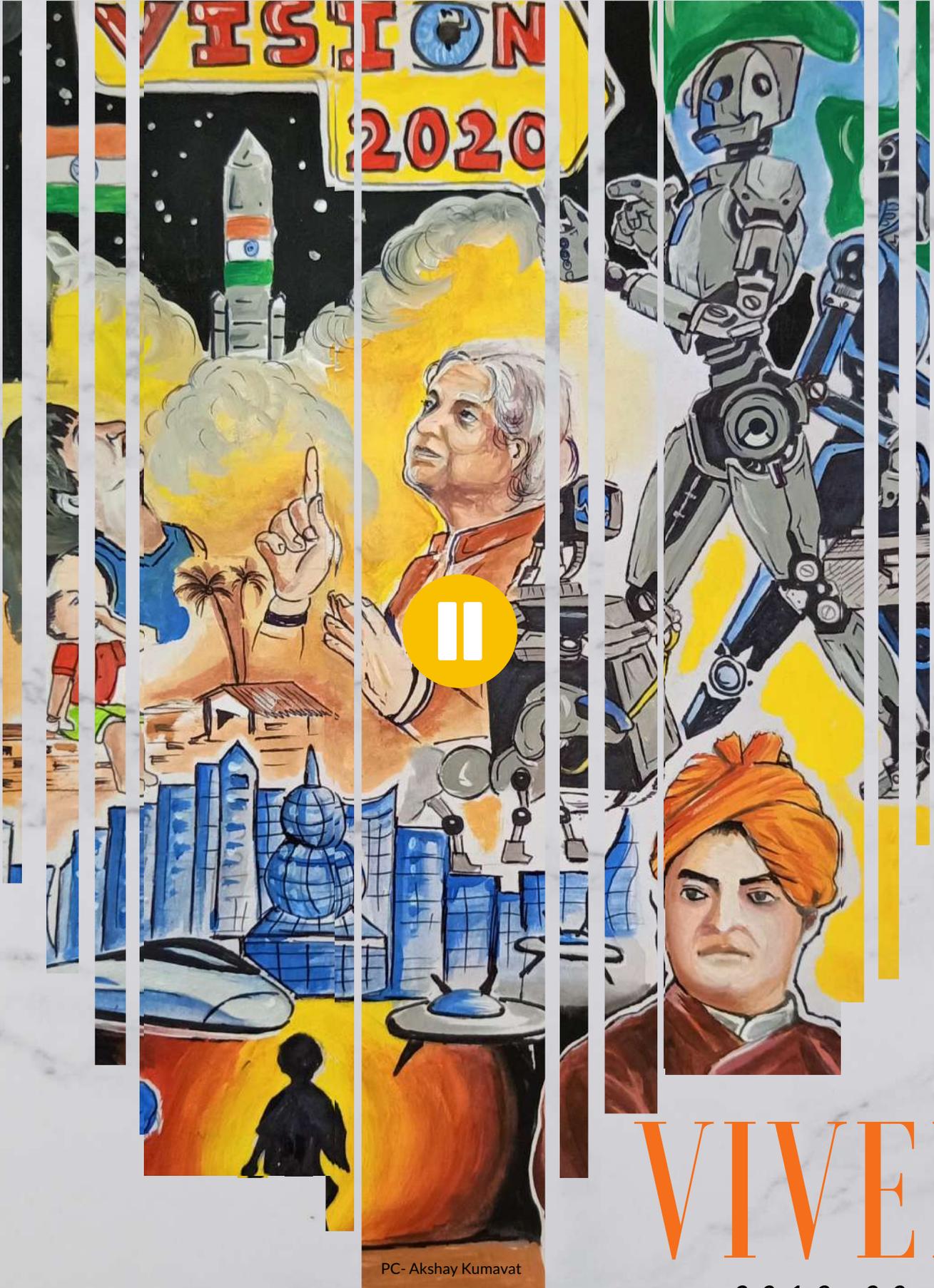




Vivekanand Education Society's College of Arts, Science and Commerce
Sindhi Society, Chembur, Mumbai - 71.

NAAC Accredited (3rd Cycle) 'A' Grade
Recipient of Best College Award (Urban Area: 2012-13)
FIST Grant by DST, STAR College Grant by DBT



PC- Akshay Kumavat

VIVEK

2019 - 20



**“Never mind these failures, these little backslidings;
hold the ideal a thousand times, and if you fail
a thousand times, make the attempt once more.”**

-Swami Vivekananda



VIVEKANAND EDUCATION SOCIETY'S

Kewalram Chanrai College of Science

Mathurai Chanrai College of Arts

&

Inlaks College of Commerce

VIVEK

THE COLLEGE MAGAZINE

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Website: <https://ves.ac.in/vesasc/>

I hereby certify that the particulars given are true to the best of my knowledge and belief

SD/- Dr. (Mrs.) Anita Kanwar

QUALITY POLICY

WE at VES are committed to pursuit of excellence in the field of education in order to lead to development of good competent work force and contributing to nation building. We endeavour to achieve this by continually improving our quality management systems through:

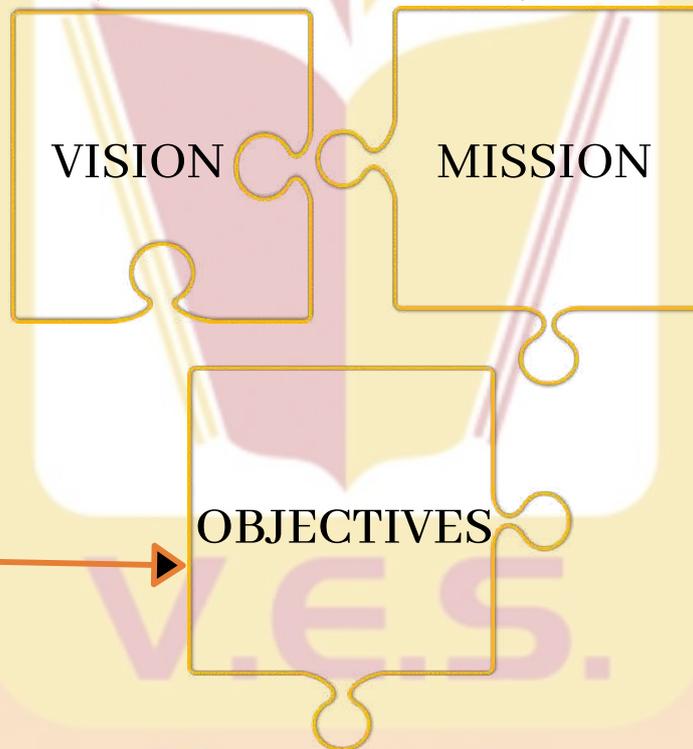
- Adoption of innovative teaching methods.
- Providing creative enriching learning experiences.
- Student centric activities.
- Staff development programmes.
- Having quality control mechanisms in place.
- Continuous review of systems and processes to ensure Quality assurance.
- Enhancing Quality consciousness amongst staff and students.
- Creating a culture of total quality as a way of life.

OUR VISION

Enlightened society through holistic education.

OUR MISSION

Pursuit of excellence in higher education.



OUR OBJECTIVES

- To provide conducive academic atmosphere to students.
- To improve overall academic performance of students.
- To inculcate discipline as a value among students.
- To develop employable skills among students.
- To render service to society.

Managing Committee

Shri Baldev Boolani	President
Shri Amar Asrani	Secretary
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Shri. R. A. Bhagia	Member
Shri. Vishnu Lala	Member
Dr. (Shri.) Prakash Lulla	Member



Trustee's Message



Advocate. (Dr.)Laxman Kanal
Trustee In-charge VESASC

VES College of Arts, Science and Commerce is achieving great heights year after year and presently is one of the well-known colleges and has been rated as one of the best urban college by Mumbai University, with Accreditation "A" grade by NAAC (National Assessment and Accreditation Council).

I congratulate the students for their talent, dedication and able participation in Academics, Cultural activities and Sports. The Students have won several awards in the University Youth Festival, and also at State as well National level

competitions and thus brought acclaim to our college.

Our college has a long way to go by producing more and more competent students who will make a name for themselves and for the college and prove to be shining personalities of the country, with their maximum contribution for the society and Nation at large. I encourage all our dear students, faculty members, non-teaching staff and Principal to pursue a greater vision with a common goal of success.

Trustee In-charge VESASC
Advocate. (Dr.)Laxman Kanal



Principal's Message

“KEEP MOVING FORWARD”

Greetings to everyone from the management and staff members of Vivekanand Education Society's College of Arts, Science and Commerce.

At the outset, let me appreciate and congratulate the Magazine Committee for the compilation of this massive information in the form of our College magazine: 'Vivek 2019-20'. The academic year 2019-2020 was not only full of signature activities conducted by various departments, committees and the college as a whole, but in addition, many new activities were also conducted.

For the first time in the academic year 2019-20, two special programmes were organized for the First year students: The induction/ orientation sessions, by implementing a plethora of ideas such as ice-breaking sessions, various team – building games and screening of inspirational videos, to acquaint them well with the college infrastructure, registered course, college activities and committees. This Induction program was well structured with a department presentation, games and group activities organized by SY and TY students under the able guidance of teachers. The General Ability Test (GAT) was a pilot project launched this year for assessing the average class ability, so that suitable teaching-learning strategies can be adopted to enhance the outcome.

The Internal Quality Assurance Cell (IQAC) of the college conducted seminars, workshops, Staff Development Programmes, Induction programmes for newly recruited teachers and motivational talks for teaching and non-teaching staff of the college. The research culture is strengthening its roots day by day with several teachers having obtained Ph.D. degrees, thus contributing to improvement in their qualification. Some of our faculty members have also gained recognition as Ph.D. Guides and



Dr. (Mrs.) Anita Kanwar
Principal

guides for MSc by research, which will help in developing expertise for further facilitation of research activity at VESASC.

We are also very proud to announce that this year our college hosted two University level programmes: Avishkar, University Research Convention, Zone-II round and NSS District level activity- Ek Bharat, Shreshtha Bharat, Musafir Chale Odisha programme.

The hard work put in by students and efforts of teachers were fruitful and resulted in the college receiving many awards at International, National and State levels. Mr. Harish Anirudh Shah (T.Y.B.Sc.) won a 'Silver Medal' and 'Bronze Medal' in the 'Independence Cup Karate International Championship'. Mr. Maheshwar Ujagare (SYBcom) won the Prestigious Mr. University title in University Youth Festival. He also won three gold medals in '2nd and 3rd Aerial Sports National Championship' and Mr. Sagar Ramchandani, TYBSc (Physics) secured 2nd Rank at the 14th Maharashtra State Inter-University Avishkar Research Convention

organised by University of Mumbai. The college received Overall Championship Trophy in Pure Science Category in Avishkar and Reliance Foundation Youth Sports (RFYS) runner up trophy. Many such awards in intercollegiate competitions were received by the students in individual and group categories as well. We are very proud to be the recipient of numerous such accolades across a wide variety of sports, cultural and academic events.

In the month of March we were shaken with a sudden brake applied by the COVID 19 pandemic. It affected and completely disrupted the higher education sector. Challenges are manifold, but we decided to turn the current situation into “ an opportunity for all higher education institutions by discussing and adopting innovative practices

and ideas to make our institution stronger and more resilient. We organized a four day National level webinar titled “Steering HEIs in the wake of Covid-19: The way ahead for Academia” to adapt to the new normal and prepare ourselves to focus on digital technologies to enhance teaching-learning and evaluation techniques.

Our endeavor is to rise to the changing expectations of the students, thus enabling them to develop the requisite professional, technical, employable and inter-personal skills through several curricular, co-curricular and extracurricular activities, thereby making their education extremely relevant and fruitful.

Principal
Dr. (Mrs.) Anita Kanwar



From Editor's Desk

The academic year 2019-20 began as usual on a note of high optimism. Theme of the current edition of Vivek was already conceptualized as Vision 2020. It was even planned to give it a new look. Accordingly, participation of all students in both areas was invited and the response from them was quite encouraging. The new cover page is proof of the budding talents among our students. However, a chain of events soon unfolded on the world stage, the like of which was unseen till now. Your guess is right; I am talking about Corona pandemic. The initial optimism gave place to an air of disbelief and despondency. The new year dawned over a grim landscape, littered with fallen idols and shaky power centres, death and destruction.

Editorial of Vivek 2019 had sounded a timely warning, "We now have the choice to keep pursuing our current lifestyle and die in our own waste or take small steps to undo our past mistakes." It even urged us to pledge to make the earth cleaner and greener through our own little ways. But the voice of reason fell over deaf ears. The result is everywhere to see. Man-made or human-assisted calamities have engulfed the whole world, causing untold suffering to millions of people and unimaginable death and suffering all around. The progress of Civilization itself has come to a grinding halt.

Caught in the grips of worldwide pandemic, universal lock-down and widespread containment, schools and colleges, and most other social institutions, had to be closed down indefinitely. Industry came to a standstill, jobs were lost, migrant workers were rendered homeless, driving them to the edge of poverty and starvation. But this did not stop the vultures from swooping down on hapless prey. While one neighbouring nation reaped heaps of profit by trading in instruments of death, hospitals and those who run such hospitals in our country



Dr. Mary Stephen
Editor-in- Chief

wasted no time in making a fast buck at the cost of the dying patients and their grieving families. Even as the lengthening shadows of despair crept upon the face of earth, there were flickering lights of hope. Adversity makes heroes of ordinary mortals. Health workers like doctors, nurses, and other medical staff, police and municipal personnel, govt. agencies and NGO's, acted as Covid warriors who braved all odds to extend their invaluable help to the sick and suffering, saving many, many lives. We, at VES College also did our bit by converting one of our institutions as a quarantine centre.

Our hearts go out to the families of the brave corona warriors who laid down their lives in the call of duty. May the spirit that motivated them to make the supreme sacrifice, unite us in all matters and defeat all odds to emerge as winners. Their example gives us hope in a grim world, that all is not lost, that there is light at the end of the tunnel; that if winter comes, spring will not be far behind.

Editor-in-Chief
Dr. Mary Stephen

Student Editorial Team



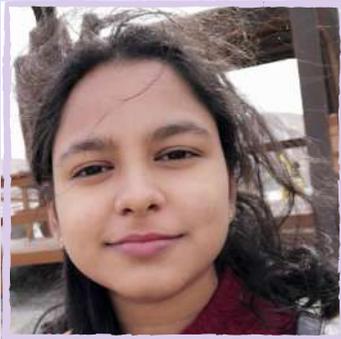
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S.Y. B.Sc -CS



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S.Y. B.Sc -CS



Ms. Maitreyi B.
S.Y.B.Com



Ms. Neha K.
T.Y. B.Sc -BT



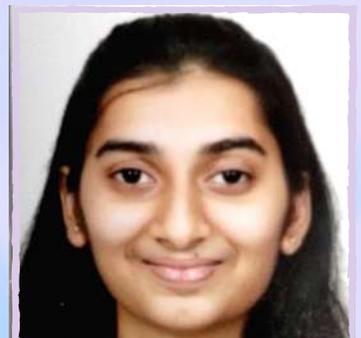
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S.Y.B.Com



Ms. Purvika P.
S.Y.B.Com



Ms. Rachita T.
S.Y. B.A.F.



Ms. Sakshi A.
S.Y.B.Com



Ms. Sanjana J.
T.Y. B.Sc -BT

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Editor-in-Chief



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Dr. Gayathri B.



Ms. Vinaya J



Ms. Shmilona J.



Ms. Riddhi B.



Ms. Arpita S.



Ms. Geetanjali H.



Dr. Santosh B.



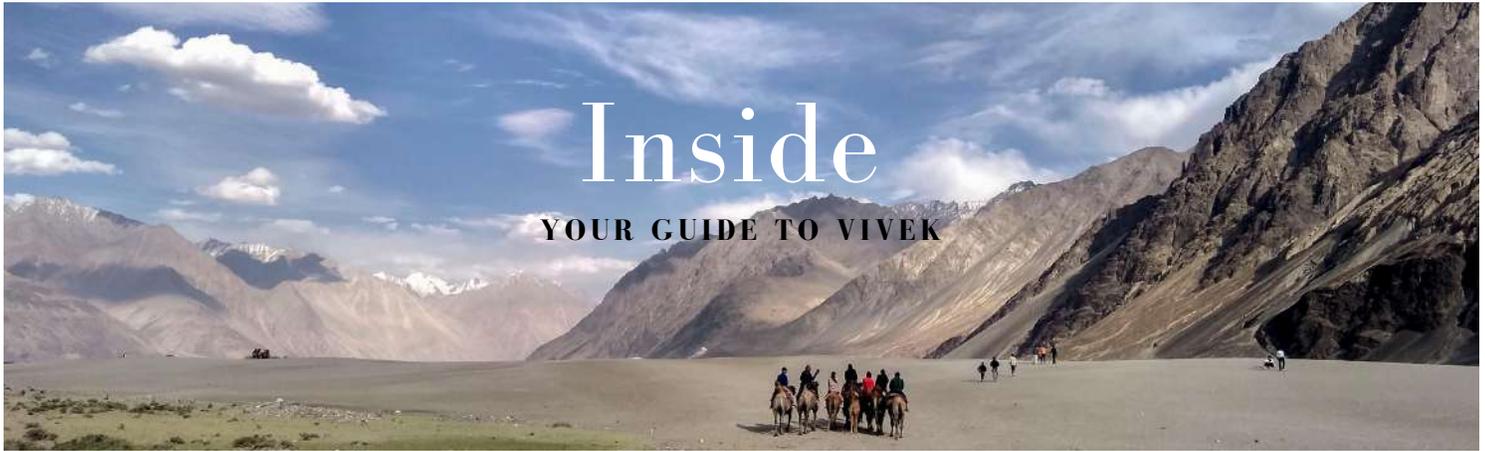
Mr. Kunalkumar S.



Ms. Sonia L.



Ms. Shilpa P.



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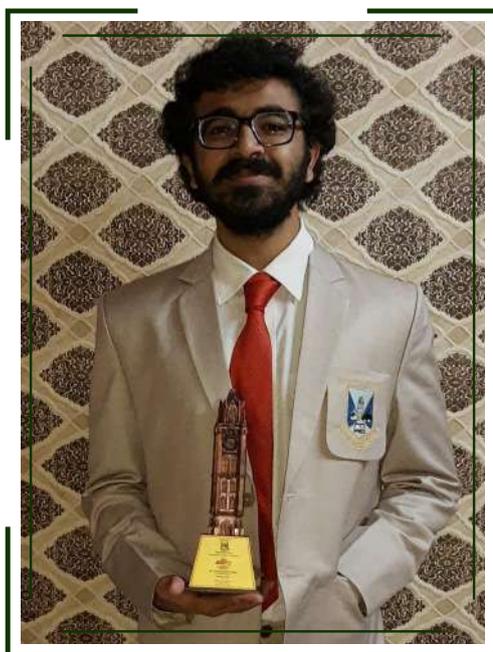


PC- Mr. Kamlakar Bhopatkar, Computer Science Dept.

Outstanding Achievements

Avishkar Research Convention: 2019-20

Our college has been conferred with the 'Overall Championship in Pure Sciences Category' at the university level in the 14th Avishkar Research Convention: 2019-20 organised by the University of Mumbai. To promote research attitude, students are encouraged to take part in this research convention. This year, 19 projects were put up from our college under different categories. Winners at various levels are seen smiling in these photographs.



Mr. Sagar Ramchandani, Physics Dept.
(Project Title: Electrodynamics Simulator)
won the Second Prize at Inter-University
& First Rank at Mumbai University level at
the 14th Avishkar Research Convention
2019-20



Ms. Neha Kuity, Biotechnology Dept.
(Project Title: Isolation and screening of
alcohol producing bacteria from flower
waste) qualified at the selection round
for District level



Mr. Parag Sonawane, Ms. Ashma Kader, Mr. Hritik
Bhat and Mr. Bogati Santosh, Computer Science
Dept. (Project Title: Crash free cars) qualified at the
selection round for District level

Congratulations

Dr. (Mrs.) Santhini S. Nair took over as Vice-Principal of the college in June 2019. She has completed almost 32 years of service, having joined the college in 1988 as a lecturer in Microbiology. She has made invaluable contributions to several college committees including IQAC, WDC, Talentia, Annual Day, etc. In June 2018, she was appointed NAAC Coordinator of the college. She has also been an active member of the 'Zero Waste Campus' initiative undertaken by the VES management.

Dr. Santhini Nair was awarded Ph.D in Microbiology in 2019 for her work on silver nanoparticle. She has published several research papers in national and international journals and won prizes for presentations

at national and international conferences. She guided a project on "grey water" treatment carried out by her M.Sc (by research) student which resulted in a lab-to-land collaboration with IWSA. She is a member of the BOS in Microbiology at SNDT University and SIES (Autonomous) College. She has also served on several syllabus revision committees of Mumbai University. In May 2020, she was appointed as the HOD of the Microbiology Department. She is a passionate teacher who not only teaches wholeheartedly but takes personal interest in her students. She has kept in touch with many of her department alumni and is a valuable link between them and the department. Articulate and meticulous, and having a flair for spotting and appreciating talent, Dr. (Mrs.) Santhini Nair is a natural leader. We congratulate her and wish her all the best in successfully managing her multiple responsibilities.



Vice-Principal
Dr. (Mrs.) Santhini S. Nair



Faculty Members Completing PhD

- Dr. Meghana Sanjeeva
- Dr. Gayathri Balasubramanian
- Dr. Madhavi Vaidya
- Dr. Malay Shah

Gyan Vistar Award Recipient

- Mr. Kamlakar Bhopatkar
- Dr. Mahalakshmi Sankar
- Ms. Minal Gandhi
- Ms. Anusuya Yadav
- Mr. Chirag Pagaria



Farewell

Soft spoken, witty and a picture of calmness are words everyone in college will associate Dr. Nagesh Malik with. Approachable to students as a teacher, as a guide and a mentor, he was one of the most popular teachers. Any problem before him was taken and solved in his calm cool way. His dabba with delicious food was much awaited in the department. He thrilled his colleagues by greeting each of them in their respective mother tongue. During his 37 years of service at VES, he has contributed much to the college, especially the Microbiology and Biotechnology departments. His physical and knowledgeable presence will be sorely missed by all. We are sure he is going to be busy with his scientific pursuits and we wish him the very best in his endeavours.



Dr. Nagesh Malik
Microbiology Dept.



Mr. Dyson Chandy
Sociology Dept.

One of the first to reach college every day; the one person staff and students approach for support in any outreach programme; the one who is regularly requested to judge debates and elocution; because his clarity of thought and constructive comments motivate students; the one who the staff look up to; to organise picnics...the list could go on. Just one name - Mr. Dyson Chandy. Throughout his 33 years at VES, he has remained a pillar of support to students and staff, academically, professionally and personally. The staffroom is going to be poorer without his lively chats and jokes. Though he will be missed much, we wish him a relaxed retirement with all the time for his reading and word games.

Though she visits the college only thrice a week, she is much sought after through the week, by students and staff, both academic and administrative. When she's in the staffroom she's always surrounded by students. When she is free of students, she's entertaining the taste buds of her colleagues with a wide variety of South Indian dishes. That's the soft spoken Ms. Sumathi Kulkarni for you. As the first co-ordinator of the Banking and Insurance course, she took great efforts to lay its sound foundation. A very approachable person she is generous in many ways. Though her presence and her tasty delights will be missed by all, we wish her a peaceful retired life of good health and happiness.



Mrs. Sumathi Kulkarni
Accountancy Dept.

Silver Jubilee



Mrs. Sumathi Kulkarni
Accountancy Dept.



Dr. Gayathri Balasubramanian
Psychology Dept.



Mr. Sanjay S. Kadam
Library Attendant



Mr. Bhagwansingh Karki
Lab Attendant
(Microbiology Dept.)



Mr. Bhaskar Balasundaram
Administrative Support Staff
(Lab Attendant)

Best Students Speak

The years that I lived in the college went by fast, how time flies when you are having fun. In those years numerous things have changed, and I have learnt quite a few things that I would like to share with you the reader, so that you may find your time here to be amazing.

Firstly, you may think that you could have been at a better place in life, that you could have done more, I know it because it happened with me. Often times we get so stuck on thinking what we could have done, that we don't focus on what we can do now but my advice to you is to look beyond, to expand your realm of possibilities.

Question yourself, do you have something you are good at? How can you use it in your current task? I was good at programming, and while Physics programming isn't taught until your Masters, nothing stopped me from doing it in my graduation. Nothing limits you but the limits that you impose on yourself.

While trying to figure out your goals, it is often helpful to have someone you can ask advice from, or to get someone who can guide you in the right direction and this is where the college comes in to play. Don't forget, the role of a teacher and the college is not to make you study, it is to guide you to study, and that was my experience. The teachers who taught me, helped me understand, that there is so much more to life than success and failure, and just how many opportunities are out there if only you look for them and you will always have people in your life to support you and who you are. The one thing that will remain constant in your life, is change, quite the irony. Be prepared to change because it can come at any time without a knock on your door, such as the recent pandemic would show us. To change yourself to be a better person is a difficult task, one that takes constant effort on your side, but it's not unfamiliar to us.



Mr. Sagar Ramchandani
T.Y.B.Sc.(Physics)

The first step, and the most important one at that is finding the will to change, to decide upon yourself that you wish to be better, and to start doing something towards putting that in practice is the next step. Keep taking these steps and you shall soon find yourself to be better than you were before.

But don't pressure yourself too much, at the end of the day, you are but a human and taking time to do things is something that is natural. Learn to take a break once in a while.

Let me share the recipe for how I became the person I am today. The recipe is to do more than you think you can do, to constantly improve the way you do things, and not just things that help you build a career, but it can be your hobbies or even daily chores, even if by a tiny fraction. Any tiny improvements will cumulate, and give you the edge that you need to shine.

And last but not least, is some mathematics, yes of course I added some math for you the reader to do, even if you improve by 1 percent every day, compounding that improvement every day for the next 10 years of your life, gives you the value 5,929,448,572,069,177. 90469 compared to the 1 you would stay on if you didn't improve at all. Or as I like to say it, you can either go out as a Supernova, or go out as nothing.



If you want to achieve something in your life then you must strike a balance between three main elements: confidence, hard work and creativity. I would like to thank V.E.S. family who are part of this great achievement and my journey. It is very hard to say how much I have learnt in this renowned institution.

I started my journey from kindergarten to graduate at V.E.S. institute and it was indeed a wonderful and remarkable journey. The entire journey has shown me every colour of joy and sorrow. It's my college where I have learnt the basic principles, values, ethics and to greet everyone with a smile.

One day, I was searching a secret of success and found it in the words of Dr. Kalam, who said, "Success is when your signature becomes your autograph." In the words of famous writer Rabindranath Tagore, "Success comes from experience and experience comes from bad experience". And in mathematics language, "Failure + Persistence = Success". I was reflecting on these and I spent an entire day but never fathomed what the secret of success is. Then I realized there is no secret to success, it is the result of preparation, hard work and learning from failure. Everyone wants to be successful but nobody can ever define whether a person is successful or not. So, I consider for the purpose of success "3D" play a very important role, they are - Dream, Desire, Determination.

Dream: Optimize your goals and never settle for less. While it is a golden rule to keep your goals achievable you should not limit what you might achieve. This means that set your goals without thinking whether you can achieve it or not. In the way to our success the variable is not the goals we set but rather our ability and willingness to achieve them. When you have big goals in life, they would push you to do more! So, dare to dream big.

Desire: Only having the dream is not important. You should have willingness or desire to convert your dream into reality. Whatever activity we perform in the world and how deeply we touched other's life is the most profound satisfaction of



Mr. Neeraj Yadav
T.Y.B.Com.

that activity. Do you want to write the book that nobody wants to read? Do you want to cook food that nobody wants to eat? Do you want to build a building where nobody wants to live? When you do something, you want to touch somebody's life. So never leave things hanging. Always aspire for completion of your goals. Of course, being successful is not easy because we have to take care of so many things. But keep one thing always in your mind "When you are riding, only the race in which you are riding is important."

Determination: We all knew that determination is the key to success. If we have determination and willpower for one defined goal in life, then nothing can stop us from achieving success. Of course, in some people god infuses this quality and some have to develop it by practice. Always keep in mind if humankind has set foot on the moon or is planning to land on Mars or another planet someday, it is because some people somewhere are determined to make it happen with firm conviction.

Lastly, I would like to say, take up one idea, make that one idea your life. Think of it, dream of it, live on that idea. Let the brain, muscles, nerves, every part of your body be full of that idea and just leave every other idea aside. This is the way to success, that is way great spiritual giants are produced. Swami Vivekananda has shown us the right way. And lastly, I would like to say, "Every successful person has a painful story, Every painful story has a successful story, Accept the pain and get ready for success."

Degree Distribution Ceremony



Chief Guest: Dr. Mamta Vijay Manglani,
Director,
MCGM - Comprehensive Thalassemia Care,
Pediatric Hematology-Oncology & BMT Centre,
Addressing degree holders during degree
distribution ceremony

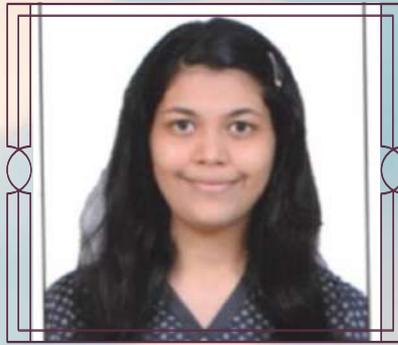


Academic toppers 2018-19

First Year



Ms. Mahek Mirgh
B.A.



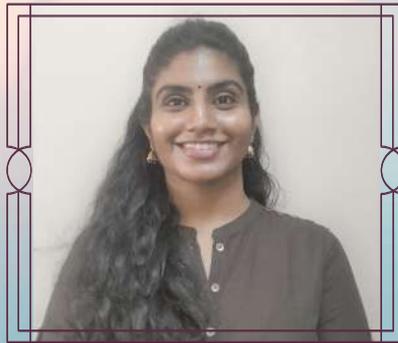
Ms. Nikita Hotwani
B.M.S.



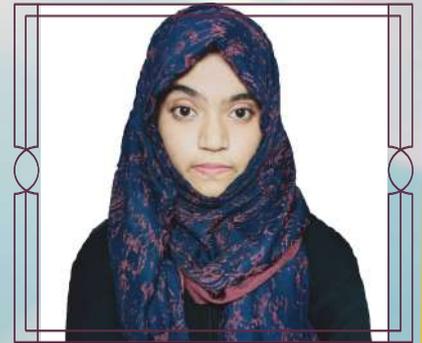
Mr. Sagar Ralegankar
B.M.M.



Ms. Anupam Nigam
B. Sc.



Ms. Nisarga Shinde
B.Sc. BT



Ms. Ashma Kader
B.Sc. CS



Ms. Shruti Singh
B.Sc. IT



Ms. Gayatri Bagwe
B.Com.



Ms. Neha Shaikh
B.A.F.



Ms. Shama Ali
B.B.I.



Ms. Kashish Bhoir
B.F.M.

Second Year



Ms. Aishwarya Patole
B.A.



Ms. Gaytri Chawla
B.M.S.



Mr. Niranjana Mungekar
B.M.S.



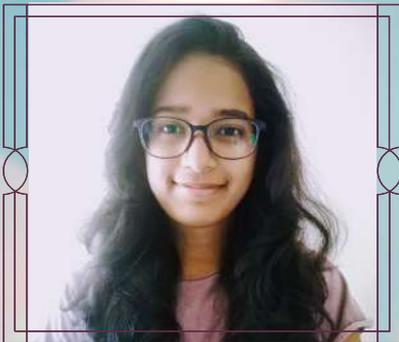
Ms. Komal Pandey
B.M.M.



Ms. Adeeba Sayed
B. Sc.



Mr. Saket Shendre
B.Sc. BT



Ms. Malvika Dalvi
B.Sc. BT.



Mr. Ranaram Suthar
B.Sc. CS



Ms. Reema Ahuja
B.Sc. IT



Mr. Neeraj Yadav
B.Com.



Ms. Heena Talreja
B.A.F. (A)



Ms. Karishma Boneja
B.A.F. (B)



Mr. Rahul Gupta
B.B.I.

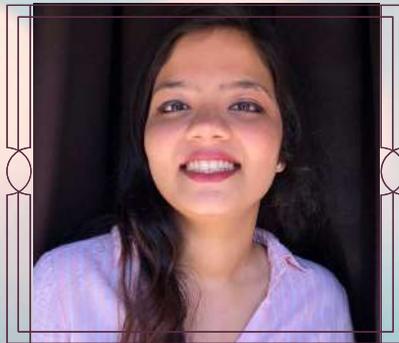


Mr. Ameer Muzzkkir
B.F.M.

Third Year



Ms. Manali Visaria
B.A. (Psy)



Ms. Pushti Gosalia
B.A. (Psy.)



Ms. Snehal Pandey
B.A. (Socio)



Ms. Chaila Chowdhary
B.M.S.



Ms. Sayonee Ghai
B.M.M. (Advt.)



Mr. Omkar Gharat
B.M.M. (Jour)



Ms. Aastha Munjal
B.Sc. BT



Ms. Manali Kadam
B.Sc. BT



Ms. Akshada Jadhav
B.Sc. (Chem.)



Ms. Sonali Shelke
B.Sc. CS



Mr. Rajan Das
B.Sc. IT



Ms. Malathi Yadav
B.Sc. (Maths)



Mr. Pranay Mhatre
B.Sc. (Micro.)



Mr. Ansari Mohammad
B. Sc. (Phy)



Ms. Megha Balu
B.Com.



Ms. Sonam Mishra
B.A.F.



Ms. Afreen Siddiqui
B.B.I.



Ms. Bharti Brahmakhatri
B.F.M.

*"There are no secrets to success. It is the result of preparation, hard work,
and learning from failure."*

-- Colin Powell

Masters



Ms. Mona Surani
MA (PR)



Ms. Zafar Nilofer Iqbal
M.A. (Psy)



Ms. Pradhanya Jadhav
M.Sc. (Analy. Chem.)



Mr. Arpan Jaiswar
M.Sc. (Org. Chem.)



Ms. Jyotsna Khithani
M.Sc. (Micro.)



Ms. Alka Harphulchand
M.Com. (Acc.)



Ms. Hema Hotti
M.Com. (Mgmt.)

"The way to get started is to quit talking and begin doing."

-- Walt Disney

Awards and Prizes

V.E.S. Shreshthta Award

Usually in educational institutes, the spotlight is on either academic achievers or on those who perform extra-curricular activities with their studies. But there are a few students whose life is far tougher, who battle adversities and yet manage to not just excel in studies but find the time and emotional energy to give back to society. The most admirable aspect is that these young people do not allow life to turn them bitter. Hence, Vivekanand Education Society (VES) celebrates World Students' Day by felicitating nine such students from various VES institutes, who have displayed grit, leadership and values, while also working towards academic and extra-curricular excellence with the Shreshthta Award. These students have been handpicked from the VES group of institutes comprising 28 institutes and approximately 18000 students. This year, from our college, Mr. Abhishek Patil (T.Y.B.A.F.) was awarded the VES Shreshthta Award.



Mr. Abhishek Patil (T.Y.B.A.F.)
Recipient of V.E.S. Shreshthta award

Staff Awards and Honours

1. Dr. Santosh Bhaskaran won the best paper and overall third prize at the INAC-4 conference organized by ISSE and SAC-ISRO.
2. Dr. Parinita Madan was awarded the third prize for her poster presentation at the National Conference on "Recent Innovations on and Concerns of Green chemistry towards sustainability" organised by CKT College.
3. Dr. (Mrs.) Varsha Ganatra was appointed as the Editorial Board Member of the "Association of International Business & Professional Management" for the Asia Pacific Journal of Management and Education (APJME), Indonesia.
4. Mrs. Samhitha Sharma Kain won the Best Presenter Award for her paper in the International Webinar by Karleskar College, Nallasopore and Parul University, Gujarat on "Current Trends, Policies & Issues In The Field of Commerce, Management, Economics, Law & Social Sciences".
5. Mrs. Samhitha Sharma Kain won a third prize and Ms. Rita Vazirani won the consolation prize for an Innovative Idea Presentation at the VESASC National Level Webinar on "Steering HEIs In The Wake Of Covid-19: The Way Ahead For Academia".
6. Ms. Arpita Sarkar won the third prize for poster presentation on 'Self-Care during COVID-19' in a One Day International Webinar on 'Impact of COVID-19 on Intellectual Health of Youngsters, it's Remedial Measures & Use of ICT', organised by Shankarlal Agrawal Science College, Salekasa, Gondia, Nagpur.

Achievements in Intercollegiate Competitions

Sports

- The College Girls team won the 'Gold Medal' in the 'Inter College Sports Fest - Yuva Khel Summit 3.0' organized by Yuva Sena at Andheri Sports Complex.
- The College Cricket team participated in the Inter-Collegiate Cricket Tournament organized by the University of Mumbai. The matches were conducted on knock out basis. The team won 4 rounds and was amongst the top 24 teams of the tournament. More than 180 teams participated in the tournament. They also participated in the following tournaments: 'Enthusia 2019' organized by VJTI College, 'Kurukshestra-2020' organized by Grant Government Medical College and 'Mahayuddha cup' organized by Topiwala National Medical College.
- The College Football team participated in the Inter-Collegiate Football Tournament organized by the University of Mumbai and in the Reliance Foundation Youth Sports Football Tournament 2019 and won two rounds in both.
- College teams also participated in Badminton and Kho-Kho Inter-Collegiate Zonal Level Tournament organized by the University of Mumbai. The Badminton team participated in tournaments organized by Somaiya College, Acharya College, SIES College, Bhavana College, RJC College and CKT College.
- The Athletics team participated in various Athletics events organized by Reliance Foundation Youth Sports Athletics Championship - Mumbai 2019. The Girls team won a 'Silver Medal' in '4 X 400 M Relay' and won the 'Bronze Medal' in '4 X 100 M Relay'. The Boys team won a 'Silver Medal' in '4 X 100 M Relay'. The girls team secured the second in the Athletics Championship and received a Cash Prize of Rs. 10000/- in the tournament.
- The Cricket team participated in following tournaments: 'Enthusia 2019' organized by VJTI College; 'Kurukshestra-2020' organized by Grant Government Medical College and 'Mahayuddha cup' organized by Topiwala National Medical College.

The details of students' participation and achievements in sports at various levels are as listed.

Sr. No.	Name	Class	Details	Level	Position
1	Pooja Yadav	T. Y. B. Sc.	Half Marathon	University	5th
			5 km Run		Silver medal
			4 X 400 M Relay		5th
			4 X 100 M Relay		7th
			Cross Country		6th
			Ascending & Descending		5th
2	Pooja Kaviskar	F. Y. B. Sc.	Marathon	State	Participation
			10 km Run	University	8th
3	Falguni Sonawane	F. Y. B. Sc.	5 km Walk		University
			100 M Hurdles	5th	
			400 m hurdles	7th	
			4 X 400 M Relay	5th	
4	Snehal Jadhav	F. Y. B. Com.	4 X 100 M Relay	University	7th
			Tug of War		7th
5	Akshata Gunjal	S. Y. B. Com.	100 M Hurdles	University	8th
			400 M Hurdles		6th
			4 X 400 M Relay		5th
			Cross Country		6th
6	Vaidehi Poojyam	S. Y. B. Sc.	4 X 100 M Relay	University	7th
			200m run		8th
			4 X 400 M Relay		5th
7	Rutuja Khopade	S. Y. B. Com.	Cross Country	University	6th

8	Siddhesh Gaikwad	T. Y. B. Sc. IT	400 M Hurdles	University	6th
			110 M Hurdles		7th
			4 X 400 M Relay		7th
9	Shreyans Shukla	T. Y. B. Sc. IT	4 X 400 M Relay	University	7th
10	Suraj Patel	S. Y. B. Sc.	4 X 400 M Relay	University	7th
11	Harish Shah	T. Y. B. Sc.	Karate	International	2nd
				International	3rd
			4 X 400 M Relay	University	7th
12	Plavani Bishi	F. Y. B. Com.	Tug of War	University	7th
			Cross Country		6th
13	Ashwini Kakade	F. Y. B. Sc.	Cross Country	University	6th
14	Sneha Gupta	F. Y. B. Sc.	Tug of War	University	7th
15	Uma Pathare	M. Com. II	Tug of War	University	7th
16	Pradnya Pawar	M. Com. II	Tug of War	University	7th
17	Rasika Ganjekar	F. Y. B. Com.	Tug of War	University	7th
18	Suman Gupta	T. Y. B. Sc.	Tug of War	University	7th
19	Madhumita Kumar	S. Y. B. Sc.	Tug of War	University	7th
20	Abhishek Pandey	F. Y. B. Com	Boxing (75 Kg)	District	1st
			Boxing (75 Kg)	University	8th
21	Geeta Suryawanshi	M. Com. II	Tug of War	University	7th
22	Abhishek Prasad	F. Y. B. M. S.	Aerial Sports/ Poll Mallakhamb	State	2nd
				State	1st
				National	1st
				University	Participation
23	Maheshwar Ujagare	S. Y. B. Com.	Aerial Sports/ Poll Mallakhamb	State	1st
				State	1st
				National	1st
				National	1st
				National	1st
				National	1st
				University	Participation
24	Shubham Shinde	T. Y. B. Com.	4 X 400 M Relay	University	7th
25	Sonali Maphelkar	T. Y. B. A.	Cross Country	University	6th
			4 X 400 M Relay		5th
			4 X 100 M Relay		7th

It's about Dance, Drama, poetry and more....

Life's a race they say, so we have to run but life is also a dance, you learn as you go.

- Steve Seskin and Allen Shamblin

This year too our students kept up with the philosophy of life and participated in a number of cultural competitions, paving their way and making it to the trophies. The best example of this is our student **Mr. Maheshwar Ujagare (S.Y.B.Com) who won the prestigious 'Mr. University' title of the University of Mumbai.** We had known him as a shy, calm and a quiet boy, however when he took charge of the responsibilities of the 52nd Youth festival as the Contingent Leader, he fitted in very finely with all the coordination and communication required. Working hard not only to register all the events but also on his theatre performances, he made his way to the Jackpot Round in the University. The 'Mr. University' title is very hard to achieve as it involves many rounds of talent display, sports, interviews, IQ testing, Psychological testing etc. But for Maheshwar, being a Mallakhamb champion, this was a stretchable act. We are very proud of Maheshwar for having brought this accolade for the college.

This year the selection round for performing arts of the 52nd Youth Festival was conducted on 8th and 9th August 2019 at SIES College (Nerul) and fine arts and literary arts, on 14th August 2019 at K. J. Somaiya College (Vidyavihar). **Ms. Maitreyi Bokil (S.Y.B.Com) won the first prize in the Finals for Story writing Group (B).**

The following are the students who won at the selection rounds and reached the finals:

Name	Class	Position	Event
Khankal Mayur	T.Y.B.A.	Second	Debate (Group B)
Shaikh Faizan	T.Y.B.Sc. Micro	Second	Debate (Group B)
Mushahidi Mubasshir	S.Y.B.Sc. Biotechnology	Consolation	One Act Hindi play (Group C)
Goklani Saigita	S.Y.B.M.S.	Consolation	One Act Hindi play (Group C)
Madane Dhiraj	S.Y.B.M.S.	Consolation	One Act Hindi play (Group C)
Rajput Hamza	T.Y.B.Sc. Mathematics	Consolation	One Act Hindi play (Group C)
Yadav Ranjeet	T.Y.B.Sc. Biotechnology	Consolation	One Act Hindi play (Group C)
Kurdia Bharat	M. A. (Public Relations)	Second	Mono - Acting (Group C)
Chauhan Divya	S.Y.B.Sc.	Second	Folk Dance
Godhia Preeti	S.Y.B.A.F.	Second	Folk Dance
Kawale Komal	T.Y.B.A.F.	Second	Folk Dance
Pal Mamta	T.Y.B.A.F.	Second	Folk Dance
Patankar Monika	T.Y.B.A.F.	Second	Folk Dance
Salve Priyanka	F.Y.B.Com.	Second	Folk Dance
Thorat Pratiksha	S.Y.B.A.F.	Second	Folk Dance
Ware Shraddha	T.Y.B.A.F.	Second	Folk Dance

Another student who brought laurels to our college is Mr. Mayur Khankal (T.Y.B.A. Sociology). He won the third prize at the finals of the prestigious A.D.Shroff Elocution Competition conducted by the Forum of Free Enterprise. After he won the first prize at the college level competition organized by the Department of Economics, the department sent him for an intercollegiate selection from over 50 first prize winners across Mumbai Colleges. From among them, he was selected as one of the seven finalists at the Indian Merchant Chambers Final Event.

Prizes won by the NSS Unit

Name	Class	Position	Event and Venue
Shivangi Dubey Archita Chouhan Komal Kale Bharati Gupta Preeti Nikalje Urmila Chouhan Priyanka Ghone Sheetal Jaiswal	S. Y. B. Com. S.Y. B.A.F. S.Y. B.A.F. S. Y. B. Com. S.Y. B. Com. F.Y. B. Com. F.Y. B.A.F. F.Y. B.A.F.	Second	Group Dance competition in Udaan festival, S. K. Somaiya College
Bharti Gupta Priyanka Ghone Urmila Chouhan Preeti Nayak Shivangi Dubey Sheetal Jaiswal	S.Y. B. Com. F.Y. B.A.F. F.Y. B. Com. S.Y. B. Com. S.Y. B. Com. F.Y. B.A.F.	Third	Group Dance competition in Vismaya festival, Bunts College, Kurla
Mrunmayee More	S.Y.B.Sc. BT	First	Essay Competition in Ekatva festival, Valia College
Madhu Pandey	S.Y. B. Com.	Third	Elocution Competition in Ekatva, Valia College
Siddhi Gaikwad	S.Y. B. Com.	Third	Poem Presentation in Sphurti festival, Maharshi Dayananda College, Parel
Siddhi Gaikwad	S.Y. B. Com.	First	Mono acting in Parambh festival, Rajiv Gandhi College, Vashi

Prizes won by the LLE Students at the intercollegiate competition UDAAN 2020

Name		Class	Position	Event
Mubbasshir Bashir Amar Sharma Shivam Mishra Sanjay Sadhasivan Bharat Naval Nurulamin Shaikh Jayesh Choudhary Asmita Phulwani	Gautami Patil Ashwika Visame Pournima Singh Neelukumari Gupta Snehalata Gupta Prajakta Koli Pooja Kadam	S.Y.B.Sc. Biotechnology	Consolation	Street play presented on Male Molestation
Sakshi Awadhut Sonali Jamnik	Daksha Mahtre Purvika Pawar	S.Y. B. Com.	First	Street play presented on End Rape culture

Prizes won by students at various intercollegiate events

Name	Class	Position	Event
Arth Manthan, N. G. Acharya College			
Dhanashree Waghmode	F.Y.B.M.S.	Third	Quiz
Rahul Gupta	T.Y.B.B.I.	Second	Poster Presentation
Rahul Gupta	T.Y.B.B.I.	First	Cartooning
Kanishk Singh	S.Y.B.A.F.	Third	PPT Competition
Rahul Gupta	T.Y.B.B.I.	Consolation	Global Leaders Meet
Ruksar Shaikh	T.Y.B.B.I.	Consolation	Global Leaders Meet
Callista Reberio	T.Y.B.A. Sociology	Second	Draw 'em up!
Aishwarya Patole	T.Y.B.A. Eco	Second	Global Leaders Meet
Aishwarya Patole	T.Y.B.A. Eco	Third	Elocution
Priyanka Gupta	T.Y.B.A. Eco	Consolation	Elocution
Fouzia Shaikh	T.Y.B.A. Eco	Second	Poster Competition
Supriya Nair	T.Y.B.A. Eco	Second	Global Leaders Meet
Arth Gyaan, Ramniranjan Jhunjunwala College			
Ruksar Shaikh	T.Y.B.B.I.	Third	Visual Impact
Ruksar Shaikh	T.Y.B.B.I.	First	Poster Competition
Abdul Mannan	S.Y.B.Com.	Third	Caricature
Sapna Yadav	T.Y.B.Com.	First	Business Buzz
Rahul Gupta	T.Y.B.B.I.	Second	Cartooning
Rahul Gupta	T.Y.B.B.I.	Third	Poster Presentation
Tata Institute Of Social Science			
Savitri Gudle	S.Y.B.B.I.	First	Group Dance
Soma Mondal	T.Y.I.T.	Second	Group Dance
Bhavans College			
Savitri Gudle	S.Y.B.B.I.	First	Group Dance
Sardar Patel College, Andheri			
Soma Mondal	T.Y.I.T.	First	Group Dance
Arth Prastuti, Sheth NKTT College, Thane			
Rahul Gupta	T.Y.B.B.I.	First	Poster Presentation

SNDT College, Wadala			
Savitri Gudle	S.Y.B.B.I.	First	Group Dance
Soma Mondal	T.Y.I.T.	First	Group Dance
Aarambh, Narayan Guru College			
Abhishek Prasad	F.Y.B.M.S.	First	Rhythmic Yoga
Shrey Saraki	F.Y.I.T.	First	Solo Singing
Sakshi Tiwari	F.Y.B.Sc.	Third	Duet Dance
Swati Sonawane	F.Y.B.Sc.	First	Group Dance
Anisha Name	F.Y.B.A.F.	Second	Group Dance
Aditi Nakate	F.Y.B.A.F.	Second	Group Dance
Akshata Kadam	F.Y.B.A.F.	Second	Group Dance
Umeed 2020, Bunts Sangha College			
Pratik Palade	F.Y.B.M.S.	First	Dance
Savitri Gudule	T.Y.B.B.I.	First	Group Dance
Soma Mandal	T.Y.I.T.	First	Group Dance
Arvind Kurdiya	T.Y.I.T.	Second	Group Dance
Ajinkya Sonar	T.Y.CS.	First	Carrom Singles
Raksha Gurulingappa Budur Vimla Moolchand Khorwal Sadhana M. Jaiswar Shivani Indrajeet Singh Komal Chhaganlal Balotiya Aniket Pradeep Maskar	T.Y.B.Sc. Chemistry	Third	Fashion Show and Best College Performance Award
Deepak Pathak	T.Y.C.S.	Third	Fashion Show
Niranjan Mungekar Pranav Gawde Shlok Mishra	T.Y.B.M.S.	Third	Power Point Presentation
K.J. Somaiya College, Ghatkopar			
Savitri Gudle	S.Y.B.B.I.	First	Group Dance
Soma Mondal	T.Y.I.T.	Second	Group Dance
Pratiksha Deshmukh	T.Y.B.Sc.	Third	Photo competition
Ajinkya Sonar	T.Y.CS.	First	Carrom Doubles
Gurukul College, Ghatkopar			
Vikrant Tiwari	S.Y.B.A.F.	Second	Book Review
Neha Shaikh	S.Y.B.A.F.	Third	Book Review
R. D. National College			
Simran Lund	F.Y.B.A.F.	Best Female Model	Fashion Show
Prarambh, Mahatma College (Night)			
Shruti Jha	F.Y.B.B.I.	Second	Rangoli Competition
NMIT College			
Shruti Jha	F.Y.B.B.I.	Second	Rangoli Competition
SIWS College			
Aishwarya Kanse	M.Sc. I Microbiology	First	Origami Master
		Third	Best out of Waste
SIES College			
Dhiraj Madane	S.Y.B.M.S.	Consolation	One Act Play
P. C. Alexander, University of Mumbai			
Mayur Khankal	T.Y.B.A.	Second	Elocution

M. D. College			
Komal Surve Namrata Khandekar Abhijeet Thakur Pranit Rokade Aniket Mhaskar Shivani Singh Pooja Yadav Pooja Tike Aarti Jagdale Vimla Khorwal	T.Y.B.Sc. Chemistry	First	Chem - Dance
Ruia College			
Suraj Gupta Pralhad Shenoy	S.Y.B.Sc.	Third	Chem - Quiz
Pooja Yadav Harish Shah	T.Y.B.Sc. Chemistry	First	Chem Relay
Ajinkya Sonar	T.Y.C.S.	Third	Carrom Doubles
Rasayanam - 2020, Institute of Chemical Technology			
Pralhad Shenoy	S.Y.B.Sc.	First	Chem - Draw
ACONT 2K19, R. J. College, Ghatkopar			
Neeraj Yadav Komal Bhagat Harshada Waghmare	T.Y.B.Com.	Third	Power Point Presentations
VES Institute of Management			
Ajinkya Sonar	T.Y.C.S.	Second	Carrom Double
CEC, Andheri			
Ashma Kader	S.Y.C.S.	Fifth	Java Programming
Bhavana Trust			
Ajinkya Sonar	T.Y.C.S.	First	Carrom Singles
Sushant Mane	T.Y.C.S.	First	Table Tennis (Single)
Shodh, MCC College			
Aishwarya Patole	T.Y.B.A. Eco	Second	Elocution
M.L Dahanukar College of Commerce (Online)			
Gaurav Bhat	F.Y.B.F.M.	95%	The Finance Club Quiz
Navinchandra Mehta Institute of Technology and development			
Viren Jani	F.Y.B.F.M.	Second	Share Bazaar (Mock Stock)
Avinash Gabria	F.Y.B.F.M.	Second	Share Bazaar (Mock Stock)
R.D National College			
Ehtesham Sheik	F.Y.B.F.M.	Second	Badminton
Pillai College			
Ehtesham Sheik	F.Y.B.F.M.	First	Badminton
KJ Somaiya College			
Ehtesham Sheik	F.Y.B.F.M.	Second	Badminton
Ramniranjan Jhunjunwala College			
Ehtesham Sheik	F.Y.B.F.M.	Second	Badminton
S.I.E.S College			
Ehtesham Sheik	F.Y.B.F.M.	First	Carrom
U. A. V Sene Andheri Sports Complex			
Ehtesham Sheik	F.Y.B.F.M.	Fourth	Badminton
NanoTact, National Centre for Nanoscience and Nanotechnology, University of Mumbai			
Sanjana Joshi Neha Kuity	T.Y.B.Sc. Biotechnology	First	Debate

Name	Class	Research Poster/Paper and Topic	Position
Shodh, Mulund Commerce of Commerce			
Gomathi Chettiyar Maitreyi Bokil	S.Y.B.Com.	Paper on 'Water Scarcity in Mumbai'	First
Kajal Nirmal Sapna Upadhyay	S.Y.B.Com.	Paper on 'Digital India: A Visionary Approach for Transforming India into a Digital Empowered Society and Knowledge Economy'	First Consolation
Jigyasa, SIES College, Sion			
Neha Kuity Sanjana Joshi	T.Y.B.Sc. Biotechnology	Poster on 'Bioadsorption of Magnesium Ions From Hard Water using Sugarcane Bagasse as a Bioadsorbent'	First
Deepshikha Singh Pooja Tike	T.Y.B.Sc. Chemistry	Paper on 'To Prepare Acetanilide by Conventional and Non-Conventional Method'	Second
BioteCovid Poster Competition, K.C. College (Online)			
Ajay Chavan	T.Y.B.Sc. Biotechnology	Poster on 'Structure and Characteristics of Coronavirus'	Second
Shodh Online Research Meet, Jai Hind College			
Kaizin Mehta Hazara Shaikh Prachi Mishra	MA-I Psychology	Paper on 'An Exploratory Study of Understanding Xenophobia with respect to Corona Crisis'	Declared winners in their group
Amruta Gaikwad Manasvi Shenvi Kimaya Khanolkar	MA-I Psychology	Paper on 'An Experimental Investigation into the Influence of Illness - Related Emotions on Indicators of Conformity'	Declared winners in their group
Two day National Conference on Innovative Approaches and Emerging Issues in Food and Pharmaceuticals Microbiology, Karmaveer Bhaurao Patil College, Vashi			
Vaishali Singh	M.Sc. - II Microbiology	Paper on 'Characterization of Lactobacillus Brevis with Potential Probiotic Properties and Biofilm Inhibition against Pseudomonas Aeruginosa'	Third

Name	Class	Event	Position
Festival: Arvestus; Department: Accounting and Finance; VESASC			
Sejal Gagwani	F.Y.B.B.I.	Impromptu	Second
Ruksar Shaikh	T.Y.B.B.I.	Fin Quiz	First
Rahul Gupta	T.Y.B.B.I.	Fin Quiz	First
Ruksar Shaikh	T.Y.B.B.I.	Poster Competition	First
Rahul Gupta	T.Y.B.B.I.	Turn Twist & Win	First
Ronak Kalyandasani	F.Y.B.M.S.	Turn Twist & Win	Second
Gaurav Dadlani	S.Y.B.M.S.	Remodeled Cash Flow	First
Amol Saraj	S.Y.B.M.S.	Remodeled Cash Flow	First
Nausheen Parker	S.Y.C.S.	Debate Competition	Second
Ruksar Shaikh	T.Y.B.B.I.	Tackle The Trouble	Second
Gaurav Sharma	S.Y.C.S.	Crack The Deal	First
Abhishek Gawade	S.Y.C.S.	Debate Competition	Second
Rahul Gupta	T.Y.B.B.I.	Impromptu	Second
Festival: Confluence; Department: Management Studies; VESASC			
Ruksar Shaikh	T.Y.B.B.I.	Blind Tycoon	Second
Rahul Gupta	T.Y.B.B.I.	Blind Tycoon	Second
Festival: Entrepreneurship Workshop; Department: Economics; VESASC			
Sapna Upadhyay	T.Y.B.Com.	Poster Competition	Second
Dhruv Choudhary	T.Y.B.Com.	Poster Competition	Second
Pranita Jadhav	T.Y.B.Com.	Poster Competition	Third
Festival: Euphony; Department: Banking and Insurance; VESASC			
Callista Reberio	T.Y.B.A.	Poster Competition	Second

Festival: Innovision; Department: Commerce; VESASC			
Kavita Yadav	T.Y.B.A.	Finance ka Sikandar	Second
Runali Malgaonkar	T.Y.B.A.	Finance ka Sikandar	Third
Shubham Surve	T.Y.B.A.	Finance ka Sikandar	Third
Bhakti Gujar	T.Y.B.A.	Finance ka Sikandar	Third
Pooja Kumari Chourasiya	T.Y.B.A.	Finance ka Sikandar	Third
Priyanka Gupta	T.Y.B.A.	Elocution	Consolation
Festival: Kaun Banega Physicist; Department: Physics; VESASC			
Anupam Nigam Pralhad Shenoy	S.Y.B.Sc.	Quiz	Second
Festival: Mathemight; Department: Mathematics; VESASC			
Parag Sonawane	S.Y.C.S.	Treasure Hunt	First
Ashma Kadar	S.Y.C.S.	Treasure Hunt	First
Aniket Patil	S.Y.C.S.	Treasure Hunt	First
Festival: Niraya; Department: Financial Markets; VESASC			
Ruksar Shaikh	T.Y.B.B.I.	Mystery Track	Third
Harsh Gabria	S.Y.B.M.S.	Money in the bank	First
Hrishikesh Sawant	S.Y.C.S.	Wall of Dalal Street	Second
Pranita Navsuppe	T.Y.B.Sc. Chemistry	Stock Carrom	First
Festival: Psychedelia; Department: Psychology; VESASC			
Abdul Mannan	S.Y.B.com.	Poster Making	Second
Siddhesh Upadhyay	F.Y.C.S.	Quiz	Second
Akash Tiwari	F.Y.C.S.	Quiz	Second
Callista Reberio	T.Y.B.A.	Poster competition	Second
Ravi Kumar Bind	F.Y.C.S.	BEST Entrepreneur	First
Dheeraj Prajapati	F.Y.C.S.	BEST Entrepreneur	First
Festival: Sagacity; Department: Information Technology; VESASC			
Sejal Gagwani	F.Y.B.B.I.	Name IT	Second
Rahul Gupta	T.Y.B.B.I.	Name IT	Second
Pooja Lalchandani	S.Y.C.S.	X-Programming	Second
Hrishikesh Sawant	S.Y.C.S.	Cover Designing	First
Hritik Bhat	S.Y.C.S.	Coding Competition	Third
Parag Sonawane	S.Y.C.S.	Pictionary	First
Ashma Kadar	S.Y.C.S.	Pictionary	First
Hritik Bhat	S.Y.C.S.	App Maker	First
Hritik Bhat	S.Y.C.S.	CS 1-6 Gaming	First
Rohit Gupta	F.Y.CS.	Survey Says	First
Yash J Yadav	F.Y.C.S.	Stock Market	First
Ritik Chawla	F.Y.C.S.	Survey Says	First
Festival: Vihaan; Department: Computer Science; VESASC			
Sachin Dhalani	T.Y.I.T.	Mad ads	First
Ruksar Shaikh	T.Y.B.B.I.	Posteria	Consolation

'If you can dream it, you can do it.' - Walt Disney

Department of Commerce, VESASC.

**Ms. Kirti Subhash Deshmukh, Consultant -
Accounts & Finance at Leadge Business
Services Pvt. Ltd.**

(BCom - Batch 2017)

VES College is much beyond just an "Institution". It actually denotes "Culture"-a culture of excellence, empowerment, and enrichment. I feel blessed being a part of VES, as the college has moulded my personality and clarified my vision for the future. At the very outset I would like to express my gratitude to the VES family. I extend my warm regards to all my teachers and especially, the teachers of the Commerce department who helped me a lot during my college days.

Finding the right path to success is important and VES was that path for me.

The friendly environment and the systematic approach towards imparting education made me a competent individual. The teachers were very kind and approachable. I have worked hard to achieve everything in life and I feel extremely fortunate to have spent 3 years of my life in VES. It's not only studies and grades but an all-round development of the students that the teachers of VESASC work to achieve.

I will always fondly remember the lectures taken by Sachin Bhandarkar sir, Varsha Ganatra madam, Heena Ganatra madam, Sadhana Singh



madam and Sunita Choudhury madam. I started my professional journey from first year itself and all the efforts put by the faculty in the overall development of the student, really helped me a lot to manage my graduation studies along with my CMA course.

I also participated in many competitions and was part of several co-curricular activities. All these activities helped me build my confidence and my personality as it encouraged me to discover and polish my hidden talents in numerous ways.

As I walk on the path of my new life, I look back and count my steps in this college and with each step I have a memory to cherish as a part of myself at VESASC.

"I will forever be grateful to VES College".



Mr. Rishiraj Banerjee

**Department of Economics, VESASC
Mr. Rishiraj Banerjee, Assistant Manager,
Bisleri International Pvt. Ltd.
(BA Eco-Com Batch of 2005)**

It's strange how at one point of time, we all used to run helter-skelter searching for jobs. Now that we have one and have successfully allowed ourselves to become a victim of the corporate rat race, all we want is to go back and relive our college days! Such fond memories! We somehow felt more secure discussing economy and business in a classroom with our humble and caring professors, always around to guide. But in the corporate world, you either flap your hands and feet or risk drowning. That's when the lessons learnt in the classrooms from your teachers and their motivations work as your life-guard. My professors in the Economics department of VES College were instrumental in instilling in me the confidence to face the challenges on stepping out. They used to discuss and debate every new development in the economy to widen our horizon and develop our perspectives and encouraged us to participate in various elocutions and debates to not only improve our knowledge base, but to also develop our communication skills, which is one of the most important skill sets in the corporate world today. I used to dread speaking in front of people. Today, if I consider myself having even an iota of confidence, the only significant role models who

have inspired me to have that confidence were my Economics Professors. Twelve years since, when I happened to host the All India Conference of Bisleri and was appreciated by my Chairman, it's these very professors whom I thanked and owed all the credit to. One need to ensure the perfect balance between risks and rewards that brings success.

Contrary to popular belief, there is only one shortcut to success and that is – LEARNING! Learning is a lifelong process and hence no wonder they say "Success is a journey and not a destination". However, the single most important thing to ponder in this journey is PASSION! Immense passion makes the journey worthwhile and fun. Hence it becomes imperative to stay in touch with your teachers, peers and colleagues and share each other's experiences, as it helps in gaining a plethora of perspectives, guidance and insights on one's career and personal life. Through this endeavor, I would like to thank madam Samhitha Sharma Kain for letting me pen my thoughts and very actively providing the alumni members a grand platform to network! The Economics faculty have immensely inspired us in our journey so far. We also owe our sincere gratitude to our great Alma Mater, VES College, and would be obliged in contributing in every capacity to keep its glory intact. We continue to seek blessing from our professors and wish to convey our best wishes to all our friends and faculty members.

Department of BFM, VESASC
Ms. Naina Ramrakhiani
(BFM Batch of 2018)

I was part of the best department that is the Department of Financial Markets. First of all I miss my VES days. Talking about my experience, it was a journey of ups and downs. I mean if we had to draw any technical graph of it, it will never be straight. I still remember that first day when I was asked why this college and why BFM, we as students literally had no proper answers. I answered with my interest in share markets. I remember every first class of every faculty there, their different methods of teaching. To be honest applying for this college and for BFM is one of my best decision as I saw myself growing physically and mentally. The discipline we were meant to maintain in college is now helping us in real life too.

In every corner, in every class, with every faculty I have over 1000 memories. Whether it be preparing for exams on the stairs, sharing lunch or waiting for the result announcement everything is to cherish for. Niraya was the fest for BFM as Talentia was of college. In the first and the second year, we supported it as helping hands but in our final year we conducted it. I was given the opportunity to be a treasurer of Niraya. Handling so many people at a time, taking care of



Ms. Naina Ramrakhiani

those small fights, taking care of regulations in college, asking permissions from college, thinking of different games and tasks for other students, adding fun side to the fest, be it decorations, paintings, or crafting ideas, those were my best days. Niraya was *Diwali* of our BFM department. It was not less than any festival for us. Different stalls and different themes every year, made it one of best fest of our college. After the success of which, we were appreciated by each faculty member and also were given ideas to make it better. For the climax, VES and BFM were not my college or course, it was home for me. After my final year when I still visit college and meet my faculties I feel no difference. I want to thank all my faculties and staff for being the most important part of my beautiful journey.



**Department of IT, VESASC
Mr. Sebastian Nadar, Assistant Manager(HR),
Balmer Lawrie & Co. Ltd.
(BSc.IT Batch of 2014)**

It was a wonderful experience at Vivekanand Education Society's College of Art, Science and Commerce with an excellent exposure provided across the various platforms. The faculty here is very supportive and encourages students to push boundaries to rise above expectations. Throughout my journey at VES College. I received immense support from my BSC-IT department under the flagship of our beloved H.O.D Jayalakshmi ma'am and other faculties, which made me feel comfortable and relaxed. Teaching staff put in great effort to make you understand the concepts very well with the use of best teaching methods and tools so that we understand the content's very well. Not only completing portion and preparing students for exam's was their motive, but imparting training, seminars from Industry experts and making students potential enough to get best placements was their agenda.

Speaking about my experience at VES, I was very introvert student unless I got good exposure in extra-curricular activities like That's IT, Sagacity and Talentia. BSC-IT department at VES is the place where you get basket full of knowledge w.r.t technical, non-technical and variety of skills which you can inherit for lifetime. Indeed, the skills from that basket worked out well for me, as it helped me to understand, self-analyse and to develop good skill sets according to my attributes and character which gave me clarity of what I am good at, which eventually paved way for me to do MMS in Human Resource and become a HR professional in one of the PSUs companies in India.

To summarize it was a journey which will be cherished till the end of my life. VES and BSC- IT department has moulded me into a personality who can boldly and confidently face the world. Most importantly it has taught me to face the world with a "SMILE" and made me aware that nothing is impossible to achieve.

VES College is a place of knowledge and bliss indeed.

And I wish everyone out there, with good health and prosperity.

Department of BMS, VESASC
Ms. Ramya Harika Pucha,
Masters Student, Graduate Teaching Assistant
(MMC 2100) Zimmerman School of Advertising
and Mass Communications, University of South
Florida
(BMS Batch of 2016-19)

Before I began my undergraduate degree in VES, I was extremely confused about what to do in my professional life. I was even more confused about HOW to do it? BMS at VESASC might just have been quite the turning point in my career. Here is where my vague and undefined ambitions found a definite shape.

The ever-helping BMS faculty helped me realize my virtue by allowing me to test the waters of various different fields within marketing itself. For every activity that we conducted as a department, I was pushed to try out new roles and responsibilities, which later allowed me to gauge what I liked and what I didn't. It is solely because of the various activities that made the BMS curriculum, what it was that brought me here at a world renowned research institution. It is because of the responsibilities assigned to me that I have



Ms. Ramya Harika Pucha

the courage to carry forward the most challenging tasks. And it is definitely because of the holistic approach to teaching in VES that has given me the confidence to learn anything in this world.

I wish to thank Mahalakshmi ma'am, Kanthi ma'am and Chirag sir from the bottom of my heart for being the soul of BMS and for being a very important part of my professional and educational life. If not for your hard work, your passion and your dedication to making the course practical and eye-opening, I wouldn't have been knowledgeable about the nuances of different fields within marketing itself. Thank you for bringing in your best!



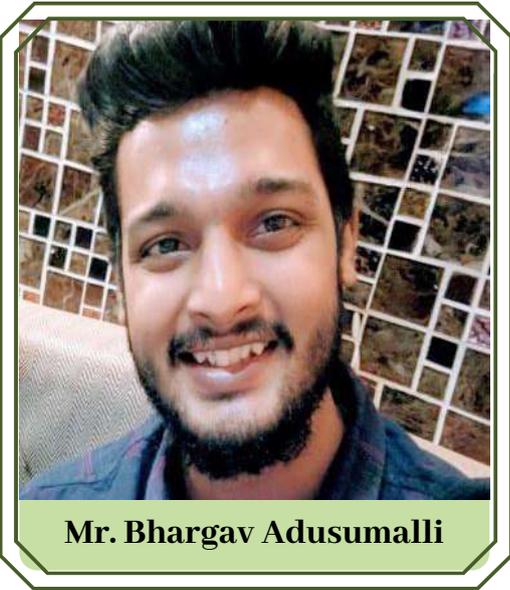
Ms. Rashpal Kaur Saini

I am overwhelmed with the opportunity that I got to share my learning and experiences that I gained from VES College of Arts, Science & Commerce. It's been almost a decade but I still cherish my 3 years journey which brought drastic transformation to my personality, mind set and enhanced my career growth. It is always said that a good teacher will stay with you in your college journey but an excellent teacher will stay with you for lifelong. And I am honoured to have excellent professors who all are always there to help me out and gradually comprehend my skill set and learning horizon over the years.

**Department of Commerce, VESASC
Ms. Rashpal Kaur Saini, Professor
(B.Com Batch of 2011)**

VES College and its professors especially B.Com section takes special care to improve and polish the skills and decision making process. I will always be grateful to all my professors for giving me not only experiential learning but also teaching how to face challenging situations. It is so right to say that these memories will never die. As inspired by my teachers I am too working as a professor and teaching Finance subjects for Masters of Management (MMS).

Multi-tasking is what is required in today's scenario and that comes not only by teaching learning process but also by other co-curricular and extra-curricular activities which VES College takes care of. With gratitude and humility I feel honoured to be part of VES College of Arts, Science & Commerce.



Mr. Bhargav Adusumalli

I remember the time when I was visiting VES College to get enrolled in Computer Science. Post Junior college, I was confused which stream to take up, but one clear thing was to go back to Pune, the place I was born and brought up. Well life would be a smooth ride if things pan out as planned. And Mumbai was a blessing in disguise. My cousin listed the courses available in VES over a phone call and once I'd heard the word "Computer", I thought it would be a fun course to take up (even though I would get a chance to play Counter-Strike in between lectures, and I eventually did). By the end of first year, I'd made up my mind to quit the stream. It wasn't a good fit for me to continue. I wished to meet Dhanashri.P ma'am, who was someone the students could have a chat with at any given point. She suggested me to wait for another year and take a better look at everything before concluding. I wasn't that happy with the answer, but after second year it felt right. Over 3 years, I'd made some amazing friends with whom there are some unforgettable memories.

The final semester was probably the most difficult phase for me as there was a realization that this was it. End of a period which was a roller-coaster. I was placed in three IT companies before the final semester and the decision was to be made. 'We all, usually make big decisions more unconventionally.' This time around, all of the classmates who were placed in common companies got together and everyone called out "Infosys" to

**Department of Computer Science, VESASC
Mr. Bhargav Adusumalli, Test Engineer in
Infosys and currently based in Sydney,
Australia for Westpac Bank,
(B.Sc CS Batch of 2015)**

be our next destination. The agreement was mutual as I could guess the only thought would have been all of us having fun again, irrespective of the location.

I can't be more thankful for VES who has shaped me to be a valuable asset. 'Thank You' - would be just a mere expression to what I feel. Madhavi ma'am have certainly been a literal meaning of Pillar in my life. She would always push me that extra yard to achieve something I feared. With utmost patience levels, she would make sure I'm not diverting in a different direction. Even she would organize a lot of internal debate sessions and would want everyone to speak up. I'm guessing, everyone in IT or any other field would understand the importance of speaking with confidence. It makes me feel confident and proud of the fact that the CS dept is building something which would have long term gain. Students need a Madhavi Ma'am, Kamlakar Sir - who is technically quite strong and would always encourage students in doing more than what is been taught in college.

VES CS dept is something I can talk about for hours. It gives opportunities to the students to build their personality to survive beyond the college campus. I will always cherish the moments I'd been part of for 3 years - Professors (Madhavi ma'am, Kamlakar sir, Ware sir), Lectures (CS, Math's, and of course Physics), Friends (Pallavi, Kalpesh, Nikhil, Swapnil, Lahu, etc.). To finish off on a personal note, I wish to join some space in-near future which would bring me close to football, which has been a dream throughout my life. I'm not sure how I would get there, because I'm still figuring out...

Department of Physics, VESASC
Mr. Shah Ali Mirza, Scientific Assistant
BARC
(B.Sc. Batch of 2017)

I feel privileged to be part of VES College. As a student, I was fascinated with Pure Sciences from my school days itself. Later, I developed an inclination towards Physics but a strong mentorship was always lacking to enjoy the beauty behind it, which was fulfilled when I stepped in this prestigious institute.

Dept. of Physics is a vibrant department working consistently hard and the departmental activities during forum time has always connected the classroom teaching to the current world (talks, alumni meet). A constant thrust from the department has provided the will of leadership and also incited curiosity which is very pivotal to study new concepts. During my graduation, I had little appreciation of the fundamentals behind experiments conducted in practical sessions, but it helped me a lot in my higher studies, all due to good rapport between teaching staff, non-teaching staff and flawless instruments. Collaborative efforts from the staff exposed me to projects and visits to institutes like TIFR and BARC helped a lot. Department was so co-operative that I had the access to its library facility during my higher studies as well. Since department was the recipient of STAR-DBT Fund, we left no stone unturned to grab those immense



Mr. Shah Ali Mirza

opportunities to work with a new zeal, which was otherwise not possible. I am honored to say that I am a recipient of departmental scholarship for awarded every year to TY students. This sort of felicitation ignites the fire to keep going. One may feel that here discipline is strictly followed, but it is essential too. But I will strongly advice the students of this institute to live these days to the fullest because these golden days will never come back.

It would be an injustice if I do not say few words about the management staff (office). Generally in most of the places, the image of office staff is always an arrogant one, but here the staff is always readily available to do anything possible and is perfectly organized.

Everyone is an exemplary in their own duties. The list of appreciation and gratification is never ending, with these words I extend my warm regard and gratitude to VES College.

GOOD WISHES TO THE NEWCOMERS.



Dr. Rebecca Thombre

**Department of Microbiology, VESASC
Dr. Rebecca Thombre, Research Scientist, Blue
Marble Space Institute of Science, Washington
USA and University of Kent, UK
(B.Sc Microbiology Batch of 2001)**

Exactly 22 years ago, I stepped in VES college to pursue Microbiology. Little did I know, that the things I learnt in college would prepare me and will be my stepping-stone for all my future endeavours. My journey began as an amateur student at VES and today I work as a Research Scientist and author in London, UK. The lessons in Microbiology, Physics and Chemistry, the extracurricular activities of Talenta, the exhibitions of Microbiology association, the practical skills learnt in the laboratory, the mindfulness lessons in Foundation course all contributed in transforming me. The activities conducted by Microbiology department played a crucial role in shaping me as a researcher. One of the most interesting activities of the department was the Intercollegiate quiz, Wobble 2001 and the poster and model exhibition which gave us an opportunity to develop our organisational and interpersonal skills. These organisational and leadership skills proved very useful to me when I organised scientific colloquium and conferences in India that were attended by scientist from NASA, USA and Europe. Similarly, the seminar competition organised by Santhini ma'am helped me develop my scientific presentation skills. I remember giving a seminar on 'Haloarchaeal bacteriorhodopsin' in 1999 based on the metabolism of extremophiles taught by Dr Phadnis ma'am. Exactly 15 years later, my research on the biology and physiology of Haloarchaea was

published in Nature publishing group journal. The critical observations and diagrams of gram positive and negative cells in the journal by Paul ma'am and Hema ma'am taught us the important skill of meticulous recording of scientific observations. "The greatest scientists are artists as well," said Albert Einstein. We learnt about expressing science through the creative form of art like drama by participation in the skit "An evening in Paris" based on the Life of Louis Pasteur that was written and directed by Dona ma'am. One of the key skills of referencing was imparted to us by Prof. Malik who taught us to refer books like Kuby, Jawetz, Anantnarayanan and Prescott at S.Y. level. Another key feature of the undergraduate Microbiology class at V.E.S. was the learning environment that the teachers created between the students which helped us cultivate critical and scientific thinking, master theoretical concepts and improve our practical skills. Finally, one of the most useful skill I learnt at V.E.S. was the importance of time and noting tiny things in my diary. Antonie van Leeuwenhoek, the father of Microbiology quoted; "Whenever I found out anything remarkable, I have thought it my duty to put down my discovery on paper, so that all ingenious people might be informed thereof. A man has always to be busy with his thoughts if anything is to be accomplished". These are unprecedented times, as the entire world is in lockdown. Use this time to focus your energy and efforts in productive activities like reading or writing or recording a video or learning a new skill. In the end, I would like to share a quote from Mahatma Gandhi "Strength does not come from physical capacity. It comes from an indomitable will."

College Activities

Additional Credit Programme

*The more that you read, the more things you will know,
the more that you learn, the more places you'll go."*

- Dr. Seuss

Additional Credit Programme is one of the ace programmes run by our college since 2007. This certificate course invites interested and eligible students to earn extra credits by completing a three module program. The three modules include interdisciplinary lectures in certain compulsory areas and certain electives, a research project and several hours of social service to the community.

32 students successfully submitted their research projects of Module II this year. These were done by students enrolled in AY-2018-19. Several research studies conducted by ACP students were accepted for inclusion in "Avishkar", the University research convention this year. This was followed by a Research Presentation competition at college level. The research presentation served two purposes, it not just recognized the efforts of each and every researcher, it also gave them a level ground on which to be compared and more importantly improve and grow as researchers through both panel feedback as well as peer feedback.



Students volunteering for Niru Foundation at Tata Memorial Hospital and Wadia Hospital.



Students volunteering for Kotak Education Foundation to conduct disease Awareness talks

A number of other activities were conducted including inviting new enrollments for the year. An orientation for students was conducted to brief them as well as help them decide if they were willing to put in that extra bit for the completion of the course. Students enrolled in present academic year's Semester III were invited to propose research projects they were interested in doing in module II and allotted mentors as per their subject preference. Conduct of Module I (compulsory and electives) was to be conducted in April 2020. The COVID-19 Pandemic led to the postponement of the scheduled Module I, which will now be conducted as soon as the College reopens. The component of ACP that has the potential to turn the students around for good is Module III. This year our students took up community projects related to menstrual hygiene, cancer care for children, assisting specially abled children studying in Rochiram Thadani School to do science projects and helped other NGO's like, Kotak Education Foundation and NASEOH. We hope to keep the cycle of fresh batches for ACP running despite all the odds. Education is one of the most powerful things in life. It allows us to find the meaning behind everything and helps improve lives in a massive way.

National Service Scheme (NSS)

We have a vibrant NSS Unit which was established with a basic objective to encourage the students to do social work during their free time. An enrolment drive was conducted in the month of July 2019 and 200 students were admitted to NSS. This was followed by an orientation program, wherein, the Second Year volunteers welcomed First Year volunteers and briefed them about the importance of Social work and the kind of activities conducted by the NSS unit throughout the year. A seven day Residential Camp was organized at Shibir Maidan, Ambarnath (East) in the months of December and January. It was attended by 76 volunteers, 2 NSS POs, 4 NSS committee members and 3 other faculty members. The theme of the camp was "Swachh Bharat". The volunteers participated in different kinds of activities such as Sevadaan, Skit on Women Empowerment, Anti-drugs campaign, poster making on several social evils as well as Poster making Competition on NSS Logo. Guest lectures were organized on various topics such as importance of Ayurvedic medicines, ways to improve memory power, Cardiopulmonary resuscitation training etc. A session was conducted on Positive Thinking

and Happiness. Volunteers picked up different attributes like planning, organizing, controlling, motivating, budgeting, hard work, honesty, communication skills etc. at the camp. Volunteers also visited the National Association for the Blind (NAB), IDBI Polytechnic, an institute for the Blind, Parle-G Factory and a fire station. Campers visited Thakurpada village which is located about 2kms from the campsite. There, they sensitized the villagers on various social issues like female foeticide, cleanliness of surroundings, importance of education, women empowerment, etc. through street plays. Self defense skills were practically demonstrated by the seniors to all the campers. A newspaper, named, "V.E.S. Dainik" was assimilated daily, by the volunteers. This newspaper provided daily information about the activities conducted. This year the unit organized two blood donation camps - the first in association with L.T.M.G. (Sion) Hospital, Borivali Blood Bank and the second with the help of Red Cross Blood Bank and Raheja Blood Bank in which 129 and 119 bottles of blood were collected respectively. Along with Blood donation camp, Thalassaemia check-up camp also was



Tree Plantation in the adopted village

conducted in association with the Rotary Club of Chembur and Think Foundation. 406 students got their thalassemia examination done. As a part of RRC (Red Ribbon Club) activity, the NSS unit organized a movie screening (Phir Milenge). The NSS leaders attended the MDACS Peer Educator Training workshop to spread awareness about AIDS/HIV among the students. The students gained knowledge regarding sexual health, know-how of HIV/AIDS, Life Skills etc. NSS volunteers participated in Area level program - AIDS Awareness Rally arranged by NG Acharya and D.K. Marathe College of Arts, Science and Commerce, Chembur. They also attended seminar on AIDS Awareness organized by Bunts Sangha Mumbai, Anna Leela College of Commerce and Economics in association with MDACS. The NSS unit of VESASC in association with Bone Marrow Donor Registry India arranged a Bone Marrow Donor Registration desk in which, 171 students registered for Bone Marrow Donation. The NSS unit of VESASC along with Hino Motors and Wadala RTO conducted a workshop on road safety measures for the students to sensitize them about road accidents -its causes and prevention. In addition to this, the volunteers helped the police on different occasions for example, for crowd

management during Ganapati festival, organizing the traffic on election day. A seminar titled MAHITI DOOT was arranged by the NSS Unit along with the NGO 'Anulom' to create awareness about different govt. schemes and policies. The NSS Unit arranged a help desk to conduct SHAMBAR TAKKE SHAI (voter ID registration camp) along with MONK PRAYOGSHALA for three days in August near Saraswathi Mandir of our college to help college students above 18 years of age, to register them as first time voters, through an online process. Some volunteers also got training in Mata Dan Jagriti Abhiyan at Mulund and Ghatkopar organized by the Election Commission Office. The main objective of this training was to spread awareness among the people about the significance of voting. The NSS Unit of the college took the responsibility of the Republic Day Parade. A squad of 23 volunteers representing our college participated in the parade organized by VES Trust like every year. NSS Volunteers participated in various awareness rallies on issues such as Malaria, Swachhata, Anti-drug, Diabetes, HIV/AIDS etc. The volunteers also participated in Bhajan Sandhya Programme, Ganapati brigade activity, National Youth Parliament, University level



Mock Parliament in progress

Yoga Training Camp. Two volunteers attended the Leadership Training program Camp organized by the University of Mumbai. As per the directives of Government of India (Ministry of Youth Affairs and Sports), the NSS unit organized “Swachhata Pakhwada” during August for spreading the message of cleanliness not only among the students but also in the surrounding areas. Under this project, the volunteers organised several activities. They arranged for a talk on the significance of cleanliness. This was followed by Oath taking on maintaining Swachhata. They carried out cleaning of college premises, classroom, canteen area etc. They conducted a rally in the nearby areas, Kokan Nagar, Vijaya Nagar, Navajivan Society etc. to spread the word of cleanliness. They also visited Kurla Railway Station, cleaned the platforms and painted the walls of Kurla station. In the month of June, NSS unit of our college planted 54 Alphonso mango saplings on the occasion of World Environment Day in an adopted village, Maldunge and also ensured their survival. On International Yoga day, NSS Unit along with Value Lab arranged a Yoga session for the students. This was followed by three days yoga session. The NSS unit celebrated several National days in the college

campus, namely, Constitutional Day (26/11/2019), NSS Day (24/9/2019), Rashtriya Ekta Diwas/ Unity Day (31/10/2019), National Peace Day (20/1/2020), National Girl Child day (24/1/2020) etc. As per the directives of Government of India, the Constitution day was observed grandly followed by taking the National Pledge. During a special camp, a Quiz competition was organized by a committee member to test the knowledge of students regarding the Constitution. The NSS unit conducted the event Mock Parliament in which 20 volunteers participated as members of ruling, opposition and Independent parties. This activity helped them to learn quick decision making, team work and the functioning of the parliament. Topic discussed was The POCSO Act. The unit arranged the Live Display of Inauguration Session of FIT INDIA Movement in AV Room of our college to create awareness regarding the importance of fitness in our lives. Five volunteers and NSS Programme Officer Mrs.Sunita Choudhury attended “Bottle for Change”, a training workshop along with Bisleri International Pvt. Ltd. at Andheri. Under Plastic ban activity, a seminar was conducted in our college to make the students aware about reuse and recycling of plastic.



A session during the 7 day NSS Residential Camp

95 students participated in this event. Nine kilograms of plastic was collected by volunteers and submitted to Bisleri International Pvt. Ltd. During flood time in the month of August, 2019, the NSS unit had arranged a Flood Donation Drive for helping flood affected people of Sangli, Satara and Kolhapur. They collected Rice, Dal, Medicines, Sanitary pads, Tea powder, Biscuits, etc and sent these to the affected areas. The volunteers also helped Lion's Club of Chembur for three days in packaging of the things to be donated for the flood affected people of Kolhapur. The NSS unit also worked in one of the Innovative Project called "Library Set-up". On the occasion of Gandhi Jayanti, NSS volunteers were able to set up a library in the adopted village Kombaltekdi. 139 books comprising of text books, story books, novels, drawing books etc. were kept in the library for the benefit of under-privileged children. NSS Unit of VESASC, Chembur conducted a District level activity, "Musafir Chale Odisha", under the Ek Bharat, Shrestha Bharat program. This year, the State of Maharashtra was paired up with Odisha. The event began with National Anthem, followed by the lighting of lamp. A classical Odissi prayer dance, a Marathi dance, Shadow Puppetry show called Raavan Chaya and a Sambalpuri folk dance were a part of the colorful program. As a part of social responsibility, the NSS unit conducted several activities during the lockdown period to spread

awareness and fight the Covid-19 pandemic through Social Media. Some students worked with a NGO for distribution of food to the needy people. 7 videos and 5 digital posters were made by 22 volunteers. Three poems regarding the life after lockdown were also posted on social media handles. Online Inter-Collegiate poster competition was organized during the lockdown on the subject 'India against Covid-19'. 55 students participated in this Competition. With the efforts of NSS volunteers, around 450 students downloaded the Arogya Setu app. Apart from this, 28 volunteers took the basic response training from the 'iGot'- central government app. The NSS unit along with NGO Neeru Foundation, run by our NSS alumni Ms. Kajal Waghela distributed 2500 masks arranged by the College management authorities in many areas of Chembur Camp, Indra Nagar, Old Barrack, MS Bldg., Sion Dharavi. The masks were also distributed among homeless people-living near Chembur station, roadside people on P.L. Lokhande Marg, Vashi road and among people migrating from Mumbai to other cities. Throughout the year, students participated in many Inter-Collegiate Competitions such as UDAAN conducted by S. K. Somaiya College, VISMAYA, conducted by Bunts College, PRARAMBH conducted by Rajiv Gandhi College, EKATVA conducted by Valiya College, SPHURTI conducted by Maharshi Dayananda and won several prizes.



A visual from the 'Ek Bharat Shreshtha Bharat' programme



A glimpse of the Blood Donation Camp

Sports

Life at VESASC is not just about academics. The Sports department ensures that students get an opportunity to showcase their talents in various sports. The Sports department is also responsible for maintaining the sports facilities and conducts various sports tournaments and events that are filled with intense competition and spirit.

The department had two talented sports coaches, Mr. Abhishek Nikshe and Mr. Pratik Pawar this year, who not only trained students to improve their physical fitness and techniques in various sporting events, but they also motivated the students to be mentally strong, which is a very important aspect of any game. A Sports week was held like every year which gave a platform for the students to showcase their sporting skills. Students were also encouraged to participate in various reputed sports tournaments which helped them to gain experience.

Annual sports meet is one of the mega events of the college. Many students participated in various sports events organized during this period. This year Indoor events were conducted from 6th to 10th December 2019 and outdoor events on 18th to 21st December 2019. As a part of the Annual Sports Meet, the college organized competitions in the following sports: Indoor Events - Badminton, Table Tennis, Carrom and Chess; Track Events - 100M, 200M, 400M, 800M, 1500M, Relay 4 X 100M for Men and Women, 5000M Men; Field Events - Discus throw, Shot put, Javelin throw and Long jump; Team Events - Cricket, Football (Men), Volleyball, Kabaddi, Kho-Kho and Tug-of-War.



Men's Run

In Athletics competition, Mr. Siddhesh Gaikwad (T.Y.B.Sc. IT) was awarded Best Athlete (Men) and Ms. Pooja Yadav (T.Y.B.Sc.) was awarded Best Athlete (Women).

Mr. Maheshwar Vijay Ujagare (S.Y.B.Com.) and Ms. Pooja Yadav (T.Y.B.Sc.) won the prestigious Overall Best Sportsperson Award for the AY 2019-2020 for their achievements in sports in various competitions.

The sports department would like to thank all the students for their great response, participation and achievements for the college. And also hopes that the enthusiasm will remain high for the next academic year as well.



A badminton game in progress



Inauguration of Annual Sports Meet



Checkmate



Mr. Maheshwar Vijay Ujagare felicitated for his achievements in aerial sports



Mr. Abhishek Pandey felicitated for securing 8th position in University Boxing Tournament



Ms. Pooja Yadav felicitated for winning Silver medal in 5 km Run in University Competition



Mr. Harish Shah felicitated for his achievements in Karate Competitions



Women's Kabaddi Event



Cricket team after winning their second round match against SIWS College at Oval Maidan



Girls team receiving Tug-of-War Championship Trophy in Yuva Khel Summit 3.0



Cross country team for a University competition at Lanjha, Ratnagiri



Athletics squad for University Athletics Meet



Felicitations of Boys Relay team



Felicitations of Girls Relay team



Mr. Maheshwar Vijay Ujagare and Ms. Pooja Yadav won the prestigious Best Sportsperson Award

Sindhi Circle

The objective of the Sindhi Circle is to promote the language and to continue motivating the younger generation in order to preserve the Sindhi Language and the Sindhi Culture. The Sindhi Certificate, Diploma and Advance Diploma courses were conducted in coordination with National Council for Promotion of Sindhi Language (NCPSL) like every academic year. Lectures were conducted on Saturdays, during the zero hour time. Exams were held in the last week of December. This year, a total of 153 students enrolled out of which 134 enrolled for Diploma, 18 enrolled for Certificate and one student enrolled for the Advanced course. The Sindhi Circle conducted an induction programme in the month of July 2019 for Sindhi students. This programme involved, introduction of Sindhi teachers, Sindhi students and planning of activities for the academic year. The Sindhi Circle motivates our students to participate in various Sindhi based intra and inter-collegiate festivals. A total of 11 students from various streams participated in the "Fashion Show" event, at an Inter-Collegiate Cultural Competition "JASHAN" (A Celebration of Sindhiyat), for The Grand Sindhi Wedding organised by R. D. National College. One of our students Ms. Simran Lund (S.Y.B.A.F.) was



Best Choreography Award won by our students at Sindhi Fashion 2.0 organized by Sindhu Youth Circle (Ulhasnagar)

awarded the Best Female Model title and secured the first prize. This achievement was possible, because of the guidance from our alumnus, Mr. Sagar Gidwani and repeated rehearsals taken by our teachers Mrs. Varsha Ahuja, Dr. Ritika Makhijani and Ms. Harsha Chugh. Seven Sindhi students participated in an inter collegiate competition SINDH - FUSION 2.0 organized by the Sindhu Youth Circle (Ulhasnagar). The Competition was held amongst students of various colleges across Mumbai for "NIRTIYA NATIKA". Our students bagged the Best Choreography Award along with a cash prize of rupees two thousand. The training and preparation of our students was overseen by our very talented alumnus, Mr. Mohit. Karira. The Sindhi circle will continue with the same zest and hopes for enthusiastic participation from our students in various activities which will promote the Sindhi language and culture.



Felicitation of Sindhi prize winners



Students performing in the Fashion Show at an Inter-Collegiate Cultural Competition JASHAN, a celebration of Sindhiyat

Annual Day

The Annual Day forms an integral part of our college activities which was celebrated on 14th January, 2020 for this academic year with great elation and grandeur. The spectacular evening began with the auspicious lighting of the ceremonial lamp by all the esteemed and distinguished guests accompanied by Saraswati Vandana presented by a group of students under the guidance of Mr. Santosh More, our in-house music teacher. An invocation dance to Lord Ganesha was performed by one of our talented students. This was followed by a unique 'Jugal Bandi', an instrumental programme where the students showcased their talents in playing different musical instruments which was widely applauded and enjoyed by the guests and audience. The prize distribution ceremony started with the presentation of annual report accentuating the progress of the college for the academic year presented by the Principal Dr. (Mrs.) Anita Kanwar. The Trustee members and the guests felicitated the academic achievers of the year in the presence of their proud parents and expressed their views regarding the vision and mission of the college. The young minds sitting in the audience were highly motivated by the display of the prizes received by their fellow batch mates. After this auspicious ceremony, Dr. P.S. Pasricha, Ex-Police Commissioner, Mumbai Police and Ex-Director General of Police of Maharashtra State, the Chief guest of the ceremony presented a token of appreciation to the

college team and outlined the aim of imbuing a strong value system in the young aspirants. He also urged the parents to lay emphasis on inculcating the same. The cultural program started with a NSS skit on the theme of "Road Safety" where students tried to sensitize the audience regarding the traffic rules and regulations and also emphasized on safe driving. This was followed by a fabulous Dance Drama, staged with the help of college alumni who conceptualized and choreographed the entire play describing the intense social media addiction of students. The drama also projected the anxiety and depression faced by the present generation.

The Orchestra recounted the advent of 'Saat Sur' (Seven Swaras) through some mesmerizing musical performances by the college students. The existence of music and its spiritual essence truly did its magic on the audience.

The Fashion show was indeed a visual treat for everyone and the last but not the least, the Group Dance established the tradition of Indian culture in the form of a folk dance. Fillers such as lezim dance and interaction with the audience and teachers were conducted in between the performances and added cheer to the already colorful program.

The programme ended on a happy and positive note with the recitation of our 'National Anthem'. The exhilarating show was an unforgettable experience and left a long-lasting impression on the minds of everyone present.



Chief Guest Dr. P.S.Pasricha, Ex-Police Commissioner, Mumbai Police and Ex-Director General of Police of Maharashtra State



Felicitation of Chief Guest Dr. P.S.Pasricha by Trustee Members



Fashion Show



Dignitaries on the stage



Skit by NSS Volunteers



Lighting of the lamp



Performance by students



Singing to the tunes of the Orchestra



Prize Distribution



Glimpses of the Dance Drama

Forum Activities

“Everybody is talented because everybody who is human has something to express.”

— Brenda Ueland

Our college has a provision of the forum slot, in which no lectures are scheduled so that students can use this period to nurture and practice their gifts of talents like singing, dancing, writing poetry or essays, making clay idols or drawing, painting etc. The forum slot is incorporated in the time table in order to promote talents of various kinds among students. During this time of 50 minutes each week, students come together and showcase the various talents that they possess. Performing arts, fine arts and literary arts are the areas in which multiple activities are organized for students, in which they compete with each other. Through this, each participating student gets a chance to express his/her talent before an appreciative peer audience.

The objective is to provide a platform to students for nurturing their talents in various extra-curricular activities. This year the committee for forum activities decided to change the format from forum clubs that were experimented with for the last couple of years to competitive events performed before a huge in-house audience. The transition as well as the dearth of space for the conduct of Forum activities led to a huge drop in participation. Despite the constraints four competitive events were held in the first semester.

The first event of the year was solo singing, the conduct of some parallel events led to the unavailability of many students who had wished to compete. The second event was Ganesha idol making. This event was scheduled just before the Ganesh Chaturthi break, which led to a huge participation from students who were interested in making their own eco-friendly

Ganesha. The students interested in participating outnumbered the number for whom the eco-friendly clay could be arranged, so registrations were curbed. Students had to be paired to accommodate 42 in all. Students were very happy at the end of the session as they not just sculpted their own Ganesha idol, many even managed to paint and decorate them. A competition of Dumb Charades was also arranged.

The maximum participation came for “Vivekanand’s Got Talent” (VGT). This event allows all forms of performing arts to be showcased. A kaleidoscope of multiple talents were displayed during this event. This event also attracted a lot of young talent, so much so that registrations had to be closed and students had to be refused due to time constraint. All participants enjoyed displaying and performing their talents and the very encouraging student audience made the event a huge success. VGT was the last event of the Forum slot, Forum activities are confined to Term 1 as Term 2 has “Talentia”. A lot of students from the Student Council worked to bring talented youngsters together for these events.

All of us are talented in our unique way. We just need to recognize our capacity and develop our talents to their full potential.



A packed hall during VGT

Talentia

"A nation's culture resides in the heart and soul of its people."

- Mahatma Gandhi

Talentia is a reflection of the culture of VES. Talentia, the annual cultural festival of our college works with the objective of providing a platform to students to exhibit their talents in a variety of cultural events that fall under the categories of Performing Arts, Fine arts and Literary arts. The theme for this year was 'Navrasa' meaning 'Nine Emotions'. The nine emotions included in Navrasa are Shringara (love/beauty), Hasya (laughter), Karuna (sorrow), Raudra (anger), Veera (heroism/courage), Bhayanaka (terror/fear), Bibhatsya (disgust), Adbutha (surprise), Shantha (peace or tranquility), all the emotions humans are capable of expressing. This theme was the basis of all aspects of the festival including the backdrop of the stage which portrayed nine Kathakali dancer's faces expressing these emotions. To set the festive atmosphere, we had a Prelude to Talentia on 7th, 8th and 9th



Talentia Inauguration Ceremony

January 2020 where students celebrated Red and Black day, Rose day, wear your culture day, Chocolate day and Twins day.

The two day event was well managed and organized under the guidance of Trustee in-charge of our college Adv. Shri. Laxman Kanal, Principal Dr. (Mrs.) Anita Kanwar, Vice Principal Dr. (Mrs.) Santhini Nair, Executive Administrator Rita Vazirani, Convener Talentia - Dr. (Mrs.) Sadhana Singh, Co-convener - Mrs. Varsha Ahuja and the Core team.



Bridal makeup participants along with Fine Arts Team

Day one of Talentia began with Fine arts events like Rangoli, Mehendi, Cold meal, Collage making and many more. There were about 100 students participating in these events. The Literary arts events were also happening simultaneously in full swing in other classrooms. These included competitions in poetry writing, story writing, debate etc. The Performing arts events started by noon, in the grounds of VES. The Solo and Duet dance performances were judged by Mr. Farhan Shaikh, Ms. Laxmi Nair and Ms. Nidhi Geria. The prestigious title event, Mr. and Ms. Talentia stole the show where all the six participants displayed their versatility. The singing competitions, both solo and duet were judged by Mr. Sanjeev Padawe and Dr. Dimple Padawe, renowned names in orchestra singing. The final event of the day, Fashion show was judged by Ms. Priya Gibile and Mr. Dhanesh Kandhari. Overall it was a very fun filled day with all the venues – quadrangle, stilt area, classrooms, auditorium bustling with activities, playful students and an enthralled audience.



Talentia Core Team

Day two also saw an equally energetic participation, an admirable line of events and an attentive audience. A new event, Rapping was included on popular demand. This was judged by known Rapping personalities Mr. Krunal Panchal and Mr. John Mathew. The most awaited event of the day, Group dance left the audience roaring with chants of “Once more”. Mr. Piyush Sen, Ms. Meghana Sheth and Ms. Swana Mishra judged the dances.



Winners of Mr. Talentia (Mayur Khankal) and Ms. Talentia (Aishwarya Patole) Competition



Winners of Group Dance along with Judges

All the performances were jaw dropping and students performed almost like professionals. The judges also confessed to having a tough time deciding the prize winners.

Overall, S.Y.B.Sc. (Biotechnology), with a score of 342 points, won the Best Class Award for Talentia 2019-2020.

All in all, Talentia was indeed a grand success

and it was only possible due to the conscientious efforts of student volunteers, student council members and teacher in-charges. As a value addition this year, Talentia was covered by the popular "The News 21" online platform as well. We look forward to making Talentia 2020-21 even bigger than before.



Skit Performance



Traditional Dance Performance



A stunning group performance



Nail Art Competition



Strike a Pose- Students during Fashion Show



Felicitation for the Singing competition

Students' Council

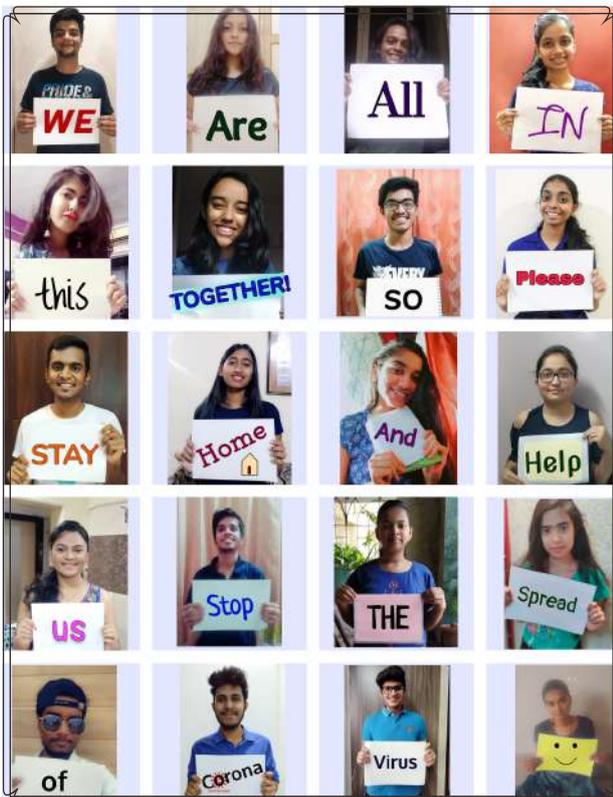
The Students' Council conducted a number of different activities throughout the academic year. The year started with the Students' Induction programme. The purpose of this programme was to welcome the first year students and to introduce them to different activities conducted in the college. It was an interactive programme in which college activities like Talentia, Vivekanand's Got Talent (VGT), Sports, Ranbhoomi and others were showcased through dance, music, debate etc. The students were also provided information about the different committees in college like the Students Council, WDC, Go Green committee etc. Council members helped in organizing different Forum Activities. Forum activities provide students with a platform to take part in different activities like dance, music and drama. Students' Council helped in the conduct of VGT, a competition in which students were encouraged to showcase their different talents. Not only did the council members arrange the programme but also participated in it. Council members took up the responsibility of conducting Talentia, the intra collegiate annual



Demonstration during the Students Induction Program

festival and also the Annual Day. The two day festival could be successfully conducted because of the able student volunteers who shouldered the responsibility with enthusiasm. The festival included a three day prelude which also was conducted by the council members with equal zest. The Students' Council volunteered in different events conducted by the Women Development Cell and Internal Complaints Committee. Ranbhoomi, the annual intra college debate competition was conducted and saw student participation in large numbers.

During the lockdown period, the Council conducted an online activity called "Life in a Lockdown" wherein the students were asked to share their stories, poems or videos of things they were grateful for during the lockdown. The main aim of the activity was to keep the students engaged and help them overcome the stress and anxiety they are going through in this difficult period. Council members also helped in organizing a webinar conducted by the Department of Psychology called "Emotional Well being of College Students during Covid-19".



Below given are the names of the Students Council members of this year:

Names	Department	Post
NEELAKSHI JOSHI	TY BA Psy.	General Secretary/ Lady Representative
DIVYALAKSHMI BELCHADA	SY BSC CS	Vice General Secretary/Cultural Secretary.
MAHIMA KARANDE	TY BA Psy	CR
NIMISHA JATOLIYA	SY BAF	Director of communication
PUSHKAR PATIL	TY BSC CS	CR
NAVYA POOJARY	SY BSC BT	NSS Representative
MAHESHWAR UJAGARE	SY BCOM	Sports Representative
PRIYANKA PAL	TY BSC	Lady Representative
GAURAV PATEKAR	TYBSC Micro	CR
RUTVIK GORI	TY BSC BT	CR
NEMICHAND KAVARIYA	TY BCOM	CR
KARAN MUJADHI	TY BAF	CR
RAHUL GUPTA	TY BBI	CR
HRITIK KHITANI	TY BFM	CR
SHREYA THOMAS	TY BMS	CR
POOJA HEMDEV	TY BMM	CR
MAHEK MIRGH	SY BA	CR
DIPANUTA BEHRA	SY BSC	CR
AMAR SHARMA	SY BSC BT	CR
NAUSHEEN PARKAR	SY BSC CS	CR
MADHUMITA KUMAR	SY BSC IT	CR
MAYTREYI BOKIL	SY BCOM	CR
NEHA SHAIKH	SY BAF	CR
SHAMA ALI	SY BBI	CR
KASHISH BHOIR	SY BFM	CR
VIBHAV PAWAR	SY BMS	CR
KIRTI MOHANANI	SY BMM	CR
SAUMYA RAO	FY BA	CR
SHAIKH TABASSUM	FY BSC	CR
GAYATRI KULKARNI	FY BSC BT	CR
BHAVESH BHODKE	FY BSC CS	CR
SHREY SARKI	FY BSC IT	CR
MEGHNA HARESH	FY BCOM	CR
SHAISTABANU RIAZ M	FY BAF	CR
SEJAL GAGWANI	FY BBI	CR
ROBINSON ROY	FY BFM	CR
KETAKI GOKARSHA	FY BMS	CR
RAHUL PRITMANI	FY BMM	CR

मराठी वाङ्मय मंडळ

विवेकानंद शिक्षण संस्थेच्या कला शास्त्र आणि वाणिज्य महाविद्यालयातील मराठी वाङ्मय मंडळाने खालील कार्यक्रम आयोजित केले.

१. **रिमझिम** : या वर्षी मराठी वाङ्मय मंडळाचे उद्घाटन ३० ऑगस्ट २०१९ रोजी 'रिमझिम' या कार्यक्रमाने झाली. यात विद्यार्थ्यांनी नृत्य, गायन, नाटक, कविता वाचन असे विविध कला प्रकार सादर केले.

२. **गुरु पौर्णिमा** : गुरुपौर्णिमेचे औचित्य साधून या वर्षी कार्यक्रमाचे आयोजन केले गेले. यात विद्यार्थ्यांनी आणि शिक्षकांनी गुरु विषयी आपले विचार सादर केले.

३. **मराठी भाषा दिवस** : २७ फेब्रुवारी २०१९ बुधवार रोजी महाविद्यालयाच्या सभागृहामध्ये साजरा केला. या कार्यक्रमाला मराठी अभिनेत्री मैथिली जावकर यांची उपस्थिती लाभली. त्यांनी सिने सृष्टीतील आपले अनुभव व्यक्त केले तसेच भारतीय सिनेमातील मराठीचे योगदान या बद्दल मनोगत मांडले. मराठी वाङ्मय मंडळातर्फे वर्षभरात घेण्यात आलेल्या विविध स्पर्धेतील विजेत्यांना पारितोषिक वितरण करण्यात आले.

४. **डॉ. आंबेडकर जयंती दिन सोहळा**: निमित्त ऑनलाईन निबंध स्पर्धा आयोजित करण्यात आली.

५. **निबंध स्पर्धा**: मुलांचे लेखन कौशल्य आणि विचार अभिव्यक्त करण्याची शैली वाढवण्यासाठी निबंध स्पर्धा आयोजित करण्यात आली होती.

६. **पुस्तक प्रदर्शन**: महाविद्यालयातील ग्रंथालयात

पुस्तके प्रदर्शनात ठेवण्यात आली.

७. **विद्यार्थी सहभाग** : विद्यार्थ्यांनी विविध आंतरमहाविद्यालयीन कार्यक्रमातही सहभाग नोंदवला आणि बक्षिस जिंकली. विवेक वारभुवन (FYBCom) या विद्यार्थ्यांनी खालील प्रमाणे बक्षिस जिंकली:

डिसेंबर २०१९ रोजी मिरज येथे झालेल्या राज्यस्तरीय वक्तृत्व स्पर्धेत त्यांनी प्रथम पारितोषिक जिंकले. त्याच प्रकारे त्यांना निबंध लेखनात तिसरा पुरस्कार मिळाला (आंबेडकर विद्यार्थी संघटना, २१/०१/२०२०). अमर हिंद मंडळ, दादर येथे झालेल्या राज्यस्तरीय वक्तृत्व स्पर्धेत त्याला उत्तेजनार्थ बक्षिस मिळाले.

ठाणे येथे झालेल्या डॉ. नी. गो. पंडित राज्य स्तरीय वक्तृत्व स्पर्धेत त्याला उत्तेजनार्थ बक्षिस मिळाले. कविता स्पर्धेत त्याने वास्तववादी कवी पुरस्कारही जिंकला (रुईया महाविद्यालय). त्यांनी लिटफेअर वक्तृत्व स्पर्धेत प्रथम पुरस्कारही जिंकला (शेठ महाविद्यालय, ठाणे). त्यांनी वक्तृत्व व निबंध लेखनात मराठी वाङ्मय मंडळामध्ये प्रथम पुरस्कार जिंकला.

यशवंत भोसले कॉलेज ऑफ फार्मसी, सावंतवाडी, सिंधुदुर्ग तर्फे आयोजित राष्ट्रस्तरीय वक्तृत्व स्पर्धेत विवेक वारभुवन (FYBCom) यांना महाविद्यालयातील गटातून तर कुणाल कुमार शेलार (Asst. Professor) यांना खुल्या गटातून प्रथम पारितोषिक मिळाले.

मंडळाच्या सर्व कार्यक्रमांना विद्यार्थी, शिक्षक-शिक्षकेतर कर्मचारी यांचा भरघोस प्रतिसाद लाभला.



मराठी भाषा दिवस उत्सव दिवस

Satyanarayan Pooja



Vivekanand Education Society's Yoga Academy

We at Vivekananda Educations Society's College of Arts, Science and Commerce have long realized the need to motivate and encourage our students and staff Members to practice Yoga. Vivekanand Education Society's Yoga Academy was established under the guidance and support of Adv. (Dr.) Shri Laxman Kanal, Principal Dr. (Mrs.) Anita Kanwar & Ms. Rita C Vazirani, Executive Administrator VES College of Arts, Science & Commerce in January 2019.

Ms. Rita Vazirani who has completed her BA in Yoga Shastra and is a QCI Level 2 qualified Yoga teacher with over 24 years of teaching experience in Yoga and has played a key role in coordinating and managing the smooth conduct of the Classes not only for students but also for Staff Members of Vivekanand Education Society. Her focus has always been to motivate students to learn and gain innumerable benefits from the practice of Yoga. The last Academic Year saw especially Staff Members across all VES Institutes take great interest in learning and practicing Yoga. Yoga classes were conducted thrice a week from 4.30 pm to 5.30 pm on most Working Days except for Bank Holidays. Methods of Yoga

Practice includes three Forms; Mantra Jaap and Meditation, Practicing Asanas (Poses) and Pranayamas (Breathing Practices). Mantra Jaap: Often when we sit down to meditate our mind jumps from one thought to another, making it difficult to focus our attention. Chanting distracts the mind from frivolous thoughts, helping to anchor the mind in concentration. The vibrations from mantras have the power to rearrange our molecular structure. Each sound has a distinct vibration, and as a result, each mantra has a different effect. All sounds affect your molecular structure. Various Mantras like Om chanting or simple meditation techniques of just watching our breaths can have immediate effects of calming a stressful mind and helping one experience stability and bliss. Practising Asanas (Poses): Physically, the practice of asanas has been claimed to improve flexibility, strength, and balance; to alleviate stress and anxiety, and to reduce the symptoms of lower back pain. As life becomes sedentary it is even more important for students to take up practicing Asanas.



International Yoga Day Celebrations

Pranayamas (Breathing Practices): Pranayama is the formal practice of controlling the breath, which is the source of our prana, or vital life force. Controlled breathing by pranayama techniques lets us hold the horses of our mind, help keep calm, enabling students to think wisely, thus helping them take correct decisions. It eventually makes us stress-free and happy.

Apart from regular practices of Meditation, Asanas and Pranayams, our experienced teachers have conducted new and innovative form of Yoga sessions for all Students. Starting from Neuro Yoga (emphasizing on brain and body coordination) Chair Yoga (enabling even seniors or physically challenged students to practice Yoga) and even Garba Yoga, our teachers have always kept our students excited and intrigued to attend sessions. This year International Yoga Day was also celebrated with great vigor in association with the N.S.S Unit of the College. Considering the Pandemic and restrictions on gatherings, the N.S.S Unit of the College in association with VES Yoga Academy conducted an online training programme on Monday, 22nd June 2020 where students and staff members were trained by Rita Madam and other learned yoga practitioners from the N.S.S Unit. The event was a great success and appreciated by all with over 56 participants attending the online training programme from the comfort of their home. Another fun event was that of Garba Yoga/ Dance Yoga where participants danced

their way to good health. This session was conducted during the auspicious festival of Navratri and was really appreciated by all. With the advent of the new Academic year and the pandemic resulting in restricted travel, panic over the risk of infection, uncertainty regarding the future and continuous flow of negative news are all adding to growing anxiety amongst students thus it has become even more vital to incorporate Yoga into the lives of Staff members and students. The IQAC & Research Circle of Vivekanand Education Society's College of Arts, Science & Commerce in association with Vijnana Bharati, Mumbai organized a Four Day National Webinar from 9th to 12th June 2020 inviting industry experts to talk on the theme of the Webinar "Steering HEIs in the wake of Covid -19: The Way ahead for Academia. In addition to the talks, Presentations were invited on Innovative Idea's on various themes of the seminar; Participants from across various fields gave presentation on diverse topics sharing innovative ideas. One such presentation was made by Ms. Rita Vazirani highlighting the need to integrate Yoga in the lives of students and staff Members especially with the current scenarios. Her presentation was highly appreciated by all and was even awarded. Her presentation emphasized that VES Yoga academy aims at motivating more and more participants and widening its reach in the years to come.



Latitude: 19.048125
Longitude: 72.890203
Accuracy: 23.5m
Time: 12-19-2019 12:43
Note: Induction Program Aided & SEC

**Yoga session during Teachers' Induction Programme by
Ms. Rita C. Vazirani, Executive Administrator, VESASC**



**Ms. Rita C. Vazirani, Executive
Administrator, VESASC and
Yoga Academy Coordinator**

Department of Lifelong Learning and Extension (DLLE)

You have to grow from the inside out. None can teach you, none can make you spiritual. There is no other teacher but your own soul.

.- Swami Vivekananda

In the Academic year 2019-2020, we had two achievements at UDAAN – the Intercollegiate festival of LLE. The first prize for poster and consolation prize for street play was bagged by our students. This year the department organised a two day exhibition on various career avenues for all the faculty under the Career Project (CP) of the DLLE. The exhibition was conducted for the first time on such a large scale. From this academic year, the department started its Annual prize distribution ceremony for appreciating the efforts of winners and student managers. Like every year, the LLE activities began with an orientation programme wherein the students were briefed about the program and enrolments were started. The DLLE participated in two activities this year: Population Education Club (PEC) and Career Project (CP) according to the University guidelines. The total enrolment was 571 students i.e. 286 students for PEC and 285 students for CP. Twelve teacher coordinators carried out the monitoring of all the activities of the department that accounted for 120 hours of student activities as given by the guidelines.



Winners of the Poster Competition at UDAAN



Financial Literacy Seminar by CGSI

The Career project was taken up by all the third year students. Stress management, anger management, gender sensitization through Swaman (6 sessions for boys and girls) and Campus to Corporate sessions were organised for the students and were conducted by VESLARC. The students made brochures, conducted interviews and presented their work in the form of an exhibition so that all the students would benefit from the information. The exhibition was a great success with 395 students visiting the stalls. Under the Population Education Club, 13 different activities were conducted including talks, street plays, poster competition, workshops and awareness sessions. Eight students attended a Disaster management workshop organised by Satya Sai Seva Trust, Andheri, Mumbai and got acquainted with the different techniques in disaster management and further went on to dissipate this information to the other students. A 'Financial literacy and Consumer Rights' session was conducted in association with CGSI and was attended by 300 students.

Fifteen students participated in plastic awareness and water conservation drive as a part of Jalshakti Pakhwada, an initiative of the University of Mumbai in the month of November. Students attended a session on Risk management and financial literacy. A workshop was conducted on cyber and sexual crime and security for students by Women against Cyber Abuse Foundation (WACA) and 150 students attended the same. In this session, self - defence techniques were also demonstrated to the students.

A session on Health and Disease awareness for the faculties other than the science stream was conducted by the science students and they were made aware of nutrition, reading of blood reports and awareness for diseases like Malaria,

Dengue and Tuberculosis.

Best posters were screened for UDAAN and the poster entitled 'End Rape Culture' bagged the first prize. This year the street play was polished by theatre expert Mr. Jagdish Makwana and the students bagged the consolation prize for the street play entitled 'Male Molestation' at the UDAAN festival.

The activities ended this year with the annual prize distribution for the UDAAN festival and college winners. At this function the efforts of the student managers were appreciated. The winners were given certificates, trophies and cash prizes.

Overall 2019-20 was a fruitful year with many programmes and activities conducted for the students and by the students.



Consolation prize for Street Play at UDAAN 2019-2020



Exhibition on Careers

Outreach Cell

The outreach cell offers social and extension services to people in and around Chembur. This cell functions mainly by the active participation and contribution of our students under the able guidance and supervision of the Outreach committee. The purpose of the cell is to sensitize the students regarding the problems and hardships faced by physically, mentally and visually challenged members of our community. Our college is in collaboration with the NGOs and institutions such as NASEOH, Goonj and Umang to carry out this endeavor.

The outreach cell undertook several activities during the academic year 2019-20. Our college wholeheartedly supported NASEOH in its endeavors to provide opportunities to people with disabilities to lead a dignified life. NASEOH is an NGO, located in Chembur, working for the empowerment of children and adults who are physically challenged and visually impaired. Our college played a major role in conducting their Job Fair to facilitate employment of persons with disabilities. The huge event which lasted an entire day, saw around 40 hiring corporates and more than 800 job aspirants. 101 students from our college, under the supervision of the staff



Students volunteering at the NASEOH Job Fair

members, volunteered to manage the logistics of the event. They did a stupendous job in coordinating the various functions such as registration, managing the stalls, crowd handling outside the gates, etc. During the annual donation drive of NASEOH, a sum of Rs. 45,000/- was raised by the students. An MoU with NASEOH is under process.

The cell organized a five day, clothes collection drive from 2nd - 7th October 2019 on behalf of the NGO Goonj as part of their 'Dil ki suno, kuch karo' (Listen to your heart, Do something) campaign, which urges everyone to give back to the world we live in. This year, Goonj worked across 8 states with people badly hit by monsoon floods. Our students and staff contributed 21 bags of material.

The outreach cell looks forward to more events and strategies to help the needy, deserving and physically and mentally challenged children of our society. Over the years we have seen our students not only learn but also enjoy undertaking such programmes which our college is proud to organize for the neighbourhood community.



Principal and Outreach Cell members handing over the Annual Donation to Mr. Vijay Rane, NASEOH

Library

"What a school thinks about its library is a measure of what it feels about education."

— Harold Howe

All our activities, services and efforts are directed towards enrichment of our library for our stakeholders. We have redesigned the library website so as to facilitate access to more open resources. We have also given due importance to building and nurturing the library, its physical collections, to ensure that our staff and students get the best possible services.

Some of our programmes are annual activities, but this year we also conducted information literacy sessions which were well received by our students. These included, Monthly Displays on various themes like Women Achievers, Competitive Examinations, Indian Constitution, Mahatma Gandhi, APJ Abdul Kalam, Popular science books, Entrance exam collection etc. A Special display on various types of Research Reports for UG students of Science was arranged. Selected books were displayed in association with Accountancy and Microbiology department. Apart from this a display of books from the point of view of conducting an Annual Book Review Competition was also arranged.

There were two sessions conducted by the Library for the students, one for Microbiology and, Biotechnology on E- Resources. The second Session was conducted on "Plagiarism Prevention and Good Practices" by Dr. Satish K., Head, Sir Dorabji Tata Memorial Library, TISS, Mumbai. Library also conducted an orientation for the first year students of all classes in the months of July and August 2019. This year the total library expenditure was to the tune of Rs. 6.55 lakhs for books and journals. The Library procured 1704 books in the Academic Year 2019-2020 from various budget heads worthy of Rs. 5.15 lakhs.

The library staff attended several staff development programs and training which included, Soference 2019: the 5th National Level Social Conference on "Emerging Technologies and Innovative Practices in Libraries", training on "Academic Integrity in Research: Tools and Techniques" and "Scholarly Communication and Scientometrics" at ACTREC Mumbai.

The COVID-19 pandemic lead to sudden closure of the library, but at the same time it has opened up several opportunities to explore more electronic resources and open educational resources and will continue to serve our staff and students.

HOW TO DEVELOP READING HABIT
brought to you by:
Smart Habits (www.SmartHabits.in)

- Place few books beside the bed.
- Before hitting the sack, pick a book.
- Read just 8 pages in 10-15 mins.
- Read 1 book in 30 days.
In 30 days, you would have read 240 pages. That's 1 book on average.
- Cherish the result by talking about the book with friends & over social media. It will motivate you.
- In 1 year, you would have read 12 books!! If you are 25 now, by reading only for 10 mins a day, you would have read 600 books by the time you turn 75!!

www.SmartHabits.in

Career Guidance and Placement Cell

"Success is a personal standard, reaching for the highest that is in us, becoming all that we can be.

- "Fig Figlar

For the final year student, placements give an opportunity to gain work-related skills in their area of study. It also helps in inculcating employability skills to get ready for real - life work. It also makes the students acquainted with the knowledge of a particular industry or sector. This in turn makes them successful and confident in taking the right decisions for their career in the future. With respect to the holistic development of our students and making jobs available to them, the Career Guidance and Placement cell conducts many grooming sessions, seminar sessions and off and on campus placement opportunities for the students. The placement cell thus tries to bridge the gap between Academia and Industry. Sessions were conducted for Soft Skills development, overall Career Guidance and for introduction of new avenues to the students.



Session On Resume Writing, Group Discussion and Personal Interviews

One such interesting session was conducted by Ms. Sharvari Kotnis Majumdar on "It's not just about a job" related to career options after graduation for 30 students of TYBSc Computer Science. A lecture on "Career avenues in the Industry for Biology and Chemistry graduates" was arranged for BSc and MSc students of Microbiology, Biotechnology and Chemistry. Another workshop on "Resume Writing and Group Discussion" for 250 third year students of all courses was conducted.



Students selected in Willis Towers Watson

All three sessions were highly appreciated by students. Besides these sessions, some students also completed Internships. Three students of SYBSc Computer Science completed an Internship for Tata Power Company's NGO, Dhaaga for about 6 weeks, to digitize their work by developing a software for them using MySQL and Python. Six students of second year and third year Computer Science finished internships in summer/winter vacations through Internshala and/or for various clients.

In the academic year 2019-2020, the placement drives were conducted from August to February in the form of on and off campus and pooled campus placements. A total of 20 companies from different streams participated in the same.



CS IT Internship Fair



Pre Placement Talk by World Vision India



Aptitude Test for Centum Accuro



Go Green

Go Green Committee works on the principle that "Save the nature to save the future, make a safer environment for a better tomorrow".

Focusing on Waste Management as the prime environmental challenge faced by urban areas, the Go Green Committee of VESASC oriented most of its activities for 2019-20 towards Waste Management. The main objectives being: creating environmental awareness, adding value to environmental conservation and inculcating environmental discipline amongst students.

The consumerist urban lifestyle is primarily responsible for large scale generation of household waste. Therefore to highlight the conservation principle of 'REUSE' a workshop based on reuse theme was conducted in the month of August. This activity helped inculcate environment responsibility and also facilitated the creativity of students. Disposal of hazardous E-waste is a major problem of cities and keeping this view, as part of community responsibility an E-waste Collection Drive was organized on the campus between for 15 days in August. Around 104 kg of e-waste was collected and handed over for recycling. Along with e-waste the issue of plastic waste was also addressed, through an interactive session on 'Plastic Waste' which was conducted by Dr. Devidas Gulwade.



Skit on Waste Management



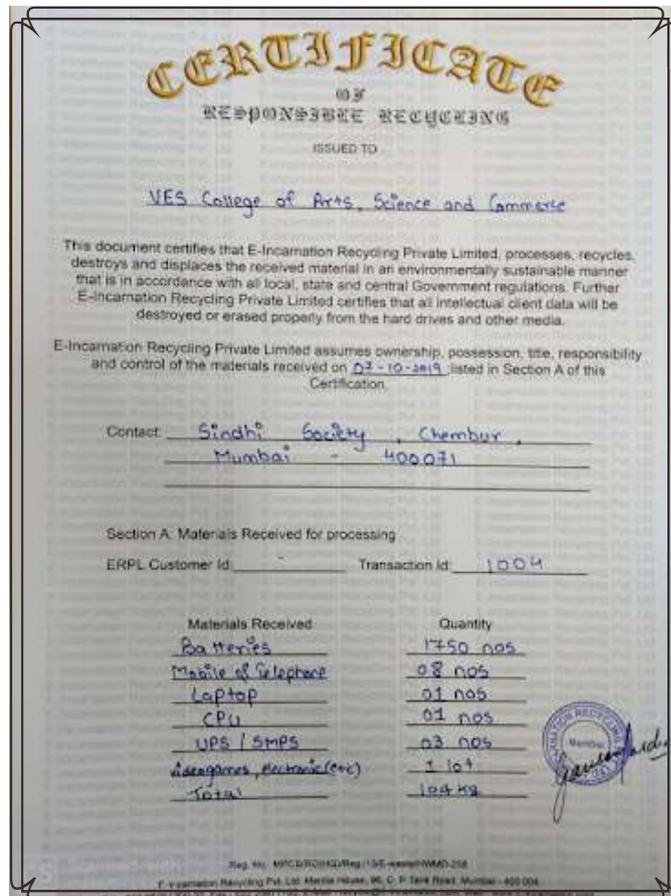
Guest lecture by Mr. Shrikanth Parab on "Roles and Responsibility of Youth on Waste Management"

In this session he underlined the seriousness of the damage caused by plastic dumping and stressed the need for minimum plastic use. To bring this awareness into action a Plastic Collection Drive was initiated in the months of February-March, which received good response from students and staff.

Guest lecture on "Roles and Responsibilities of Youth on Waste Management" by Mr. Shrikant Parab, Director of Asia Affairs -DELTTA group Holding Inc and COO of DELTTA Clean Green Environmental Solutions Pvt. Ltd, was arranged. With the help of project examples the team explained how citizens can play an active role in waste management. About 110 students took the cleanliness pledge. In the month of September in association with an NGO Stri Mukti Sangathana, which works for welfare of rag-pickers, a skit on Waste Management was arranged. 3rd March, 2020 World Wildlife Day with the theme- 'Sustaining all life on Earth' was observed by sharing a wildlife video on whatsapp with students. F.Y.B.Com students were provided links of short you tube video films and classroom discussion was initiated.

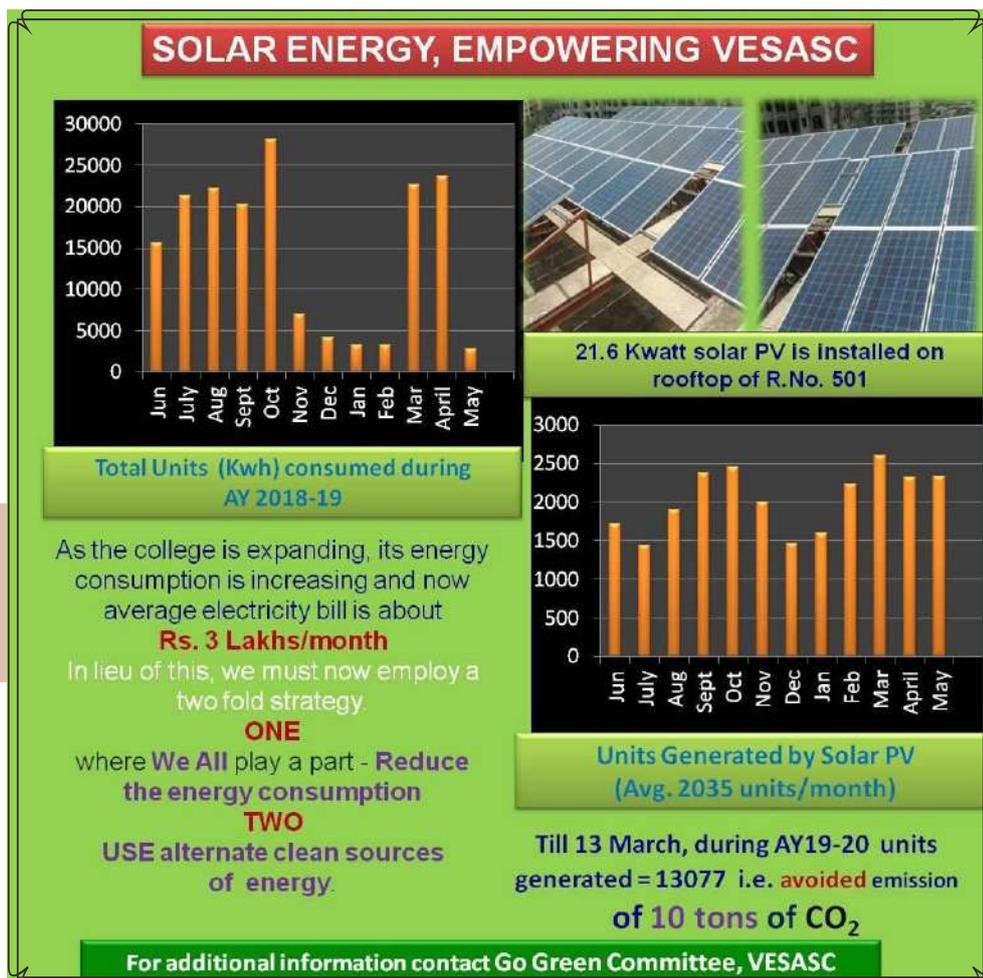
The objective was understanding the significant role of biodiversity in the ecosystem and caring for wildlife. Dr. Devidas Gulwade has been actively involved in monitoring and recording the functioning of Solar Photovoltaic Project installed in the College and this information is passed across to students, to sensitize them for the optimum use of electricity and effectiveness of renewable energy. Mr. Aankeet Gokalgandhi started the initiative of collection of Tetra packs and used batteries. Total 150 Tetra pack cartons and 1800 used batteries were submitted for recycling Purpose. Dr. Anusuya Yadav, member of Go Green Committee attended a National Colloquium on 'Institutional Social responsibility towards Greener Campus' at R.D. and S.H. National College.

Humans have crossed their limits in plundering the environment, now it is time to save mankind which is possible only if we save our environment. World Environment Day was observed on 5th June by arranging Intercollegiate online Quiz for undergraduate students. Around 575 students of various colleges participated in this quiz.



Certificate from authorized recycler E- Incarnation recycling Private Ltd. which is registered under Maharashtra control board (MPCB).

Data for total units(Kwh) generated by Solar



Value Lab

"We want that education by which, character is formed, strength of mind is increased, the intellect is expanded, and by which one can stand on one's own feet"

-Swami Vivekanand

Values are guiding principles that shape our outlook, attitude and behavior. Value education is rooted in Indian philosophy and culture and is ingrained in our behavior. Moral awareness on the importance of value education should be endorsed to orient the progress of mankind positively. High values lead to objective, fair and correct decisions and actions that ensure the welfare of all concerned. "Intelligence plus character is the goal of true education". Educational institutions play a vital role in promotion of values. With this vision in mind, we continue on our path in creating great values in the minds of our younger generation. Vivekanand Education Society's College of Arts, Science and Commerce has therefore initiated Value Lab since 2017, to enlighten the students about the art of living with values. Value judgments also enhance the accuracy of learning.

Since then many students have volunteered to get involved in the activities of Value lab.



Yoga Day Celebration

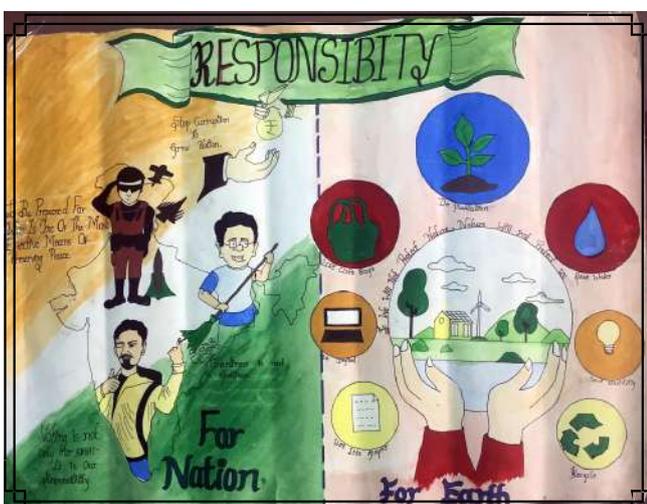
Students are encouraged to write quotes on "Value for the month' every day in their respective classes and also to prepare charts on 'Values offered for different months'. Different Values decided for the year 2019-2020 were as:

June - Gender Equality, July - Responsibility, August - Truth, September and October - Sacrifice, November and December - Solicitude, January - Optimism, February - Love and March - Peace.

Apart from these regular practices a few special activities were also organised such as, International Yoga Day on 21st June, 2019. The program was conducted with the help of NSS Volunteers. The purpose of the Yoga Day Celebration was to create awareness among the students to practice yoga everyday to promote better mental and physical health of students through the practice of yoga.

A two-day Gender Sensitivity workshop was also conducted along with the Women Development Cell (WDC). This experiential workshop covered gender stereotypes and gender respect. The workshop was attended by many students, both boys and girls.

Other activities included a skit on the value "Responsibility" performed by NSS students in the college premises in the month of July and a poster competition on the values of Swami Vivekanand in the month of February.



Poster on Responsibility

A talk under the aegis of Ramakrishna Sarada Mission, entitled “Mind Management and it's Control” by Revered Pravrajika Divyanandaprana Mataji from Sri Sarada Math, Delhi was conducted to engage and empower the minds of young students of our college and help improve mental efficiency. Lastly, to inculcate values of Gandhiji among students such as truth, honesty, loyalty, patience, non-violence, love for the nation etc, an exam was conducted in January.

All the students and teachers who participated in the activities of the Value lab were acknowledged and felicitated at the end of the year in a small ceremony. The committee hopes to have such participation from the students every year.

Online learning came as a panacea during this pandemic and is indeed seen as a new paradigm in

education. Against the backdrop of Corona pandemic, a multi pronged strategy was necessary for well-rounded and effective education practice for the capacity building of young minds. In order to take care of student’s overall health during the pandemic Value Lab, VESASC tried to engage students through the conduct of an E - quiz. This quiz was aimed at introducing to the students importance of value based education and prepare them to deal with Covid-19. The Quiz was based on “Values” such as sympathy, empathy, truth, hard work, punctuality and respect. It was conducted for all the students through Google quiz and 1033 students from different colleges of Mumbai and its suburbs participated. All students were awarded E-certificates.



Talk on 'Mind Management and it's Control' by Revered Pravrajika Divyanandaprana Mataji from Sri Sarada Math, Delhi



Poster on Optimism

Women Development Cell

Empowering women is a prerequisite for creating a good nation, when women are empowered, society with stability is assured. Empowerment of women is essential as their value system leads to the development of a good family, society and ultimately a good nation.”.

-Dr. A.P.J. Abdul Kalam

Women's empowerment is a progression for every female to be able to organize self and become self-reliant. Empowered women will be able to make informed choices. Our motto is to empower the girl students of our institution and instill in them the importance to be a fighter and never a victim. Women empowerment is possible with the support of the community that realizes and respects women. Gender respect and gender sensitivity is an important value to be inculcated in youth. Keeping this in focus, WDC and Value Lab, organized a two day workshop on Gender sensitivity. The team decided to avoid a lecture and wanted it to be an experiential process. "Experiential education first immerses learners in an experience and then encourages reflection about the experience to develop new skills, new attitudes, or new ways of thinking." - Lewis and Williams (1994). Instead of presenting abstract concepts, students were exposed to activities and this experience contributed to developing new ways of thinking.



Glimpses of the Gender Sensitivity Workshop



Glimpses of the Gender Sensitivity Workshop

This experiential workshop covered Gender stereotype, Gender respect, Self respect and respecting others, managing emotions and engaging in matured behavior. Students worked through their own process of self-discovery and also learnt from others. The workshop was conducted by Dr. Radhika Mohan (Convener, WDC), Department of Psychology. It is mandatory for the students to be aware of the WDC and its functions. An Awareness programme about the functioning of WDC was conducted across all the streams. Members of WDC visited classrooms and addressed students of VES in the month of August.

Ideas of empowerment have changed over years and empowerment of girls includes knowledge of health and hygiene. WDC with Indian Women Scientists' Association organized a program on "Awareness and management of gynecological disorders". The speaker was Dr. Santoshi R. Prabhu, Senior Consultant Gynecologist and Obstetrician, BARC Hospital, Mumbai. The talk gave insights about Gynecological disorders and the importance of diagnosis and treatment to improve quality-of-life of women and their

reproductive health. WDC is committed to educate and empower students, especially girls on their legal rights. Keeping this in mind 'Expression' was conducted in coordination with Majlis, an organisation working for the last 25 years to make justice accessible to women and children. 'Expression', - a half day event was organised on the topic 'स्वातंत्र्य. FREEDOM. आजादी. What's Your Say?'. It gave students a platform to express their opinion about the topic which was concerning rights of women. The platform gave a lot of room for understanding and reflection.

Understanding legal rights makes youth capable of voicing their concerns. A talk was organized by WDC and ICC which addressed students and staff with regards to the functioning of ICC of our college. The talk focused on awareness and prevention along with procedures to lodge a complaint.

Details about drafting of the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 and civil rights were touched upon. This interactive session developed on what sexual harassment in the workplace means in the light of the Sexual Harassment against Women in the Workplace Act of 2013, specifically highlighting the key legal notions of quid pro quo and hostile work environment. Typical examples of what might and what might not constitute sexual harassment in the HEI were included. The speaker stressed the difference between intention and impact. Dr. Radhika Mohan (Convener, WDC), Department of Psychology was the resource person for the talk . WDC of VES College will continue to work on women empowerment in the coming years reminding every girl as Maya Angelou quotes "Ask for what you want and be prepared to get it".



Glimpses of the Gender Sensitivity Workshop



Image retrieved from www.weforum.org/reports/gender-gap-2020-report-100-years-pay-equality

Seminars, Workshops, Webinars conducted by the IQAC

Seminar on “New Dimensions of NAAC Accreditation: Revisiting the SSR and AQAR in the Revised Accreditation Framework”

Early in the year 2019, the NAAC Assessment and Accreditation Council (NAAC) had revised its framework with an increased emphasis on outcome-based assessment, feedback and new Standard Operating Procedures (SOP's) as a mechanism for Quality Assessment. IQAC of our college has always been in the forefront of adapting to any Quality Enhancing Initiatives and hence decided to host a seminar on these lines.

The main objectives of this initiative were:

- To take the lead in Chembur and adjoining areas in hosting a Seminar on this issue.
- To fill a gap by covering new dimensions and expected changes in view of the forthcoming National Education Policy (NEP) 2019.

Accordingly, the conduct of the two technical sessions was worked out and experts invited:

- Technical Session 1 was taken by Mr. Piyush Pahade, Founder, IQAC Cluster India. He is also the Head of the Department of Zoology, Coordinator of IQAC and Vice Principal at H. V. Desai College in Pune. He extensively explained a systematic and methodical way of handling documentation and its nuances. He emphasized the importance of IQAC and how it can provide direction to the organization. The latter part of his session covered Learning Outcomes by very aptly connecting to Criterion 2 of NAAC.
- Technical Session 2 was taken by Dr. B. D. Bhole, Mentor, IQAC Cluster India. Dr. B. D. Bhole was very concise, precise, specific and yet exhaustive in his brilliantly delivered talk.

He covered the following areas during his presentation:

1. Recent and upcoming norms regarding Accreditation of HEIs in India in view of the NEP 2019.
2. Paramarsh: UGC Scheme for mentoring NAAC accreditation aspirant institutions to promote quality assurance in Higher Education.
3. The Revised Accreditation Framework (RAF) for NAAC. Academic and Administrative Audit.
4. Self-Evaluation with a criterion wise marks assignment in a dynamic excel sheet for institutions.

Towards the end he summarized his presentation and cleared any doubts with finesse and ease, that obviously comes from years of experience in the field. The topic of this seminar was in vogue at the time of its execution in our college. Many seminars across Mumbai and in nearby areas had already been held. And yet, due to the focus of this seminar being on new dimensions, the response was overwhelming, with participation from not just Chembur and nearby areas, but from all corners of Mumbai and suburbs. The seminar had 65 external registrations representing 33 colleges and 3 sister institutes, 29 in-house teachers and 9 members of Non-teaching staff who attended the seminar. Even though the onsite interactions had led to clarifications of many doubts, a WhatsApp group (VESASC IQAC SEMINAR) of participants that was formed prior to the event was continued for a few months after. This helped solve pending doubts and disseminate information from resource persons even after the seminar. It also created a platform for constructive interaction in the future.

Workshop on 'Guidelines for Implementation of 7th Pay Commission for Non-Teaching Staff'

The execution of the 7th Pay Commission norms for the non-teaching staff had thrown up many doubts amongst the office administration in most colleges. In order to keep the office staff abreast with the latest changes of the 7th Pay Commission and to facilitate its smooth execution, the Non-Teaching Staff of our College in collaboration with IQAC organized a One-Day Workshop on "Guidelines for Implementation of 7th Pay Commission for Non-Teaching Staff" on 19th September 2019.

The Chief Guest for the workshop was Dr. Rohidas Kale, Joint Director, Higher Education, Mumbai Region, Mumbai.

The Resource Persons for the workshop were:

- Ms. Rita Vazirani, Executive Administrator of VES College of Arts, Science and Commerce.
- Mr. Parag N. Patil, Accounts Officer, Higher Education, Mumbai Region, Mumbai.

Ms. Rita Vazirani began the workshop with a special Value-Adding Session on "Enhancing the Quality of Life". She very refreshingly enlightened all the participants with the benefits of adopting Yoga as a way of life.



Chief Guest Dr. Rohidas Kale, Joint Director, Higher Education, Mumbai Region, Mumbai addressing the audience

With the knack of an expert, she explained lucidly how Yoga will help improve the physical and emotional balance within us.

Mr. Parag N. Patil emphasized on revision of pay structure of Non-Teaching Staff with reference to various Government Resolutions (GR). He answered all questions with alacrity and ease. This generated a lot of confidence among the staff to complete the task at hand quickly to facilitate the implementation of the 7th Pay Commission for all.

The Workshop generated an overwhelming response with 158 participants from different institutes all over the State. The conduct of the workshop was highly appreciated and all the participants gave very positive feedback. They were especially appreciative of the warm hospitality offered by the college.



Latitude: 19.04807
Longitude: 72.890222
Accuracy: 20.0m

An Attentive Audience

Webinar on 'Steering HEIs in the wake of Covid-19: The way ahead for Academia'

IQAC and Research Circle of VES College of Arts, Science and Commerce in association with Vijnana Bharati, Mumbai organised a four day National Webinar from 9th June to 12th June, 2020, (Time: 3.00 pm to 6.00 pm every day) on "Steering HEIs in the wake of Covid-19: The way ahead for Academia". The webinar was well attended by eminent academicians, faculty members of reputed technical and educational institutions from different parts of the country. Each day included a keynote address, talk by invited experts and presentation of selected Innovative Idea Presentations by the webinar participants. One of four aspects related to college functioning were chosen as sub-themes for each day.

The inaugural day of the webinar had in attendance a host of dignitaries, well wishers and trustees of VES family. Shri. Baldev Boolani (President of VES Society) and Advocate Dr. Laxman Kanal (Trustee-in-charge, VESASC) shared their thoughts about

the impact of Covid-19 on academics and the relevance of the outcome of this webinar to academicians. Chief Guest Dr. Suhas Pednekar (Vice Chancellor, University of Mumbai) in his keynote address presented his vision of higher education in the post Covid scenario based on the three pillars of Accelerated Technology, Students Choice in a competitive world and Innovation in Education and urged teachers to rise up to the call of Atmanirbhar Bharat put forth by the Prime Minister. The expert talks on the days' sub-theme 'Student Support and Coping Mechanisms' by Dr. (Ms) Kasturi Naik (Founder KIE, Certified Life coach, Image Consultant, EQ and NLP Practitioner) and Ms. Upasana Saraf (HRD Head and Psychologist at Bombay Cambridge Gurukul Schools) covered areas of concerns for the students ranging from employability to coping with stress along with the varied aspects of virtual classrooms.

The sub-theme for the second day was 'Innovations for Online Teaching, Learning and Research' and in his keynote address, Dr. Ravindra Kulkarni (Pro-Vice Chancellor, Mumbai University) emphasized the importance of online teaching learning post Covid-19. He also highlighted how flexible (anytime, anywhere), personalised learning with the help of multimedia and internet will



Speakers for the National Webinar

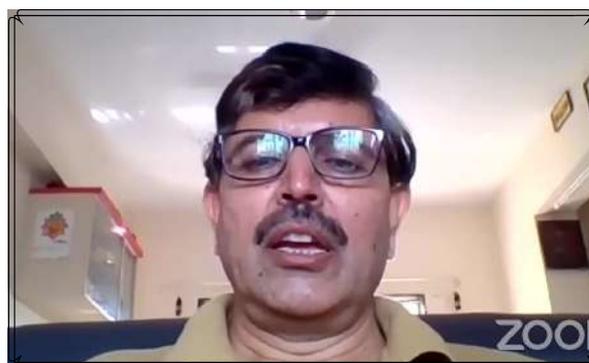
usher in a fourth revolution in the education sector. Dr. Nagarjun G's (Associate Professor, Homi Bhabha Centre for Science Education, TIFR) talk was rich in content and amongst other things he stressed upon the need to cultivate academic habits that will promote self learning and increase students' engagement with the subjects and as an example shared experiences of the "Chatshala" model run by HBCSE which has continued to flourish and enable learning even in the lockdown period. The second speaker Dr. Rahul Makhijani's (Research Scientist, Facebook USA) brilliant presentation opened the world of course development, teaching methodology and evaluation practices as followed in the foreign Universities. On day three, Chief Guest Dr. Vinod Patil (Director, Board of Examination and Evaluation, University of Mumbai) spoke at length about the challenges faced while implementing past examination reforms and how the University continues to look into solutions in the face of the current

challenge. In tandem with the sub-theme of the day, the first panelist Dr. Jayashree Shinde (Director, Teaching Learning Centre and Faculty Member, Department of Educational Technology, SNDT Women's University) enlightened the participants about the importance of continuous comprehensive evaluation (CCE) as a value addition to the learning process and demonstrated various ICT based assessment tools that can enable CCE. The next panelist, Dr. Bhaskaran Raman (Professor, Department of Computer Science and Engineering, IIT Bombay) gave an interactive presentation to illustrate the important do's and don'ts of online teaching and briefly explained the loopholes of online assessments. The energetic Mr. Karan Shah, (Founder, Indian Institute of Digital Education) gave a talk that covered various aspects and quick demonstrations of tools such as a LMS, Online proctoring and a certificate automator.

Chief Guests for the National Webinar



Dr. Suhas Pednekar
(Vice Chancellor, University of Mumbai)



Dr. Ravindra Kulkarni
(Pro-Vice Chancellor, Mumbai University)



Dr. Ganesh Hegde
(Advisor NAAC)



Dr. Vinod Patil
(Director, Board of Examination and Evaluation, University of Mumbai)

Under the sub-theme 'Administrative and Managerial Issues' on the last day, Chief Guest Dr. Ganesh Hegde (Adviser, NAAC) presented an excellent analysis on how NAAC evaluates HEIs and reiterated the core values of NAAC. Dr. Rajendra Shinde (Principal, St. Xavier's College, Mumbai), the expert panelist for the day elaborated on various aspects of the functioning of his college and the changes and challenges he foresees in the post Covid Era. The last speaker, Dr. A. V. Prasad (Assistant Adviser, NAAC) made a detailed presentation on the Data Validation and Verification and Student Satisfaction Survey process of NAAC. The innovative ideas presentations' (IIPs)' held at the end of each day had practical workable solutions related to each of the sub-themes.

Many innovative idea manuscripts were received and reviewed and only the shortlisted ones (around 20) were presented by the participants in the given time limit of three minutes.

The accepted manuscripts will be compiled and will be published in the form of an E-Book that aims to be a very valuable resource for all to reflect, adopt, assimilate and move forward to deliver the best to the students, the prime stakeholders.

Further, the presentations were evaluated by Vijnana Bharati members on the basis of their content and relevance to the present scenario, the methodology proposed, its feasibility and the overall presentation and the following prizes were awarded.

Prize	Participants and Affiliation	Innovative Idea Presentation Title
First Prize	Dr. Madhuri Tikam (H R College of Commerce & Economics) Dr. Antonette Lobo (SIES College of Arts, Science & Commerce)	Guidelines for Libraries: Post Lockdown
Second Prize	Mr. Umang Ashar, Dr. Anita Ayre, Dr. Rajashree Hirlekar (Vivekanand Education Society's College of Pharmacy)	Making Students Job Ready to Face the New Challenges In Work Environment
	Dr. Seetalekshmy N and Dr. Harini C (SIES College of Commerce and Economics)	Teaching and Assessment Methods Through Online
Third Prize	Mrs. Reema Khanna (K. J. Somaiya College of Science and Commerce)	Innovative Online Teaching Methodologies
	Ms. Richa Sharma (SNDTWU, Churchgate, Mumbai) Mrs. Samhitha Sharma Kain (VES College of Arts, Science and Commerce)	Online Education: Making Teaching-Learning More Effective by Adopting Flexible Pedagogy In The COVID Era
Consolation Prize	Ms. Rita Vazirani (VES College of Arts, Science and Commerce)	Yoga Practice – An Effective Tool for Student Support Mechanism

Many staff members contributed towards the successful conduct of this event. The webinar was broadcasted Live on Youtube and the live comments enabled a very fruitful Q&A session after each talk.

The webinar provided both the organizers and participants the opportunity to brainstorm, share, introspect and deliberate upon a range of ideas. All in all, more than 500 participants attended the webinar every day and although the webinar was conducted remotely, the energy, enthusiasm of shared goals was a curve that did not flatten and managed to bring us all together!

Mega Events

Euphony



Chief Guest Zaheer Sayed for Euphony

"Let's fly high up in the sky" but this time not alone.....

The annual festival of the Banking & Insurance department, "EUPHONY 2019-20", was celebrated by widening the arms, skills and creativity in line parallel to the economy. The theme chosen for this year's fest was "MERGERS & ACQUISITIONS."

Mergers and acquisitions are here to stay in the future as two separate companies together create more value compared to being on an individual stand. With the objective of wealth maximization, companies keep evaluating different opportunities through the route of mergers or acquisitions. This year Euphony was celebrated for 2 days on 16th and 17th December 2019, with great zeal and enthusiasm. The festival was inaugurated by the chief guest

Mr. Zaheer Sayed, a qualified Chartered Accountant with over 10 years of global work experience with brands like UBS (Union Bank of Switzerland). Various games like Kaun Banega Banker, Innovative mind (PPT presentation), 'Erase your Mind' similar to a quiz competition, Jumble Tumble, Drain the Pain, Hole to goal, The Secret Mergers, Morf to Murf, Musical Bank were innovatively prepared and played by the students from various colleges. The winners of these events were given cash money, certificates and vouchers as prizes.

The department proudly concludes that Euphony not only created a platform for the students to showcase their innovative talent but also helped in enhancing their skills like communication, creativity, decision making, etc.

"You must gain control over your money or the lack of it will forever control you."

- Dave Ramsey

The 14th Avishkar Research Convention - Zone II was hosted by Vivekanand Education Society's College of Arts, Science and Commerce in association with the Department of Student's Development, University of Mumbai on Tuesday, 24th December, 2019. A large number of research projects and working models were presented from six different categories including Humanities, Commerce, Pure Sciences, Agriculture & Animal Husbandry, Engineering & Technology and Medicine. In Zone II, more than 350 projects were received and presented by undergraduate students, postgraduate students, Ph.D. students and Teacher researchers.



Judges examining posters at the Convention



Registration at the Avishkar Research Convention 2019-20



Top View of the Avishkar Research Convention 2019-20



Meeting with the Judges

Every year our college takes part in the Avishkar Research Convention to promote research attitude in the students. This year, our college had participated with 19 projects in different categories. The college had a proud moment when our student, Sagar Ramchandani, T.Y.B.Sc. Physics, secured Second Prize at the 14th Maharashtra State Inter-University Avishkar Research Convention and First Rank at the Final Round (University level) of the 14th Avishkar Research Convention under the Pure Sciences category.

We also had 5 of our students qualifying at the Selection Round of the 14th Avishkar Research Convention - Zone II (District Level) namely, Neha Kuity (T.Y.B.Sc. Biotechnology), Parag Sonawane (S.Y.B.Sc. Computer Science), Ashma Kader (S.Y.B.Sc. Computer Science), Hritik Bhat (S.Y.B.Sc. Computer Science) and Bogati Santosh (S.Y.B.Sc. Computer Science).

Truly, the 14th Avishkar Research Convention was a great learning and growing experience for the students as well as the entire college.



A student participant explaining her poster to the judges



Committee Members - Avishkar Research Convention 2019-20

Some food for thought

- Comprehensive compilation of pre-historic temperature records shows that global warming is reaching levels not seen for at least 6,000 years.
- With widespread, sustained declines in fertility, the world population will likely peak in 2064 at around 9.7 billion, and then decline to about 8.8 billion by 2100, according to a new study.
- An investigational vaccine, mRNA-1273, designed to protect against SARS-CoV-2, the virus that causes coronavirus disease 2019 (COVID-19), was generally well tolerated and prompted neutralizing antibody activity in healthy adults, according to interim results.
- Tiny eye movements can be used as an index of humans' ability to anticipate relevant information in the environment independent of the information's sensory modality, a team of scientists has found. The work reveals a connection between eye movements and the sense of touch.
- An experimental game demonstrates that communicating sentiment (i.e. emotional state, satisfaction) and outlook (i.e. expectations, aspirations) helps people to cooperate on common problems by reinforcing pre-existing goodwill, and can lead to better outcomes.

Economics Department - Intercollegiate Poster Competition



Group Photo of Intercollegiate Poster Competition

It is often said that “it all begins with a dream” and that dreaming with one’s eyes open makes all the difference in this world. This ideology has become an inherent part of the department of Economics. With a view to encourage and increase the spread of this thinking, this year the department decided to take its annual theme poster competition based on Entrepreneurship to an international level.

Hence, the department of Economics organized an Inter-Collegiate Poster Competition on the theme, “My Start-up Dream”, as an activity of its annual Entrepreneurship Workshop, on 28th-29th January, 2020. Here the students got an opportunity to display their start up dreams through a number of creative posters.

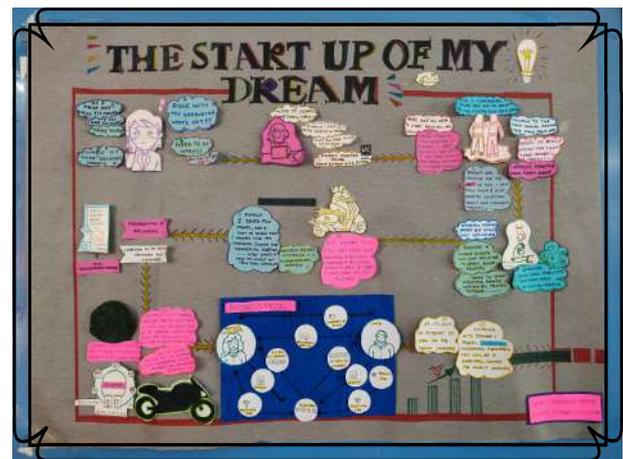
The participating colleges included Mithibai College, N.G Acharya Marathe College, NKTT College, S.N.D.T. College etc. There were a number of entries from the host college too. The judges for this event were Dr. Varsha Ganatra, HOD of Commerce Department and Mr. Sanjay Premchandani, Assistant Professor, Accountancy Department. They interacted intensely with the participants and gave them valuable inputs on their posters.

The winners of this Poster Competition were:
1st Prize: Ms. Priyanka Arora from Mithibai College

2nd Prize: Mr. Dhruv Choudhary & Ms. Sapna Upadhyay (T.Y. B.Com.) from VESASC College

3rd Prize: Ms. Pranita Jadhav (T.Y. B.Com.) from VESASC College

Consolation Prize: Mr. Abdul Mannan (S.Y. B.Com.) from VESASC College



**First Prize winner Priyanka Arora -
Home Tutions Entrepreneur**

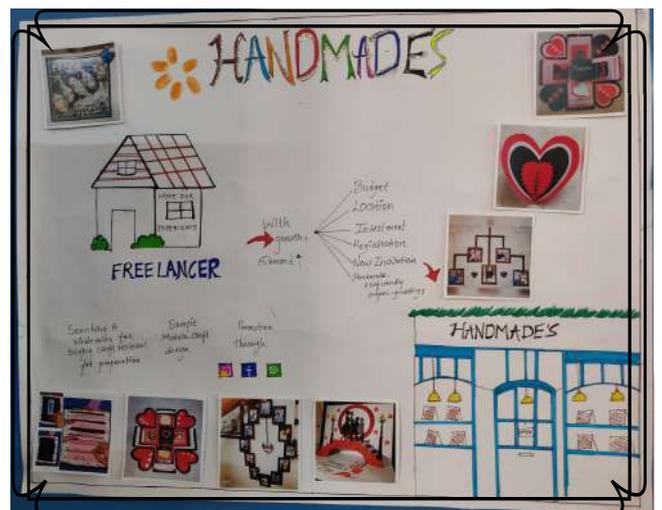
The posters were appreciated by both students and teachers alike. The budding entrepreneurs present on the scene were also set thinking on how to make their dreams work on a larger scale in the future. After all, it is not just about ideas, rather it's all about making those ideas happen! And nothing could be better than working for yourself!



Opening a beauty parlour



Entrepreneurship in Rural India



Becoming a Handicraft Entrepreneur



Opening a wine brewery



A Coffee Shop Entrepreneur

Impressions



Releasing 2019-20 edition of 'Goonj' by HOD Dr. Shikha Dutta

Impressions is an annual inter-collegiate festival organized by Bachelors of Mass Media (BMM) Department of VES College of Arts, Science and Commerce. It is the longest running media festival at VESASC. Impressions is in its 17th year and this year the theme of the festival was "Trapped in Time, Surrounded by Souls". Impressions touches upon different aspect of media and provides a platform to media aspirants to display their skills and talents.

Catering to the interest of our fellow media students, Impressions'19-20 aimed to engage the participants through various media related events giving them the opportunity to express and learn. The theme represented the good and the evil souls, and the concept of having two sides of everything. Everybody was left awe stricken and at the same time, true to its theme, a sense of mystery loomed around at Impressions'19-20, which was held from 7th January to 9th January, 2020.



Wall of Grafetti activity - A participant painting the given contingent

This year Impressions on the very first day (Infestation) witnessed a great response in terms of student participation from various colleges. The Chief Guest for inauguration was the Chief General Manager of HPCL, Mr. Suresh Shetty. We also had our college Trustee in-charge Adv. Dr. Mr. Laxman Kanal, Trustee Secretary of our college Amar Asraniji, Principal Dr. Anita Kanwar, Executive Administrator Ms. Rita Vazirani attending the inauguration ceremony and encouraging us with their presence. Impressions had the opportunity to host various celebrities like RJ Nyssha and Shruti Badjatiya- Producer at AajTak.



Participants at the Shake Your Bones Dance event

The teen sensation of our times - The Good Doctors (band) were invited to the event too. We also had popular events like RJ hunt, Reporting, Dubbing, etc.

The second day of Impressions (Oppression), witnessed the presence of well-known celebrities like Pratik More, Aditya Jadhav and many more such media personalities. The major highlights of day 3 were the events Personality Hunt, Drama and Branding.

The third and the last day of the event (Possession) was also made glamorous with the presence of many celebrities like Muzammil Semna, Lil Beast, DJ Envvy, DJ Justin Yanu and many more. Team Impressions launched its departmental magazine, "Goonj" which was designed by our own students, having articles related to the theme. Last, but not the least, we would like to thank our Title Sponsor HPCL and all other sponsors for making this event a success.



Participants warming up for the Branding event



Fashion show event

"Social media is the greatest leadership tool ever invented. It gives you the opportunity to amplify your voice, extend your influence and create a tribe of passionate followers who want to hear from you."

- Michael Hyatt

Psychedelia



Psychedelia organising team with faculty members

The annual fest 'Psychedelia' organised by the Department of Psychology started out its journey this year by bringing together students and teachers of the department. The theme of this year's fest was 'SOCIAL LIAISON.' Liaison is a French word meaning 'relationship'. Keeping up with the theme, Psychedelia aimed to reach out to college students and convey to them the importance of social relationships and how social relationships could sometimes make you bloom but can also make you wither out. The fest's tagline therefore was 'CHOOSE WHAT MAKES YOUR HEART BLOOM!' The 2-day fest successfully created magic and beautifully reunited the students of the department.

Day 1 began with an inaugural function remembering the almighty with a prayer and lighting of the lamp by our Principal Dr. Anita Kanwar, chief guests and faculty members of the department. Following this, the first set of speakers for the day, Ms. Apupriya Vatsalya and Ms. Nikita Barton were heartily welcomed to take over the interaction on 'Sex Education'. They engaged in a conversation with the students,

keeping the session student friendly with an emphasis on how the human reproductive organs function, educating about different means of contraceptive protection, importance of genital hygiene, clarifying many myths that exist about human reproductive organs and giving students valid and factual information about sexual acts.



Ms. Nikita Barton interacting with students about Sex Education

Up next was one of the most awaited part of most fests: 'TREASURE HUNT'. Students from various departments of VES college participated in this very fun-filled activity with great enthusiasm. The Treasure Hunt theme was based on the Connectionist model in Psychology. Teams thoroughly enjoyed hunting each clue and the winning team was rewarded with an interesting hamper.



Enthusiastic participants hunting for clue during Treasure Hunt

Next was an 'Art therapy workshop' conducted by an expert Art Therapist 'Ms. Anusha Neelkanth.' Students from K.J Somaiya and VES College participated in the workshop. Participants performed activities like painting and creating a visual journal. The workshop helped students express themselves artistically and examine the psychological and emotional undertones in their art and concluded the first day of the fest on a happy note.



Expressing oneself through art during the Art Therapy Workshop



Panel Discussion on Red Flags in Relationships



Enacting each other during the Drama Therapy Workshop

Day 2 of the fest began with an interesting Panel Discussion on 'RED FLAGS IN RELATIONSHIPS'. The panelists were the students of T.Y.B.A. Psychology. The students touched upon the various red flags, in other words, the signs indicating an unhealthy relationship. Dr. Radhika Mohan, a faculty member of the department moderated the discussion and guided students toward maintaining healthy and stable social relationships so as to live a healthy and balanced life. The panel discussion was followed by a Quiz competition titled 'INQUIZITIVE'. Students from various departments of VES college participated in the event with great enthusiasm. The quiz consisted questions about brain, emotions and places. The Day 2 and the fest was concluded with a 'Drama Therapy workshop' which received great response from the

participants and was a massive hit. The workshop was conducted by famous drama therapist Ms. Anupriya Banerjee. The workshop emphasised on expressing oneself through body movements using one's own creativity. It included mirroring the body movement of each participant so that every participant gets a chance to experience the same, engaging in role reversal with a fellow partner to better understand feelings and behaviour of the person on the other end as well as one's own feelings and behaviours. Both students and teachers of VES college participated in this workshop. At the end, Psychedelia hopes to successfully psych everyone's mind in it's future versions too!

"The beautiful journey of today can only begin when we learn to let go of yesterday."

- Dr. Steve Maraboli

Psychology Department Webinars

COVID-19 is a new disease and is having the most devastating effects globally. Our own country is under lockdown for more than 60 days and the end doesn't seem to be in the immediate future. People's routine is disrupted, examinations have been suspended, employment is affected and uncertainty about the future and how one would manage in the future seems to be the only predominant thought in the minds of the different stakeholders of society. Some are facing this uncertainty with resilience, whereas others are experiencing anxiety, fear, stress and panic.

We, as faculty members of the Department of Psychology were continuously in touch with our students and received many calls from them about what the future holds for them. University had suspended examinations, some students had to move back to their hometown, some students had been in quarantine and some others had close family members testing positive for COVID-19. There was worry, anxiety and fear about what will happen to them. We realized that some intervention was required for students so that they could handle the different levels of crisis they were going through.

Keeping these predominant issues in mind, we invited Dr. Avinash De Sousa, a prominent and experienced psychiatrist to conduct a webinar on 19th May, 2020, titled "Emotional well-being of college students during COVID-19" for students', focusing on giving them practical tips

on what they could do to re-establish a sense of balance and control given the present scenario. The programme was telecasted live on YouTube and more than 250 students participated in the event. Till date the webinar has received more than 1200 views for the same. Dr. Avinash spoke for around an hour which was followed by a Q & A. A plethora of questions were addressed including how to deal with family affected by COVID, dealing with being in quarantine, handling love-life/breakup during such times, handling younger siblings, dealing with conflicts/fights with family, missing out on meeting friends and how to experience a sense of normalcy and routine at such time.



Dr. Avinash De Sousa addressing the webinar participants

Dr. Avinash gave some very practical tips on how to keep oneself calm at such times by practicing mindfulness, prioritizing self-care, structuring one's day and routine, practicing "virtual social enhancement" to feel connected in the face of social distancing and finally also reaching out to various helplines run by professionals if they so felt the need. Post-session feedback shared by the students highlighted how they got a safe space to voice out their concerns and the calm, reassuring and jovial tone of Dr. Avinash put them at ease and they felt stronger to deal with the situation. Thanks to the management of VES College for having encouraged us and always having supported our endeavor.



Webinar inauguration by our Principal Dr. Anita Kanwar

On 14th June, 2020, the Psychology Department organized a second webinar on “Chaos to Clarity amidst COVID-19” as the student community were concerned about the uncertainty in their life. Parents and teachers were concerned and it was important to address their concerns and anxieties. It was also imperative that we needed a speaker from another part of the globe to get a different perspective and also to comprehend that all are wading through similar situations.

Uncertainties bring in apprehensions and it was important to listen to a speaker who has worked with similar circumstances in her country. So, we had Ms. Laxmi Parmeswar as our speaker to address the students. Ms. Laxmi Parmeswar is a licensed family therapist in several states of the USA for the past 35 years. She also worked with Indian population during her career. Currently



Ms. Laxmi Parmeswar addressing the webinar participants

she is involved with projects with the task force for Covid-19 in the UN. Ms. Laxmi Parmeswar addressed the student community of Mumbai as well as those in the USA. She spoke briefly in the beginning to set the stage for questions. The speaker explained about the importance of focusing on situational realities and the related experiences. The talk focused mainly on facing this challenging situation with minimal stress and developing positivity. The audience had questions related to their anxiety and fears, loneliness, uncertainty, anger management, relationship issues and future which were addressed. The role of media and mental health in managing COVID-19 were also discussed as part of the question-answer session. The programme was telecasted live on YouTube.



Dr. Radhika Mohan welcoming and introducing the speaker, Ms. Laxmi Parmeswar

Managing our new reality

Some helpful self-care apps



Microbiology Department - Inspire Me Webinar Series



Principal Dr. Anita Kanwar with the team

*'Love Challenges, Be Intrigued by Mistakes,
Enjoy Effort and Keep on Learning'*

- Carol Dweck

The COVID pandemic has compelled the entire world to undergo a paradigm shift in adapting and being flexible in its outlook, with HEIs being no exception. The continued lockdown inspired the teachers of the Microbiology department to look at mechanisms for internalisation of education wherein students can be engaged with a more creative outlook so that they would enjoy the learning process. We focused on using online platforms to give direction, hope and continued learning opportunities to the student community to overcome the loss in their academic progress, which we felt was leading to their disillusionment and increasing their mental anguish.

In order to meet the main objective of reaching out to a large number of students cutting across all boundaries, an innovative Student Related Activity was initiated in the Microbiology Department of our college wherein, the 'Inspire Me Webinar Series' was launched, creating an effective learning strategy with a series of webinars being conducted aimed at connecting with the best of resource persons like Scientists and Professors from premier research Institutes as well as Eminent Alumni who could reconnect

with their Alma mater in an effortless manner, all of whom can contribute immensely to widening the mental horizons of their large audience. This mode of student activity has already arranged three weekly webinars as a part of the series in which learning opportunities on diverse topics were put forth to the students. A huge response was received in the number of participants (crossing 836 registrations for the first webinar with over 500 participants) that included not only students across the nation but faculty members too. All the webinars have been well appreciated by all the audiences, who look forward to the interactions, enquiring the details of the forthcoming speakers and topics with enthusiasm.

The speaker for the first webinar was Dr. Finny Varghese, Post-Doctoral fellow, Netherlands and the topic for the talk was 'Arboviruses'. He spoke in depth about Dengue and Chikungunya virus and discussed genome, mode of transmission and recent developments for these diseases. He in fact took the participants on a virtual visit to his sophisticated laboratory and displayed all the



Dr. Finny's Lab - BSL3 unit

ways in which different laboratory techniques can be carried out with specialised facilities for maintenance of mosquito vectors of Arboviruses, for which he had the expertise.

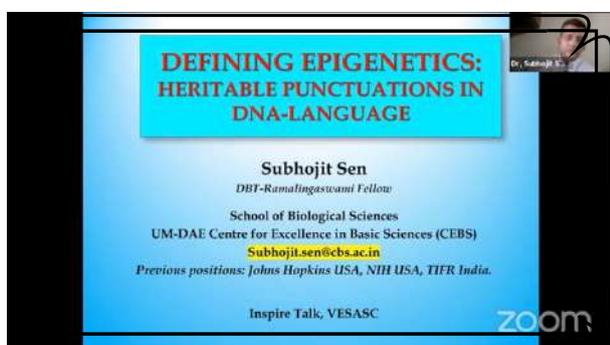


Question & Answer session with Dr. Finny

Several of our alumni are working in laboratories around the world, contributing to the development of scientific research. Dr. Subhojit Sen, Ramalingaswami Fellow at UM-DAE CEBS, [who incidentally is also a part of the core-team of ISRC (Indian Scientists' Response to COVID-19)], gave an impressive presentation on his field of research "Defining Epigenetics: Heritable punctuations in DNA-language" where he elaborated on the concept of Epigenetics, the significance of epigenetic changes and the applications of its study in his inimitable style.



Dr. Sen - Inimitable session



Dr. Sen on Epigenetics

The speaker for the third webinar was also a prominent alumnus, Dr. Prajakta Oak, Senior Scientist/Team Leader Assay Platform for Pieris Pharmaceuticals, Freising, Germany. Her lucid presentation on "Coronavirus - Pulmonary cells interactions: A therapeutic perspective" covered the basics of Respiratory Viruses, the anatomy of the lung and further how different types of cells in the lungs interact with the viruses and how the understanding of these interactions and responses could help us derive or identify targets with a therapeutic hope. She took the viewers to her company website wherein she presented a movie of a therapeutic protein which is being researched at length by the company for patients.



Nostalgic - HOD Dr. Santhini Nair with Dr. Prajakta

The conduct of the webinar series has to a great extent made students willing learners, breaking free from the academic inertia that had set in during the lockdown period. Their scores on the pre-and-post webinar quizzes that were posted helped to analyse the effectiveness of their learning. Students are also inspired (true to the name of the series) by the speakers and being counselled in their career path by such visibility and interactions. In fact, the department helped counsel students in the audience from different colleges to connect with the speakers for finding out the scope, admission procedures in the foreign universities that they were interested in pursuing in the future. We, in the department are very hopeful that the conduct of 'Inspire Me Webinar Series' with resource persons who have already agreed to conduct the future webinars, will pave the path ahead for overcoming global boundaries to achieve Continued Boundary free learning process that can positively impact the lives of many students in the coming times.

Physics Department Intercollegiate Events

Kaun Banega Physicist (KBP) Quiz - 2019

The Department of Physics, VES College of Arts, Science and Commerce organised an intercollegiate quiz competition on the lines of the popular show Kaun Banega Crorepati, for the B.Sc. students on 13th December, 2019 for the 5th consecutive year. Dr. Devidas Gulwade and Dr. Santosh Bhaskaran were the coordinators of this quiz. Each faculty member framed questions for the quiz on the topics of their choice. The questions were based on all the branches of physics. The program was sponsored by DBT under Star College scheme.



KBP correct answer

Thirty-one teams comprising of 2 students each from various colleges in Mumbai participated in this event. There was a written elimination round for the same. After the elimination round, ten teams were selected for the 'Hot Seat' round which was hosted by Dr. Santosh Bhaskaran in the first half and Dr. Devidas Gulwade in the second half. For the hot seat round, each team had to face ten questions and were provided with 3 lifelines viz., 'Chalta Hai', '50-50' and 'Flip the Question'. The first five questions had a time limit of 60 seconds each for answering. From the sixth question onward, the time to answer each question was increased to 120 seconds. Lifeline Chalta Hai was active for the first five questions while Flip the Question was active from sixth question onwards.

Lifeline 50-50 could be used for any of the questions. The first, second and third prize consisted of cash prizes of Rs. 5000, 3000 & 2000 respectively, along with a memento and a certificate which was given to all the winning teams. The first and the third prize was won by teams from Wilson college and second prize was won by a team from VES college. There were questions for the audience to hold their interest in between the hot seat rounds and the students were given Dairy Milk Silk chocolates for giving the right answers. The event received highly positive feedback from all the students.



KBP hosts with all the teams after the hot seat round



KBP First Prize winners with our Principal Dr. Anita Kanwar



KBP elimination round

Astronomy and Astrophysics Workshop

Our students are very curious about astronomy and astrophysics and they have many queries on the subject; especially after this year's Nobel prize was awarded to astrophysicists. Keeping this in mind, the physics department organised an intercollegiate workshop on 'Astronomy and Astrophysics' on 17th Dec, 2019. It was sponsored by DBT under Star college scheme. Dr. Sarla Rathi was the convenor and Mr. Shrikant Ghodke was the co-convenor of the workshop.



Dr. Sunder Sahayanathan being felicitated by our faculty member Dr. Devidas Gulwade

Dr. Subir Bhattacharya and Dr. Sunder Sahayanathan from BARC were the invited speakers for the workshop. Dr. Subir Bhattacharya gave a very interactive session on 'Nobel prize in Physics-2019' for theoretical discoveries in physical cosmology and discovery of an exoplanet orbiting a solar-type star. He started from very basics of astronomy so that students were able to understand



Questions from enthusiastic students

and enjoy his session. His talk was followed by a session on 'Active Galactic Nuclei: A Laboratory for Extreme Physics' by Dr. Sunder Sahayanathan. He gave a very informative talk in a simple way for students to understand and appreciate the topic.

Over 100 students from F.Y.B.Sc., S.Y.B.Sc. and T.Y.B.Sc. of VES, teachers from VES as well as 12 students and 3 faculty members from other colleges attended the workshop. After the session, there was an interaction between the speakers and the students spanning for more than an hour. The students were happy after talking with the scientists and receiving clarity about their doubts. Both the students and the teachers gave very positive feedback about the effectiveness of the workshop.



Discussion continues after the talk



Speakers with the department students and staff after the talk

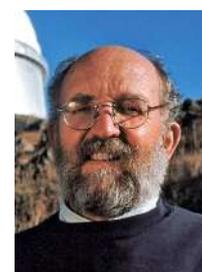
Winners of Noble Prize in Physics 2019



James Peebles



Didier Queloz



Michel Mayor

Mathemight



Inauguration Mathemight

'Pure mathematics is, in its way, the poetry of logical ideas'.

- Albert Einstein

The Department of Mathematics organised the intercollegiate conference “Mathemight 12” on 23rd January, 2020. The event was sponsored by LIC, India and co-sponsored by Jankalyan Bank. The conference with its theme “Surprises in Mathematics and their Applications”, included a popular lecture, Paper Presentations, expository Poster Presentations by undergraduate students on the same theme and Mathematical games. More than 100 students from various colleges participated in the conference.

The day began with students appreciating the creative works for which volunteers worked for more than a week under the guidance of Pooja Gupta, an enthusiastic student from T.Y.B.Sc. Mathematics. The inaugural session began with bursting of balloons explaining the theory of 'Big Bang - the symbolic representation of creation', followed by a talk on 'Surprises in Mathematics' by the keynote speaker Mr. Salil Sawarkar, Assistant Professor, CHM College,

Ulhasnagar. He started his talk by posing various questions to the audience like ‘What is a surprise? Which day is today? What about the days of the month? Leap year, Non-leap year? Some series of numbers etc., explaining why we shouldn’t take decisions too early. He emphasized that Mathematics is not only about the numbers but is also about understanding, thinking out of routine,



Poster presentation during Mathemight

curiosity, feeling of amusement and feeling of surprise. Further, he discussed Fermat's Conjecture, rational and irrational numbers, transcendental numbers, sequences, series and functions which are continuous everywhere but differentiable nowhere by giving examples. At the end of his talk, it was quite evident from the faces of the audience that they were surprised by the ‘surprises in Mathematics’.



Students receiving prizes

The mathematical games began immediately after the inauguration. The games included Bid war, Treasure Hunt and Logic is Magic. Treasure Hunt received the maximum participation whereas Bid War was appreciated by most of the students. The paper presentation competition started soon after lunch break followed by poster presentation competition.

The judges for the Competition were Mr. Indrasingh Saud, R.J. College, Ghatkopar and Mrs. Vaishali Falnikar, SIES College of Arts, Science and Commerce, Sion.



Paper presentation during Mathemight

Cayley's Digraph, Tower of Hanoi, using application of integration to find cardiac output, Mathematics Origami and applications, Fractal Geometry, conic section, Fuzzy Algebra, Rascal Triangle, Madhava-Leibniz Formula, Farey Sequences, Ford Circles and Pick's theorem were some of the topics presented during Mathemight.

The day ended with some quick feedback by judges to the eager participants followed by the prizes. All in all, Mathemight 12 was a lot of fun for all the volunteers, students and participants.



Creatives during Mathemight



Audience engrossed in the talk by Mr. Salil Sawarkar



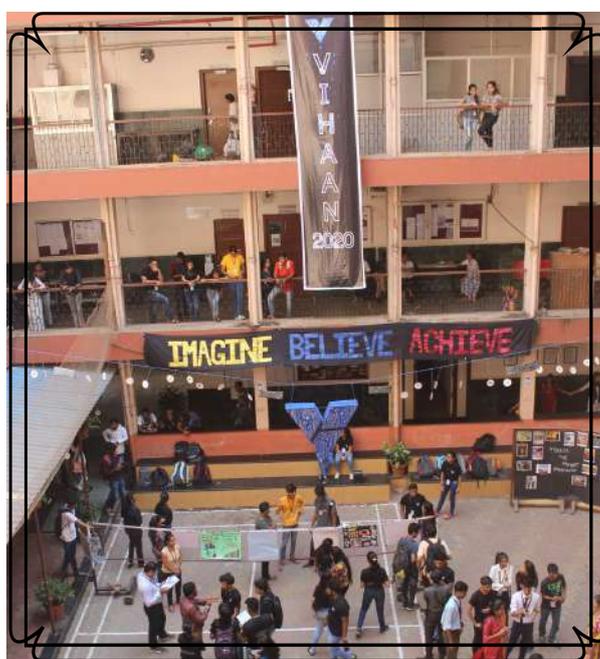
Vihaan organizing team with the Principal, Vice-Principal and faculty members

Every year, the Department of Computer Science organizes an intercollegiate technical fest called "VIHAAN" with the objective of providing a platform for the students to showcase their talent with a competitive spirit. This year the theme was 'E-WASTE DEDUCTION.' The objective was to showcase the harmful and ill-effects of e-waste and ways to reduce and dispose it of properly. Several technical and non-technical events were conducted in addition to the 'Game Zone' and various 'Prelude Events.' An 'E-waste Collection Drive' was also held in the college and a total of 44.75 kg was collected and donated through this fest. The department thanks our Management and Principal for their timely advice and cooperation for organizing a successful fest. Highlights of the fest are as follows:

This was the first time that we conducted events prior to our fest. It was to generate excitement and enthusiasm in the college's students about Vihaan. The various prelude events were: 'Scientific Calculator' aimed at giving basic knowledge and providing tips on how to use a scientific calculator in the most efficient manner, 'Startup Talk', an entrepreneurial event where problems, experiences and workload involved to begin with a start-up were discussed



E-Waste Collection Drive



'Posteria' event during Vihaan

and Vihaan's official Instagram page called 'Code Master' was created. The followers of this page had to answer code related quizzes and the winners were given direct entry to our 'Make It Work' main event. 105 online users of Instagram participated in this event.

Now coming to the main events, 'Freeze The Moment' was a non-technical photography event where students presented their photography skills. The theme was 'Architecture and College Life'. The prize-winning entries were decided on the basis of the story behind the picture, edits done, thought behind the picture, etc.

'Posteria' was a poster making and presenting event, where the participants would present their ideas and implementations on the given theme of 'E-Waste deduction'. The students submitted their entries via email and the selected ones were called to give a brief presentation on their poster on the event day. 'Make it Work' was a technical debugging event of finding errors in the given code and correcting it. Two rounds were conducted where students first debugged a given code and then wrote a code according to the given problem statement.



Our Star Event 'INTROVIEW'

'Mad Ads' was an event where the participants had an opportunity to showcase their marketing and presentation skills. They were given products like smart phones, smart watches, laptops, earphones, etc. Students made a poster and created a tagline to advertise the given product. 'Introview' was our star event conducted by our student Divyalakshmi Belchada where participants interacted with eminent panelists like G. Rameshkumar (Chairman of REX Karamveer, SSLR Consultancy), Environmentalist Rashmi Joshi and Niranjana Oak. It was truly an inspiring session.

The Game Section included 'IOT Car Racing' where students used IOT devices and app to control a remote-control car; 'Light It Up' where students had to answer some technical questions to light up every LED of alphabet V; 'Simon Game', an interesting game fully based on memory and 'Tic-Tac-Toe', a game similar to the traditional X & O game where for placing X/O participants had to answer a mathematical question.

The whole fest was possible because of the support of our sponsors - Anoushka Enterprises, Arena Animation, Chembur and Anubhav Institute. Our gifting sponsors were Bowerspace, MY CAPTAIN, Suresh Computers and The Souled Store. Maharashtra Times, our media partner covered the event and published two articles about VIHAAN - one before and one after the event.



Vihaan in News

In the present times, there is a great interest in the area of 'Block Chain Technology'. To help our students understand this phenomenon, a seminar-cum-workshop on this topic was organized as a part of Vihaan. It was conducted and coordinated by Anvira Edustation. 'Grammar Guru' event was targeted to test the grammar and literary skills of the participants. It was a great honor to have Ms. Sneha Hariharan, our own alumna as a guide for this event. The rounds tested identifying grammar and punctuation mistakes in a given paragraph and more. 'Game of Codes' was a technical treasure hunt event where the participants had to solve programming languages based quizzes to move on to the further rounds of the event. The quizzes were based on Python, C, Java and HTML. There was an active participation of students from Vivekanand Junior College and many other colleges for this event.

Sagacity

"There are no secrets to success. It is the result of preparation, hard work and learning from failure."

- Colin Powell

On the auspicious and exciting morning of 24th January, 2020, our honourable Chief Guest Mr. Rizwan Sheikh and Principal Dr. Anita Kanwar were warmly welcomed followed by the Saraswati Vandana, hailing the blessings of the Goddess of Knowledge and Wisdom. It was the 15th successful version of Sagacity this year. The theme was "Technoverse: Universe of Technology".



**Mr. Parashar Parab
Chair Person**

It was a two-day tech-fest. There was a combination of lab events like Blind Typing Master, Query my Answer, App Maker, Phototastic etc, non-lab events like Pictionary, My Theme Your Thoughts, Stock Market, Sudoku and many more along with the gaming and star event - "Bluffmaster".



Lab event in progress

This year, a new event called "Survey Says" was introduced and it got appreciable participation too. On the second day, there was a valedictory function where the efforts of the Sagacity team were appreciated and winners of all the events were awarded. 'Swami Vivekanand Junior college' got the Best college award.



Conduct of non lab event

Main sponsors for the event were MK Engineering's, Aashish Colours, Reeya Garments, and Different Print. Star Event Sponsor was Local Stop Family Restaurant and other sponsors were Hatke Gifts Studio, Trupti Farsan, Fauji Chai, Sonam Classes, The Magic Cake Shop, Kalarambh Foundation, Bhau Co-operative Bank and many more. Although there were many ups and downs, the whole Sagacity team, In-charge Coordinator, Convenor, all faculties and non-teaching staff left no stone unturned and made Sagacity V.15 a great success.



Alumni support for fest



Core Committee - Sagacity 15

New Technological Trends for 2020-2021

- 5G Network**
- Autonomous Robots Driven Cars**
- Democratization of Technology**
- Distributed Cloud**
- Artificial Intelligence**
- Virtual reality**
- Automation**
- 3D Printing**
- Growth of digital Payment**

Arvestus

ARVESTUS is an Inter Collegiate Annual Fest of BAF department. The theme for this year was 'Finance City' which focused on importance of Finance in every walk of life. The students created a miniature model of major finance landmarks in Mumbai like the RBI, BSE, NSE, SEBI and prominent banks. The fest included innovative games focusing on Accounting and Finance which was created and managed by the SY and FY BAF students. Organisation of the fest enabled the students to get an insight on ability to organise, plan, strategize, budget and helped them learn about time-management, and marketing skills.

The BAF department organizes this event in the second term of the academic year. This academic year Arvestus was held on 21st and 22nd January, 2020. The fest started with the inaugural ceremony where our Principal Dr. (Mrs.) Anita Kanwar along with the college Administrative Head Ms. Rita Vazirani, our department head CA Shanthilakshmi Mudaliar and the chief guest Mr. Sanju S. Pardeshi (Lecturer, AFAC Jr. College of Commerce and Science, Chembur), a motivational speaker lighted the ceremonial lamps and inaugurated the fest.



Arvestus 2020

Mr. Sanju S. Pardeshi's motivational speech helped the students to build a positive attitude and motivated them. The lecture was an enlightening experience as it helped to rediscover oneself as a human being and as a student looking for fulfilling his/her dreams. This year, Arvestus had nine events, each one being unique and interesting in its own manner and it was because of the exclusive concepts brought by the BAF students that each event received large number of participations from other departments/ colleges as well.

Day 1 began with events like 'Cloud Burst', an interesting event that required the participants to know about the current affairs. This high intensity game had many students enthusiastically participating in the event. 'Biz ring' and 'Impromptu' were other enjoyable events, testing the lateral thinking of the participants. 'Crack The Deal', was a fun event organised in the second half of Day 1, where the participants had to negotiate and exhibit their marketing skills to buy the products at the minimum price and sell at maximum price, thereby making highest virtual profits. The event was a huge success.

Day 2 of Arvestus began with the events of 'Turn, Twist & Win' and To 'Tally' Finance, where the

financial and accounting knowledge of the participants was evaluated. In 'Debate', participants were given the opportunity to present their views on a topic assigned to them on the spot. They were judged based on quick thinking, sound argument and confidence. The event 'Remodelled Cashflow' was one learning yet fun event about money. The participants were tested on their behaviour of investing and acquiring assets in various investing scenarios. 'Ladder to Success' was the final game of Day 2 of Arvestus, where the participants relived their childhood days and played an oversized snake and ladder board with a dice and had to answer questions to move ahead on the ladder. It was a great event and was highly appreciated by all the participants. The day and the fest ended with a big smile of satisfaction. ARVESTUS received amazing response from participants and their positive words filled the entire team with immense satisfaction. It provided opportunities to the SY students to acquire skills & knowledge for overall life-long learning and filled the FY students with enthusiasm for their upcoming days in the college as they supported their seniors.

What's 2 + 2?

ENGINEER: "It lies between 3.98 and 4.02."

MATHEMATICIAN: "In 2 hours I can demonstrate it equals 4 with the following proof."

LOGICIAN: "This problem is solvable."

SOCIAL WORKER: "I don't know the answer, but I'm glad we discussed this important question."

TRADER: "Are you buying or selling?"

ACCOUNTANT: "What would you like it to be?"

Niraya



Organising Team

"NIRAYA" is an inter-collegiate festival organized by the Department of Financial Markets. It is an initiative taken to promote financial awareness through youth participation. It has been designed, keeping in mind the recent development in the Financial Markets, as well as the interest of the youth. It is essentially a youth centric event, testing the financial as well as social aptitude of the participants. The theme for NIRAYA 2020, conducted on 14th and 15th February was "FINANZA: Investment, Your Defence Against Recession." The event was inaugurated by our Chief Guest, Mr. Dharmesh Chauhan, Associate Director of CRISIL, who delivered the keynote address on 'Research Options in Financial Markets'. The spectacular Day 1 was started with the event 'Wolf of Dalal Street' in which one would get a chance to ride and experience the momentum of stock prices of various companies with virtual money and without any monetary risk. This was followed by some interesting and exciting events such as House of Mystery (Treasure Hunt) and One Two ka Four which was an investment-based competition.

The highlight of the 2-day festival was the event 'Sultan of Sales' which gave the participants an opportunity as well as a platform in the form of a competition to showcase their entrepreneurship and salesmanship skills. We got a tremendous response and the event was definitely a huge success.

The Day 2 was ignited with the event 'Lights Camera Action!!' wherein the participants had to underline the theme of city life and capture the glory of 'Aamchi Mumbai' into their lenses and showcase their talent of filming and editing in an innovative manner. The other significant events which had a profound effect included Money Heist, Money in the Bank and Stock Carrom. The last event of the fest was 'Joh Jeeta Wohi Sikandar', where the participants had to undergo various tests to prove their knowledge, skills and talent in order to achieve the title.

College fest is that time in a year where students can enjoy to their fullest and can live their real college life with lots of learning and practical experiences. Thus, to make learning

fun, along with these events, there were many fun fillers as well such as Human XO, Housie, Hot Wheels, The Price is Right, Heads up and so on. The two-day festival ended with a valedictory function where certificates and cash prizes were distributed among the students and winners. The festival was made successful with the participation of various colleges from across the city in almost all the events.

Niraya was a great success with the help and support of sponsors, management of the college and the efforts of all BFM students. The sponsors who came forward to grab this opportunity to advertise their products and services included Anubhav Computer Institute, Espanol Extremo (Spanish Institute), Rework-The Fitness Destination and Pin it up.



Chief Guest Mr. Dharmesh Chauhan addressing the students

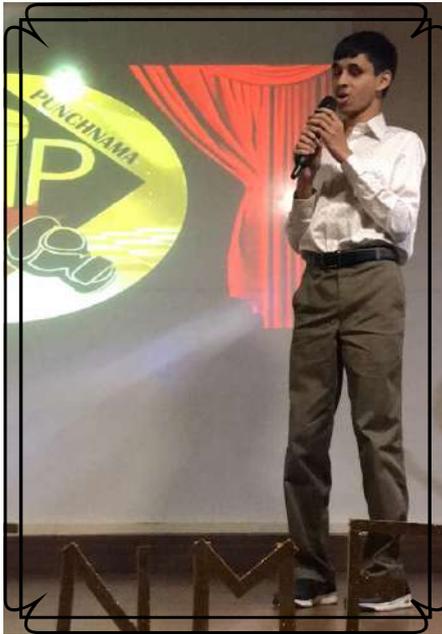
On a concluding note, Niraya managed to reach out successfully to the students of the college as well as those of the participating colleges in a manner that will be beneficial and helpful to all in the future.

Financial Markets Department Webinar

In the pandemic situation that the world is going through, Financial Markets Department had taken an initiative to engage and empower the faculties through a National webinar conducted on the 6th of June, 2020 in order to transform adversity into a series of worthwhile activities. We were indeed very fortunate to have a proactive and supportive management, a skilled technical team and organizers who have put in continuous efforts to make this webinar possible. The event had Mr. Neeraj Jha, Head, Corporate Communication, HDFC Bank Ltd. as the resource person who shared his 25 years of experience with the participants. The topic of the webinar, “Reputation and Corporate Governance in Banking Sector: An Indian Perspective” was interesting as well as unique. As we all know, banks have always been the backbone of any economy. It performs a crucial role by inter-

mediating funds from savers and depositors to activities that support enterprise and help drive economic growth. A common man considers a bank as the safe depository of the money that they have saved for their future. Though banking crisis is nothing new in the Indian financial history, the situation has become uncertain these days. Indian Banks are increasingly focusing on adopting an integrated approach to risk management. Good reputation and effective corporate governance is said to be the most valuable practice for success of any business. Sound banking system is one of the prime condition for financial stability. The event was very successful with more than 1200 participants from all over the country and received an excellent feedback from them.

Confluence



A blind participant for stand up comedy

The annual intercollegiate event of BMS department confluence was conducted with usual fun fare on the 29th and 30th of November, 2019. This year the department went with the theme based on branding our college VESASC as V- unite where in each letter stands for a quality that a student of our college exhibits – Visionary, Entertainer, Strategic, Artistic, Solver and Communicator. Through a series of 6 events these qualities were tested. The entire event was managed by the students of SYBMS with able guidance from the faculties, Mr. Chirag Pagaria and Dr. Mahalakshmi Sankar, the course co-ordinator.

The inauguration was made special by the key note address on the topic "Branding of educational institutions - Its connect to learning outcomes" delivered by visionary educationist and our ex principal Dr. J.K.Phadnis. The two day event had a wide spread of events like 'Blind Tycoon', a business strategy game, 'Educational Panchanama', a stand-up comedy roasting the education system, 'Advertising Adda', where students promote their college campus through

videos and Jiggles and 'Talking Titans', where the communication skills of the participants were tested .

The intercollegiate event attracted more than 100 participants from across Mumbai as well as from within the college. Some of the other participating teams were from colleges like Jai Hind, H. R. College, SIES nerul , K. J. Somaiya, Kirti college, CHM, Elphinstone, MET etc .



Chief guest Dr. J. K. Phadnis delivering the keynote address

The event was sponsored by Jhama sweets, Signature displays Pvt Ltd., Harisons travels etc.

It was a tiring three months of hardwork and persistent creativity in all spheres like event innovation, logistics as well as finances which culminated in the two day mega festival through which students were able to develop life skills like teamwork, marketing, speaking and negotiating skills. Most importantly they developed confidence to roll out events as well developed life-long friendship and comradeship.

Department Activities

Sociology

The department of sociology has been one of the oldest departments of our college. We are a student-centric department and we aim to make our graduates an asset to society. Since we have students from a myriad background, they require special assistance, encouragement and guidance not only academically, but also on the personal front. The department has always encouraged students to gain experiences in different aspects of life, which gives them a glimpse of the “real social world”.

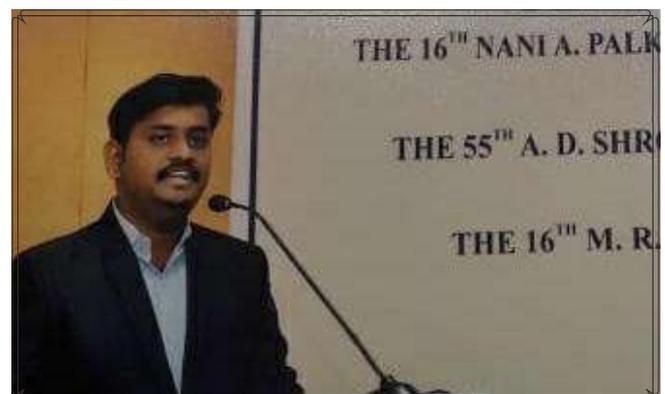
With the above-mentioned view in mind we make a special mention of the “Outreach Programme” initiated by Mr. Dyson Chandy, the HoD. He has been instrumental in guiding a whole host of students of both the aided and the SFC sections and in turn sensitizing the students on social issues like disability and poverty. Students visited schools catering to the children with special needs like “Sevadan Special School”, to assist and help the teachers there in training the students with special needs. They also volunteered at “Bal Anand”, an orphanage in Chembur, where they took the little kids for walks in the nearby park and helped the teachers in teaching the children and visited NASEOH, an NGO for differently-abled people who are trained for different livelihood mechanisms. Through this activity, a dual goal was helping the disadvantaged kids as well as developing a feeling of gratitude for one’s privileges was achieved.

In the academic realm, ‘peer learning’ and periodic tests to improve the writing skills were carried out for the students to ensure that no language barrier comes in the way of learning and gaining knowledge.

The department also invited a faculty from the Rajiv Gandhi Center of Social Work, Mumbai University, Kalina, to talk on “Careers in Social work” to ensure that our students are made aware of the various career opportunities available to them, the necessary preparations required and qualification details and thus become market-ready. Several students from the department participated and won prizes at sports, cultural and intercollegiate events. Overall the effort of the department is always to make our students not only academically sound but also people who can make a difference to the society for the better.



**TYBA Sociology student
Sonali Mapelkar participating in
Stadium Run Competition**



**TYBA Sociology student
Mayur Khankhal - Third Prize Winner at the
finals of A. D. Shroff Memorial Elocution
competition**

Commerce



Organizing team InnoVision

"Commerce changes the fate and genius of nations."

- Thomas Gray

Commerce is not just a branch of study or a stream to choose as a career, it is the strong base on which any nation depends. It is an inevitable part of our lives. The Commerce Department of our college also believes in changing the fate, acumen and genius of our students. To provide students an insight into various career opportunities available to them in the field of Commerce, our Department conducted various Expert and Guest lectures. This year the Department had a spectrum of Guest lectures such as "Career Opportunities in Banking & Financial Sector", "Career Guidance after Graduation and Holistic Options after Graduation" and "Career Opportunities in Hospitality and Aviation Industry" for the students. Commercial education requires skill development among students so that they become competent to face the real world. With this objective, our Department also organized a Workshop on "Career - Life Dreaming Room" in collaboration with Appetals Solutions Pvt Ltd. and an interactive session on "Being Professional" in collaboration with Growth Centre for Third year students.



Guest lecture by Eknath Birari

It is rightly quoted by Li Keqiang – "Changes call for innovation, and innovation leads to progress." This year was the second year of our Intra-Collegiate Festival, INNOVISION 2020. Two new events along with existing ones, which combined learning with fun were introduced. "Ad Showmanship" where the participants had to make an ad-skit on product or service or idea provided to them like Incense Sticks, Real Estate Services, Baby Diapers, Matrimonial Site/App, Valentine Gifts, Addiction to Smart devices etc. was one of the events in which, teams

displayed their brilliant ideas, creativity and marketing skills with a dramatic twist.



Ad Showmanship

In the event “Speech Craft” the participants had to express their views on the topics like US-China Trade War, Frauds/Scams in the Financial Sector, Use of Artificial Intelligence in Business, Impact of Changing Business Environment on SMEs and Significance and Challenges of Start-ups in India. Students exhibited their knowledge and research on latest developments in Commerce and showcased their articulation skills.

This year an event named “Finance Ka Sikandar 2020” was introduced where participants were given a Case Study on the basis of which they had to prepare a Personal Financial Plan and give a presentation of the same. Students accepted this challenging task and performed brilliantly.



Millionaires Ke Khazano Ki Khoj

Maximum participation was received for the “Treasure Hunt” event where students had to follow the trail with clues and find the treasure. Students had great fun in finding clues of distinguished companies and searching for the treasure.



Visit to BSE

“Nothing ever becomes real 'till it is experienced” - rightly quoted by John Keats. To connect theoretical learning and practice, internship opportunity was provided to students in Maruhachi Tent Co. Ltd., Japan. 10 students of T.Y.BCom successfully completed their 4 months internship and got great exposure to market research and international marketing. To give practical insights into the working of the Stock Exchange and its regulator, visit to BSE and SEBI was organized for the students. "Research is creating new knowledge"- by Neil Armstrong. Believing in this quote strongly, the faculty of the department presented and published nine research papers and won laurels of Best Research Paper presented in 2 Conferences this year.

Two students from S.Y.BCom were encouraged to participate in Avishkar Research Convention - Zone II Round with University of Mumbai. Four students also won laurels at ‘Shodh’- a Research Paper Presentation Competition held in Mulund College of Commerce.



Visit to SEBI

Accountancy

"Proper accounting is like engineering. You need a margin of safety. Thank God we don't design bridges and airplanes the way we do accounting."

~ Charlie Munger

'Life is like accounting, everything must be balanced.'

Accountancy plays an important role in everybody's life, and all of us knowingly or unknowingly follow its rules in our daily lives. The Accountancy Department empowers students through quality education and practical training on various topics, with the aim of making them industry-ready. The faculty adopt various teaching, learning and evaluation methods blending traditional pedagogical methods with experiential and practical training. This year, in addition to the regular course, the department extended support to the students in the form of bridge courses for the students taking accountancy for the first time, remedial lectures for slow learners, assignments and class tests for all the students.

In this digital era and information age, the reading habits of students have declined. To encourage them to make use of library resources, the department arranged a reference books exhibition in collaboration with our college library.



Display of reference books in Accountancy



Guest lecture on GST by Pankaj sir

Several guest lectures were organised by experts and alumni on various topics like GST and careers and further studies in the area of Fintech and Financial Markets. These enhanced students focus on how to approach the examinations as well as how they could chart out their own career path.



Lecture on Fintech and Financial Market

Along with academics' other activities are also conducted by the department under the banner of 'Accountancy Association'. The Association aims to widen the social circle of students, to train them in better time management, sharpen their skills and exploration of their area of interests. This year various intra-college activities were conducted viz. Poster Presentation, PowerPoint Presentation and Smart Accountant. Poster Presentations were organised for First Year students in which 19 students participated from various departments.

To enhance communication skill, team efforts and deep understanding of the topic PowerPoint Presentation was organised for second-year students in which seven teams participated with great zeal, judged by faculty members from SIES College and Dr. T.K. Tope College. The department believes that third-year students should be competent enough to face ever-changing challenges of the highly competitive world around and thus their knowledge of accountancy was tested through 'Smart Accountant' (written MCQs test) in which 55 students participated with confidence.



Poster presentation participants with judges and department members



Power-point presentation by SY students



Smart Accountant test

To have a fair judgement of the event, faculty members from N. G. Acharya College were invited as an external judge along with one internal faculty from the Banking & Insurance Dept of VES.



Prize distribution to winners of Poster, PPT and Smart Accountant by Pankaj sir

SYBA students showcased their talent by making various decorative and attractive accounting documents like pay-in slip, cheques, cash voucher and payment voucher on which not only they gave presentations in their own class but they explained the same to FY.B.Com students also. They also visited Jankalyan Bank for better understanding of procedures of opening a bank account and various types of bank accounts.

Faculty members always make efforts to acquire a new horizon of knowledge and desire to get the intellectual joy of doing some creative work. All members actively participated in attending workshops, seminars and conferences. Sunita Sherifani and Sanjay Premchandani wrote and presented a number of research papers which were also published. Syllabus revision and question paper pattern changes and inputs were sought from the Board of Studies members. Good results in the subject of accountancy show knowledge and teaching skills of faculty members on one hand and enthusiasm, vibrancy and efforts of students on the other hand.



Explanation of accounting documents by SYBA students

Management Studies

The Department of Management Studies had an eventful year with a mix of academic, cultural and self-development programs which gave the students an opportunity to grow and excel in various fields. Several curriculum-related activities were organized for the students, namely guest lecture by the Vice-President of Mamaearth on “Marketing Scenario for the Millennials – A Corporate Perspective” and workshop on 'Unraveling interpersonal skills in a professional structure', for the first-year students. In order to sensitize the students towards the importance of social currency and their online presence, a workshop on 'LinkedIn profile optimization' was also conducted.



A student interacting with a guest speaker

The first-year students of BMS department held their flagship event on the 20th of February, 2020. This year it was based on the concept of “India - A Traveller’s Heaven”. The audience for the event consisted of parents, teachers and guests from the industry and students took them through the enchanting glimpses of the Northeastern States of India, Historical Monuments of South India, Weathered Sands of Odisha and topped it with a Shikara Ride in The Lakes of Kashmir.



Poster made with environment friendly material



Professional communication workshop in progress



Team #Odisha leader explaining the food display to our Vice-Principal Dr. Santhini Nair



Team #Kashmir



Team #Tamilnadu

All these were presented in the form of traditional dance, regional delicacies, a powerful PowerPoint presentation and artefacts all made by the students of the first year. The four-team representing the different states competed fiercely and team Odisha emerged as the winner.

The department also had some good placements, with students getting placed in top companies like Publicis, XL recruiters, Square yards etc.



A SEWA Stall



SEWA team from TYBMS

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."

- John Quincy Adams

Banking and Insurance

"You can teach a student a lesson for a day; but if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives." - Clay P. Bedford

This is what the Department of Banking and Insurance have always believed in and moved ahead with organizing an array of events and activities for the students throughout the year, building a pathway for them to move ahead with the curiosity and eagerness to learn and grow. Changes are always welcome if the desired destination seems to be easily achievable. The biggest turn this year was the innovative conduct of orientation program for freshers. Through innovative games and activities, we not only welcomed them to VES College but also gave them the positivity to embrace the rules and regulations laid down by the college. Efforts were made to blend traditions with innovations. For the first time, we had simple subjects taught in an innovative manner. FANCY CARNIVAL (depicting society and their features through fancy dress, role plays and dramas) and FOOTBALL LEAGUE (heavy concepts in a simple quiz created by students for each other, a kind of peer to peer learning) for the subject of Foundation Course, LIVE PROJECTS for FC-III (An Introduction to Banking Sector), WEAR THE THINKING HATS for FC-IV (An Introduction to Insurance Sector), Banking Financial League for FSM and so on....



Prelude cricket for Euphony



Guest lecture by Mr. Tanuj Poddar on Reality Check in Banking Jobs



Mr. Aman Chawla - Guest speaker for financial literacy and risk management

Keeping the curriculum in mind, various activities aligning to it were designed from time to time. BITS Club events (weekly organised) gave opportunities to first-years to explore and learn with senior buddies. Various workshops on "How to prepare Google Forms to carry out Research", "How to prepare PPT using Prezi", "How to prepare innovative presentations" were arranged to develop students innovative skills. Guest lecture on 'Reality Check in Banking Job', 'How To Prepare for GD & PI', 'Mock CET Test', a visit to MET College, etc. were arranged, to give them the glimpse of competition in the outside world and in the industry.



Orientation for FYBBI



Visit to MET College



Mock CET and GD-PI session



A student presenting during PPT competition

Bank Nationalisation Day was celebrated with the theme of “NBFC – The Boon for Indian Financial System: Truth or Myth”. Also the annual festival, Euphony was celebrated with zeal and enthusiasm on the theme of “Mergers & Acquisition”. This Academic year will be especially remembered in the Department history, as for the first time two students of TYBBI, Mr. Rahul Gupta and Ms. Ruksar Shaikh were among the top ten contestants for the BEST Student Award. Mr. Rahul Gupta has contributed

immensely in all his 3 years in the college. This year he was also a participant in Avishkar Research Convention. The moment of joy got synergised when Mrs. Minal Gandhi and Mrs. Anusuya Yadav were recognised for “Being Innovative Teacher” by Gyanvistaar - an initiative by VES Society. With a constant check on improvements and intention of bringing the best to our students, we promise to move ahead with “Do your best, and be a little better than what you are.”



Bank Nationalisation Day event judges

Did you know?

- With effect from 1st April, 2020, ten Public Sector Banks (PSBs) were consolidated into four banks, namely, (i) amalgamation of Oriental Bank of Commerce (OBC) and United Bank of India into Punjab National Bank (PNB) (ii) amalgamation of Syndicate Bank into Canara Bank (iii) amalgamation of Andhra Bank and Corporation Bank into Union Bank of India and (iv) amalgamation of Allahabad Bank into Indian Bank.
- Given the rapid increase in COVID-19 cases in the country, the Insurance Regulatory and Development Authority of India, IRDAI, has allowed 30 general and health insurers to launch short-term ‘Corona Kavach’ health insurance policies.

Financial Markets

*"Compound interest is the eighth wonder of the world.
He who understands it earns it, He who doesn't, pays it."*

- Albert Einstein

Financial Markets play an important role in the economic development of the country. It directs the resources in productive sectors by transferring them from savers to borrowers. Thus, it increases overall investment activities in the economy. As a department, our aim is to develop human resources who can cater to the requirements of this sustainable financial and economic growth of the market. Curricular and extra-curricular activities have been an integral part of the department with an objective of creating freshers who are industry-ready in terms of knowledge and skills and enrich the knowledge base of faculty.

Academic activities were started with a 7-day course named 'Ride of Investment' and seminar conducted in collaboration with National Stock Exchange (NSE) where students got an on-hand experience of the pulse of share market of the economy, learnt to analyze the performance of a company and understood the fluctuation of prices of shares in the exchange and also understand the concept of equity market and its functioning repeatedly.



NSE seminar

'Saudagiri', a unique event organized by the department gave students a platform to market different investment tools available in the market. It also initiated the development of marketing and communication skills among the students. 'Money Multiplier', an inter-departmental activity, was another initiative to inculcate and imbibe the importance of savings and the different investment avenues, among the students from science backgrounds who are the future savers and investors.



Money Multiplier Activity

The department oriented the students and their parents about the future prospects in terms of employment in the Financial Markets by conducting guidance sessions regarding the certification courses required for empowering themselves in the job market. Several activities like PowerPoint Presentations, Group Discussions, Debates and Peer Learning sessions were regularly conducted for the department and bridge courses, remedial lectures and extra lectures were regularly conducted to support the slow learners and weak performers of the department.

Alumni interaction and guidance sessions by successful alumni lifted up the spirit of the students and gave them a focus on career management in corporations

'Niraya', the inter-collegiate department fest, was organized with the same zest and enthusiasm as every year. The students got an opportunity to develop interpersonal skills and leadership qualities through the conduct of this event.

Apart from the student-centric activities, the department had also organized a National Webinar on "Reputation and Corporate Governance in Banking Sector: An Indian Perspective" to enrich the faculties about the recent developments and the RBI regulations related to the banking crisis that the world economy is facing in the recent times.



MET workshop

Some top companies at present in India based on their market capitalization



Accounting and Finance

"If you are facing in the right direction, all you need to do is keep on walking."

- Gautam Buddha

The academic year 2019-20 for the BAF department began on a positive note, as its first batch of two divisions of Third Year students graduated with flying colours. The pass percentage was 99.21% and the first rank holder secured 90.33%. This year, the VES Shreshthta award was won by Abhishek Patil, TYBAF student for "Exceptional commitment in excelling at academics" from VESLARC.

The focus on academics along with holistic growth in extra and co-curricular activities continued to be the goal for the academic year 2019-20. In this academic year, BAF department added more activities in the conduct of VES Students BAF Association (VESBA), a voluntary student association for "Empowering young minds", to help students enhance their confidence to face the corporate world, setting of their goals and achieving a productive mindset amongst other skills.

This year VESBA activities began with the motivational Ted Talks 'No one can stop you' by 'Gaur Gopal Das' to motivate the students to set and achieve their goals high. Lecture Series by eminent professionals from the industry on topics related to Accounting and Finance like 'Merger and Acquisition', 'An overview of Union Budget 2019-20', 'Transforming our World: 2030 agenda for Sustainable Development', and 'Selection of Right Investment Strategies' was held.



Lecture Series 1 - July 2019



Lecture Series 2 - September 2019



Lecture Series 3 - February 2020

Intra-collegiate activity including 'Tax Mela' and exhibition on Direct taxes & GST was conducted by SY and TY students, for the benefit of all students of the college and Poster Competition on 'Current Trends – National & Global' was also organised for students across all streams. Other activities included RJ Radio club, Newspaper & Business Magazine articles and Book Review presentations, which helped students to improve their reading skills and gain knowledge and insight into current affairs. In collaboration with Satyam Institute of Tax Accountant, the department offered an add-on course of 75 hours to TY students in 'Certified Tax Accountant Plus'. 66 students joined this course where they learned the practical aspects of a company, ledger and stock creation, voucher entries, Tally and GST registration and return filing.

FY students went for a one-day industrial visit to Wada and saw the functioning of Hindustan Coca-Cola Beverage Private Ltd., HIL Ltd. and Corbox Ltd., whereas TY students visited Lonavala and saw the processes and assembly of production at Maganlal Chikki, Bailey's mineral water packaging, RLK Shriram Plastics Pvt. Ltd. and Santulan Ayurveda centre. Various Forum & other activities were conducted throughout the year for FY, SY and TY students such as Formation and scenes, Management skill games, Vedic mathematics. BAF Department also conducted mock GD and PI sessions for TY students to develop their personality and prepare them to appear for job interviews.

Inter-Collegiate Annual Fest of BAF department "ARVESTUS " on the theme of 'Finance City' was conducted by students with innovative games focusing on Accounting and Finance. This enabled them to build on skills like organising, time-management, budget preparation, teamwork, and marketing strategy. The department also continued with the conduct of activities as done in the previous year such as orientation for first-year students, LLE for TY students, NSS for all students, farewell for graduating students and convocation for graduate students.



Industrial visit to Hindustan Coco-Cola Beverages

Did you know?

- The first Certified Public Accountant (CPA) examination was administered in New York in 1896.
- Bubble gum was invented in 1928 by an accountant, Walter Diemer.
- November 10 is recognized as 'International Accounting Day'.
- The Federal Bureau of Investigation (FBI) employs more than 2,000 accounting special agents.

Physics

It gives me a feeling of fulfilment at the end of an academic year to look back and take an account of the prizes won by our students and teachers, the events conducted, the visits organized and the projects and research activities undertaken by the department during this academic year. The active physics association gives a platform to students to learn something new and make presentations or give seminars.

One of our students Mr. Sagar Ramchandani from T.Y.B.Sc., gave a series of talks on Fourier Series, Mathematical methods in physics and their simulations using Python. As a part of the celebration of the 50th year of landing on the moon, on 20th July 2019 four students from S.Y.B.Sc., Deepa B, Pragati, Richa and Simran gave a very informative presentation on "Landing on the Moon".



Sagar (TYBSc) giving a talk on 'Fourier Series'



Deepannuta (SYBSc) giving a talk on 'Landing on the Moon'

As an interdepartmental activity, our department hosted a talk on "Fascinating World of Sensors" by Dr. Sangeeta, Ex. Scientific Officer from BARC. The program was organised by the Indian Women Scientist Association (IWSA) and sponsored by BRNS. She took us to the wonderful world of biological, chemical, thermal and IR sensors.



IWSA member Dr. Sangeeta, Ex. Scientific Officer from BARC giving a talk on 'The world of sensors'



IWSA office bearers with physics department teachers

We organized our very own version of IPL, namely PPL, Physics Problem League, a competition for students to encourage their problem-solving skills in Physics. In this annual program, students in a team of three, had to solve one problem in physics every month and the winning teams were awarded with prize money. The happiest moment for our department was when Mr. Sagar Ramchandani, a T.Y.B.Sc. Physics student, secured the second position at the 14th Maharashtra State Inter-University Avishkar Research Convention 2019-20, organised by University of Mumbai for his research project titled 'Electrodynamics Simulator' in Pure Sciences category, UG level under the guidance of Dr. Devidas Gulwade. Sagar Ramchandani also bagged the most coveted award of our college, the Best Student Award for the year 2019-20.



Best Student Award to TYBSc student Sagar Ramchandani



Sagar Ramchandani receiving trophy at the Avishkar award function

There were many occasions when our students made us proud. Sagar Ramchandani (T.Y.B.Sc.) and Pralhad Shenoy (S.Y.B.Sc.) attended 'IAPT Summer School in Theoretical Physics' for a period of two weeks at R. J. College, Ghatkopar. Sannit Tyagarajan (S.Y.B.Sc.) was selected to attend a summer research fellowship for a period of 2 months at IIT Bombay. In addition to this, two students cleared the IIT entrance examination 'JAM' out of the seven students appearing from our college. On 13th December 2019, an intercollegiate quiz competition KBP, 'Kaun Banega Physicist Quiz', on the lines of the popular show Kaun Banega Crorepati, was organised for B.Sc. students for the 5th consecutive year. To show that physics can be fun we conducted a physics crossword competition. We also conducted an intercollegiate workshop on "Astronomy and Astrophysics" wherein we invited scientists from BARC to talk on the recent work going on in the field of astronomy and astrophysics. Students from T.Y.B.Sc. and S.Y.B.Sc. and all the faculty members from the department visited 'Vigyan Samagam', a multi-venue mega Science Exhibition which brought several collaborative DAE/DST projects on 'Fundamental Science and Research' under one umbrella at the Nehru Science Centre. As part of the National Science Day celebration, our students from T.Y.B.Sc, S.Y.B.Sc and F.Y.B.Sc got the opportunity to visit reputed Research institutes like BARC and TIFR. The theme for NSD - BARC this year was "Radiation and Radioisotopes in Health care".

The students could visit various labs like Dhruva Research Reactor, Robotics division, FIFLY and exhibition on Radiation and Radioisotopes in Healthcare. In TIFR, they visited mass spectrometer lab, optoelectronic lab and thin films lab where they could see the effect of liquid nitrogen on LEDs and generation of thin films of graphite.

To encourage the students to know more about the wonders of the universe, we organized star gazing activity. Our students spent an entire night at Neral, gazing at the sky and looking at the stellar objects through the telescope. They were accompanied by a group of amateur astronomers called 'Space Geeks', Mumbai.



Star gazing enthusiastic students and staff

Our teachers did well in research too. Dr. Devidas Gulwade was the Resource person for sessions on X-ray diffraction and crystallography at the IAPT Summer School in Theoretical Physics. A project on "Fusion and breakup cross-section of weakly bound nuclei on medium mass targets near the barrier, sub-barrier and deep sub-barrier region" was sanctioned to Dr. Sarla Rathi. The project is funded by UGC-DAE, Consortium for Scientific Research Project and it is extendable for three years. Under this project, a student has also joined as a UGC-DAE Project Fellow. Dr. Santosh Bhaskaran got the Best paper award in the concerned technical session and overall third prize at the INAC-4 National level conference organized by ISSE and SAC-ISRO. Overall the year was full of events and was very satisfactory.



Farewell to TY Physics 2019-20

Chemistry

"Intelligence plus character - that is the true goal of education."

- Martin Luther King

The activities of the department of chemistry have always been student-centric. We encourage students to gain experience beyond their classroom learning by organizing intra-collegiate and intercollegiate competitions under the umbrella of the Chemistry Association led by Dr. Ritika Makhijani, Dr. Pooja Jagasia and Dr. Dinesh Navale.

This year, 5 of our students from T.Y.B.Sc. namely, Pooja Tike, Deepshikha Singh, Talwar Amitta, Priyanka Kanojiya and Komal Surve; and 2 students from S.Y.B.Sc. namely, Pralhad Shenoy and Suraj Gupta presented research projects at

the 'Avishkar' Research Convention held by the University of Mumbai. Many students have also won prizes at several co-curricular and extracurricular activities organized by other colleges.

Our department runs a program called "Chemistry Enrichment Programme" helping students prepare for the competitive exams like IIT-JAM and NET, SET, PET Examination. As a result of this, our student Ms. Priyanka Masugade - M.Sc. Part-II (Organic Chemistry) appeared among the top six students at the Aptitude Test conducted by Indian Chemical Society (Mumbai Branch) and also cleared the GATE examination. The department with great pride records the progress of Ms. Nancy Chauhan (M.Sc. Organic Chemistry - 2018 batch) into higher studies as she cleared UGC-NET-JRF and GATE examinations. We are also proud of our faculty achievements wherein Dr Rita Ramsinghani having completed her Ph.D. Degree, Dr. Seema Borgave and Dr. Dinesh Navale being recognized as Ph.D. guides and Mrs. Varsha Ahuja receiving recognition as a Guide for M.Sc. (By Research).



Our students won first prize at Chem Dance at MD college



Students winning Second Prize in 'Jignaya' (Research Project) at SIES College



Our TYBSC students taking part in LLE

A lecture on "Career avenues in the Industry for Biology and Chemistry graduates" was arranged for B.Sc. and M.Sc. students of Microbiology, Biotechnology and Chemistry under the Star DBT scheme. The speaker was Mr. Kumaraswami Sivan, CEO, Total Quality Solutions having close to 18 years of experience each in academics and in the industry. The objective of the talk was to make the students aware of the various jobs available to them and reassure them about the scope of the subject they are studying. Competitive Exam Guidance Lectures were also organised for the SYBSc and TYBSc Chemistry Students. Mr. Kailash Chauhan and Mr. Aditya Pratap Singh of ADJAM Educational Institute were the resource persons for the same.

Academic training is incomplete without an interface with the industry. This year our students went for study visits to several industries in Hyderabad namely, 'Lucid Lab Pvt. Ltd.' which is a NABL accredited analytical laboratory offering Biological, Chemical and Mechanical testing services

along with validations, Research and Fertile investigation providing reliable, affordable and accurate testing services as per international standards; "National Institute of Pharmaceutical Education & Research" [NIPER], Hyderabad which is an Indian Public Pharmaceutical Research University and is one of the seven schools under India's Ministry of Chemicals and Fertilizers, here the students understood the working of 500MHz NMR spectrometer. They also visited 'MASQATI Dairy' at Hyderabad which is set up in 1965 with an annual turnover of approximately 200 crores in producing a wide range of dairy. To celebrate National Science Day, F.Y.B.Sc. students were taken to a visit to BARC. Like every year, this year too our UG and PG students attended Summer Internships at Rashtriya Chemicals and Fertilizers (RCF), BARC and Chemical Industries. Overall it was a very fruitful year for the chemistry department.



Industrial visit to Lucid Lab Pvt. Ltd. at Hyderabad



Industrial visit to MASQATI Dairy at Hyderabad

Microbiology

"In the depth of winter, I finally learnt that within me there lay an invincible summer."

- Albert Camus

The year 2020 has brought to light the significance of learning Microbiology and research in the field, with the world battling against COVID-19 and Microbiologists contributing immensely in finding solutions to the challenge being faced.

During the COVID lockdown, Dr. Nagesh Malik, our HOD retired after a long and illustrious service of 36 years and Vice-Principal Dr. Santhini Nair took over the reins of the department from May 2020. We wish Malik sir a healthy and happy retired life. We also congratulate Mr. Malay Shah who successfully defended his thesis and was awarded his Ph. D degree.

The academic year began with an orientation session for FYBSc students and their parents and PTA meetings for all the classes were conducted throughout the year. Various innovative teaching methods such as POGIL (Program Oriented Guided Inquiry Learning), group activities, pre-recorded lectures, pre-and post-lecture quizzes, and live exploration of websites in the classroom were used by the faculty to facilitate the learning of students.

Various short courses, workshops and guest lectures were conducted to impart knowledge beyond the regular syllabus like the workshop on "Quality Assurance and Quality Control in the industry"; Certificate course in Bioinformatics; "Career opportunities for Biology and Chemistry graduates"; "Defining Scientific in the age of social media".



TY students receiving their certificates after successful completion of Bioinformatics course

National Science Day was commemorated by conducting an inspirational talk on "Sustainable Environment: Are you prepared to reduce your Carbon footprint?" by Padmashree Dr. Sharad Kale, a retired eminent scientist from BARC.



Padmashree Dr. Sharad Kale interacting with students on the occasion of National Science Day

The Micro-Biotech association conducted poster making and essay competitions, seminar competition, research paper presentation and a Dumb-Charades-Pictionary event for all the three classes. The annual prize distribution function held in January 2020, felicitated the academic toppers and winners of the previous year and Mr. Pranay Mhatre of TYB.Sc. has been presented the first 'Star Student' award, for achievements in co-curricular and extracurricular areas.



Micro-Biotech prize distribution function - felicitating the achievers

A career guidance program titled "Disha - Careers in Microbiology and Biotechnology" was conducted in which our alumni shared their experiences with the current students and presented the various career avenues available to them.

20 students participated in the online elimination round of the 19th National Level Microbiolympiad organized by the Government Institute of Science, Aurangabad. Both our T.Y.B.Sc. (Mr. Gaurav Patekar, Mr. Luvneet Khitani and Ms. Shivani Nimbkar) and S.Y.B.Sc. (Ms. Kimaya Rane and Ms. Ashwini Satpute) teams figured among the top ten teams at the National level, and competed in the final round held at Aurangabad.



SY and TY students team at the 19th National MicrobiOlympiad

Educational trips and industrial visits were organized to the Sunanda Divatia School of Science, NMIMS, Plant Tissue Culture lab of Vaze College, and the Nehru Science Centre for the travelling exhibition on “Superbugs: The end of Antibiotics?” A 5-day trip to Hyderabad was organized for the SYB.Sc., TYB.Sc. and M.Sc. students, which included visits to IIT (Hyderabad), Centre for Cellular and Molecular Biology (CCMB) and Centre for DNA fingerprinting and diagnostics (CDFD) to know the advanced techniques and instruments and current research prevalent at these institutes.



Educational visit to CDFD at Hyderabad

The department continued its association with Marathi Vidnyan Parishad (MVP) a science dissemination organization, in its outreach activity “Shanivari Vigyanvari”. Five TYB.Sc. students demonstrated basic concepts of Science through 10 multilingual sessions to students of municipal schools in and around Chembur.



Shanivari Vigyanvari

Subject-based extension activities included Bacteriological analysis of the drinking water supplies of the college; Disease awareness drives on tuberculosis, dengue and malaria in three M ward schools and Shree Sai School in Mankhurd. More than fifty students of the department completed 120 hours, as a part of LLE program, and nine students completed their ACP modules undertaking various social service activities. The department is proud of its alumnus Dr. Subhojit Sen, Ramalingaswami Fellow at UM-DAE CEBS, who is a part of the core-team of ISRC (Indian Scientists' Response to COVID-19), building COVID-19 awareness resources in up to 18 different Indian languages. Dr. Dona Joseph (our faculty) is also a member of this team. We were glad to call Dr. Subhojit Sen for our 'Inspire Me' session to address our students in the college. The department continued with the “Inspire Me Webinar Series” even during the Covid-19 lockdown which was kept open to participants from all over the country. Research scholars, scientists & professors from premier research institutes from across the globe spoke on varied and interesting topics such as Arboviruses, Epigenetics and Coronavirus-lung interactions. As humanity struggles against the scourge of Coronavirus, the Microbiology department continues to play its part by producing competent Microbiologists and spreading awareness about microorganisms and their activities.

Biotechnology

"There is no "I" in Teamwork."

-Anonymous

When the entire department works on the common goal of preparing the student for the industry and life, a lot can be achieved within a short span of time.

The academic year began with the parent-teacher meet of first-year biotechnology students and the annual Career Fair DISHA.



DISHA 2019

This time, however, not only did the illustrious alumni of the department interact with the students of Biotechnology and Microbiology, but they also interacted with the parents of first-year biotechnology students. It was a grand success with around 200 attendees. To attain the goal of preparing the third-year students for industry placements, two workshops were organised, sponsored by Star DBT. A four-day workshop on "Molecular Biology" which included Genetic Recombination Technology was possible with the cooperation of Institute of Chemical Technology (ICT), from whom recombinant cultures were obtained.



Molecular Biology Workshop



Explaining Egg Inoculation

Another was a three-day workshop on "Basic techniques in Animal tissue culture" thanks to the Animal Tissue culture laboratory built to suite the DBT practical requirements and the Animal cells provided by HiMedia Labs Pvt. Ltd. Study visits to HiMedia Lab Pvt. Ltd. - Hydroponics section, Bombay Veterinary College, Shimadzu Indus. Pvt. Ltd and NMIMS Institute, helped the students learn about vertical farming and growing plants in water, the In-Vitro egg inoculation techniques, see high-end analytical instrumentation and know the latest trends in biotechnology research respectively.



**Visit to Hydroponics Facility
- HiMedia Labs Pvt. Ltd.**

41 students of third and second year visited the most reputed Institutes and Industries in Hyderabad, like Centre for DNA Fingerprinting and Diagnostics (CDFD), Tata Institute of Fundamental Research (TIFR), Centre for Cellular and Molecular Biology (CCMB) and Kamineni Hospital – the topmost in India for screening for genetic disorders.

Several competitions were conducted under the Microbiology-Biotechnology Association including Infographic designing, essay writing and disease awareness poster competitions. The department also observed "RARE DISEASE DAY" on 29th February by the display of Digital posters on rare diseases. "BIONOVA" - a novel program that incorporated fun along with learning about the manner in which biotechnology affects our day to day life was organized by the department for the entire college. Visual exhibits, games based on biology, tasting of flavoured yoghurt prepared by the students, blood grouping, isolation of nucleic acid and observing cells under the microscope tickled the visual, gustatory and intellectual senses, leaving the students and teachers of the college with a smile.



BIONOVA

Promoting the flavor for research, the department sent 8 students entries for "AVISHKAR" – Research convention of Mumbai University and also to "JIGYASA" – intercollegiate research presentation conducted by K.C college, where two groups of third-year students won accolades and cleared the zonal round and won the first prize respectively. In extra-curricular activities, the second-year students won the consolation prize for the street play competition they presented in UDAAN - LLE Festival at V.K Krishna Menon college. All these couldn't have been possible without the unending enthusiasm of the faculty members and the unstoppable energies of our students.



HYDERABAD Industrial visit - CCMB

We believe that 'Books and Books alone would help the growth of a student'. To promote the use of reading precious books and resources and to promote library usage, a display of books was held for 4 days and students were given the opportunity to issue books that interested them. Dr. Meghana Sanjeeva, our librarian, was invited to talk to the undergraduate and postgraduate students of Biotechnology and Microbiology on "Use of online resources for referencing in research".



HYDERABAD Industrial visit - CDFD

"The rewards for biotechnology are tremendous - to solve disease, eliminate poverty, age gracefully. It sounds so much cooler than Facebook."

- George Church

Computer Science

"We write to taste life twice, in the moment and in retrospect..."

I hope you will agree with that one. Let me take you back in time to go through the activities of our department.

We conducted lots of activities last year. But there are a few that we would always cherish. Firstly, Ms. Madhavi Vaidya was awarded a Ph.D. Degree in December 2019 by the University of Mumbai. Then, three of our TY students - Mayur, Ranaram and Khushboo designed a website for the college library (<https://library.ves.ac.in/>).

Our SY students were not far behind. They completed internships with Tata Power company's NGO 'Dhaaga' to digitize their data. Ms. Sukanya Sengupta and Ms. Rutuja Bane, attended a CISCO sponsored summer school program on "Cybersecurity and Data Analytics" at IIT-Delhi conducted in July 2019.

Through VIHAAN, we submitted 44.75 kg of E-Waste as our contribution towards a better environment.

As a college/department, the most important factor that marks the performance of the students is the placement they receive. Throughout the year, a number of placement drives were conducted, the names of the companies and the number of TY students that were selected are as follows - LnT Infotech(8), Infosys(12), Capgemini(12), TCS(10), TCS-NQT(5), Wipro(4) and Senergy Intellutions(1). Similar to placements, internships offer a good learning experience to the students. 6 students completed their internships with Deepleads Innovation Enterprise, Verzeo, MAXE Infotech, House of Couton Private Limited and Commondove in various roles.



Students appearing for Aptitude Test for 'Senergy Intellutions' placement

In higher education, research has a lot of value because research creates new knowledge. Dr. Madhavi Vaidya reviewed two research papers and one manuscript. She also published one research paper as a co-author. Mr. Raghav Thakur (TYCS) presented a research paper titled - "BlockChain" under the guidance of Dr. Madhavi Vaidya. Three groups of Computer Science students presented posters at the AVISHKAR Research Convention and one group presented their topic of "Crash Free Cars" at the AVISHKAR Research Round II - Zonal level at Father Agnel, Vashi.



Avishkar Selection

Our highly enthusiastic bunch of SY students created and launched the second version of the department's e-magazine called 'TecKnow'. 10 students of TY completed Additional Credit Programme (ACP). 27 Students of SY contributed 340 hours of work in NASEOH. Our students conducted many workshops as a part of peer-to-peer learning.



Photoshop session



InDesign Session



Debugging Session

Our department is blessed with active alumni and they always contribute to the department in some way or the other. Mr. Ignatius Gonsalves, Ms. Sharvari Kotnis Majumdar, Ms. Sukanya Sengupta, Ms. Rutuja Bane and Ms. Mrunali Parab delivered guest lectures on several topics to the current students.

The department always make sure to arrange special sessions beyond the syllabus for the students as well as staff members, helping them to learn new things or develop their soft skills. This year, two workshops were conducted for faculty members. Four sessions were done by VESLARC for the students to improve their employability. Mr. Mihir Vaidya conducted multiple sessions on English for the students. Under DBT, the department organised a 8-hours long "Django Workshop", conducted by Mr. Ravindran Balakrishnan. All the students and staff members



VESLARC's session on Anger management

benefited from these programs. Last but not the least, department faculty members conducted several GD sessions, did online courses and conducted and participated in several SDPs for their own continuous growth and development. 2019-20 was like a roller-coaster ride! Stay tuned for next year.



Mr. Mihir Vaidya's English session for TYCS



FYCS parents meet



Alumni php session



Squad Seminar

Information Technology

"Try not to become a man of success, but rather try to become a man of value."

- Albert Einstein

In the spirit of the above quote, B.Sc IT Department of VES College is preparing its students and team for the future to attain gradual success by adopting value-based strategies with a positive spiraling effect.



Co-ordinator in charge addressing during That's IT launch

The Department fulfills its dream of inculcating an understanding of group dynamics, interpersonal skills and employability skills in the students by conducting its intercollegiate tech-fest 'SAGACITY' and by publishing the annual News tabloid 'THAT'S IT'. The sale proceedings of THAT'S IT is donated to an NGO every year. Student's employability and communication skills are enhanced by conducting Add-on Courses to bridge the gap between the syllabus and the industry requirements.

The department conducted the PACE test and Aptitude test free-of-cost for students to analyze their aptitude. Subject-oriented seminars, soft-skills-based seminars, workshops and other activities also were conducted to develop the student's communication skills.



That's IT core team

This year, the Annual Tabloid 'THAT'S IT' was launched by the Global chief information officer at "Integreon Managed Solutions" and the department fest Sagacity was conducted in January 2020.



Chief guest Mr. Sanjeev Jain addressing students

This year, as part of innovative practices, students developed mini web sites; worked on Project-Prototype-Presentation, where they learned SDLC in the subject of Software Engineering through Live projects; developed Graphics Object; conducted peer learning sessions for students who needed additional help in academics and also celebrated Family Day where the IT Association's prize distribution was held acknowledging the contribution of alumni of the department and academic proficiency winners. Parent-teacher meetings were also held to provide feedback and support to the students' learning.



Faculty members during Family Day celebration

As part of learning, 3 students of TYIT completed an internship at “O-line - O Nexus Private Ltd”, 2 Students successfully completed all the three modules of Additional Credit Program offered by our college and 57 Students successfully completed 120 hours of Lifelong Learning and Extension program. The department achieved 64.58 % of placement. Out of 48 eligible students, 31 students are placed through on-campus, pool-campus and off-campus programs.

Faculty also have been very active in professional development by publishing a book on Software Project Management, Software Quality Assurance, conducting workshops in other colleges and also attending refresher courses.



Programmers can be musicians too



Mr. and Miss IT- 2020



Class FYIT - Orientation Programme



Class SYIT - Organizers of IT Family Day

Mass Media

The aim of the department of Bachelor of Mass Media (BMM) is to train the students in the three-year course about media and different types of communication. The course is known as the most desirable course and career option taken up by youngsters today. We give the students a platform to showcase their talent in cultural activities, debates, film making, photography, newspaper and magazine making to provide relevant knowledge of the current status of media. For the last 18 years, the department has been very active and energetic in conducting various activities and events. Students can also opt for Master's in Public Relations (MAPR) after BMM as offered by the department. Some of the activities and their details are given below:

The annual cultural program 'Raaga' started in 2003. The students enlighten the audience through classical songs and traditional Indian dances that portray the culture of our country and gives the students an opportunity to polish their skills in different fields like dancing, singing, photography, filming, theatre & drama,

creatives, etc. The theme of the academic year 2019-20 was 'Raaga – Ek Mahakumbh'. The annual magazine 'Goonj', created, published and distributed between and through our students was a bundle of creativity and eager excitement, showcasing their literary as well as photography skills in the pages and learning the know-how of publishing and marketing.

In alignment with the goal of serving society by giving it something back, Social Awareness Week (SAW) was held wherein awareness about road safety, drug addiction, and the importance of voting among other subjects was conducted. Several NGOs were donated with supplies and students spent time performing various skits and dances on several social issues and this year, street plays and food distribution were also added to the program. Visit to cancer patients was organized on 'World Cancer Day' to create awareness about this life-threatening disease among the students. Seminars were conducted on the theme of Acid Attacks and Women Safety, and cleanliness drive was carried out at Dadar Beach. This time, it was a 10-day program in three zones, Chembur, Navi-Mumbai and Ulhasnagar - Kalyan.



Portrayal of God's divinity during Raaga festival



Dholak & Tabla performance by a student during Raaga festival



Tree plantation in college premises



Students performing skits on road to spread awareness on traffic safety under SAW initiative



An old lady donating a coin during SAW drive



Visiting an old age home in Chembur during SAW

The department organized an exhibition on 28th September 2019, themed “UNMASKING MEDIA”, in which the department showcased various branches of media and had the participation of students of all years. The elements included were the evolution of mobile phones from the era of double phone memory translator to the Smartphone. Different types of charts were made on advertising, journalism, which contained future prospects in Media, the evolution of Television, Print & Radio, Scope of PR, Advertising & Journalism, Cultural studies where all the students represented every culture by making the models and Brand Building. An event 'Photomation' was held where models were shortlisted for the shoot and also different types of entertainment games were organized in the game zone. The walk-in crowd was around 300 and we received positive feedback for our event. The exhibition was a huge success for the department.

The annual inter-collegiate festival 'Impressions' celebrated its 17th year with the theme “Trapped in Time, Surrounded by Souls”. The first day (Infestation) witnessed a great response in terms of student participation from various colleges. The Chief Guest for the inauguration was The Chief General Manager of HPCL, along with other dignitaries from VES Society. The program hosted several celebrities like Rj Nyssha, Shruti Badjatiya, and The Good Doctors (band) during the events Rj hunt, Reporting, Dubbing, etc. The second day of Impressions (Oppression) was accompanied by well-known celebrities like Pratik More, Aditya Jadhav, Mohit Jadhvani, Kunal Chhabbria, Vikesh Patel, Vishakha Fulsunge through the events Personality Hunt, Drama, Branding, etc. Last but not the least, 'Rotaract Club Cricket League (RCCL)' event saw the current and previous batches of BMM students competing in a friendly manner.



Inauguration of 'UNMASKING MEDIA' exhibition by Principal Dr. Anita Kanwar and Chief Guest Mrs. Vrunda



Students explaining career prospects in Mass Media to Junior students during Unmasking Media exhibition

Economics



TYBA Eco Batch of 2020

This year was a first, in the sense that all departmental events were singularly spearheaded by the President of the Economics Association, Miss. Aishwarya Patole, with the faculty only pitching in a little guidance from time to time. As the first event suitable for the beginning of a new academic year, a Fresher's Welcome cum Orientation was organized on 19th July 2019. A few days later, some S.Y./T.Y.BA and S.Y.BCom students were taken on a guided tour of the manufacturing plant of the Bisleri International Pvt. Limited on 29th July 2019. Our alumni Mr. Rishiraj Banerjee, who is Asst. Manager (Sales and Marketing) at Bisleri International facilitated this tour and also delivered a career guidance talk to the students thereafter.



Industrial visit to Bisleri International

While many students sharpened their public speaking skills through the 55th A.D. Shroff Elocution (21 Sep 2019), they tested their business acumen in the sixth version of the hugely successful Entrepreneurship Workshop (28-29 Jan 2020), which also had an Inter-Collegiate Poster Competition on the theme, "My Startup Dream" and "Entrepreneur of the Year" Award.



The Market of budding Entrepreneurs

The A.D. Shroff Elocution first prize winner Mr. Mayur Khankal was selected as one of the seven finalists among the first prize winners from all Mumbai colleges. He then went on to win the third prize (a certificate and cash of Rs. 5500/-) in the zonal finals on 26th Jan 2020 at Indian Merchant Chambers. For the fourth consecutive year, we conducted the "Know Your Economy (KYE): Awareness Kindling Test 2018-19" on 4th Jan 2020 for 146 students, in association with Scientific Research Association for Economics and Finance (SRAEF), Chennai.



Know Your Economy Test



Know Your Economy Test

A number of career and entrepreneurship talks also ignited new ideas and opened new avenues for the students. For e.g. Talk on “Economics in Everyday life”, by T.S. Gopal, Hon. Secretary, SRAEF, Chennai in Jan 2020; Alumni talk by Ms. Rishika Digarse, ICICI, on “Career as a Corporate Management Professional and an Entrepreneur” on 22nd June 2019; Alumni talk by Mr. Nilesh Jaiswar on “Use of Technology in Teaching” on 4th Jan 2020; talk on “Entrepreneurship” by Mr. Mohammad Salim Khan, the founder, Windfall Edutech Pvt. Ltd. on 28th Jan 2020.

Even as the flurry of laurels continued, the icing on the cake was the department winning the Best College Trophy at OIKONOMIA 2019, the Intercollegiate Economics Festival organised by MCC College, Mulund (West) on 23rd Aug 2019.



Principal Dr. Anita Kanwar interacting with a budding entrepreneur

We also won the Runner-up Best College Trophy in ‘Arth Manthan’, the Intercollegiate Economics Festival at Acharya College, Chembur on 7th Dec 2019. Our college also bagged the maximum number of prizes in cartoon contest, poster presentation, Eco talk, Business buzz at ‘Arth-gyaan’, organised by R. Jhunjhunwala College, Ghatkopar. The department encouraged Ms. Richa Bhatnagar from SYBA to enrol in a Google course wherein she secured the title of Google Pro for coming 1st in the Whiz Googler Weekly Challenge (as per information received on 31st Dec 2019) that is a nation-wide intellectual challenge where students compete to learn, practise and master 36+ Google Courses to improve creativity, efficiency and productivity. Whew! That surely was again an action packed yet fun filled memorable year!



Chief Guest Mr. M.S Khan inaugurating the Economic Workshop with Principal Dr. Anita Kanwar and Executive Administrator Ms. Rita Vazirani



A Tattoo artist in action at the Entrepreneurship workshop

Psychology

"All knowledge is connected to all other knowledge.

The fun is in making the connections."

- Arthur Aufderheide

The year started with a lot of enthusiasm and gusto as the department had a new batch of Third-year students, a mix of in-house students and several joining the batch from other colleges. The very hardworking and eager to make a mark set of students of the department planned several activities for the year.

The first departmental activity was organized to address junior college students, who were interested in pursuing Psychology, to discuss various career options after a degree in Psychology. A batch of 60 students (arts stream) from Swami Vivekanand Junior College braved the rains and attended the talk which was facilitated by Ms. Aarohi and Dr. Radhika from the department. Our alumni have always extended their support to the department in the conduct of activities for our students. This year too one of our alumna, Ms. Juhi Furia, a special educator working in a US school shared with the students her experiences of working internationally and how to prepare oneself to become a special educator.



Ms. Juhi Furia talking about her journey of becoming a special educator in the USA

The department also successfully runs a PG programme in Psychology and on a regular basis tries to enhance students' skills and abilities to become effective clinicians. With this objective in mind, an 'Introduction to Psychotherapy workshop' was organised to orient the PG students about therapeutic clinical practice. The

workshop was conducted by an experienced clinical psychologist, Dr. Shalini Anant. The first year PG students were oriented about Psychology and the college through a highly energetic induction-cum-orientation session, conducted by Ms. Arpita.



Introduction to Psychotherapy Workshop being conducted by Dr. Shalini Anant for MA-II students



Induction-cum-orientation programme for MA-I students

Another intercollegiate event which saw participation from students from different colleges across different streams was the talk on 'Mental Health and Relationships' by two ace Psychiatrists, Dr. Avinash De Sousa and Dr. Kersi Chavda. The session was very interactive, bold and insightful with students freely asking questions on uncomfortable topics, such as intimate relationships, sexuality, depression and suicide.

The Psychology department's annual festival "Psychedelia" was yet another glittering event set to the theme of "Social Liaison". Several seminars, workshops and games were held as part of the festival. 'Psychedelia' played magic with the social bond the students formed among themselves, it brought them together, they discovered each other's skills, learnt to work as teams, learnt to respect and adjust with each other, that was the true beneficial impact of this festival.



Dr. Avinash De Sousa talking about intimate relationships during 'Mental Health and Relationships'



Dr. Kersi Chavda talking about depression and suicide during 'Mental Health and Relationships'



Dr. Gayathri B as a resource person for webinar on 'Future ahead in Psychology' conducted by Auro University

Commemorating International Women's Day, as an extension of the department, Dr. Gayathri gave a talk on 'Menopause and Women's Mental Health' at the program held by Rotary Club Thane-East.

The department of Psychology has remained active even during the lockdown. Due to the concern for students who were reporting stress due to the uncertainty of exams and other issues during lockdown caused by Covid-19 pandemic, the department decided to put in action a mental health help rendering system whereby students who were stressed were met regularly by Dr. Radhika and Dr. Gayathri for counselling and training them as peer counsellors. Dr. Gayathri gave a webinar on 'Future Ahead in Psychology' for Auro University Surat in May 2020 with the focus on the role of Psychologists given the current pandemic situation across the globe. She was also an invited speaker for a webinar on 'Mentoring' for the junior and senior college faculty of St. Andrew's College, Bandra held in May 2020.

The department also organized two webinars that we believed would help guide students to deal with anxiety and remain calm during these unprecedented times. The first webinar was on "Emotional well-being of college students during COVID-19", the expert speaker was Dr. Avinash De Sousa. More than 250 students participated in the event. The second webinar was titled "Chaos to Clarity amidst COVID-19", for which we had an international expert speaker Dr. Laxmi Parmeswar. This webinar was joined by 244 participants, some of whom were international students.

The department of Psychology can boast of a very fruitful and happening year, with a lot of student activity through the year and an effort by teachers as well as students to adapt to the changing times by embracing the new normal of online interaction by the end of the academic year.

"Every day, in every way, I am getting better and better."

- Emile Coue



Webinar on "Emotional Well-being of college students during COVID-19"



SY students during peer learning sessions



Group problem solving activity during MA lecture

English Subject Activities

Communication Skills and Business Communication subjects for the First year students of Arts and Commerce aims at cultivating confidence in written and spoken English.



Presentation of speech writing

The basic idea of being able to articulate thoughts in a calm and concise manner, and being able to express without inhibition are key in our class.



Debate

Tutorials are designed to engage with the theoretical knowledge received in the classrooms through the medium of theatrical games and techniques.



Musical play

Students are also challenged with activities such as resume writing, mock interviews, PowerPoint presentations, reading and reviewing fiction and non-fiction books from the library, debates, advertising ideas, etc.



Mock interview session



Students actively participating for listening comprehension

Literary Section

ENGLISH

129	About time...	<i>Gauri Gholap</i>
129	Remember	<i>Prashant Patel</i>
130	Beggar's Chronicle	<i>Rohini Kottu</i>
131	Journey of every subject	<i>Shaikh Farhatunnisa</i>
132	Rain	<i>Khushbu Kushvaha</i>
133	Freedom	<i>Rachita Tardeja</i>
133	Ironies of life	<i>Rachita Tardeja</i>
134	The comforting armchair	<i>Tanisha Rathi</i>
135	My imaginary town	<i>Rachita Tardeja</i>
136	Fear of missing out	<i>Rohini Kottu</i>
137	The sun after a stormy day	<i>Nisarga Shinde</i>
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139	The day it happened	<i>Sakshi Awadhut</i>
140	Is social media a curse or a boon	<i>Dheeraj Balotiya</i>
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142	Message to Self	<i>Niyati Punjabi</i>
143	Power of unity	<i>Shaikh Almas</i>
144	Leprosy-The Crippling Disease	<i>Luvneet Khitani,</i>
145	To go where my heart resides	<i>Srushti Kamerkar</i>

Literary Section

सिन्धी

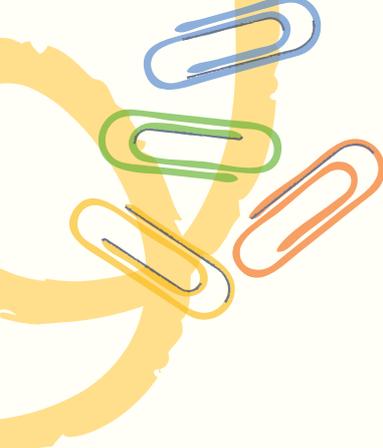
- 146 हे बलिदानी तोखे प्रणाम श्री. राधाकृष्णा भागिया, VES
Trustee Member

हिंदी

- 147 ख्वाबो भरी जिंदगी रचिता तरदेजा
147 पलकों से गिरे आँसू कुछ कह रहे है रचिता तरदेजा
147 आजादी संध्या यादव
148 बेटियाँ जीशान साहिर
148 हे बलिदानी तुझे प्रणाम श्री. राधाकृष्णा भागिया, VES
Trustee Member
149 खुद को पहचानो ! आंचल निर्मल
150 मै भटक सा गया था मीनाक्षी उज्जैन

मराठी

- 152 रातराणी श्रेया बालगुडे
153 परदेशी मायानगरी स्वांती शिंदे
154 विद्यार्थी आंदोलने विवेक वारभुवन



About time.....

Its just a matter of time,
When you realize how the time
has already started healing you.
Its about that time,
When you don't know
what time was.....
Its the same time that
has made you now.....
Its the same time that
made you cry; and
made you try;.
Its the same time,
Its just a matter of time...
"Its ABOUT TIME!"

**- Gauri Gholap
SYBA.**



Remember

Cheers to the thing we have got,
Live the life with pleasant thoughts;
Life is mostly a two digit number,
So live it with happiness and not in a chamber.
Oh child, you always remember.

Life is like a cricket match,
And also like a sketch.

Life throws balls at you with no stump behind,
Thinking is important to draw things in mind.
Oh teenager, you always remember.

In this modern era of cell phones,
People are accompanied by their work zones,
Asks the child, "Dad, are you free?"
Which had been replied, "Later, my kid."
Oh youth, better always remember.

In one's life such stages do come,
When strength is not left in the gums.
Love from family is like life at this time,
After which the rhythm of the soul and the body doesn't rhyme.
To everyone, you always remember.

**- Prashant Patel
FYBSC (PCM)**

Beggar's Chronicle

Tattered clothes and battered souls,
Resting on the pavement with metal bowls.

No dreams or goals,
But eternal loophole.
They sit and stare,
Sometimes utter a silent prayer.

Eyes full of despair,
They fill their tummies with air.
Broken and exploited,
With bones disjointed.

Half-naked and cold,
They slowly turn to mold.
On the pavement ahead,
One day, they will lay dead.

Yet mankind offers coins and food,
And later a selfie to delude.

**- Rohini Kottu
MA Psychology (Part 1)**



Journey of every subject

Once we learn,
Next day we forget.
Oh! Maths is boring,
Nothing is scoring.
Accounts is tough,
Because our base is rough.
Business communication teaches us to communicate,
But we lack behind because we forget our etiquette.
EVS is full of world and wild,
And conserving water is our pride.
Full form of FC is foundation course,
But we cannot find any source in exams to score.
Economics and Commerce are like water and oil,
Which cannot mix but separate wide.
This is the future we have to suffer,
Otherwise every student will be unable to find a single supper.

**-Shaikh Farhatunnisa
FY Bcom C**



Rain

There is no place dry in the town,
Because rain is falling down.
Auto, Bus and Bike stops,
Delayed flight and trains,
Because outside there is heavy rain.
Water comes from clouds,
Water comes from eyes,
Wall collapses and people die.
For some rain is good and for some rain is bad,
Some are happy and some are sad.

- Khushbu Pannalal Kushvaha
FYBSC CS



Freedom

Freedom.....

From hanging out with my male friends,
To enjoy life without any ends.
From walking alone & discovering my own path,
To feel life in every depth.
From letting my fears and insecurities die,
To break the ceiling and answer that every why.

Is what I as a girl seek for...

Freedom....

From chasing my dreams and flying high,
To fall in love and marry the guy.
From marrying at the age of my choice,
To not be afraid from raising my voice.
From being the self even after becoming someone's wife,
To always own my life.

Is what I as a girl seek for...

Freedom....

From making a choice between my family and career,
To always be a man's pillar.
From being a reproductive machine,
To making my infertility a sin.
From the norms of killing my confidence,
To the prejudices defining my existence.

Is what I as a girl seek for...

- Rachita Tardeja
F.Y.B.A.F

Ironies of life

Want to see the sunrise but love
the darkness of night,

Want to be colourful but lifes
shaded with black and white,

Want to remain same but life
changes every moment,

Want to taste success but not
possible without failure,

Want to be with everyone but at
the same time like to be alone,

Want to welcome the future but a
corner of heart still lives in the
past,

Want to live life but each day
brings death closer.

- Rachita Tardeja
F.Y.B.A.F



The comforting armchair

I'm not the striking dash of gold on your black canvas.
I'm more like subtle hues of the different shades of grey,
blending into the black.
I'm not the flourish you end your song with
or the headbanging guitar solo,
I'm the soft transition from one tune to the next,
Who unnoticed melts between the two halves of the same song.
I'm not the dramatic red of the rose in full bloom.
I'm the wildflower hidden amongst low lying creepers,
a colour you can't quite name.
I'm not the hurricane raging in the dark, stormy sky.
I'm a drizzle that slowly finds its way from the clouds down to the earth.
I'm not the new furniture you placed specially to saliently stand out.
I'm the worn out armchair which you return to for comfort.
I'm not someone you remember,
as a distinct memory easily retrievable from your mind.
I'm someone you can;t place but find oddly familiar.
I'm not loud, vivid or congruous,
I'm subtle and basic and a little out of place.

-Tanisha Rathi

M.A. Part 1 (Clinical Psychology)



My imaginary town

My imaginary town is a town of independence & liberty,
Where everyone is free to live & fly high.

Where Girls are not a liability,
No one doubts their capability,
And in every square foot, there lives equality,
Lesbian, transgender are no longer a minority.

Where love & happiness matters more than caste & religion,
Where talent & creativity matters more than rich & poor, black & white
classification,
Temples, churches and mosques are present in every region,
And worships humanity in every season.

Where Mother Nature is always taken care of,
And Pollution no longer exists,
Drought & famine cant even persist,
As the Smiles of farmers and tears of cloud co-exist.

Where the Voice of the youth is always heard,
And Democracy is never blurred,
Protest & Revolts are never misheard,
My town of imagination is always a town of words.

My imaginary town is a town of independence & liberty,
Where everyone is free to live & fly high.

**- Rachita Tardeja
F.Y.B.A.F.**



FOMO

Fear Of Missing Out

Imagine it is December 31 st . Everyone is excited and happy for the New Year's Party. Your colleagues are discussing their exciting plans; your best friend texts you to ask if you are ready for the party at the most happening pub in the city. But you can't go because your mother is ill and needs you.

The entire night you wonder about where your friends are and what they are up to. You feel sad, a little anxious and wished you could join them.

The next morning, you see new status updates, posts and pictures on your social media feed. All your friends and colleagues were partying till four in the morning. You feel extremely sad and jealous. You feel dejected because you missed out on so much fun. In fact, you regret your decision of not going.

This exactly what "Fear Of Missing Out" or FOMO is.

It is the fear or anxiety of missing out on an exciting social event, especially when you are unable to attend it.

And FOMO is a direct cause of social media. When we see people posting beautiful pictures of them having a good time, lots of fun, good food and dancing, it immediately makes us feel left out.

FOMO being a by-product of social media has certain distinct symptoms. One needs to be aware and introspect in order to help themselves and those around them. Here are some common symptoms of FOMO.

- Pervasive anxiety
- Increased social media use
- Personal dissatisfaction
- Wanting to do everything and be everywhere
- Experiencing excessive negative emotions

FOMO is an epidemic today. What is so perilous about it is that it causes a tremendous amount of stress for minuscule things such as missing a friend's birthday party and in certain cases, it could lead to depression. It hampers the general mental health of a person, makes the person more

self-critical and as a result the person experiences more of negative emotions. FOMO acts as a roadblock to our emotional wellbeing. Numerous studies suggest that FOMO is not only detrimental to people's emotional state but experiencing FOMO can also lead to higher alcohol consumption.

However, the good news is that FOMO is absolutely treatable with just a few lifestyle tweaks!

Here are some common ways to deal with FOMO:

1. **Prioritize:** Prioritizing tasks in most important to least important gives a certain sense of clarity. Knowing what is the most important and checking it off the list also feels empowering.
2. **Slow Down:** One needs to understand that it is okay to not "do everything and be everywhere". It is not humanly possible. Invest your time in what is best for you.
3. **Avoid Social Media:** Social Media is addicting and constantly bombards with unwanted information. Using it mindfully and sparingly is the key.
4. **Turn The Noise Down:** It is a good idea to every now and then get away from all the hustle-bustle and just relax.
5. **Be Present In the Moment:** Going about the day mindlessly is something we often do. But being in the moment and cherishing very second of it is something we ought to incorporate in our life.
6. **Visit A Therapist:** Visiting a therapist can be extremely helpful because insights and experience offered by a trained professional is always valuable.

So, the next time your friend asks you "Hey, do you watch Game Of Thrones?", just know it's okay if you don't watch it.

Anyway, why experience FOMO, when we can experience JOMO!!! Oh, the Joy Of Missing Out!

Let's reconnect with ourselves and what truly makes us happy. Hop off the bandwagon and do something that gives YOU joy. Let's not waste our lives with the burden of social obligations and trying to fit in.

-Rohini Kottu
MA Psychology (Part 1)

The sun after a stormy day

Amey wakes up one late afternoon with his eyes still sore and his head, cloudy with no reminiscence of the night before. 'Must have been quite a party!' he thinks to himself. At the age of twenty-three, Amey was living quite a lavish life. His father owned a wine business and his mother was a designer. Amey had just completed his graduation at the Big Boat University in L.A. Not that Amey had a real interest or any inclination towards Photography, but he simply thought it would be unique and a zesty field to graduate in; also, his father could simply afford it. He knew he was quite privileged compared to a commoner and that he proudly owned so. He often wondered what it would be like to live the life of a middle-class common man. The thought of waking up at 6ám in the morning sent shivers down his spine. Later in the afternoon, he sees his father's Merc pull up in the drive-way. His father never visited him at the penthouse, something about his father's visit set alarming bells ringing up in his mind.

In no time, his father entered his penthouse with a spare key he always carries. Amey made a mental note to take away this key from his dad since it made his privacy feel extremely jeopardized. But Amey's father looked up at him with eyes that screamed of defeat. "Son, my business has sunken to a bottomless pit, I've lost all my shares and the stock market has been cruel to me. I'm sorry but I'll have to sell your penthouse and some of your shares to save what is remaining of our ancestral legacy". The moment these words were out of his father's mouth, Amey's legs turned jelly. He begged his father to call it a nasty prank, but his father was too drunk in his own misery. The fact that his father had to take away his privileges to save his company stirred a storm of rage in Amey. Without giving any thought to the situation, he walked out on his father, from his penthouse, away and forever.

Within a months' time, Amey was stripped of all his riches. He was enraged by this series of events. Not only was he living off of his friend's couch, but he also had to pay rent for it. His degree in Photography wasn't given much importance here and could not fetch him a solid job. Even if he did get a few gigs, all of them were quite disastrous since Amey knew only a thing or two about actual Photography. The trials and tribulations of a jobless life made Amey take up a full-time job as a barista in a gothic cafeteria.

Not only he hated the smell of cheap coffee, but he also loathed the overall ambience of the place. While working one late afternoon, a middle age man walks in carrying a large raggy bag. Amey curiously watched the man as he went about his business. The man pulled out a typewriter from his raggy bag and began mechanically punching its keys. Amey giggled at the site of an ancient man using a typewriter in the year 2020. As Amey kept an eye on the man, he realized that the man was watching him as intently as Amey had been scrutinizing him. "Hey, you look awfully interested in my typewriter, would you like to try it?" Amey had nothing interesting to indulge into, 'so why not settle for the writer?' he thought to himself.

Amey sat in front of the typewriter and caressed its worn-out keys. Something about those keys called out to him. There was a different character and an elegance to them that he had never acknowledged before. With that, he began typing and mechanically punching the keys. After such a long time, he felt a drive that he hadn't felt before. All of his misery brewed into a story. Words were flowing to him like a river and he felt a sense of strong belonging after a long time.

Few days later, the man with the typewriter returned to the cafeteria looking for Amey. He had read Amey's story and was simply infatuated and in awe of his writing style. He remarked that there was nothing as graceful as Amey's story-telling skills and that he would pay Amey a hefty sum of

money provided Amey writes for his publication. Amey on the other hand felt a strong sense of achievement, a sense of purpose and an internal bliss. Amey had finally found something that truly belonged to him. Maybe from an unfortunate event which occurred in an eccentric

manner, Amey had finally found his calling and couldn't wait to pour out on the sheets again.

**-Nisarga S Shinde
S.Y BSC (biotechnology)**

Gist of life

Real love of our life is none other than our parents love. While giving birth who can believe that a mother bears a pain of 20 fractured bones just for her child and she never shows her pain, instead she always loves her child like the "apple of her eye". A mother does all the household work throughout the day and never complains. Even the father bears so much stress and works hard just to earn money for his family. Leaving his dreams behind, he fulfills his family's wishes. Even after facing so many circumstances parents always try to fulfill their children's wishes. They just want to see happiness and joy in their child's eyes. This is just a gist of parent's life. They stop living their life and spend all their life fulfilling their child's wishes. In return they receive old age home and loneliness. When they are old they spend their life reminiscing the past and willingness to see their children in their last days. There must be only a counted few children who care for their parents and fulfill their wishes and because of the love and blessings of their parents they become successful in life. So to become successful every child must remember that:

Behind every successful person there are parents' blessings and happiness

**-Shaikh Farhatunnisa
FY Bcom C**

The day it happened

"To be or not to be that is the question",

a quote from Shakespeare's play "Hamlet". I wonder how all the things in our world change but expects us to decide what we could do. It's been 12 years now, I still miss my brother. My brother was only 19 years old when he died from a car accident, now I am 19 years old and still stuck in the time zone that went back to when he was still here. He was not driving nor was he drunk and was certainly not the rule breaker then, why did it happen to him? My brotherly love stopped me from going into his room, but today I wanted to break free from my heavy painful memory. It was 8am on 12th march 2031, I went inside his room with a heavy heart. I could feel his warmth still present in his room. His sports kit, college bag, DVD players, PSP4 all the other things I wanted back then. Near his window I saw a shiny sparkling watch which he wore the day he died. How can his watch be here? I was confused, my parents got rid of his clothes and this watch which he wore that day. I decided to keep this watch as his gift to me.

It was 7:30 pm in his watch showing the year 2019, date 18 th October the day he died. Changing the time and date instead of 8:30am I tried setting it to 7am on the same day suddenly there was a noise, I turned around to see my mom calling me out for breakfast. This was weird. We just had breakfast, coming outside the room mom and dad were sitting in the exact position. Dad reading the newspaper, mom arranging plates, something was definitely not right. Lifting my plate, saying I have no appetite, mom and dad having the same conversation that we had just 1 hour before. I looked at my brother's watch changing the date and time to 2019, 18thOctober 3:00pm. My mind was playing games with me. My mom did not recognize me as she asked me, "Are you Mohit's friend?" I looked at my family photograph, I was missing, they completely forgot me and I lost my identity in the real world. Snapping out of all the thoughts I lied to my mom saying, "Yes, I am Mohit's friend" my brother's friend. I was sure my brother would not remember me or recognize me.

My brother came home at 4pm to find me sitting and chatting with parents. It was all so awkward me sitting with my parents and not being recognized as their family member. My brother asked me so many questions all at once. Explaining them that how I came from future to past will not at all be convincing I thought, so I lied and started off by saying, "I am Revaan, I joined Mohit's cricket batch yesterday and the coach gave me his number and house address'. Finally along with Mohit we left for cricket match. He was adamant on going by his friend's car, the accident car, all shiny red sedan car. I was so scared, the flashback of the accident came to me. I had to do something. Lying again, I said my mom is waiting for me at the station and I need to go by train no matter what. I also wanted to avoid my brother going by the car, so I requested him to go by train giving the reason of being new in the city. I needed his help. Surprisingly his friends were satisfied with my reasonable lie and let him go. I was overjoyed I thought as I saved my brother. I was glad that my brother survived from his sad fate and I felt like his knight in shining armor. After the match I didn't want my brother to go with his friends and somehow I managed to pull it off. It was late at night, while crossing the road a truck approached us, my brother was almost going to die I pulled him to the other side. The headlights were so bright I hardly could see anything, it took me some time to react as the truck hit me and the next minute it crumbled me. "Somethings are bound to happen, they will happen no matter how hard you try to avoid it." My soul found my parents crying, my brother still in shock, it was all supposed to end like that. The atmosphere at my home was very similar to which I faced 12 years ago but the only difference was they didn't remember me as their family member. Something still scared me, that watch which was in my brother's hand...

To be continued...

**-Sakshi Sanjay Awadhut
SYBCOM(ES)**



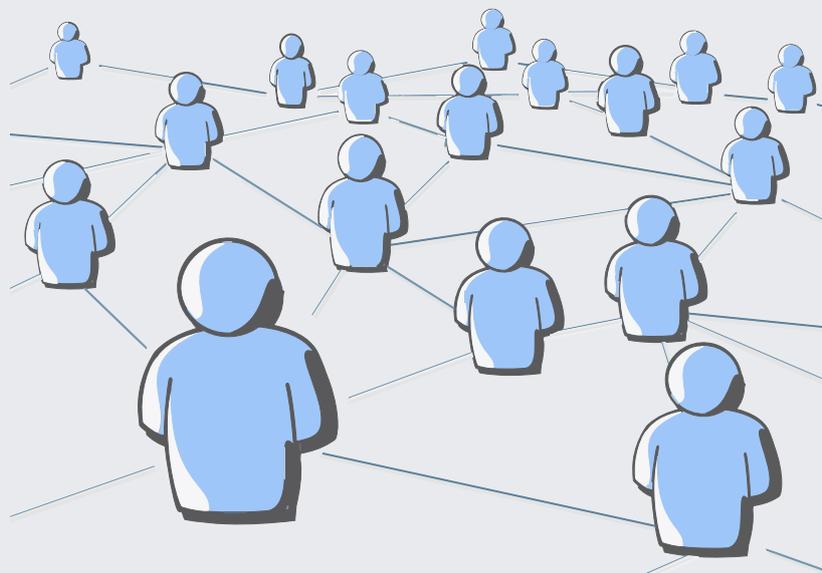
Is social media a curse or a boon



Is social media a curse or a boon? Social media is a social tool of information, technology & communication. Nowadays, we see that each and every person is not attracted directly towards android mobiles, but indirectly towards social media. It is good to see the world closer without any boundaries but it is also a vast rumours factory that affects our lives to a great extent. Half of the world population uses social media with an average of 2 hours and 23 minutes spent per day, according to the Global Web Index 2019 report. India ranks second in terms of internet users. Every coin has 2 sides, while social media is a technological tool which will always have negative and positive impact on us. Some of the impacts are like, when we meet new people each day on our fingertips we don't care of the physical existence by not giving more respect or preference to them. Emojis are the best features which reflect one's gesture. Latest news is being personally shared with us which not only keeps us updated all the time but also supplies toxic rumours that create chaos in the society.

A person, no matter whether he or she is educated or uneducated, can use it easily and share their views, images, etc. It is a stage on which people can showcase their talent freely without any restriction or cost. But the hackers are smarter than us as they fetch our personal details. The people all around the world volunteer to listen to you and understand your problem and solve them. But it is quite addictive and teenagers have been the aim of these sites where they are extremely involved and eventually isolate themselves from the society. Basically, it depends on us that for a proper use of technology we have to utilize it in a good manner. Like, Comment and Share are three basic elements which brings the world more closely. If people are addicted to social media then it is a curse for them, but if they are using it to get information, to get connected socially then it is a boon for them.

**-Dheeraj Ramesh Balotiya
FYBCOM(B)**



Where there's a will there's a way

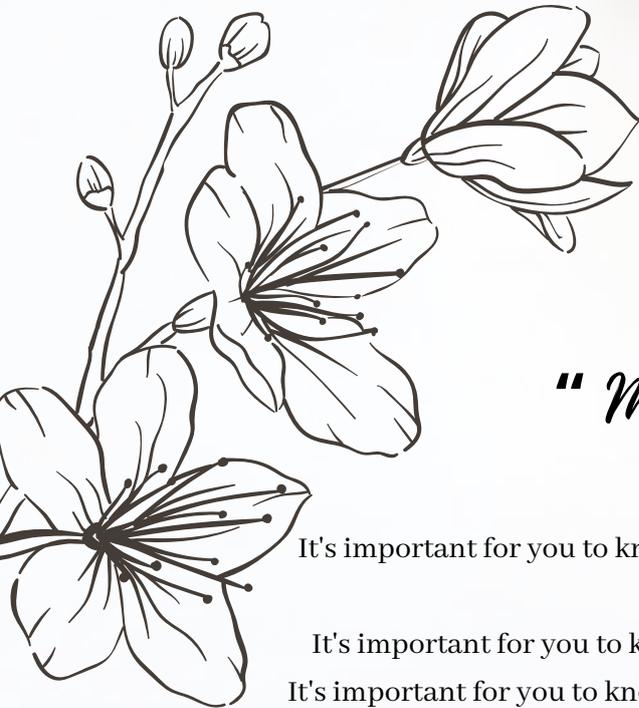
It was a happy day for the Mehta family. They were just blessed with a beautiful healthy baby boy who was named Soham after his great-grandfather. The family lived in a modest hut, in a village named Jakarta. They lived very happily, satisfied with everything, even with the poverty they were in and the famine that had hit the village. As Soham grew up, he started to understand the sacrifices his parents made, as both his parents starved for days just so they could feed Soham properly. It was Soham's resolution that he will make his family happy, and escape from the hellhole he was born in. So, he worked hard for everything. He was amazing in academics, and joined his parents for working. Once when he was sixteen, he left for the city to earn money as he just wanted to improve their standard of living, as a payback for their sacrifices. All he had with him, were his family's savings, and an old address of a relative who was supposed to be living in the city. Three days later, he found out that the relative had passed away years ago, and had no next of kin. Hungry, and tired of his journey, he slept on the streets. In the morning, he checked into an Inn for a place to stay and started searching for a job. On the way, he saw some woodworkers clearing out a field and working very hard in the unforgiving heat. Soham, with his golden heart, blew off his savings to buy some cucumbers as it cures hunger as well as thirst at the same time. He set up his basket near the entrance of the field and waited for the labourers to take a break. Soon, they came over and were refreshed quite easily. The leader of the group asked, "What do I owe you now, son? I don't have any money." "Nothing," Soham replied, "I was taught not to ignore people in need, and that's why I did this. I am not looking for anything in return." The labourers argued and forced Soham to take with him the freshly cut flowers that they were about to throw away, that they had cleared from the field. Soham thanked them, and resumed his job hunting, now with a basket of flowers on his head, he passed by a temple and saw multiple sellers with baskets full of flowers, so he set up his basket there. Since Soham's flowers were the freshest of the bunch, in no time, all his

flowers were gone and Soham had earned for the first time in the city. This went on for months, one night Soham overheard a few merchants talking about a big famous cloth merchant who was supposed to arrive the next night with a large bundle of clothes. As Soham heard, he started calculating in his head. Wholesale cloth merchant, who came once every six months, which meant the stock of clothes was going to be huge. Soham counted one hundred horses, and his first thought was poor horses. The next day, instead of cucumbers, he bought ladoos for the labourers, and while chatting with them as they ate, Soham casually mentioned he needed hay for a hundred horses, and he needed help. "All I want is your tools," he requested and explained about a forest nearby, where many trees had been uprooted due to bad weather a couple days back. Once the labourers were done with their work, instead of just passing over their tools, they accompanied him to the forest, and started cutting hay. All night, Soham and the labourers cut hay for a hundred horses. Without wasting time, Soham set off for the location to where the cloth merchant was going to come. "Welcome, *Seth*!" He greeted, as along with the first light of the day, he saw a huge group of tired horses approaching his way. "I have a shelter prepared for you and your labourers, and hay for your horses. Please, relax, *Seth*," he said as the cloth merchant got down from his horse and his labourers started untying the bundles of clothes from the horses. When afternoon came around, the other cloth merchants started piling in, excited to purchase some clothes, but only to find the *Seth* leaving! "Worry not," the *Seth* told them, "I have sold all my stock to *Seth* Soham. You can all purchase from him." As the other merchants started arguing, the *Seth* said, "He was here first to give me a place to rest and tame my hungry horses by giving them food. He was a wonderful host. So, when he asked to purchase my entire stock from me, I couldn't deny", he said. And that day, Soham made the biggest profit of his life. He now had enough to rent out a house. His life started becoming more comfortable. A year or two passed, and he kept earning, using his wits, and

making the best out of the information he got from hearing. He was now a proud owner of a house, and had one of the most successful cloth business in the city. The labourers were now his friends. He went to the inn where he used to live, and shared his success story with the owner. "There are many who accomplish less, even nothing. You should be grateful of your upbringing, which taught you to be humble, and use your wits the way you do. There are so many

stories of failure, that people lose hope. But stories like yours, lives like yours, show that hard work gives the best results." Later, Soham called his parents from his village. Soham still wasn't a millionaire, but that wasn't his wish anyway. He and his parents lived a contended life, with the little they had happily.

**-Dhvani Gandhi
T.Y.B.Sc (I.T)**



" Message to Self "

It's important for you to know that you're strong and capable of overcoming every situation.

It's important for you to know that it's okay to feel low sometimes and cry.

It's important for you to know that even you need support in your hard times.

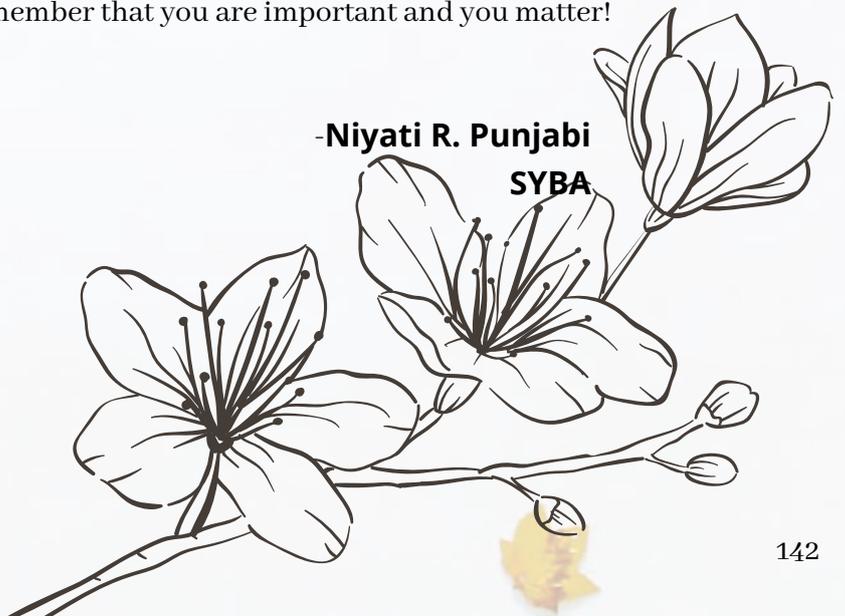
It's important for you to know that there are so many things that don't go in our favour, but still we need to survive and make the odds work for us.

It's important for you to know that you need to accept yourself the way you are and to embrace yourself too.

It's important for you to know that you also deserve love and care.

It's important for you to remember that you are important and you matter!

**-Niyati R. Punjabi
SYBA**



Power of unity

The story I am going to tell you is about two brothers Ajay and Vijay. They both were doing a restaurant business, very successfully they achieved this after a lot of hard work. Let's see how they got here. 10 years ago when they lost their mother, They didn't get any support from their father, he was a very cruel man who never cared about his family. Now all the responsibilities came upon them. The house in which they used to live with their blind mother was sold by their father so they were living in rental houses. Ajay was a very sharp student but he wasn't able to continue his studies. Vijay was in class 13th and along with studies he worked as a delivery boy, he was also good at cooking so he used to make food for them, like this they were living together. After some time they realized that they can't continue this job for their betterment because it doesn't have any growth so they decided to start a restaurant business. In which Vijay chose to be a chef and Ajay decided to manage all the remaining work I.e.accounts and management, like this, they started with a small stall near their house. Vijay made, different variety of foods and Ajay sold them. In the beginning, they faced many problems but slowly they settled their business, their hard work paid off. Everything was going good but the people around them were feeling jealous of their success and unity. Some of their enemies decided to separate them and to break their unity they made a plan. The next evening five to six people went together to the restaurant, they order food, when the waiter came with their order, they act like they really loved the food and they start praising the cook and asked the waiter who is your chef. We want to meet him and like to appreciate his work, they meet Vijay and start buttering him saying that they are really very impressed with his cooking they never tasted food like this, Vijay was so happy and he thanked them for their kind words and suddenly from them, one man starts saying that why we never heard about you, we always heard your brother's name whenever it comes to this restaurant everyone praised Ajay and his hard work, struggle, sacrifice and why people gives all the credit to him instead of you, according

to us you are the man who deserves this fame. A chef is the reason behind every successful restaurant. We don't want to create problems between you guys but you are smart enough to know what we are trying to say, after creating so many difficulties between brothers they went away. The whole night Vijay was thinking about it and didn't get sleep. He was upset with Ajay. The next day Vijay was a totally changed man. He didn't talk nicely with anyone and he lost his focus from his work, customers start complaining about the food. Ajay came and asked, "Vijay what's wrong with you? Where is your mind? customers are complaining about the food." Vijay said, "Why are you telling this to me, Ajay said "because you are the chef who cooks the foods." Then Vijay smiled and said "Wow! if foods are not tasty it's my fault and I am responsible for them ? I am cooking tasty foods from last so many years because of whom this restaurant has reached to this height you never gave credit to me, you became the face of this restaurant. But what about me? No one knows the main reason behind this successful restaurant. Ajay also starts saying, "It's not only about the food and taste, there are a lot of things which I manage from Accountancy to the sales department. Everything I handle. You are just a Chef." And this became a reason for a fight between them. After the fight, they both decided to do separate business. They didn't even talk to each other for a long time, but it wasn't working for them. It didn't make them good money. Ajay and Vijay both were facing difficulties in making a restaurant as they had. They suffered a lot, but never were able to make their businesses successful. They realized that they both are incomplete without each other their strength was their unity, as their mother used to teach them Power Of Unity they remember the promise which they made to their mother in her last moments, which they spent with her, that 'they will never be apart'.

Moral of the story:

Unity Makes You Stronger.

—amma

**-Shaikh Almas
Fybcom**

Leprosy-The Crippling Disease

On a fine sunny day, me and my friend took an auto to go for a movie. On reaching the traffic signal, we saw a pitiable sight – a man begging with his extended arms with crippled fingers, whom we identified as a leper. After coming home my mind went into deep thought about Leprosy and the person suffering from it. Did he know anything about how he must have got this disease? Are people around aware of the mode of transmission of this disease? What could be the possible measures to cure the leper and is it possible to eradicate this disease?

Leprosy has affected humanity for thousands of years. The disease takes its name from the Greek word (lepra) while the term “Hansen’s disease” is named after the Norwegian Gerhard Armauer Hansen. Leprosy has historically been associated with social stigma which has proved to be a barrier to self-reporting and easy treatment. Separating people affected by leprosy by placing them in leper colonies, still occurs in some areas of India, China and Africa. However, most colonies have closed, since leprosy is not very contagious, some consider the word “leper” offensive. There are Leprosaria which are hospitals or centres for the treatment and care of the patients suffering from leprosy. World Leprosy Day was started in 1954 to draw awareness to those affected by leprosy on 30th January.

Leprosy is caused by the bacterium *Mycobacterium leprae*. The disease is not easily transmitted and requires a long close contact with an infected person for being contagious. An infected person does not have symptoms initially and typically remains this way sometimes upto 5 to 20 years. Leprosy can be classified into two

extremes forms -

a) Lepromatous leprosy (most severe) -the typical leonine features in the patient with crippled extremities and lack of sensation-the more contagious form called as multibacillary disease as the number of bacteria in the lesions are excessive. Open wounds make the danger of spread more.

b) Tuberculoid leprosy (least severe) which begin with circular demarcations on the skin, called as paucibacillary disease, with negligible risk of transmission. In such categories of patients, the promise of cure is much higher.

Depending on the severity of the infection, it can lead to damage of the nerves, respiratory tract, skin and eyes. This damage may result in lack of ability to feel pain, which can lead to the loss of parts of extremities from repeated injuries or infection due to unnoticed wounds. An infected person may also experience weakness and poor eyesight.

Leprosy is curable with multidrug therapy. Treatment for multibacillary leprosy and paucibacillary leprosy goes on for 12 months and 6 months respectively. These treatments are provided free of charge by the World Health Organisation(WHO). There are no vaccines available for this disease.

At the end of 2016 there were 1,73,000 leprosy cases globally, down from 5.2 million in the 1980’s. In India, the National Leprosy Eradication Programme (NLEP) is the centrally sponsored health scheme of the Ministry of Health and Family Welfare, Government of India. In spite of their efforts, the fact remains that India continues to account for 60% of new cases reported globally each year and is among the 22 “global priority countries” that contribute 95% of world numbers



of leprosy warranting a sustained effort to bring the numbers down.

We can draw inspiration from Murlidhar Devidas Amte, popularly known as 'Baba Amte' was an Indian Social Activist who worked for the rehabilitation and empowerment of people suffering from leprosy. He has received numerous awards and prizes including the Padma Vibhushan, the Dr. Ambedkar International

Award, the Gandhi Peace Prize, the Ramon Magsaysay Award, the Templeton Prize and the Jamnalal Bajaj Award.

Let us realize that it is easily preventable with awareness about the disease. And with sustained efforts by the health authorities, and with the availability of effective cure, let us hope that lepers and leprosy become things of the past as we pray to move on to a world free of Leprosy.

**-Luvneet Khitani,
TYBSc (Microbiology)**

To go where my heart resides

My melancholic heart finds shelter in the mismatched words. It's the beauty of the chaos which lures me in. I go inside, lost but find my home there. It's funny how you find peace in the places where you never expect it to be.

I wear grief like a scarf because when happiness blows, it leaves behind chills of uncertainty. I want to walk away. To go where my heart resides.

No, it does not stay here.

I find it in the blushing sky and its enthralling canvas. I find it in the silent roar of the ocean and retreating steps of the waves. I find it in the toothless smiles and indecipherable words. I find it in the innocent talks and mélange of emotions.

No. I don't find it within myself. But somehow, It's in these places that I find bits and pieces of it. The rush to find them is what fuels the search. The want to be whole is what keeps me going.

**-Srushti Kamekar
MA part 1
(Clinical Psychology)**



हे बलिदानी तोखे प्रणाम

हे बलिदानी तोखे प्रणाम,
वधायुड भारत जो सन्मान,
हे बलिदानी तोखे प्रणाम ।

गर्वु देश खे तोते थींदो,
वीरू न को तो जहिडो हूंदो,
तुहिंजी कीर्ती महान, तुहिंजी कीर्ती महान,
हे बलिदानी तोखे प्रणाम ।

गरुभु माउ जो सफल क्यो तो,
सिन्दूर खे नओं गर्वु डिनो तो,
धन्य तुहिंजी सन्तान, धन्य तुहिंजी संतान,
हे बलिदानी तोखे प्रणाम ।

ऊंचो लदाख कीन झुकियो आ,
तोखे ई हुन सलाम क्यो आ,
तुहिंजी विजय महान, तुहिंजी विजय महान,
हे बलिदानी तोखे प्रणाम ।

मुओ नाहीं तूं अमर बणयो आ,
तुहिंजो घर अजु तीर्थु बणयो आ,
डीनदासीं सभु ध्यान, डीनदासीं सभु ध्यान,
हे बलिदानी तोखे प्रणाम ।

**-श्री राधाकृष्णा भागिया,
(VES Trustee Member)**

ख्वाबो भरी जिंदगी

ख्वाबों से जिंदगी बनती हैं हसीन,
सपनों की आँखों से दुनिया दिखती है बेहतरीन,
ख्वाहिशे लाती है चेहरे पर खूबसरत मुस्कान,
नज़रों में छुपे ख्वाब बन जाते हैं हमारी पहचान।

ख्वाबों को हकीकत में बदलने के लिए लगा देते हैं
जी जान,
ख्वाहिशों का सच होना बन जाता है किस्मत पर
मेहरबान,
हर ख्वाब को जीना नहीं हो पाता मुमकिन,
सपनों की दुनिया पाना नहीं होता आसान।

पूरा होने लगा जब हर ख्वाब,
तब दुनिया के बन गए हम नवाब,
ज़िन्दगी के हर सवाल का मिल गया जवाब,
अब दुनिया लगने लगी है लाजवाब।

- रचिता तरदेजा, (F.Y.B.A.F)

पलकों से गिरे आंसू कुछ कह रहे हैं

टूटे सपनों का जिक्र कर रहे,
हारे हुए दिल का हाल बता रहे है,
हर खामोशी की आवाज बनकर बह रहे है,
पलकों से गिरे आंसू कुछ कह रहे हैं।

बुरे लम्हों को याद कर रहे है,
मुस्कान के पीछे छुपे हर ग़म को महसूस कर रहे हैं,

हर घाव का दर्द सह रह है,
पलकों से गिरे आंसू कुछ कह रहे है।

मन में कैद अनकही बातें बता रहे है,
उलझे धागों का जिक्र कर रहे है,
अधुरी ख्वाहिशें बयां कर रहे हैं,
पलकों से गिरे आंसू कुछ कह रहे है।

ज़िंदगी की तन्हाई का दुःख जता रहे है,
हर नाकाम कोशिश से हुई निराशा बता रहे है,
हर खामोश दिल की जुबान बनकर,
पलकों से गिरे आंसू कुछ कह रहे हैं।

-रचिता तरदेजा, (F.Y.B.A.F)

आजादी

उस रास्ते पर देखा मैंने
एक गुमनाम सी पंछी
वो खून सी लथपथ काया उसकी
मानो काट दिए हो पर किसी ने
वो दरिंदगी उन दरिंदो की
छूने न दिया जिसने उसे आंसमा
उस रूह की तड़प, उस जिस्म का दर्द
छूने न दिया जिसने उसे ख्वाबो का जहां
क्या गलती थी कि एक नारी थी वो !
आज फिर से खुद को समेटा है उसने
आज फिर से भरी है उड़ान उसने
और छू लिया अपने ख्वाबो का आंसमा
आसान न था
परो में अपने हिम्मत लाना
दुनिया को दिखाना
कि अबला नहीं शक्ति है नारी
आज फिर एक बार बताया है उसने
कोमल हूँ, कमज़ोर नहीं
अबला नहीं लाचार नहीं
नारी होना गर्व है मेरा शर्म की कोई बात नहीं
आजाद थी मैं आजाद हूँ मैं
बेखौफ थी, मैं ही खौफ हूँ मैं
पिंजरे की कैद परिंदा नहीं
पंख जो मेरे फैल गए घूम आउंगी आसमान
है मान मेरा अभिमान मेरा
मर्यादीद हूँ कैद नहीं
आजाद थी मैं आजाद हूँ मैं
कोमल हूँ कमज़ोर नहीं |

- संध्या यादव (S.Y.B.Sc I.T.)

बेटियाँ

जो कल चला गया जाने दो आज बदलेंगे
चलो ना साथ में मिलकर समाज बदलेंगे

बेटा अगर हीरा है तो मोती है बेटियाँ
बाबा की लख्ते जिगर तो होती है बेटियाँ
मां-बाप के आंखों में जो दरिया दिखाई दे
तो सबसे पहले फूट के रोती है बेटियाँ
अब नए दौर में पुराना साज बदलेंगे
चलो ना साथ में मिलकर समाज बदलेंगे

आखिर में जो बचा हो वह खाती है बेटियाँ
मां बन के अपना फर्ज निभाती है बेटियाँ
शादी के वक्त गम के समंदर में डूब कर
घर से विदा होकर चली जाती है बेटियाँ
अब उजाले से अंधेरे का राज बदलेंगे
चलो ना साथ में मिलकर समाज बदलेंगे

तुझ में हिम्मत है तो नजरें मिलाकर देख जरा
पीवी सिंधु को साक्षी को आके देख जरा
पहले बेटा थी फिर रानी थी एक झांसी की
उसके इतिहास के पन्ने को जाके देख जरा

अपने बीते हुए कल का मिजाज बदलेंगे
चलो ना साथ में मिलकर समाज बदलेंगे

यह न समझो के कुछ न साथ बेटियों का है
मुल्क की बरतरी मैं हाथ बेटियों का है
इससे बढ़कर कोई मिसाल तुम्हें क्या दूं मैं
विवेकानंद का स्टाफ बेटियों का है
पहले बेटा है फिर बेटा रिवाज बदलेंगे
चलो ना साथ में मिलकर समाज बदलेंगे

- जीशान साहिर (FY.BAF)

हे बलिदानी तुझे प्रणाम

हे बलिदानी तुझे प्रणाम,
हे बलिदानी तुझे प्रणाम
बढ़ाया भारत का सन्मान,
बढ़ाया भारत का सन्मान
हे बलिदानी तुझे प्रणाम....२

गर्व देश को तुझपर होगा,
वीर ना तुझसा कोई दूजा
तेरी कीर्ति महान,

तेरी कीर्ति महान
बढ़ाया भारत का सन्मान....२
हे बलिदानी तुझे प्रणाम....२

प्रसव माँ का सफल किया है,
सिंदूर को नया गर्व दिया है
धन्य तेरी संतान,
धन्य तेरी संतान
बढ़ाया भारत का सन्मान....२
हे बलिदानी तुझे प्रणाम....२

उचा लदाख अड़िग खड़ा है,
चीनियों को तूने खदेड़ दिया है
देश करता तुझे प्रणाम,
देश करता तुझे प्रणाम
बढ़ाया भारत का सन्मान....२
हे बलिदानी तुझे प्रणाम....२

मरा नहीं तू अमर हुआ है,
तेरा घर अब तीर्थ बना है
देंगे हम सब ध्यान,
देंगे हम सब ध्यान
बढ़ाया भारत का सन्मान....२
हे बलिदानी तुझे प्रणाम....२

**-श्री राधाकृष्ण भागिया,
(VES Trust Member)**

खुद को पहचानो !

आजकल की इस दुनिया में न जाने ऐसे कितने सारे लाखों लोग हैं जिन्होंने अपने आप को नहीं पहचाना। और जिसने भी अपने आप को पहचाना वह हमेशा आगे बढ़ा, और एक नया मुकाम हासिल किया। उन सब में से एक ऐसे थे, जिन्होंने खुद को पहचाना और आगे बढ़े।

एक समय की बात है, उत्तरप्रदेश के सुल्तानपुर जिले में, अहमदपुर गांव में एक परिवार ऐसा था की, वह बड़ा खुशहाल परिवार था। उन परिवार के लोगो में बहुत ही प्यार भरा हुआ था। घर के प्रमुख का नाम रामचंद्र सेठी था, और उनके दो बेटे थे, एक का नाम श्यामलाल सेठी था तथा दूसरे का नाम मदनलाल सेठी था। उनकी पत्नियों का नाम शोभा और विमला था। उन दोनों के एक एक बच्चे थे, जिनका नाम था राधा और राजू। रामचंद्र सेठी की पत्नी तो कब की गुजर गयी थी, लेकिन रामचंद्र सेठी ने उन दोनों बेटों को किसी भी वस्तु की कमी नहीं दी। रामचंद्र सेठी ने उन दोनों बेटों को यही शिक्षा दी थी की, "जीवन में कितनी ही बड़ी मुसीबत क्यों न आये, तुम हार मत मानो। तुम उसे सुलझाने का प्रयास करो, अपने अंदर की शक्ति का इस्तेमाल करो। उनके दोनों बेटे बड़े समझदार थे, और काफी चालक और बुद्धिमान। वह अच्छी खासी नौकरी करते थे और अच्छा पैसा कमाते थे।

एक दिन रविवार की रात उनके पिता रामचंद्र सेठी की मृत्यु हो गयी। दोनों बेटे यह देखकर रो-रो कर बेहोश हो गए। पत्नियों और बच्चों का बुरा हाल था रो-रो कर। अगली सुबह उनके इस खुशाल परिवार में मानो किसी का बुरा साया पड़ गया था। चिड़ियों की जो चहचहाट थी वह तो मानो खो गयी थी। दोनों बेटों ने धैर्य रखकर अपने काम पर ध्यान देने लगे, लेकिन किस्मत भी उनका साथ छोड़ चुकी थी। उनके काम में बाधा आने लगी, पत्नियों से झगड़ा होने लगा, बच्चों के साथ भी चिढ़चिढ़ापन होने लगा। एक दिन गांव के ठाकुर ने उन दोनों भाइयों को कहा की तुम्हें यह जमीन हमें देनी पड़ेगी क्योंकि तुम्हारे पिता जी ने हमसे कर्जा लिया था, घर बनाने के लिए तो वह तो चल बसे लेकिन इसके बदले में तुम्हें यह जमीन हमें देनी पड़ेगी। दोनों भाइयों पर अब संकट का पहाड़ आ चूका था। वे दोनों भाइयों ने तय किया की अब हमें आगे बढ़ना है और हम मुंबई जायेंगे। उन दोनों भाइयों ने मुंबई जाने के लिए ट्रेन पकड़ी। आखिर ट्रेन मुंबई पर उतरी, और दोनों ने अपना पहला कदम इस अनजान शहर में रखा। और दोनों को इस शहर के बारे में कुछ नहीं पता था? वह बिलकुल अनजान थे। उन दोनों भाइयों को नौकरी की तलाश थी। वह दोनों इधर उधर भटकते रहे और लोगो से पूछने लगे की भाईसाहब आप हमें नौकरी और एक रहने की जगह बता दे हमें, हम दोनों भाई इस शहर में बिलकुल अनजान हैं। लेकिन किसी ने उनकी बात पर ध्यान नहीं दिया। आखिर में एक आदमी सामने से उन दोनों भाइयों को बोला की "तुम्हें बताता हूँ, मुझे पता है। यह सुनकर दोनों भाई बड़े खुश हो गए और कहा भगवान् ने हमारी बात सुन ली। लेकिन खुशी के चक्कर में दोनों भाइयों ने उस व्यक्ति का परिचय भी नहीं

लिया और उनके साथ चल दिए। वह आदमी उन दोनों को एक वीरान जंगल में लेकर गया। तब दोनों भाइयों ने सोचा ये हमें जंगल में क्यों लेकर जा रहा है, फिर बड़े भाई श्यामलाल ने मदन से कहा चलो छोटे यहाँ से लौट चलते हैं, यह आदमी मुझे कुछ ठीक नहीं लग रहा है, लेकिन मदन ने कहा भाई हमें काम भी तो चाहिए ऐसा कुछ भी नहीं है ऐसा कहकर मदन ने श्याम को समझा लिया।

वह आदमी उन दोनों को दादानगर के इलाके के झोपड़पट्टी में लेकर गया था। वह का नजारा देखने के बाद दोनों भाई डर गए और पूछने लगे की हमें कहा ले के आये हो, तुम कौन हो। उस आदमी ने बोला की मैं तुम दोनों के हाथ पैर काटकर तुम दोनों से भीख मँगाऊंगा। यह सुनकर मदन ने कहा, "हे भगवान्! यह आपने कौन से संकट में डाल दिया है, हमने ऐसा कौन सा पाप किया है? जो तुमने हमारे साथ ऐसा किया।" वहा का दादा जो की मुंबई शहर का पांचवा ऐसा दादा था की उस के नाम से तो पुलिस भी डरती थी। वह आदमी उन दोनों को दादा के पास लेकर गया। उसके आदमियों को भी उससे बहुत डर लगता था। और उस दादा का नाम कल्लू दादा था, जो की सबसे बुरा आदमी था। वह छोटे छोटे बच्चों का हाथ पैर काटकर उनसे भीख मँगाता था। और स्त्रियों को बेच देता था धंधे के लिए। वह आदमी किसी सैतान से कम नहीं था, उसने तो पांच खून किये थे और तीन बलात्कार। यह सब सुनकर उन दोनों ने सोचा की हे भगवान् ये आदमी है या कोई राक्षस। अब उन दोनों ने सोचा की अब हम नहीं बच पाएंगे। हमारे पास कोई रास्ता नहीं है, और अब हम दोनों भाइयों के हाथ पैर काट देंगे और हम भीख मँगाएँगे। दोनों यह सोच के रोने लगे और सोचने लगे की हम इस शहर में क्यों आये, इससे अच्छा होता की हम, गांव में ही रहकर ही मजदूरी कर लेते।

रात का समय था कल्लू दादा ने फैसला लिया की हमारा धंधा मंद हो रहा है हमें कुछ न कुछ करना पड़ेगा। फिर उसने अपने आदमियों से कहा की उन दोनों आदमियों के हाथ पैर काट देंगे और उन दोनों से भीख मगाएँगे। उनमें से मदन ने उनकी बात सुन ली और अपने भाई श्याम को बता दिया। यह सुनकर श्याम ने बोला चिंता मत करो हमारे पिताजी ने हमें मुसीबतों का सामना करना सिखाया है हम दोनों बहादुर हैं और अब हम यहाँ से भाग निकलेंगे। यह बात सुनकर मदन ने कहा की हम भागेंगे कैसे और दोनों सोचने लगे। अचानक श्याम को सुझाव आया और उसने कहा की अब हम रात को भागेंगे, जब सब लोग सो जायेंगे। और जैसे ही सब गहरी नीद में सो गए तभी उन दोनों ने बड़ी चालाकी से शौचालय के पीछे से भाग निकले। और आखिर उन दोनों ने खुद को पहचान कर अपनी जीत हासिल कर ली। और दोनों भाइयों ने खुद पर विश्वास रखकर और अपनी समझदारी से नौकरी ढूँढ ली।

मैं भटक सा गया था

शाम का वक़्त है , सूरज अपने घर की तरफ उड़ान भर रहा है, लहरे समुन्द्र की मेरे पैरो को छू कर वापस जा रही है ,मैं हाथ में किताब लेकर मिटटी में पड़ा बेग को उठाता हूँ और किसी बड़े पत्थर पर जा कर बैठता हूँ |

मैं लहरों को देख कर सोच रहा हूँ ,

"ठहरने वाले शराब की तरह बोटल में होते है

लहराने वाले जल समुंदर में"

जैसे जैसे सूरज पानी में डूब रहा था वैसे वैसे मेरी आँखे गीली होने लगी , किसी ने मेरे कंधे हाथ रखा, वो अनजान आदमी को जब मैंने देखा तो मुझे मेरे पिता जैसी झलक मिली।

वो बोले " बेटा ! मैं २ घंटे से तुम्हे देख रहा था , तुम बड़े उदास लगे, मेरा वक़्त भी कभी ऐसा गुज़रा था , मुझे अपनी याद आ गई , तो मैं खुद को रोक नहीं पाया तुम्हे ये पूछने से, क्या हुआ है ? "

उनकी आवाज़ में बहुत सहानुभूति थी, कुछ अपनापन सा लगा ,मैं खुद के दर्द को बताने से रोक नहीं पाया

"मैं २ साल से एक अच्छी कंपनी में जॉब करता हूँ , पैसे भी अच्छे मिल जाते है , किस्मत वालो को ऐसी जॉब मिलती है , पर जाने क्यों दिल को कुछ कमी सी लग रही है, जैसे भटक सा रहा हूँ , जाना कही और जा कही ओर रहा हूँ "

ये सुन कर वो बोले

" बेटा ! ये पास में पड़ी ड्राइंग बुक तुम्हारी है क्या ? बहुत खूब चित्रकारी कर लेते हो" मैंने कहा बड़े जोश में कहा " ये तो कुछ भी नहीं मैं और मेरे पिताजी....(बोलते बोलते मैं चुप हो गया)

वो बोले "बेटा चुप क्यों हो गए"

मैंने कहा " मेरे पिताजी बहुत अच्छी चित्रकारी किया करते थे, मुझे भी बचपन से ही चित्रकारी करना बड़ा पसंद था, पता नहीं क्यों मेरे पिताजी बचपन से मेरी की गई चित्रकारी की कुछ न कुछ गलतिया निकाल दिया करते थे , मुझे थोड़ा गुस्सा आता था पर मैं उनकी बात सुन कर सुधार करने की कोशिश करता था , धीरे धीरे वक़्त बदलता गया , पिताजी की चित्रकारी के पैसे कम हो गए, और मेरी चित्रकारी के पैसे ५ गुना ज्यादा मिलने लगे थे पर.....

"वो हलके से मुस्करा कर बोले , जैसे मेरी नादानियाँ उन्होंने भी की थी शायद या जैसे उन्हें मेरे सवाल का जवाब पता था |

वो बोले "तो बेटा ये क्यों काम करते हो, जब मछली पानी से बाहर आएगी तो मर ही जाएगी ना, और इंसान पानी में जीने की कोशिस करेगा तो वो मर जायेगा , दोनों की ज़िन्दगी पानी और हवा है , पर हवा कभी मछली के लिए नहीं बनी और पानी इंसान के लिए नहीं , चित्रकारी तुम्हारा हुनर है, इसे मत छोडो"

मैं गुस्से से बोला " पर मैं अच्छी चित्रकारी नहीं करता और मुझे उनसे कही ज्यादा अच्छे चित्रकारी में पैसे मिलने लगे तो, तब भी मेरे पिताजी कभी मेरे काम से खुश नहीं होते थे , एक दिन मुझे बहुत गुस्सा आया मैंने उनकी एक ना सुनी , वो मेरी चित्रकारी में कमी कैसे निकल सकते है जबकि मैं उनसे अच्छी चित्रकारी करता हु , मैं घर छोड़ कर यहाँ मुंबई चला आया, यहाँ मैंने बहुत बहुत पेंटिंग बनाई

पर उतने पैसे नहीं मिले जितने पहले मिलते थे | मैंने तभी ये सोचा , मैं चित्रकारी करना छोड़ दुगा , ये २ साल पहले ही छोड़ दिया मैंने"

जाने क्यों वो फिर मुस्कराकर बोले

"पगले जब तुम्हारे पिताजी तुम्हारी गलतिया निकालते थे, तो तुम अपने चित्रकारी से संतुष नहीं होते थे , तुम उसमे और सुधार करने की कोशिस करते थे |

तुम्हारी चित्रकारी बेहतर और बेहतर बनती गई लेकिन जब तुमने उसमे सुधार करना बंद कर दिया तो उन चित्रकारी में कुछ नया नहीं था , तुमने मेहनत की थी पर उन चित्रकारी में कुछ निराला नहीं था, तुमने सोचा अब जितनी अच्छी चित्रकारी करता हूँ उससे अच्छी तो हो ही नहीं सकती | कभी कभी हम मेहनत बहुत करते हो, पर वहा मेहनत जरूरी नहीं होती उस काम में कुछ बेहतर और अलग करना ज्यादा जरूरी होता है

चित्रकारी तुम्हारा हुनर है इसे मत छोडो , गलतिया हमेशा बुरी नहीं होती"

मैंने कहा " आपने बिलकुल सही कहा , मुझे वापस अपने पिताजी के पास चले जाना चाहिए, उन्हें जाते ही गले लगा लुँगा और उनसे माफ़ी मांग लुँगा और कहूँगा

पिताजी आप मेरी चित्रकारी की बुराई कीजिये बहुत बहुत बुराई कीजिये ताकि मेरी चित्रकारी और अच्छे मुकाम पर पहुंचे | मैं सोचता रहता था जाने क्यों मुझे ये जॉब करके खुशी नहीं मिलती थी ,अच्छे पैसे भी मिलते थे पर जो मज़ा उन रंगों से खाली पन्ने में पूरी दुनिया रंगने में आता था वो कीबोर्ड की खट खट की आवाज़ में कहा था | धीरे धीरे मेरी आंखों से पछतावे की बूँदें बहने लगी , मुझे धुंधला सा दिखा कुछ वक़्त के लिए फिर जब देखा तो वो आदमी नहीं था , जैसे गायब सा हो गया हो शायद मेरा दर्द मेरे पिताजी तक पहुंच गया होगा , उनकी दुआ से मुझे रास्ता मिला है , उनकी दुआ से ये फरिश्ता मुझे रास्ता दिखा कर गया है आज बहुत कुछ समझ में आ गया | ज्यादा मेहनत करके जब किनारा ना मिले तो कुछ वक़्त ठहर कर सोचना चाहिए.

"क्योंकि कभी कभी एक ही काम को बार बार करने से नहीं , बल्कि एक ही काम को अलग अलग तरीको से करने से सही मंजिल मिलती है"

पिताजी जो गलतियां निकालते थे उनसे मुझे गुस्सा आता था और मैं जोरो से धका लग कर गिरता था फिर मैं अपनी पिछली चित्रकारी के एक और कदम आगे निकल जाता था | कभी गलतियां हमको गिराती नहीं है बल्कि वो हमको लात मार कर हमारी मंजिल के थोड़े ओर करीब ले जाती है |

- मिनाक्षी उज्जैन (T.Y.B.Com)

रातराणी

नक्षत्रांचे तेज तिच्या चेहऱ्यावर खुले
भाळी तिमिराची चंद्रकोर अन कानी चांदण्यांची कर्णफुले

उजळे काया तिची पिऊन चंद्रप्रकाश
कांतीत तिच्या मग भिजून जाई आकाश

तिची नशा जाई चढत अन रात्र होई बेधुंद
आसमंती पसरे फक्त तिचाच सुगंध

मृगनयनी तिच्या शोभे गर्द रात्रीचे काजळ
उठता नजर तिची मात्र कौमुदीचे वादळ

पाहण्या तिचा हा साज पडे रात्रही अपुरी
तिच्या सौंदर्याचा गंध चाले डौलात वाऱ्यावरी

जिच्या अस्तित्वाने झाली पावन ही धरणीती सौंदर्यव
ती एक रातराणी

-श्रेया बालगुडे , (M.Sc. Microbiology)

परदेशी मायानगरी

रमेश खूप हूशार सुस्वभावी मुलगा हा पाटीलांचा एकुलता एक मुलगा होता. लाकुडवाडी गावात राहणारे पाटील एके काळी सरपंच होते. परंतु काळाच्या ओघात सरपंचकी, सरदेशमुखी सर्व नष्ट झाल्यामुळे तेही एक सर्वसाधारण शेतकरी बनले होते. म्हणून त्यांनी जिद्दीने काबाडकष्ट करून रमेशला वाढवले होते व रमेशही त्यांच्या सर्व अपेक्षांना खरा उतरला होता. शैक्षणिक, क्रिडास्पर्धेत एवढेच काय तर कलेच्या क्षेत्रातही तो निपुण होता. परंतु रमेशचे लहानपणापासूनच एक स्वप्न होते ते म्हणजे 'फॉरेनला'! म्हणजेच परदेशात जायचे. कदाचित यासाठीच त्याने पदवीधर अभ्यासक्रमात इंग्रजी, फ्रेंच यासारखे विषयही घेतले होते.

एकुलता एक असल्यामुळे पाटलांचा रमेशच्या परदेशी जाण्याच्या स्वप्नाला विरोध होता मात्र मुलाच्या मायेपोटी त्यांनी स्वइच्छे विरूद्धच त्याला परवानगी दिली होती. त्यामुळे रमेशने परदेशासाठीची तयारी सुरू केली व एक कंपनी जी परदेशात चांगली नोकरी दिली जाईल असे सांगत होती तिथे त्याने स्वतःचे नाव दाखल केले परंतु कंपनीला त्यासाठी पाच लाख रूपये द्यावे लागणार होते. ही रक्कम साधीसुधी नव्हती परंतु पुत्रप्रेमापोटी आयुष्याची जमापुंजी पाटीलांनी रमेशला दिली कारण रमेशने यशस्वी जीवन जगण्याचे त्यांचे स्वप्न होते मग ते भारतात असो किंवा मग परदेशात.

झाले, स्वेच्छेने रमेश निघाला. पाटीलांनी काळजावर दगड ठेवूनच त्याला निरोप दिला होता. त्याचा विमानप्रवास सुखरूप झाला पण नंतर विमानतळावर कंपनीची बस त्याला घ्यायला येणार होती, ती बस त्याला मिळाली मात्र खाण्यासाठी तो थोडावेळ खाली उतरला असता बस सुरू झाली. रमेशने बसचा जीवतोड पाठलाग केला. बस अदृश्य होईपर्यंत तो जीवाच्या आकांताने धावला मात्र सर्व धुळीला मिळाले. एका क्षणात सर्व नष्ट झाले होते. त्याच्याकडे त्याचे सामानही नव्हते व सर्वात महत्त्वाचे त्याचे ओळखपत्र देखील बसमध्येच होते. त्याच्या डोळ्यांसमोर त्याची स्वप्ने राख होताना दिसत होती. त्याच्या वडिलांचा कारुण्यमय चेहरा तर त्याला आणखिनच विवश करत होता. नशीबाने त्याच्याकडे त्याचे पाकीट होते ज्याच्यात काही पैसे होते व ते घेऊन तो त्या कंपनीने सांगितलेल्या परदेशातील मोठ्या कंपनीत पोहोचला व त्याने तिथे चौकशी केली पण इथे तर मात्र त्याच्या पायाखालची जमीनच सरकली कारण भारतातील त्या कंपनीशी या कंपनीचा काहीच संबंध नव्हता. मुळात तशी कंपनीच अस्तित्वात नव्हती. आता रमेशच्या मनात प्रश्नांचे चक्रीवादळ सुरू झाले. मग तो त्या बसमधून कोणत्या कंपनीत जाणार होता? तो कुठे काम करणार होता? त्याने भरलेल्या मेहनतीच्या आईवडीलांच्या कमाईचे आता काय होणार? तो त्याची स्वप्ने कशी साकारणार होता? सर्वात महत्त्वाचे आता पुढे काय?

आईवडील डोळ्यांसमोर आठवून तो पुढची पावले उचलत होता. मनाने तर तो बिखरलाच होता पण तरीही तो आणखी चौकशी करत होता की काहीतरी ठावठिकाणा लागेल. पण सर्वच व्यर्थ चालले होते. त्याच्याजवळ असणाऱ्या तुटपुंज्या पैशाने तो कसाबसा त्या अनोळखी परदेशी मायानगरीत वावरत होता. तरी त्याला भाषाज्ञान होते म्हणून तो थोडीफार माहिती तरी मिळवत होता. तेवढ्यात त्याने एका भोजनगृहाच्या दूरदर्शन (टी.व्ही) वर त्याच्या भारतातील कंपनीचे नाव ऐकले व तो चटकन तिकडे वळला व त्याला आशेचे किरण दिसले पण त्या किरणांना मावळायला चुटकीसरशी वेळ देखील लागला नाही कारण ती कंपनी मानवी अपहरणाच्या खटल्यात अडकली होती हे बातम्यांत दाखवत होते. म्हणजेच ती बस नरकात नेणार होती त्याला. ज्या बसमध्ये तो स्वप्न साकार करण्यासाठी चढला होता, त्या बसने त्याआधी त्याच्यासारखीच अनेक रमेशची स्वप्ने चक्काचुर केली होती. त्याच्या सारखे अनेक रमेश परदेशी मायानगरीला भुलतात व आपले आयुष्य गमावतात.

मानवी अपहरण (ह्युमन ट्रॅफिकींग) हे भयावह आजच्या जगाचे सत्य आहे. तरूण पिढी "फॉरेन" ला भाळतात या मोहाजालात अडकतात व जिवंतपणी नरक अनुभवतात. हास्यास्पद म्हणजे त्यासाठी कष्टाची कमाई ही देतात. पण यात दोष कुणाचा? रमेशचा? त्याच्या वडीलांचा? की या परदेशी भुरळ पाडणाऱ्या मायानगरीचा?

- स्वाती शिंदे

विद्यार्थी आंदोलने

"विद्यार्थी हे राष्ट्रचे भविष्य" असतात असे आपल्या येथील विद्यार्थ्यांना बालवर्गापासून शिकवले जाते. पण हेच भविष्य जेव्हा वर्तमानात दगड घेऊन रस्त्यावर उभे राहते तेव्हा राष्ट्राच्या प्रगतीपथावर अडथळा निर्माण होतो. एन आर सी आणि सीएएच्या मुद्द्याला विरोध, तसेच जामिया विद्यापीठातील विद्यार्थ्यांना पाठिंबा दर्शविण्यासाठी देशभरातील विद्यार्थी रस्त्यावर उतरत असल्याच दृश्य गेल्या महिन्याभरापासून पाहायला मिळत आहे. वास्तविक विद्यार्थी रस्त्यावर उतरण्याची ही पहिलीच वेळ नाही. पण शैक्षणिक समस्यांशी थेट संबंध नसलेल्या मुद्द्यावर देशाच्या कानाकोपऱ्यातील विद्यार्थ्यांतून निषेधाचा सूर उमटणे हे नेहमीचे नाही. जे रस्त्यावर उतरले होते, ते सगळेच मुस्लिम नव्हते ना आसामी होते. ते ना कोणत्या नेत्याच्या समर्थनार्थ उतरले होते ना कोणत्या संघटनेचा कार्यक्रम राबविण्यासाठी.

त्यांनी संविधानाने बहाल केलेल्या मूलभूत अधिकारांच्या रक्षणासाठी स्वयंस्फूर्तीने आवाज उठविला होता.

राजकीय सामाजिक मुद्द्यांवर नेहमीच आक्रमक आणि ठाम भूमिका घेणाऱ्या "टीस" आणि "जे एन यु यी" या संस्थानपलीकडे जाऊन हे आंदोलन "आय आय टी" "आय आय एम" सारख्या एरव्ही अलिप्त राहणाऱ्या शिक्षण संस्थानपर्यंत पोहोचले. विद्यार्थी रस्त्यावर उतरणे ही कोणत्याही देशासाठी दुर्दैवीच बाब आहे. जर आपण भारताच्या भूतकाळात डोकावण्याचा प्रयत्न केला की आपल्याला आढळून येते की नागरिकत्व सुधारणा कायद्याच्या व्यतिरिक्त अनेक विद्यार्थी आंदोलने आपल्या राष्ट्राने पाहिलेली आहेत.

12 जून 2015 रोजी गजेंद्र चव्हाण यांच्या एफ टी आयच्या संचालक पदी निवडीमुळे एफ टी आयच्या विद्यार्थ्यांनी तीव्र स्वरूपाचे आंदोलन केले होते. 2015 मध्ये जामिया मिलिया इस्लामिया विद्यापीठाच्या वसतीगृहात एक नियम केला की कोणत्याही विद्यार्थीनीने, रात्री आठ नंतर बाहेर जाण्याची परवानगी मागू नये, पालकांची परवानगी असली तरी. आणि मग दिल्ली महिला आयोगाने यात आक्षेप घेतला आणि मुलींवर अशी बंधने घालण्याची गरज नाही अशी भूमिका घेतली. त्यामुळे येथील विद्यार्थिनी रस्त्यावर उतरल्या, हळूहळू हे आंदोलन देशभर पसरले. आणि शेवटी विद्यापीठाला हा नियम मागे घ्यावा लागला. हे आंदोलन "पिंजरा तोड" या नावाने प्रसिद्ध आहे. 1990 मध्ये मंडल आयोगाच्या शिफारशीनुसार सरकारी नोकऱ्यांमध्ये इतर मागासवर्गीयांसाठी 27 टक्के राखीव जागा ठेवण्याच्या निर्णयावर विद्यार्थी आंदोलनाचा भडका उडाला होता.

जेव्हा एकविसाव्या शतकातील विद्यार्थ्यांचा आपण विचार करतो तेव्हा एक गोष्ट जाणवते की विद्यार्थ्यांसमोर सध्या उभा ठाकलेल्या समस्यांची जंत्री न संपणारी आहे. शिशुवर्गापासून पदव्युत्तर शिक्षणापर्यंत सर्व स्तरांवरचे अभ्यासक्रम सर्वसामान्यांच्या आवाक्याबाहेर गेलेले आहेत. मनासारख्या महाविद्यालय प्रवेश मिळवणे दुरापास्त, आरक्षणाचे न संपणारे वाद, पुरेशी वसतीगृहे नाहीत, चांगली मेस मिळत नाहीत, परीक्षा निकालांच्या पाचवीला पुजलेला विलंब, एवढा सगळा खटाटोप केल्यानंतरही मनासारखे करिअर तर सोडाच पण साधी उदरनिर्वाहपूर्ती नोकरी मिळेल की नाही याची शाश्वती नाही, त्यामुळे आजचा विद्यार्थी आणि त्याचे कुटुंब अनेक समस्यांना तोंड देत आहे. कोणत्याच पक्षाचे सरकार हे प्रश्न सोडविण्यासाठी विशेष लक्ष देत आहे असे वाटत नाही. त्यामुळे समस्यांचे निराकरण करण्यासाठी ही विद्यार्थी मंडळी रस्त्यावर उतरताना दिसत आहे. विद्यार्थ्यांच्या मागण्या पूर्ण होत नसतील तर त्यांना आंदोलन करण्याचा अधिकार आपल्या संविधानाने दिलेला आहे पण जर यात हिंसाचार झाला तर त्याचे परिणाम आंदोलनकर्त्यांना भोगावे लागतात हे कोणी विसरू नये. विद्यार्थी आंदोलनाची सुरुवात नेहमी खणखणीत होत आली आहे पण जेवढ्या वेगाने हे वणवे पसरतात तितक्याच वेगाने ते विझूनही जात आहेत. देशातील अनेक विद्यार्थी चळवळी नेतृत्वाच्या शोधात आहेत. जर विद्यार्थी आंदोलनामुळे तरुणांच्या मनातील समाजभानाचा वणवा पेटत असेल तर एका बाजूने ही चांगलीच बाब आहे कारण समाजमाध्यमांच्या विळख्यात बंदिस्त झालेली तरुणाई किमान आपल्या समाजाच्या स्वार्थासाठी का होईना या व्यवस्थेविरुद्ध लढत आहे. जाता जाता एवढंच सांगावेसे वाटते

"हे हात उत्सुकलेले दगडांच्या वर्षावाला,
रोखा ते लावा देशाच्या प्रगतीला,
बंद करा निरर्थक उन्माद
यांने होतोय आपलाच घात
हे सामर्थ्य ना जाओ व्यर्थ

याला जरासा अर्थ येऊ द्यारे
हा देश माझा याचे भान जरासे राहु द्यारे....
हा देश तुमचा याचे भान जरासे राहु द्यारे....

विवेक मधुकर वारभुवन
(F.Y.B.Com)

वेळ बदलते

विक्रम नावाचा मुलगा होता. तो अभ्यासात तसेच खेळातही हुशार होता. विक्रम आपल्या आई-वडिलांचा एकुलता एक मुलगा होता. त्यामुळे ते त्याला काही कमी पडणार नाही याची काळजी घेत असे. त्यांचे आयुष्य सुखात चालू होते. असे अचानक एक दिवशी तो कॉलेज मध्ये चक्कर येऊन खाली पडला त्याला डॉक्टरांकडे नेण्यात आले 'अशी चक्कर त्याला वारंवार (सारखी) येते', असे विक्रमच्या आई-वडिलांनी डॉक्टरांना सांगितले. डॉक्टरांनी त्यांना काही तपासण्या करण्यास सांगितले.

तपासणीचा निकाल आला व कर्करोग (कॅन्सर) आहे असे आढळून आले. विक्रम आणि त्याच्या आई-वडिलांसाठी हा मोठा धक्का होता. सर्वांनी त्यांची साथ सोडली. विक्रमला असे वाटू लागले की, 'आता आपण लवकर मरणार'. तो त्याच्या आई-वडिलांचा आधार आहे आणि त्याला असा आजार म्हणून ते सुद्धा खचले होते. म्हणून विष देऊन आत्महत्या करण्याचा प्रयत्न करणार तेव्हाच.

विक्रमचे मामा देव दूताप्रमाणे त्यांच्या घरी आले. त्याचे मामा कामानिमित्ताने बाहेर गावी असतात. त्यांना ही बातमी मिळताच ते निघून आले. मामांनी त्यांना समजावून सांगितले की, 'आता सर्व आजार बरे होतात. कर्करोग (कॅन्सर) सारखा सुध्दा'. त्यासाठी योग्य औषध उपचार करण्याची गरज आहे फक्त. मामांच्या या शब्दांनी त्यांना धीर आला. दुसऱ्या दिवशी ते सर्वजण मामांच्या ओळखीच्या डॉक्टरांकडे गेले. डॉक्टरांनी त्यांना कर्करोग (कॅन्सर) बद्दल समजून सांगितले आणि त्याच्यावर औषध उपचार सुरू केले.

कर्करोग (कॅन्सर) या आजारवरील औषध उपचार सुरू असल्याने त्याला कॉलेजला जाता येत नसे. म्हणून तो हताश होत असे परंतु तो स्वतःची समजूत घालत असे. योग्य औषध उपचार आणि मामांची साथ मिळाल्यामुळे तो बरा झाला.

ज्ञानाच्या ओढीने आणि पाहिलेले स्वप्न साकार करण्यासाठी जिद्दीने त्याने कॉलेजमध्ये पुन्हा प्रवेश घेतला. अभ्यास सुरू केला. अभ्यासातील प्रगतीमुळे त्याला परदेशात शिकण्यास जाण्याची संधी मिळाली. मोठ्या प्रमाणात यश संपादन करून तो परदेशात श्रीमंत व्यक्ती बनला.

विक्रम जेव्हा भारतात परत आला तेव्हा त्याने आपल्या आई-वडील आणि मामा यांच्या नावाने रुग्णालय (हॉस्पिटल) सुरू केले. जेथे कमी खर्चात कर्करोग (कॅन्सर) तसेच काही मोठ्या आजारांचा उपचार होत असे. श्रीमंत व्यक्ती बनून सुद्धा तो आपल्या मामांशी कृतज्ञ राहिला.

वेळ बदलते त्यासाठी स्वता: वर आत्मविश्वास, कष्ट करण्याची तयारी आणि आई-वडीलांचा आशिर्वाद असेल तर वेळ नक्कीच बदलते.

----- तेजल गणपत फडतरे

(T.Y.B.A.F)

Achievements in Intracollegiate Competitions

Prizes won at departmental events

Name	Class	Position	Event
Accountancy			
Sejal Gagwani	F.Y.B.A.	First	Poster Competition
Akshay Kumavat	F.Y.B.Sc.	Second	
Rajvi Solkar	F.Y.B.Com.	Third	
Khan Rukshar	F.Y.B.A.F.		
Kafiya Siddiqui and Group	S.Y.B.Com.	First	Power Point Presentation
Chandani Sharma and Group	S.Y.B.Com.	Second	
Kiran Mahatre and Group	S.Y.B.Com.	Third	
Prathmesh Bobade	T.Y.B.Com.	First	Smart Accountant
Dakshata Naik	T.Y.B.A.F.	Second	
Sameera Shaikh	T.Y.B.Com.	Third	
BMS			
Sahil Vazirani	F.Y.B.M.S.	Second	Cricket Trivia
Abdurrehmaan Khan	F.Y.B.M.S.	First	
Shivani Sajnani	F.Y.B.M.S.		Third
Drishti Mandhyan	F.Y.B.M.S.		
Shivani Sajnani	F.Y.B.M.S.	Power Point Presentation	
Khushi Kalani	F.Y.B.M.S.		
Chemistry			
Surve komal Namdeo	T.Y.B.Sc.	First	Seminar Competition
Singh Deepshika Dinesh	T.Y.B.Sc.	Second	
Michael Chris Joseph	T.Y.B.Sc.	Third	
Shenoy Pralhad Shankar	S.Y.B.Sc.	Consolation Prize	
Khan Hajrabai Iliyas	T.Y.B.Sc.		
Shaikh Mahfuj Ali Mashook	T.Y.B.Sc.		
Shaikh Uzma Khatoon Mohdwalim	T.Y.B.Sc.		
Shaikh Khushi Ansari	T.Y.B.Sc.		
Computer Science			
Parag Sonawane	S.Y.C.S.	First	Project-Making Competition
Divya Belchada	S.Y.C.S.	Second	
Tejal Rahate	S.Y.C.S.	Third	
Hritik Bhatt	S.Y.C.S.		
Economics			
Ruhee Khaan	F.Y.B.A.	Second	A. D. Shroff Elocution
Aishwarya Patole	T.Y.B.A.	Consolation	
Information Technology			
Omkar Auti	S.Y.I.T.	First	Project-Prototype- Presentation
Shruti Singh	S.Y.I.T.	Second	
Snehal panhalkar	S.Y.I.T.	Third	
Prathamesh Dighe	F.Y.I.T.	First	
Nadita Nandlal	F.Y.I.T.		
Vedant Dighe	S.Y.I.T.	First	Graphics object developed

Tushar Being	S.Y.I.T.		The student who issues maximum book was awarded
Shaikh Mohd Zahid	S.Y.I.T.	Second	
Thalavai Madasamy	S.Y.I.T.		
Subbaiah	S.Y.I.T.		
Mahesh Satre	S.Y.I.T.	Third	
Omkar Auti	S.Y.I.T.		
Sunil Khorwal	T.Y.I.T.	First	
Soma Mondal	T.Y.I.T.		
Siddhesh Gaikwad	T.Y.I.T.		
Gaurav Gharania	T.Y.I.T.		
Nidhi Pandey	F.Y.I.T.		
Nidhi Shetty	F.Y.I.T.		
Arunchalam	F.Y.I.T.		
Mariammal	F.Y.I.T.		
Prashant Shingte	F.Y.I.T.		
Dennis Nadar	F.Y.I.T.		
Nadita Nandlal	F.Y.I.T.	First	Best Green IT Presentation Speaker
Saroj Verma	F.Y.I.T.	First	Non-Verbal Skit
Rutuja Salokhe	F.Y.I.T.		
Jyoti Prajapti	F.Y.I.T.		
Krutika Ghadigaonkar	F.Y.I.T.		
Aanchal Naval	F.Y.I.T.		
Dhanvanti Chelani	F.Y.I.T.		
Minakshi Valotiya	F.Y.I.T.		
Dhiren Parwani	F.Y.I.T.		
Nikhil Punjabi	F.Y.I.T.		
Punit Kalro	F.Y.I.T.		
Avadhut Gorivale	F.Y.I.T.	First	Best Web Site
Shrey Saraki	F.Y.I.T.		
Minakshidevi Balotiya	F.Y.I.T.	Second	
Krutika Ghadigaonkar	F.Y.I.T.		
Punnit Kalro	F.Y.I.T.	Third	
Shyo Chand Tulsi	F.Y.I.T.		
Library			
Rohit Thakur	T.Y.B.Com.	First	Book Review Competition, Hindi category
Shivani Indrajeet Singh	T.Y.B.Sc. Chemistry	Second	
Neeraj Yadav	T.Y.B.Com.	Second	
Gaurav Sharma	S.Y.B.SC.(CS)	Third	
Neelam Harijan	S.Y.B.Sc.	Consolation	
Mrunmayee More	S.Y.B.Sc.	First	Book Review Competition, English Category
Vikrant Tiwari	S.Y.B.A.F.	Second	
Saleha Shaikh	F.Y.B.A.F.	Consolation	
Nisarga Shinde	S.Y.B.Sc.	Consolation	Book Review Competition, Marathi Category
Vivek Warbhuwan	F.Y.B.Com.	First	
Nikhil Morye	T.Y.B.Com.	Second	
Komal Bhagat	T.Y.B.Com.	Third	
Vaishnavi Shinde	F.Y.B.A.F.	Third	
Pragati More	S.Y.B.SC.	Consolation	
Microbiology			
Anuradha Chavan	T.Y.B.Sc.	First	Guess the word

Khadharbee Shaikh			
Shivani Nimbkar			
Shantanu Patil			
Gaurav Patekar			
Neha Maurya			
Shreesti Moolya	S.Y.B.Sc.	Second	
Siddhi Bodke			
Amita Barge			
Kaushal Tolani			
Samadhan Narkar	S.Y.B.Sc.	Third	
Vinayak Harne			
Viraj Govekar			
Ashwini Satpute	S.Y.B.Sc.	First	
Siddhi Bodke	S.Y.B.Sc.	Second	Essay Writing
Kimaya Rane	S.Y.B.Sc.	Third	
Amisha Radhakrishnan	S.Y.B.Sc.	First	
Rucha Ghodeswar			
Vidhi Jain	S.Y.B.Sc.	Second	Poster Making
Neha Masram			
Vaishnavi Phapale	S.Y.B.Sc.	Third	
Vaishnavi Barve			
Amisha Radhakrishnan			
Rucha Ghodeswar	S.Y.B.Sc.	First	Pictionary
Vidhi Jain			
Neha Masram			
Ketki Deshmukh			
Shruti Mahale			
Shivani Nimbkar			
Saili Tate	T.Y.B.Sc.	Second	
Pradnya Varak			
Khadharbee Shaikh			
Group Water Aditi Prajapati Ashwini Satpute Deepali Shinde Kimaya Rane Pooja Vishwakarma Siddhi Bodke Vaishnavi Phapale	S.Y.B.Sc.	First	
Group Fire Amisha Radhakrishnan Anamika Raut Ketki Deshmukh Neha Masram Rucha Ghodeswar Vidhi Jain	S.Y.B.Sc.	Second	Group presentation -Sem III and IV
Group Sky Sara Shaikh	S.Y.B.Sc.	Third	

Vaishnavi Barve Siddhi Patil Mariyam Sayyed Mayuri Pawar Shruti Mahale			
Khadharbee Shaikh	T.Y.B.Sc.	First	Research Paper Oral presentation
Pradnya Varak			
Shreya Kadam			
Saili Tate			
Shantanu Patil			
Gaurav Patekar			
Pratiksha Deshmukh	T.Y.B.Sc.	Second	
Alfiya Khan			
Shahana Khan			
Anjali Choudhary	T.Y.B.Sc.	Third	
Rutuja Chavan			
Shreya Chhattani			
Group Arabidopsis Anuradha Chavan Alfiya Khan Shahana Khan Pratiksha Bhujbal Shreya Kadam Sandesh Telang	T.Y.B.Sc.	First	Group presentation- Sem V and VI
Group Neurospora Rasika Solkar Rutuja Chavan Gaurav Patekar Shantanu Patil Prateek Pande Sagar Atugade	T.Y.B.Sc.	Second	
Sneha Bhaindarkar	T.Y.B.Sc.	First	Seminar Competition (Sem. V)
Anjali Choudhary			
Prateek Pande			
Gaurav Patekar	T.Y.B.Sc.	Third	
Khadharbee Shaikh	T.Y.B.Sc.	First	Seminar Competition (Sem. VI)
Alfiya Khan	T.Y.B.Sc.	Second	
Shivani Nimbkar	T.Y.B.Sc.	Third	
Anuradha Chavan	T.Y.B.Sc.		
Gaurav Patekar	T.Y.B.Sc.	Star Student of the Department	

“First, have faith in yourselves. Know that though one may be a little bubble and another may be a mountain-high wave, yet behind both the bubble and the wave there is the infinite ocean. Therefore there is hope for every one.”

Swami Vivekananda

Prizes won in Talentia

Name	Class	Prize Won	Event	
Maheshwar Vijay Ujagare	S.Y.B.COM.	First	Solo Dance	
Divyalakshmi M. Belchada	S.Y.B.Sc. - CS	Second		
Shabri Shripad Jail	F.Y.B.A. - PSY	Third		
Savitri Chandrashekar Gudle	S.Y.B.B.I.	First	Duet Dance	
Aqsa Aayub Khan	S.Y.B.F.M.	First		
Sagar Rambhau Saputre	F.Y.B.Sc.	Second		
Maheshwar Vijay Ujagare	S.Y.B.Com.	Second		
Shivam Sachindra Nikam	S.Y.B.A.F.	Third		
Sachin Karan Saraki	S.Y.B.Com.	Third		
Faizan Shaikh	T.Y.B.Sc.-Micro	First	Mono Act	
Disha Naik	F.Y.B.Sc.-PCM	Second		
Mubasshir Mushahidi	S.Y.B.Sc.-BT	Third		
Ingle Samesh Pramod	S.Y.B.Sc.-BT	First	Skit	
Kadlak Hritik Sunil	S.Y.B.Sc.-BT	First		
Yadav Ranjeet Harishchandra	S.Y.B.Sc.-BT	First		
Kadam Puja Tanaji	S.Y.B.Sc.-BT	First		
Karande Shruti Suresh	S.Y.B.Sc.-BT	First		
Mishra Shivam Rajesh	S.Y.B.Sc.-BT	First		
Mane Ninad Milind	S.Y.B.Sc.-BT	First		
Koli Prajakta Kishor	S.Y.B.Sc.-BT	First		
Mushahidi Mubasshir Mohd	S.Y.B.Sc.-BT	Second		
Nawal Bharat Babulal	S.Y.B.Sc.-BT	Second		
Shaikh Nutulamin Mohd	S.Y.B.Sc.-BT	Second		
Poojary Navya ganesh	S.Y.B.Sc.-BT	Second		
Mare Mrunmayee Rajesh	S.Y.B.Sc.-BT	Second		
Erande Divyashree Maloji	S.Y.B.SC.-BT	Second		
Tiwari Deepa Sanjay	S.Y.B.SC.-BT	Second		
Sadhasivan Sanjay	S.Y.B.SC.-BT	Second		
Sharma Amar Ramjatan	S.Y.B.SC.-BT	Second		
Choudhary Jayesh Ranjeet	S.Y.B.SC.-BT	Second		
Mayur Khankal	T.Y.B.A.	First		Mr. Talentia
Aishwarya Patole	T.Y.B.A. Eco.	First		Ms. Talentia
Gubra Ekta Jethanand	T.Y.B.Com.	First	Fashion show	
Asiri Yogesh Naratan	T.Y.B.SC. IT	First		
Dalvi Malvika Vikas	T.Y.B.SC. BT	First		
Yadav Ranjeet Harishchandra	T.Y.B.SC. BT	First		
Basutkar Shraddha Ramesh	T.Y.B.SC. IT	First		
Tate Saili Sanjay	T.Y.B.SC. MICRO	First		
Moglappa Vignesh Dhangar	F.Y.B.SC. BT	First		
Koli Prajakta Kishor	S.Y.B.SC. BT	First		
Kadlak Hritik Sunil	S.Y.B.SC. BT	First		
Ingu Somesh Pramod	S.Y.B.SC. BT	First		

Mane Ninad Milind	S.Y.B.SC. BT	First	
Bhoir Prachi Hemant	S.Y.B.SC. BT	First	
Singh Shivani Indrajeet	T.Y.B.SC.-Chemistry	Second	
Budur Raksha Gurulingappa	T.Y.B.SC.-Chemistry	Second	
Khorwal Vimla Moclchand	T.Y.B.SC.-Chemistry	Second	
Poon Happy Singh Sher Singh	T.Y.B.COM.	Second	
Deepak Pathak	T.Y.B.SC. CS	Second	
Aniket Maskar	T.Y.B.SC. CHEMISTRY	Second	
Sadhna Jaiswal	T.Y.B.SC. CHEMISTRY	Second	
Komal Balotiya	T.Y.B.SC. CHEMISTRY	Second	
Kajal Vishwakarma	T.Y.B.SC. MATHS	Second	
Divya Chauhan	S.Y.B.SC. PM	Second	
Karthik Devadiga	S.Y.B.F.M.	Second	
Anamika Raut	S.Y.B.SC.-MICRO	First	
Faizan Shaikh	T.Y.B.SC.-MICRO	Second	
Pritam Mahale	T.Y.B.A.- PSYCHOLOGY	Third	
Kavita Singh	T.Y.B.A.F.	Fourth	
Shweta Sonawane	T.Y.B.A.- SOCIOLOGY	Consolation	
Shweta Sonawne	T.Y.B.A.- SOCIOLOGY	First	Duet singing
Pritam Mahale	T.Y.B.A.- PSYCHOLOGY	First	
Gaurav Gharavia	T.Y.B.SC. - IT	Second	
Anamika Raut	S.Y.B.SC. - MICRO	Second	
Kavita Singh	T.Y.B.A.F.	Third	
Sagar Satutre	F.Y.B.SC. - PCM	Third	
Khan Aqsa Aayub	S.Y.B.F.M.	First	Group dance
Pal Mamta Kanhaiyalal	T.Y.B.A.F.	First	
Gudle Savitri Chandrashekar	S.Y.B.B.I.	First	
Sonawane Samiksha Sunil	T.Y.B.A.F.	First	
Chauhan Divya Navin	S.Y.B.SC.-PM	First	
Ladha Rashi Sandesh	T.Y.B.A. PSY	First	
Shaikh Alisha Ayaz	T.Y.B.A. SOCIO	First	
Mondal Soma Sukumar	T.Y.B.SC.-IT	First	
Mohite Anuja Chandrakant	T.Y.B.A.F.	First	
Tate Saili Sanjay	T.Y.B.SC.-MICRO	Second	
Desai Madhuri Madhukar	F.Y.B.SC. PCM	Second	
Pawar Mayuri Ramdas	S.Y.B.SC.-MICRO	Second	
Shinde Deepali Hanumant	S.Y.B.SC.-MICRO	Second	
Naik Disha Santosh	F.Y.B.SC.-PCM	Second	
Deshmukh Ketki Ramesh	S.Y.B.SC.-MICRO	Second	

Yadav Pooja Rambhavan	T.Y.B.SC.-CHEM	Second	
Kshitija Nakhwa	F.Y.B.SC. PCM	Second	
Tejal Rhate	S.Y.B.SC. CS	Second	
Kunal Shinde	T.Y.B.COM.	Third	
Geeta Mungle	S.Y.B.B.I.	Third	
Nikhil Budal	S.Y.B.B.I.	Third	
Abhishek Shelar	F.Y.B.COM.	Third	
Bhargavram	S.Y.B.M.S.	Third	
Aaishwarya Kamble	S.Y.B.B.I.	Third	
Kash Mira Subhedar	F.Y.B.COM.	Third	
Ramesh Bohra	S.Y.B.SC. CS	Third	
Rasika Solkar	T.Y.B.SC. MICRO	Third	
Saumya Pujari	S.Y.B.COM.	Third	
Mansi Patel	F.Y.B.B.I.	Third	Rangoli
Jha Shruti Kumari	F.Y.B.B.I.	First	
Naik Snehal Ravindra	TY B.Sc. (Micro)	Second	
Anisha Chandrakant	F.Y.B.A.F	Third	
Jadhav Pranita Sanjay	T.Y.B.COM.	Consolation	Mehendi
Shaikh Nida Abdul Kadir	F.Y.B.Com.	First	
Kawale Komal Raju	T.Y.B.A.F..	Second	
Safiyatahir	T.Y.B.Sc.-BT	Third	
Saba Sheikh	F.Y.B.A.	Consolation	
Shahin Shaikh	S.Y.B.B.I.	Consolation	
Nirmal Supriyadevi Pratap	S.Y.B.B.I.	Consolation	
Firdosh Shaikh	S.Y.B.Com.	Consolation	
Saili Tate	T.Y.B.Sc.-Micro	Consolation	Collage Making
Nishad Sanju Ramnihal	T.Y.B.Sc.-CS	First	
Ashma Kader Mohideen	S.Y.B.Sc.-CS	Second	
Niyati Punjabi	S.Y.B.A.	Third	Cartooning
Varak Krishna Babu	T.Y.B.A.	First	
Shinde Swati Sanjeev	T.Y.B.Sc.-BT	Second	
Singh Suman Narsingh	T.Y.B.Sc.-Micro	Third	
Narkar Samadhan Balkrishna	S.Y.B.Sc.-Micro	Consolation	
Singh Shruti Sushil	S.Y.B.Sc.-IT	Consolation	
Bhatia Divyansh Sanjay	T.Y.B.Sc.-IT	First	Cold meal
Punjabi Rahul Mohandas	T.Y.B.Sc.-IT	First	
Sukhija Manish Sunilkumar	T.Y.B.Sc.-CS	Second	
Israni Pratika Mukesh	T.Y.B.A.F.	Second	
Godhia Hritish Suresh	S.Y.B.A.F.	Third	
Mukhi Muskan Chandan	S.Y.B.A.F.	Third	
Neha Masram	S.Y.B.Sc.-Micro	Consolation	
Amisha Radhakrishnan	S.Y.B.Sc.-Micro	Consolation	
Rucha Ghodeswar	S.Y.B.Sc.-Micro	Consolation	
Vidhi Jain	S.Y.B.Sc.-Micro	Consolation	
Kalyandasani Ronak	F.Y.B.M.S.	Consolation	

Pratik Padale	F.Y.B.M.S.	Consolation	Nail art
Jadhav Pranita Sanjay	T.Y.B.COM.	First	
Shivani Nimbar	T.Y.B.Sc.-Micro	Second	
Bhavnish Kaur Harbhajan Singh	T.Y.B.COM.	Third	Egg painting
Sanika Patil	T.Y.B.SC. CS	First	
Pritam Y. Jadhav	FY B.Sc. IT	Second	
Ishika malhotra	S.Y.B.M.S.	Third	
More Mrunmayee Rajesh	S.Y.B.Sc.-BT	Consolation	
Malhotra Ishika Naresh	S.Y.B.M.S.	Consolation	
Phadtare Tejal Ganpat	F.Y.B.A.F	Consolation	
Jaiswal Satyam Nagru	T.Y.B.Sc.-IT	Consolation	
Nishad Sanju Ramnihal	T.Y.B.Sc.-CS	Consolation	
Jaiswal Satyam Nagru	T.Y.B.Sc.-IT	First	
Nishad Sanju Ramnihal	T.Y.B.Sc.-CS	Second	
Tiwari Nishu Shashikant	S.Y.B.Com.	Third	
Bijani Janvi Deepak	F.Y.B.A.F	Consolation	
Jadhav Pranita Sanjay	T.Y.B.COM.	Consolation	
Patil Janhavi Chandrakant	F.Y.B.Sc.-Micro	Consolation	
Patil Sanika Vijay	T.Y.B.Sc.-CS	Consolation	
Mansugani Jasica Ghanshyam	S.Y.B.Com.	First	Bridal makeup
Mahima Karande	T.Y.B.A.	Second	
Bhoir Janhavi Narendra	FYBMM	Third	
Sonu Singh	S.Y.B.Com.	Consolation	
Shaikh Firdoush Firoz	S.Y.B.Com.	Consolation	
Gupta Pooja Jayantlal	T.Y.B.Sc.-Maths	First	Vegetable and fruit decoration
Mukesh Kumar Phulchand	T.Y.B.Sc.-Maths	First	
Niyati Punjabi	S.Y.B.A.	Second	
Jessica Sachdev	S.Y.B.A.	Second	
Suman Gupta	T.Y.B.Sc.-IT	First	Best out of waste
Sanju Nishad	T.Y.B.Sc.-CS	First	
Kirti Kapei		Second	
Tejal Rahate	S.Y.B.Sc.-CS	Second	
Gaddam Rashmi Rajesh	T.Y.B.Sc.-CS	Third	
Patil Sanika Vijay	T.Y.B.Sc.-CS	Third	
Saraki Sachin	S.Y.B.Com.	Third	
Shaikh Sahil	M.Com.	Third	
Rupani Amrata Shankar	T.Y.B.A.F.	Consolation	
Mangwani Bharati Sunil	T.Y.B.B.I.	Consolation	
Kawale Komal Raju	T.Y.B.A.F.	Consolation	
Gupta Bharati Mahendra	T.Y.B.A.F.	Consolation	
Shaikh Khushi Ansari	T.Y.B.SC.-Chemistry	Consolation	
Gupta Pooja Jagatlal	T.Y.B.Sc.-Maths	Consolation	
Dhvani Gandhi	T.Y.B.Sc.-IT	First	
Meenakshi Ujjain	T.Y.B.COM.	First	Story writing (Hindi)

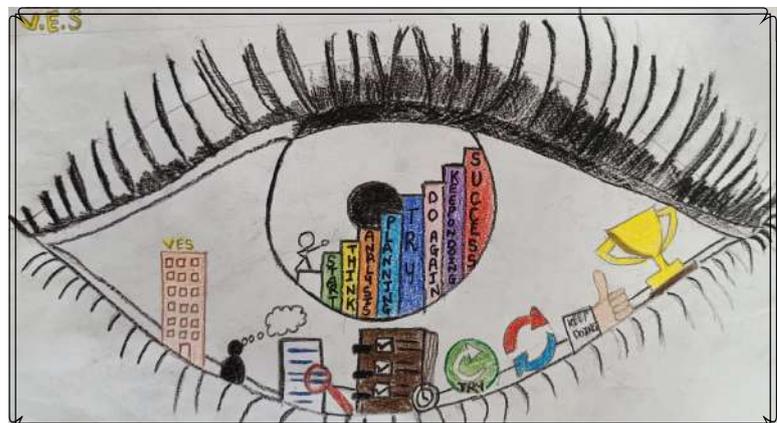
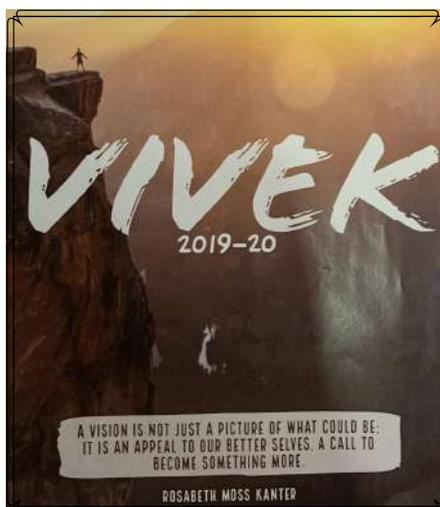
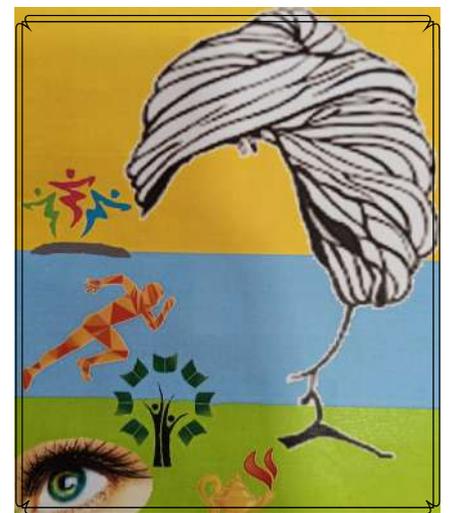
Swati Shinde	T.Y.B.Sc.-BT	First	Story writing (Marathi)
Nisarga Shinde	S.Y.B.Sc.-BT	Second	Story writing (English)
Anchal Nirmal	F.Y.B.Sc.-Micro	Second	Story writing (Hindi)
Tejal Phadtare	F.Y.B.A.F	Second	Story writing (Marathi)
Sakshi Awadhut	S.Y.B.Com.	Third	Story writing (English)
Neha Balip	T.Y.B.Sc.-Physics	Third	Story writing (Marathi)
Vivek Warbhuvan	S.Y.B.Com.	First	Poem (Marathi)
Meenakshi Ujjain	T.Y.B.COM.	First	Poem (Hindi)
Rachita Tardeja	F.Y.B.A.F	First	Poem (English)
Hamza Rajput	T.Y.B.Sc.-Maths	Second	Poem (Hindi)
Saket Shendre		Second	Poem (English)
Mansi Pandey	F.Y.B.A.F	Third	Poem (Hindi)
Daksha Mhatre		Third	Poem (English)
Khan Ruhee Zubair	F.Y.B.A.	First	PPT
Gagwani Sejal Kishor	F.Y.B.B.I.	Second	
Yadav Neeraj Jaynarayan	T.Y.B.COM.	Third	
Mrunmayee More	S.Y.B.T.	First	Debate
Sanjana Joshi	T.Y.B.T.	First	
Faizan Shaikh	TYMicro	Second	
Mayur Khankal	T.Y.B.A.	Second	
Ruhee Khan	F.Y.B.A.	Third	
Amreen Shaikh	F.Y.B.A.	Third	
Gaurav Gupta	T.Y.B.Sc.-IT	First	Quiz
Warun Kanike	T.Y.B.Sc.-IT	First	
Mrunmaye More	S.Y.B.Sc.-BT	Second	
Sanjana Joshi	T.Y.B.Sc.-BT	Second	
Aanchal Rai	F.Y.B.Com.	Third	
Rahul Gupta	T.Y.B.B.I.	Consolation	
Ruksar Shaikh	T.Y.B.B.I.	Consolation	
Rai Anchal Santosh	S.Y.B.Com.	First	Dumb Charades
Sahikh Kausen Bano	S.Y.B.Com.	First	
Shinde Swati Sanjeev	T.Y.B.Sc.-BT	Second	
Surve Ashwini Anil	T.Y.B.Sc.-BT	Second	
Mubasshir Mushahidi	S.Y.B.Sc.-BT	Third	
Amar Sharma		Third	
Nuranisha Sayyed	F.Y.B.Com.	Consolation	
Veena Naik	F.Y.B.Com.	Consolation	

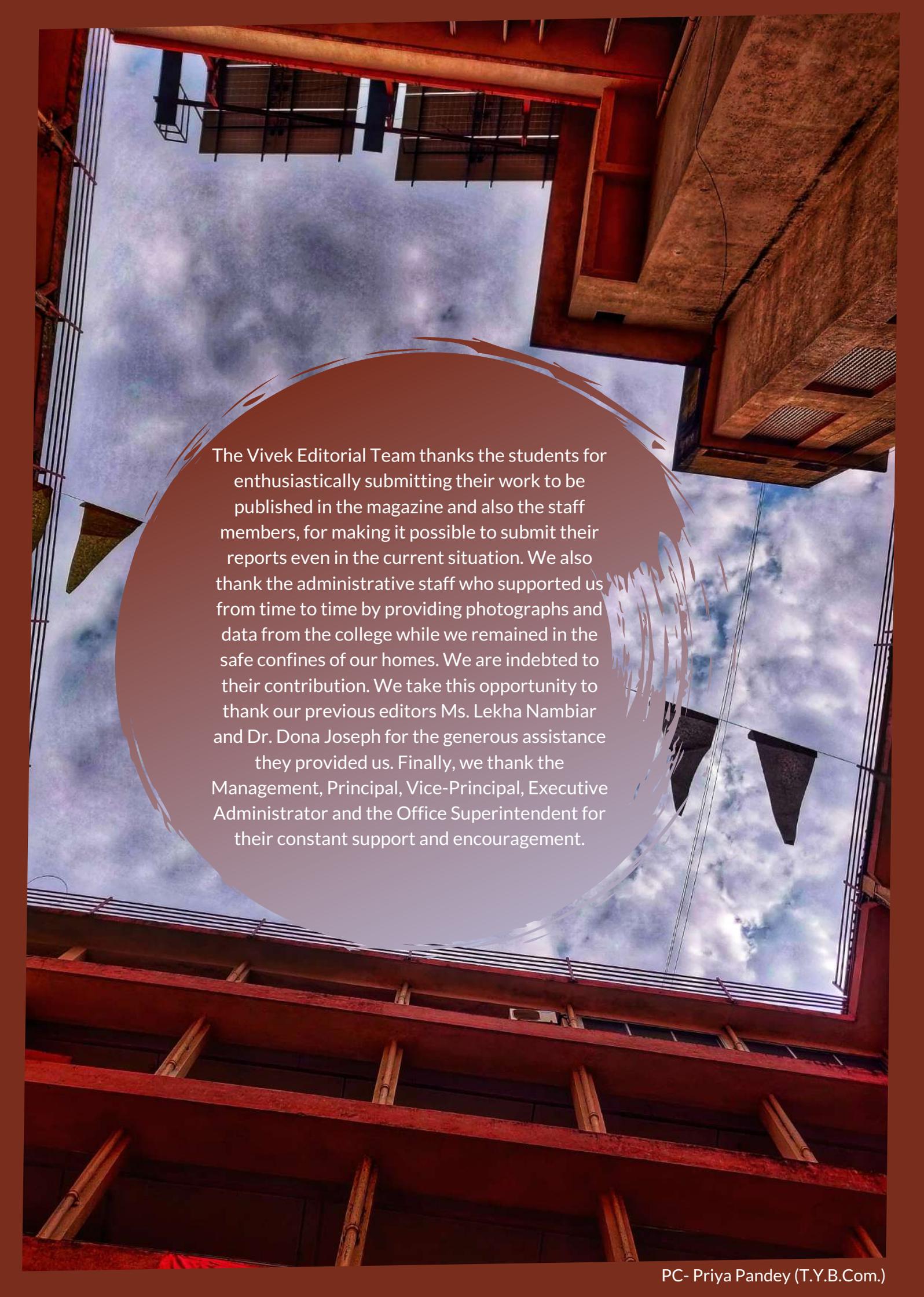
“Be not afraid. Think not how many times you fail. Never mind. Time is infinite. Go forward.

Assert yourself again and again, and light must come.”

– Swami Vivekananda

Cover Page Competition Entries





The Vivek Editorial Team thanks the students for enthusiastically submitting their work to be published in the magazine and also the staff members, for making it possible to submit their reports even in the current situation. We also thank the administrative staff who supported us from time to time by providing photographs and data from the college while we remained in the safe confines of our homes. We are indebted to their contribution. We take this opportunity to thank our previous editors Ms. Lekha Nambiar and Dr. Dona Joseph for the generous assistance they provided us. Finally, we thank the Management, Principal, Vice-Principal, Executive Administrator and the Office Superintendent for their constant support and encouragement.

Best Student 2019-20



Sagar Ramchandani (TYBSc Physics)



Neeraj Yadav (TYBCom)

The ten finalists



Best Student Award Finalists and Winners

Middle Row (From L to R): Gaurav Patekar (TYBSc Microbiology), Sanskriti Sinha (TYBMM), Sheetal Jagdale (TYBSc Physics), Pooja Gupta (TYBSc Mathematics), Ruksar Shaikh (TYBBI), Malvika Dalvi (TYBSc Biotechnology), Kajal Nirmal (TYBCom)

Bottom Row (From L to R): Rahul Gupta (TYBBI), Neeraj Yadav (TYBCom), Sagar Ramchandani (TYBSc Physics)