

**Minutes of BOS Meeting – Department of Psychology,  
Vivekanand Education Society’s College of Arts, Science & Commerce**

Date: 9<sup>th</sup> February, 2023

Time: 02:30 pm to 03:40 pm

**Agenda: Discussion of the Syllabi for Under-graduation and Post-graduation for SEM IV for Academic Year 2023-24**

Meeting was conducted online through Google meet.

Number of Participants who attended the meeting:

Dr. Neeta Mehta (V.C. Nominee)  
Prof. Rajani Konantambigi (Subject Expert)  
Dr. Mrinmoyi Kulkarni (Subject Expert)  
Ms. Aarohi Khar (Head & BOS Chairperson)  
Dr. Radhika Mohan (Faculty Member, BOS)  
Ms. Nisha Karamchandani (Faculty Member, BOS)  
Ms. Shrinkhla Pandey (Faculty Member, BOS)  
Ms. Bharavi Vishwasrao (Faculty Member, BOS)

(Dr. Avinash D’Souza and Ms. Asira Chirmuley (Alumnus) were not present in the meeting due to some emergency).

The BOS Meeting began with a welcome address, followed by introduction of the members of the Board of Studies (Department of Psychology) by Ms. Aarohi Khar (Chairperson, BOS and HOD, Department of Psychology)

Ms. Aarohi Khar (Chairperson, BOS and HOD, Department of Psychology) briefed about the previous BOS meeting discussion points and agenda for this meeting. She also spoke about the change that is going to happen with NEP 2020. She stated that, we will have to incorporate B.A. 4<sup>th</sup> year honour program (we are likely to merge MA Part I as 4<sup>th</sup> year of BA Honours program). She continued by highlighting the point that currently we are adopting UG and PG SEM IV syllabus of Mumbai University without any change.

Using PPT presentation, syllabi was presented to the BOS members and their suggestions were noted.

Presentation began with SYBA Social Psychology - II (Compulsory Course – 3 Credits) syllabus. Dr. Radhika Mohan (Faculty Member, BOS) presented unit-wise syllabus and highlighted the application based discussion through real-life examples that happen during lectures. Prof. Rajani Konantambigi (Subject Expert) asked if Indian research studies are incorporated during discussion sessions; to which Dr. Radhika Mohan (Faculty Member, BOS) affirmatively responded explaining how Indian research articles are sent to students as additional reference material. Dr. Neeta Mehta (V.C. Nominee) suggested that even through application based assignments similar goal can be achieved. Ms. Aarohi Khar (Chairperson, BOS and HOD, Department of Psychology) assured that these and few other suggestions will be incorporated when syllabus will be revised according to NEP 2020 requirements.

Ms. Nisha Karamchandani presented the next course – Developmental Psychology- III (Compulsory Course – 3 Credits). Unit-wise topics were presented. Prof. Rajani Konantambigi (Subject Expert) suggested to incorporate contemporary writings as additional reference material.

Ms. Aarohi Khar (Chairperson, BOS and HOD, Department of Psychology) presented Health Psychology (Elective course – 3 Credits) unit-wise syllabus. She asserted that suggestions given in the last BOS meeting

regarding addition of Indian Health Psychology component and few more reference material were incorporated.

Discussion proceeded for PG courses. Ms. Bharavi Vishwasrao (Faculty Member, BOS) was invited to present Communication and Social Skills (Ability Enhancement Course – 4 Credits) syllabus. Presentation began with explanation of course objectives followed by unit-wise topic and subtopic discussion. She asserted that various application based activities in terms of role-plays, introspective exercises, worksheets, class discussion etc. are used. Students are given Module Development assignment as a part of internal assessment, where they are expected to work in groups and formulate Social Skill Development program on assigned topics. This ensures application as well as creation. Dr. Mrinmoyi Kulkarni (Subject Expert) suggested a Handbook of Empathy as an additional reference material (activities can be referred from this book). Prof. Rajani Konantambigi (Subject Expert) suggested additional topic pertaining to Polarisation of Opinions among youth. Dr. Neeta Mehta (V.C. Nominee) suggested an activity where class discussion on certain topics are recorded and later these recordings are analysed by students. All the suggestions were noted positively.

Ms. Shrinkhla Pandey (Faculty Member, BOS) was invited to present Change Management (Interdisciplinary Course – 4 Credits). Presentation began with explanation of course objectives followed by unit-wise topic discussion. She asserted that some introductory topics, though were missing from the syllabus has to be covered by the subject teacher. She highlighted certain teaching methodologies that are used, for example, snippets, case study, opinion discussions, etc. BOS members couldn't understand the rationale behind keeping this course for MA Counseling Psychology program. Ms. Shrinkhla Pandey (Faculty Member, BOS) stated that according to the guidelines given by Mumbai University, having one interdisciplinary course is mandatory.

The meeting ended with the Vote of Thanks by Ms. Aarohi Khar (Chairperson, BOS and HOD, Department of Psychology).

*Aarohi*

Ms. Aarohi Khar  
Head & Assistant Professor  
Department of Psychology  
Mumbai - 400 071

Minutes of the meeting, 10th Aug, 2022, Approved with signatures:

Ms. Aarohi Khar (Head & BOS Chairperson)-

*Aarohi*

Dr. Neeta Mehta (V.C. Nominee)


*Neeta Mehta*

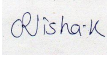
Prof. Rajani Konantambigi (Subject Expert)

*Konantambigi*

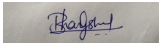
Dr. Mrinmoyi Kulkarni (Subject Expert) 

Ms. Asira Chirmuley (Alumnus)

Dr. Radhika Mohan (Faculty Member, BOS) 

Ms. Nisha Karamchandani (Faculty Member, BOS) 

Ms. Shrinkhla Pandey (Faculty Member, BOS)

Ms. Bharavi Vishwasrao (Faculty Member, BOS) 

DR. AVINASH DE SOUSA 