

**Minutes of BOS Meeting – Department of Psychology,  
Vivekanand Education Society’s College of Arts, Science & Commerce**

Date: 12<sup>th</sup> March, 2024

Time: 03:00 pm to 04:40 pm

**Agenda: Discussion of the structure and syllabi for Under-graduation (SYBA- Sem-III) and Post-graduation (MA Psychology Part II Sem-III) according to the requirements of NEP 2020 for Academic Year 2023-24.**

Meeting was conducted online through Google meet.

Number of Participants who attended the meeting:

Dr. Neeta Mehta (V.C. Nominee)  
Prof. Rajani Konantambigi (Subject Expert)  
Dr. Mrinmoyi Kulkarni (Subject Expert)  
Ms. Asira Chirmuley (Alumnus)  
Dr. AaroHi Khar (Head & BOS Chairperson)  
Dr. Radhika Mohan (Faculty Member, BOS)  
Ms. Bharavi Vishwasrao (Faculty Member, BOS)  
Mr. Pritam Mahale (Faculty Member, BOS)  
Mr. Ashwinkumar Dahiya (Faculty Member, BOS)  
Ms. Durgesh Badsewal (Faculty Member, BOS)

(Dr. Avinash D’Souza was not present in the meeting).

The BOS Meeting began with a welcome address, followed by introduction of the members of the Board of Studies by Dr. AaroHi Khar (Chairperson, BOS and HOD, Department of Psychology).

Dr. AaroHi Khar (Chairperson, BOS and HOD, Department of Psychology) briefed about agenda for this meeting.

Using PPT presentation, the structure and syllabi of SYBA, SEM III and M.A. Psychology-Part II, SEM III were presented to the BOS members and their suggestions were noted.

YEAR	COURSE NAME	PROPOSED CHANGES	SUGGESTIONS
<b>SYBA SEM III</b>			
SYBA	Social Psychology - Understanding Social World (4 Credits) (Major/Core Course)	Syllabus was presented by Dr. Radhika Mohan (Faculty Member, BOS). 1. Addition of Methods of Research in Social Psychology	1. Prof. Rajani Konantambigi (Subject Expert) suggested bringing in components of Indian Social psychology through adding new Indian research articles and examples in discussion. [For this suggestion, Dr. Radhika Mohan (Faculty Member, BOS) highlighted the book referred is adapted by Preeti Kapur, that includes Indian research. She also mentioned that students are provided

			<p>platform to discuss elements of Indian society while discussing topics like prejudice and discrimination]</p> <ol style="list-style-type: none"> <li>2. Dr. Mrinmoyi Kulkarni (Subject Expert) suggested to take addition of elements of Indian psychology beyond the informal classroom discussion. Such elements of Indian psychology need to be made formal and even assessed during examination.</li> <li>3. Ms. Asira Chirmuley (Alumnus) will share a chapter by Mishra &amp; Dalal as an additional reference.</li> </ol> <p><b>Changes incorporated:</b>  Unit-1- Social diversity in Indian context was added and  Unit-4 -Gender equality, sexual orientation in conventional society - a peep into Indian society and  Inequality based on caste - research from India and social categorization from the Indian context were added.</p>
SYBA	Psychology of development across childhood and adolescents – 4 Credits (Major/Core Course)	<p>Syllabus was presented by Dr. Radhika Mohan (Faculty Member, BOS).</p> <p>During FYBA Major course Prenatal and Infancy stages are covered. Hence, in SYBA the focus is on Preschool years, middle childhood and adolescence stages. Remaining developmental stages will be covered in SEM IV.</p>	<ol style="list-style-type: none"> <li>1. Prof. Rajani Konantambigi (Subject Expert) suggested adding Role of Play during Physical, Cognitive, Social and Personality development of children. She suggested Sudhir Kakkar’s book as an additional reference material for the course.</li> </ol> <p><b>Changes incorporated:</b>  Unit-2- Developing Self from the Indian context was added.  Also Dr Sudhir Kakkar’s book ‘Inner world’ was added to reference material.</p>
SYBA	Testing in Psychology – 2 Credits (Vocational Skills Course)	<p>Dr. Aarohi Khar (Head &amp; BOS Chairperson) presented the syllabus of this course explaining contents unit-wise.</p>	<ol style="list-style-type: none"> <li>1. Prof. Rajani Konantambigi (Subject Expert) suggested to added ethics of testing in Unit I. She also highlighted that students need to get some hands-on experience through this course.</li> <li>2. Dr. Neeta Mehta (V.C. Nominee) suggested to consider some other important yet easy to</li> </ol>

			<p>administer tests than Stanford-Binet Intelligence Scales and the Wechsler Scales.</p> <p>Changes incorporated:  Unit-1 - Ethics in Testing was added.  Unit-2 - Standard Progressive Matrices, VSMS instead of WISC and BKT. And Mini International Personality Item Pool- Factor Model measure for personality.</p>
SYBA	Basic concepts in Social & Developmental Psychology – 4 Credits (Minor Course)	Dr. Aarohi Khar (Head & BOS Chairperson) presented the syllabus of this course explaining contents unit-wise. She emphasised that this course is floated for students who are not majoring in Psychology, that is, students who have opted other B.A. majors or B.Com.	<ol style="list-style-type: none"> <li>1. Dr. Neeta Mehta (V.C. Nominee) suggested to change the title of the course.</li> <li>2. Prof. Rajani Konantambigi (Subject Expert) suggested to add contents on Emotional Intelligence as it will have direct application to understanding self. It also recommended to add Theories of Personal Development (Indian and other).</li> <li>3. Ms. Asira Chirmuley (Alumnus) suggested to add contents on Asexuality in Unit II.</li> <li>4. Dr. Mrinmoyi Kulkarni (Subject Expert) suggested to reconsider addition of Theories of Personality for non-psychology background students. Instead can add topics related to Mental health issues, clarifying misconceptions of Psychology in simplistic manner.</li> </ol> <p>Changes incorporated:  Title changed to Basics in Social and Developmental Psychology.  Unit 1 &amp; 2 retained,  Unit 3 &amp; 4 changed to Development across Infancy and childhood and Development across adolescence and Adulthood.</p>
SYBA	Stress Management – 2 Credits (Open Elective Course)	Ms. Durgesh Badsewal (Faculty Member) presented the syllabus of this course explaining contents unit-wise.	<ol style="list-style-type: none"> <li>1. Ms. Asira Chirmuley (Alumnus) suggested to add content on Thought Management Tools.</li> </ol>

			<p>2. Dr. Mrinmoyi Kulkarni (Subject Expert) suggested to add Reappraisal Theory. On this suggestion Dr. Aarohi Khar (Head &amp; BOS Chairperson) replied that Theories are covered in FYBA OE – Understanding Stress Course.</p> <p><b>Changes incorporated:</b>  <b>Since problem solving is included in Unit-1, thought management is partly covered.</b></p>
<b>M.A. Psychology, Part II - SEM III</b>			
M.A. Part II	<p>Psychological Testing and Assessment (Adults) – 4 Credits (Major Course)</p> <p>&amp;</p> <p>Practicals in Psychological Testing and Assessment (Adults) – 2 Credits (Major Course)</p>	<p>Mr. Ashwinkumar Dahiya (Faculty Member, BOS) presented the syllabi and proposed following changes:</p> <ol style="list-style-type: none"> <li>To clench the content across two semesters: SEM III- focusing on adults, whereas SEM IV focusing on children.</li> <li>Assessment course will address theoretical content, whereas Practical course adjunct with theoretical course focus on learning administration, scoring, interpretation and report writing of various tools covered in the syllabus.</li> <li>Unit-wise contents were discussed.</li> </ol>	<p>1. Prof. Rajani Konantambigi (Subject Expert) suggested to add ethics of Testing and assessment in Unit I of Psychological Testing and Assessment course.</p> <p><b>Changes incorporated:</b>  <b>Ethics of Testing and assessment included in Unit-1</b></p>
M.A. Part II	<p>Clinical Psychopathology - 4 Credits (Major Course)</p>	<p>Mr. Pritam Mahale (Faculty Member, BOS) presented the syllabus and proposed following changes:</p> <ol style="list-style-type: none"> <li>To add Habit and Impulse control disorders in Unit IV, removing childhood disorders.</li> <li>Childhood Psychopathology will be a separate course floated in SEM IV.</li> </ol>	<p>1. Prof. Rajani Konantambigi (Subject Expert) suggested to add Illness models. To this suggestion, Mr. Ashwinkumar Dahiya (Faculty Member, BOS) replied by adding Illness model is covered in Rehabilitation Psychology course in SEM II.</p>
M.A. Part II	<p>Intervention Systems in Psychology - 4 Credits (Major Course)</p>	<p>Ms. Bharavi Vishwasrao (Faculty Member, BOS) presented syllabus of this course providing unit-wise contents. She mentioned that syllabus of this course is same as it was approved in the previous BOS.</p>	<p>1. Prof. Rajani Konantambigi (Subject Expert) suggested to add Eastern systems of Mindfulness and Wellness. She asserted that it is imperative to consider Indian socio-cultural aspects and it's impact on intervention planning and effectiveness.</p>

			<p>2. Dr. Neeta Mehta (V.C. Nominee) suggested to change title of Unit IV as these systems have already emerged. She suggested following title, 'Post-modern approaches/systems of Intervention'.</p> <p>3. Ms. Asira Chirmuley (Alumnus) suggested to exclude Crisis Intervention, instead include Acceptance &amp; Commitment Therapy as well as Dialectical Behaviour Therapy.</p> <p>4. Mr. Ashwinkumar Dahiya (Faculty Member, BOS) suggested to add work of Kakkad and others in Analytical Psychology.</p> <p><b>Changes incorporated:</b>  <b>Indian perspective included in Unit-1.</b>  <b>Title of Unit 4 changed from Emerging Interventions to Post modern Interventions.</b>  <b>Crisis Interventions removed and replaced with ACT and DBT.</b></p>
M.A. Part II	Advanced Skills and Processes of Counseling and Psychotherapy - 4 Credits (Elective Major Course)	Ms. Bharavi Vishwasrao (Faculty Member, BOS) presented syllabus of this course providing unit-wise contents. She highlighted that the methods used for teaching this course (demonstrations, role play, simulated case discussions, group discussion, self-work, videotaped sessions of role play) are noteworthy. She mentioned that syllabus of this course is same as it was approved in the previous BOS.	<p>1. After discussion, with consensus it was suggested to add Basics of Legality and Legal Provisions available for Client as well as Counselor/Therapist.</p> <p>2. Ms. Asira Chirmuley (Alumnus) suggested to bring in Legal Expert to deliver information regarding above contents.</p> <p>3. Dr. Radhika Mohan (Faculty Member, BOS) highlighted importance of Documentation and suggested to check guidelines provided by NIMHANS.</p> <p><b>Changes incorporated:</b>  <b>A session by legal expert to be arranged to address legal component.</b></p>
M.A. Part II	Research Project – 4 Credits	Ms. Bharavi Vishwasrao (Faculty Member, BOS) presented the process and evaluation pattern.	The process and evaluation pattern were approved by all the BOS members.

	(Research Project)		
--	--------------------	--	--

Dr. Mrinmoyi Kulkarni (Subject Expert) suggested to consider conducting next BOS meeting in hybrid mode if possible.

The meeting ended with the Vote of Thanks by Dr. Aarohi Khar (Chairperson, BOS and HOD, Department of Psychology).

Minutes of meeting were noted by Ms. Bharavi Vishwasrao (Faculty Member, BOS).

Dr. Aarohi Khar  
Head & Associate Professor  
Department of Psychology  
Mumbai - 400 071