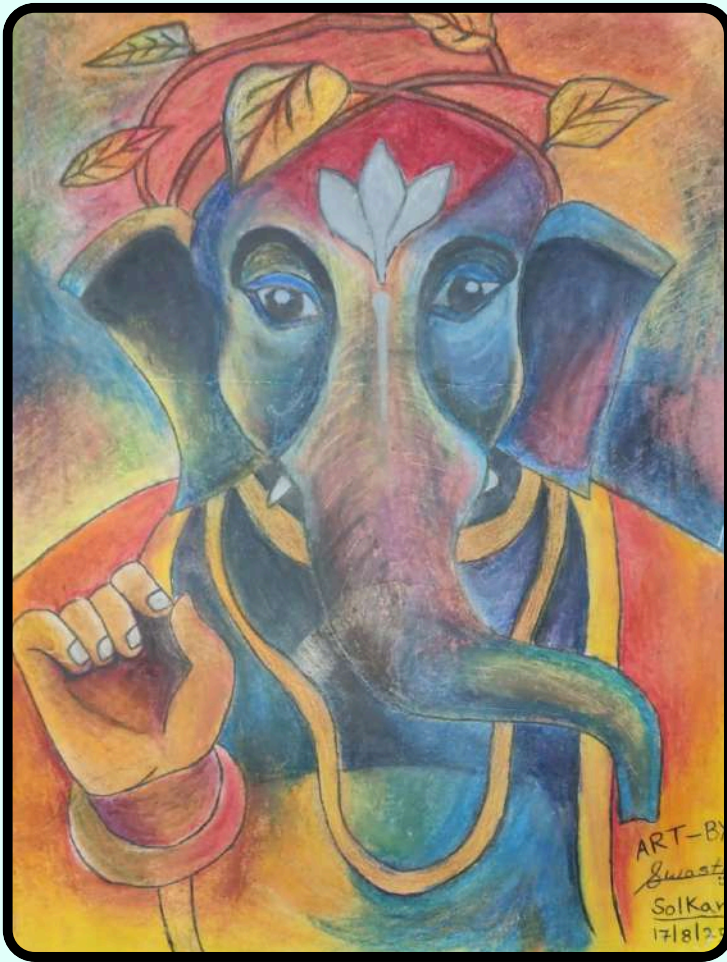


Aditya Chavan 10/B



Harshit Chugh 9/B

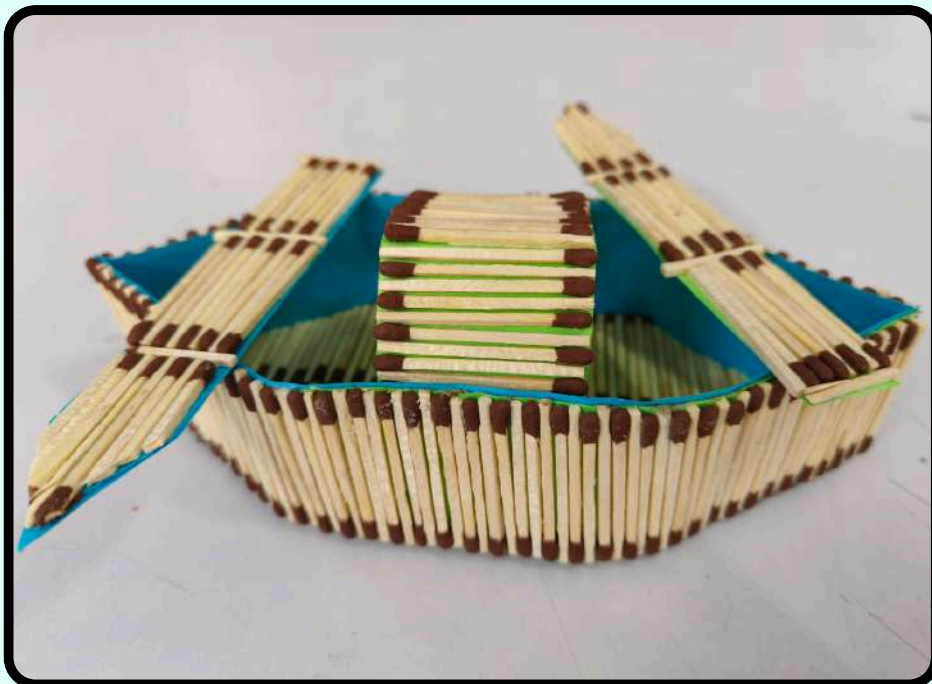




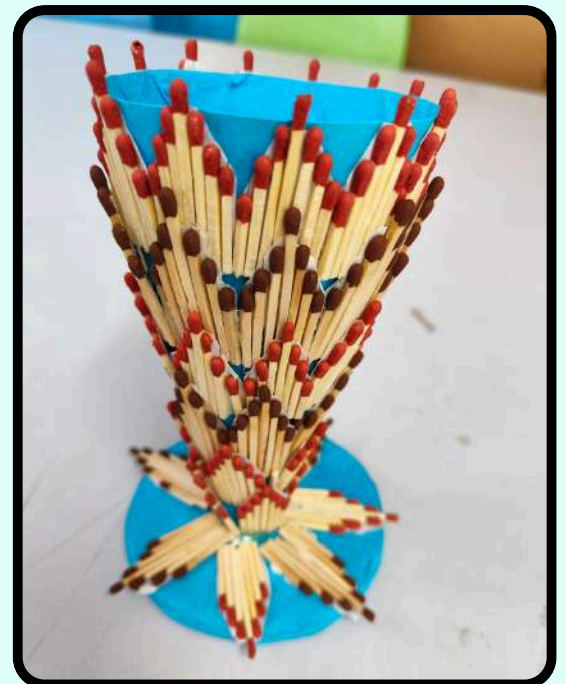
Swasti Solkar 7/A



Kartik Mishra 8/B



Shlok Kamble 6/A



Drushti Mhatre 6/B

# ASPIRE ZONE

## TO RESPOND OR REACT



At a restaurant, a cockroach suddenly flew from somewhere and sat on a lady. She started screaming out of fear. With a panic stricken face and trembling voice, she started jumping with both her hands desperately trying to get rid of the cockroach. Her reaction was contagious as everyone in her group also got panicky. The lady finally managed to push the cockroach away but it landed on another lady in the group.

Now it was the turn of the other lady in the group to continue the drama. The waiter rushed forward to their rescue. In the relay of throwing, the cockroach next fell upon the waiter. The waiter stood firm, composed himself and observed the behavior of the cockroach on his shirt. When he was confident enough, he grabbed it with his fingers and threw it out of the restaurant.

Sipping my coffee and watching the amusement, the antenna of my mind picked up a few thoughts and started wondering if the cockroach was responsible for their histrionic behavior? If so, then why was the waiter not disturbed? He handled it near to perfection without any chaos.

It is not the cockroach, but the inability of the ladies to handle the disturbance caused by the cockroach that disturbed the ladies.

I understood, I should not react in life. I should always respond. The women reacted, whereas the waiter responded. Reactions are always instinctive whereas responses are always well thought of, just and right to save a situation from going out of hand, to avoid cracks in a relationship, to avoid making decisions in anger, anxiety, stress or hurry.

-Compiled by:  
Ms. Priya Shiroidkar  
(Ma'am)



# YOGASANA

## VRIKSHASANA

Vrikshasana, also known as the Tree Pose, is a calming and grounding yoga asana that helps improve balance, concentration, and posture. The pose is inspired by the steady and rooted nature of a tree, reminding us to stay strong and centered even when life feels stressful.

To practice Vrikshasana, stand tall with your feet together. Slowly lift one foot and place it gently on the inner calf or thigh of the opposite leg—avoiding the knee. Bring your hands together at your chest or stretch them overhead like branches. Focus on a still point in front of you and breathe deeply. Even if you wobble, that's part of the process!

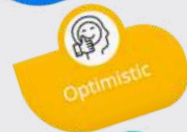
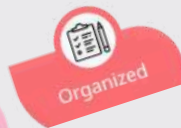
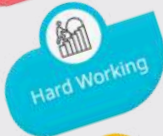
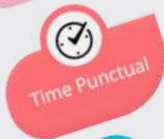
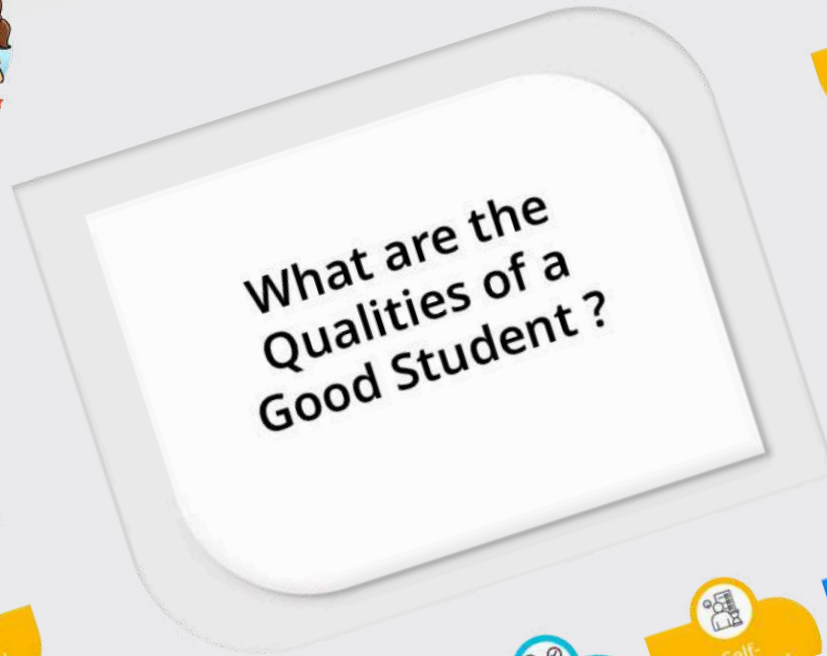
This asana strengthens the legs, tones the core, and helps improve mental focus. It's a great pose for building confidence and inner stability. Practicing Tree Pose regularly can make you feel more grounded, calm, and connected to yourself—just like a tree rooted firmly in the earth.



-Compiled by:  
Ms. Shakuntala Mourya  
(Ma'am)



## Character Traits of a Student Leader





# VEHS KIDZOPEDIA

A night scene of a school building with palm trees and a starry sky. The building is a long, multi-story structure with a light-colored facade and red accents. It has several arched windows and balconies. In front of the building is a large, open area with a dirt ground and some sparse grass. There are several palm trees and other tropical plants scattered around the building. The sky is dark blue and black, filled with many stars and a prominent blue nebula. A thin crescent moon is visible in the upper right corner of the sky. A thin, faint line, possibly a satellite or a meteor, streaks across the sky from the top right towards the center.

II EDITION - SEPTEMBER TO DECEMBER