



**Vivekanand Education Society's
College of Arts, Science and Commerce
(Autonomous)**

Sindhi Society, Chembur, Mumbai, Maharashtra – 400 071.

*Accredited by NAAC "A Grade" in 3rd Cycle - 2017
Best College Award – Urban Area, University of Mumbai (2012-13)
Recipient of FIST Grant (DST) and STAR College Grant (DBT)*

**Affiliated to the
University of Mumbai**

Syllabus for
Program: B.A. (Psychology)
(Program code: VESUAPY101 & 201)

**As per Choice Based Semester and Grading System (CBSGS)
with effect from Academic Year 2022 - 2023**

Program Outcomes (PO):

A learner completing B.A will be able to:

PO1: Demonstrate analytical skills in applying appropriate arts principles and methodologies to solve a wide range of problems.

PO2: Design, carry out research and analyze results by accounting for uncertainties in different quantities measured using various social/ scientific instruments.

PO3: Demonstrate professional behavior of being unbiased, and truthful in all aspects of work as an individual as well as team.

PO4: Be generally imbued with realization of human values

PO5: Develop a sense of social service

PO6: Become a responsible and dutiful citizen

PO7: Develop a critical temper and creative ability

Program Specific Outcomes (PSO's)

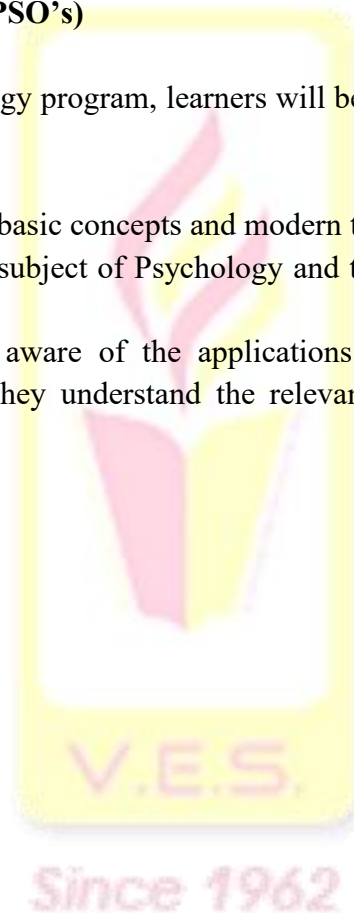
On completion of B.A Psychology program, learners will be enriched with knowledge and be able to

PSO1 Have knowledge of the basic concepts and modern trends in Psychology

PSO2 Develop interest in the subject of Psychology and to have a foundation for further studies in Psychology

PSO3 To make the students aware of the applications of Psychological concepts in various fields so that they understand the relevance of Psychology in different areas of life.

PSO4



F.Y.B.A. (PSYCHOLOGY)
(SEMESTER I & II)

Course Code	Title	Credits & Lectures per Semester	Lectures per Week
VESUAPY101	Fundamentals of Psychology- Part I	03	04
	Unit I : <u>The science of Psychology</u>	15 Lectures	
	Unit II: <u>Applied Psychology and Psychology Careers Why study applied psychology</u>	15 Lectures	
	Unit III : <u>The Biological Perspective</u>	15 Lectures	
	Unit IV : <u>Learning.</u>	15 Lectures	
VESUAPY102	Fundamentals of Psychology- Part II	03	04
	Unit I: <u>Cognition:Thinking ,Intelligence,and Language</u>	15 Lectures	
	Unit II : <u>Memory</u>	15 Lectures	
	Unit III : <u>Motivation and Emotion</u>	15 Lectures	
	Unit IV : <u>Mental health and Psychological Disorders</u>	15 Lectures	

Detailed Syllabus: Unit wise / Module wise with number of lectures

Course title: Fundamentals of Psychology- Part I

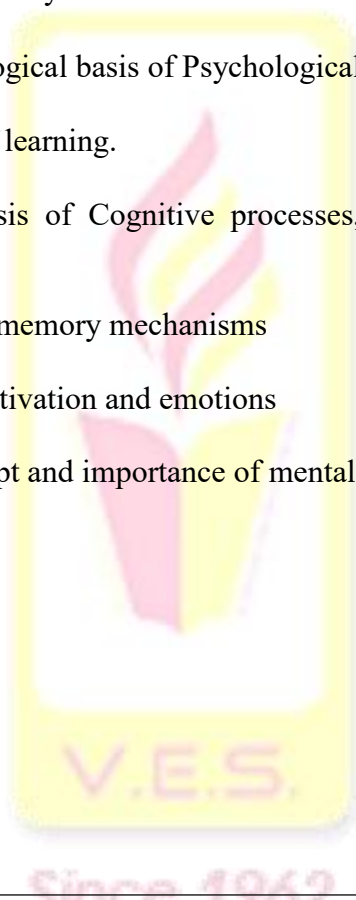
Course code: VESUAPY101 & VESUAPY102

Objective: 1. To impart knowledge of the basic concepts and modern trends in Psychology.

Learning Outcomes (LO):

On successful completion of this course students will be able to:

- LO1 To foster interest in the subject of Psychology and to create a foundation for further studies in Psychology.
- LO2 To make the students aware of the applications of Psychological concepts in different areas of day to day life.
- LO3 To understand the biological basis of Psychological behaviour
- LO4 Understand the laws of learning.
- LO5 To understand the basis of Cognitive processes, intelligence and use of language
- LO6 To understand Human memory mechanisms
- LO7 Understand Human motivation and emotions
- LO8 To introduce the concept and importance of mental health and mental disorders.



Unit no.	Details of topics Semester 1: Fundamentals of Psychology- Part I (4 lectures per week)	No of lectures
<u>Unit 1.</u>	<u>The science of Psychology</u> a) The history of Psychology. b) The Fields of Psychology Today. b) Scientific research. c) Ethics of Psychological Research. d) Statistics in Psychology. (What are Statistics?, Descriptive Statistics, Inferential Statistics).	15 Lectures
<u>Unit</u>	<u>Applied Psychology and Psychology Careers Why study applied</u>	15

2.	<u>psychology?</u> a) Define applied psychology. b) Describe different types of psychological professionals and identify their educational background and training. c) List the kinds of careers that are available to someone with a master's degree in psychology. d) Describe some areas of specialization in psychology. e) Describe how psychology interacts with other career fields. f) Explain the fields of industrial/organizational psychology and human factors psychology. g) Describe how the I/O field has evolved throughout its history. h) Identify techniques used by sports psychologists.	Lectures
<u>Unit</u> 3.	<u>The Biological Perspective.</u> a)Neurons and Nerves : Building the Network. b) An overview of the Nervous System. c) Distant connections:The Endocrine Glands. d) Looking inside the Living Brain. e) From the Bottom up :The structures of the Brain. f) Classic studies in Psychology.	15 Lectures
<u>Unit</u> 4.	<u>Learning.</u> a) Definition of Learning. b) Classical conditioning, and Operant conditioning c) Cognitive learning Theory. d) Observational Learning.	15 Lectures
Semester 2: Fundamentals of Psychology- Part II (4 lectures per week)		
<u>Unit</u> 1.	<u>Cognition:Thinking ,Intelligence,and Language.</u> a)How People think. b)Intelligence. c) Language d) Applying Psychology to Everyday life.	15 Lectures

Unit 2	<u>Memory</u> a)What is memory? b)The Information Processing Model:Three Memory Systems. c)Retrieval of Long –term Memories. d)Forgetting. e) Neuroscience of memory. f) Applying Psychology to Everyday life	15 Lectures
Unit 3.	<u>Motivation and Emotion.</u> a)Approaches to understanding Motivation. b)What ,Hungry again? Why People Eat. c) Emotion. d)Culture and Emotions. e) Applying Psychology to Everyday life.	15 Lectures
Unit 4:	Theories of Personality. a)Psychodynamic Perspective. b)Psychoanalysis in the East . c) The Behavioural and Social Cognitive View of Personality. d)The Third Force :Humanism and Personality. e)Trait Theories:Who are you? f) Modern Trait Theories:The Big Five and current thoughts on the trait Perspective. g)Personality :Genetics and Culture. h)Assessment of Personality. i) Applying Psychology to Everyday life. <u>Mental health and Psychological Disorders (chapter 14 in the book)</u> a) What id abnormality b) Disorders of anxiety, trauma, stress: What and why? c) Dissociative disorders: Altered identities d) Disorders of mood: The effect of Affect e) Eating disorders and sexual dysfunction f) Schizophrenia: Altered reality g) Personality disorders: I’m Okay, its everyone else who’s weird h) Learning more: Psychological disorders i) Applying Psychology to everyday Life: Taking the worry out of exams (Just for discussion-no assessment on this topic)	15 Lectures

Book for Study

Ciccarelli,S.K.,White ,J.N.,& Mishra,G.(2018) .Psychology. 5th Edition; Indian Adaptation. Pearson India Education Services Pvt.ltd.

Additional Books for Reference

- 1) Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon
- 2) Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology.(Indian sub-continent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd.
- 3) Ciccarelli, S. K., & White, J. N. (2017). Psychology.4th edi. New Jersey: Pearson education
- 4) Feist, G.J, & Rosenberg, E.L. (2010). Psychology: Making connections. New York: McGraw Hill publications
- 5) Feldman, R.S. (2013). Psychology and your life.2nd edi. New York: McGraw Hill publications
- 6) Feldman, R.S. (2013). Understanding Psychology.11thedi. New York: McGraw Hill publications
- 7) King, L.A. (2013). Experience Psychology.2nd edi. New York: McGraw Hill publications
- 8) Lahey, B. B. (2012). Psychology: An Introduction. 11th edi. New York: McGraw-Hill Publications
- 9)Myers, D. G. (2013).Psychology.10th edition; International edition. New York: Worth Palgrave Macmillan, Indian reprint 2013
- 10)Schachter, D. L., Gilbert, D. T., & Wegner, D. M. (2011). Psychology. New York: Worth Publishers.
- 11)Wade, C. &Tavris, C. (2006). Psychology. (8th ed.). Pearson Education inc.,Indian reprint by Dorling Kindersley, New Delhi

Modality of assessment

The performance of the learners shall be evaluated into two parts. The learner's performance shall be assessed by Internal Assessment with 25% marks in the first part & by conducting the Semester End Examinations with 75% marks in the second part. Practical Examination will consist of End Sem examination.

Student will have to score 40% of marks in Internal assessment as well as End Sem examination to pass the course.

The allocation of marks for the Internal Assessment and Semester End Examinations are as shown below:-

Internal Assessment: It is defined as the assessment of the learners on the basis of internal evaluation as envisaged in the Credit & Choice based system by way of participation of learners in various academic and correlated activities in the given semester of the programme.

Semester End Assessment : It is defined as the assessment of the learners on the basis of Performance in the semester end Theory/ written/ Practical examination.

Evaluation Pattern with effect from 2022-23

Internals: Applied to all papers of Psychology (except Practicals) across all classes (FY, SY and TY).

1. 10 marks - Class test of any one unit.
2. 10 marks - One seminar / case study / literature review presentation / Poster exhibition on topic assigned / field visit report.
3. 05 marks - Attendance/ regularity/ class participation.

Question Paper Pattern for all papers in Psychology, across all classes (CBCS)

**Duration: 3 hrs
75**

Total marks:

Note: 1. Attempt all questions

Q.1 (Essay type - Based on Module I) (10 marks)

- a.
or
b.

Q.2 (Essay type - Based on Module II) (10 marks)

- a.
or
b.

Q.3 (Essay type - Based on Module III) (10 marks)

- a.
or
b.

Q.4 (Essay type - Based on Module IV) (10 marks)

- a.
or
b.

Q.5 (Short notes - Based on Module I, II, III & IV - any 7 out of 8) (35 marks)

- a.
or
b.