

Minutes of BOS Meeting – Department of Psychology,
Vivekanand Education Society’s College of Arts, Science & Commerce

Date: 26th June, 2023

Time: 04:00 pm to 06:00 pm

Agenda: Discussion of the structure and syllabi for Under-graduation (FYBA) and Post-graduation (MA Psychology Part I) according to the requirements of NEP 2020 for Academic Year 2023-24.

Meeting was conducted online through Google meet.

Number of Participants who attended the meeting:

Dr. Neeta Mehta (V.C. Nominee)
Prof. Rajani Konantambigi (Subject Expert)
Dr. Mrinmoyi Kulkarni (Subject Expert)
Ms. Aarohi Khar (Head & BOS Chairperson)
Dr. Radhika Mohan (Faculty Member, BOS)
Ms. Bharavi Vishwasrao (Faculty Member, BOS)
Ms. Asira Chirmuley (Alumnus)

(Dr. Avinash D’Souza was not present in the meeting due to some emergency).

The BOS Meeting began with a welcome address, followed by introduction of the members of the Board of Studies (Department of Psychology) by Ms. Aarohi Khar (Chairperson, BOS and HOD, Department of Psychology).

Ms. Aarohi Khar (Chairperson, BOS and HOD, Department of Psychology) briefed about the previous BOS meeting discussion points and agenda for this meeting.

Using PPT presentation, the structure and syllabi of FYBA followed by MA Psychology Part I was presented to the BOS members and their suggestions were noted.

Year	Course Name	Proposed Changes	Suggestions
FYBA	Fundamentals of Psychology (4 Credits) (Major/Core Course)	Syllabus was presented by Dr. Radhika Mohan (Faculty Member, BOS). <ol style="list-style-type: none">1. Removing statistics from Unit I as it is offered in another course.2. Addition of Areas of Specialization in Psychology in Unit I.3. Addition of Studying Human Development Unit4. Addition of Consciousness Unit5. Intelligence topic is removed as it will be covered in Testing course.6. Addition of theories of Personality	<ol style="list-style-type: none">1. Dr. Mrinmoyi Kulkarni (Subject Expert) suggested keeping ‘Sleep and Drug consumption’ under sub-heading of Altered State of Consciousness2. Prof. Rajani Konantambigi (Subject Expert) suggested to add Schools of Psychology in Unit I.3. Prof. Rajani Konantambigi (Subject Expert) suggested to add topics on pre-school and Role of ‘Play’ in development. She will be sending some reference

			material to Ms. Aaroohi Khar (Head & BOS Chairperson)
FYBA	Health Psychology – 2 Credits (Major/Core Course)	<p>Ms. Aaroohi Khar (Head & BOS Chairperson) pointed out that syllabus of this course has to be scaled down to fit 2 credits, 30 hours of lecture structure.</p> <ol style="list-style-type: none"> SEM I - Unit I: Introduction to Health Psychology, Unit II: Health Behaviours, Unit III: Health Promoting Behaviours SEM II – Unit I: Heart Diseases, Hypertension, Stroke and Type II Diabetes, Unit II: Psychoneuroimmunology and Immune related disorders. 	<ol style="list-style-type: none"> The collective suggestion was that Health Psychology in FYBA could be a heavy subject for students. Seek feedback from students, review it and revise course/syllabi as per requirement next year. It was suggested to move Unit II in SEM I to SEM II, instead bring Unit I of SEM II to SEM I.
FYBA	Understanding Stress – 2 Credits (Open Elective Course - Only SEM I)	<p>Ms. Aaroohi Khar (Head & BOS Chairperson) stated that this course will be an open elective meaning, non-psychology students of Arts, Science and Commerce Field can opt for this course. Hence, very simple and basic syllabus is curated for this course.</p> <ol style="list-style-type: none"> Unit I: Stress, Unit II: Coping with Stress, Resilience, and Social Support 	Syllabus was passed by BOS without any further suggestion.
FYBA	Testing in Psychology – 2 Credits (Vocational Skill Course)	<p>Ms. Aaroohi Khar (Head & BOS Chairperson) stated that Testing and Statistics course syllabus is divided into two sections to make psychological testing and Statistics Courses.</p> <ol style="list-style-type: none"> Unit I: Psychological Testing, Assessment and Norms, Unit II: Test Development 	<ol style="list-style-type: none"> The collective suggestion was that Testing in Psychology in FYBA could be a heavy to consume for students. Dr. Neeta Mehta (V.C. Nominee) suggested basics of research methods in Psychology has to be covered before psychological testing. Syllabus has to be curated by the faculty members accordingly and has to be sent for approval.
FYBA	Statistics in Psychology – 2 Credits (Skill Enhancement Course)	<p>Ms. Aaroohi Khar (Head & BOS Chairperson) briefed on syllabus of this course.</p> <ol style="list-style-type: none"> SEM I - Unit I: Types of Scores, Scales, Frequency Distribution, Graphical Representation, Unit 	Syllabus was passed by BOS without any further suggestion.

		<p>II: Measures of Central Tendency and Variability</p> <p>2. SEM II – Unit I: Correlation, Unit II: percentile, Percentile ranks, Probability, Normal Probability Curve, and Standard Scores</p>	
FYBA	<p>Introduction to Indian Psychology – 2 Credits (Indian Knowledge System)</p>	<p>Syllabus was curated and presented by Dr. Radhika Mohan (Faculty Member, BOS).</p> <p>1. Unit I: Introduction to Indian Psychology, Unit II: Concept of Self and Personality: Indian Perspective, Unit III: Indian Thoughts and application in personal life</p>	<p>1. Prof. Rajani Konantambigi (Subject Expert) suggested to add Meditation technique in Unit III.</p> <p>2. Further reference books and research articles were discussed.</p>
FYBA	<p>General Psychology – 2 Credits (Minor Course)</p>	<p>Syllabus was presented by Dr. Radhika Mohan (Faculty Member, BOS).</p> <p>1. Unit I: Introduction, Unit II: Consciousness, Unit III: Learning, Unit IV: Memory and Forgetting</p> <p>2. It was asserted by Dr. Radhika Mohan (Faculty Member, BOS) that topics will be covered considering its application to personal life.</p>	<p>It was a collective suggestion to remove Consciousness Unit instead add Unit on Emotions, Basics of Emotion, Theories of Emotion and Emotional Regulation as the last unit.</p>

Discussion proceeded for PG course. Ms. Bharavi Vishwasrao (Faculty Member, BOS) presented structure and syllabi of MA Psychology Part I according to NEP 2020. She asserted that only shuffling has been done with different courses to fit the NEP structure. However, syllabi of these courses have been kept same. Syllabi of these courses was passed in the previous BOS. In MA Psychology SEM II, Rehabilitation Psychology course will be introduced. Syllabus of this course is similar to that of Mumbai University's syllabus. BOS members, collectively passed these changes.

Ms. Aarohi Khar (Head & BOS Chairperson) proposed merging of Clinical and Counselling SEM III syllabi. In the merger, Counselling topics that were different from Clinical will be added in the syllabus. This proposal was immediately endorsed by Prof. Rajani Konantambigi (Subject Expert).

The meeting ended with the Vote of Thanks by Ms. Aarohi Khar (Chairperson, BOS and HOD, Department of Psychology).

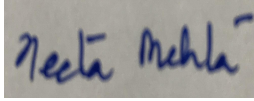
Ms. Aarohi Khar
Head & Assistant Professor
Department of Psychology
Mumbai - 400 071

Minutes of the meeting, held on 26th June, 2023, Approved with signatures:

Dr. Aarohi Khar (Head & BOS Chairperson)-

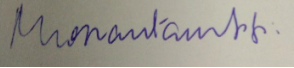


Dr. Neeta Mehta (V.C. Nominee)

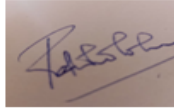


Prof. Rajani Konantambigi (Subject Expert): Consciousness is a heavy topic for Sem I. Want to think about it. I was thinking that there should be a skill-based Unit on Understanding and Managing Self (can include self-awareness, awareness of surroundings - understanding needs of self and others, knowing our emotions and managing emotions of self and others - emotional intelligence). Something to the effect, it can go in

Sem II or later! -

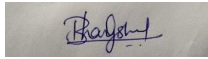


Dr. Mrinmoyi Kulkarni (Subject Expert) *M Kulkarni*



Dr. Radhika Mohan (Faculty Member, BOS)

Ms. Bharavi Vishwasrao (Faculty Member, BOS)



Ms. Asira Chirmuley (Alumnus)

DR. AVINASH DE SOUSA *Avinash Desousa*